



ATTEND QUARTER CENTURY CLUB DINNER

Members of Canada Packers Quarter Century Club, who reside in the Atlantic Provinces held a meeting recently in Charlottetown. Several members from

head office, accompanied by their wives, were present. Some of the ladies photographed at the Charlottetown Hotel are the following: Mrs. A.W. Boyd, St. John's, Newfoundland; Mrs. F.F. Smith, Halifax; Mrs. G.E. Hartien, Charlottetown; Mrs. S.C. Prescott, Halifax; Mrs. G.A. Schell, Toronto; Mrs. W.W. Lasby, Toronto; Mrs. F.A. Baxter, Charlottetown; Mrs. F.W. Condon, Toronto.

Women

Lena Caroline McLure, Women's Editor, Phone 8506

Thur., June 19, 1958 The Guardian Page 9

Many Ways Of Using Chicken A La King

By IDA BAILEY ALLEN

"Chicken a la king is a most useful entrée," I said to the Chef. "Serve it as is for parties or luncheons in pastry tart shells or in puff pastry cases; or add cooked carrots and peas and make it into individual pies with a cheese pastry crust topping; or add diced cooked asparagus and spoon it over hot, buttered split biscuit or toasted rolls.

"Whatever you do with chicken a la king, it is always appetizing."

SECOND ADVANTAGE

"There is a second advantage, Madame," observed the Chef. "This all-American entrée can be made at home, or it can be purchased in canned or frozen form. When this is done, however, I find the flavor too bland. Often I stir in a little sherry extract, together with powdered ginger, or sometimes a little minced preserved ginger from which I first rinse off the syrup."

Tomorrow's Dinner: Yankee bean soup, croutons, chicken a la king puff, curried rice, braised tomatoes, peach pudding, peach sauce, coffee, tea or milk.

All measurements are level; recipes proportioned to serve 6.

Chicken a la King Puff: This consists of two parts: Chicken a la king and a puff omelet. Chicken a la King: In a saucepan, melt 1/3 c. fat, butter, or margarine. Add 1/3 c. flour and cook-stir until bubbling. Add 1 c. chicken broth and 1 c. milk all at once. Cook-stir until smooth and thick, about 5 min. Add 1/2 tsp. salt, 1/4 tsp. pepper,

1 tsp. grated onion, 2 c. large-diced cooked chicken and 1 (4 oz.) can sliced mushrooms with the liquid. Heat thoroughly. Add 1 cut-up green pepper and 1 cut-up pimiento. Add a tsp. of sherry flavoring or to taste for authentic flavor. Transfer to an oiled 11 by 7 by 2 in. low casserole. Keep warm in the oven while mixing the omelet topping.

Omelet Topping: Make a white sauce by melting 3 tbsp. butter or margarine. Add 1/4 c. flour, 1/2 tsp. pepper, 1/4 tsp. dry mustard and 1/2 tsp. salt. Add 1 c. milk all at once. Stir-cook until thick, smooth and boiling. Separate 4 eggs. Beat the white stiff but not dry; beat the yolks until thick. Stir the sauce into the egg yolks gradually, then fold it into the beaten whites. Pour and spread over the hot chicken a la king. Bake 20-25 min. in a moderate oven, 350 degrees F. Serve at once.

Tomatoes Braise: Generously rub a shallow saucepan with butter or margarine. Dust 6 drained whole canned tomatoes with 1/2 tsp. salt, 1/4 tsp. pepper, 1/8 tsp. powdered oregano and 1/4 tsp. sugar. Add 1 tsp. scraped onion and 2 tbsp. broth, any kind. Cover. Braise 5-10 min. over a low heat or until the tomatoes are heated but still keep their contours.

Use the drained tomato juice in a vegetable cocktail. Trick of the Chef: Garnish curried rice with chopped scallions and an inch of their tender green tops.

WESTMORLAND W.I.

The regular monthly meeting was held June 10th, at the home of the presiding, Mrs. Roy Gallant. Meeting opened by repeating Institute Ode, Collect. 8 members answered roll call and one

HOUSEHOLD HINT

A leather belt run through three slits at the sides does a neat job of changing the appearance of this chemise-type dress. It is of cotton plaid in green or yellow. A removable white linen collar ties up the tailored look. The versatile dress can be worn belted all around, completely loose, or as shown.

A sprightly salad garnish is made by mixing Worcestershire sauce into a cream cheese, then forming it into tiny carrots, with parsley sprigs for tops. Chill before serving.

When you wash a fringed article, use string to tie together sections of the fringe. This keeps the fringe from becoming tangled — and consequently fraying and pulling out — during laundry.

IMPORTANT !! WIN \$5000

If you have beauty and personality, elegance and amateur talent, 17 years old, not over 24, minimum height 5 ft.-5.

You May Apply For Miss Maple Leaf-Canada Contest

As a delegate from your province Queen elected will receive a salary each week based on a minimum income of \$3000.00 and extra \$2000.00 value, in various prizes, including a wardrobe—a trip to Europe, to include London and Paris, expenses paid. May win an extra \$6000.00 in prizes as the only official Canadian delegate to the

Miss World Contest London, Eng.

Write now giving full details including snapshot, Miss World of Canada Contest Suite 257 1600 Berri St. Montreal, P.Q.

new member was welcomed. Collection for the evening amounted to \$1.05. Minutes of previous meeting were read, approved and signed. Reports of committees were then heard and new ones appointed. Sick — Mrs. Eldon Leard, Mrs. Roy Crossman, Educational, Mrs. Gordon Canfield, Mrs. Della Trowsdale; Social, Mrs. James Moore, Mrs. Roy Gallant. Mrs. Della Trowsdale invited the members for July meeting. Correspondence was then read and discussed. It was decided to get a gift for a new baby of the district also to treat the children

at school closing. Mrs. Roy Gallant and Mrs. Gordon Canfield, were appointed to attend the executive meeting next year. Meeting adjourned and a social hour followed. Lunch was served by hostess and committee in charge.

Eileen's Beauty Salon Efficient Operators Modern Equipment With or Without Appointment Telephone 7141 Block Bldg. Kent St.

BEAUTIFY AND PROTECT YOUR HOME WITH



Brantford Asphalt Slates

Made in a variety of designs and available in beautiful blends as well as a full range of solid colours, these slates give protection against all kinds of weather. They won't warp, curl, split or rot... are fire-resistant. Ask us about Brantford Asphalt Slates to-day!

AIRLOCK 125 lb sq. 6.65
SUPER-TITE 190 lb sq. 8.95
3 in 1, 210 lb sq. 9.95

CARLOAD CEDAR SHINGLES

CLEAR'S sq. 9.95
SECOND CLEAR sq. 7.45
CLEAR WALLS sq. 7.95
EXTRA NO. 1 sq. 5.95

NOTE: Price offered only Thursday and Friday off car at Hunter River.

R. L. DICKIESON LTD.

NEW GLASGOW

Principal Gives Message To '58 Graduating Class

Miss Edith M. Read, principal of Branksome Hall School, Toronto, has given the following message to the girls of the graduating class of 1958:

My Dear Girls: Your school life is over and you are leaving us to take your place in the world and we very proudly greet you with a Hail and Farewell. We send you forth believing that you will do your part wherever you lot is cast and to each one of us a special role is assigned. You have been given much, and much will be required

of you, but I am sure you will not fail, and may the world be a better place because you have lived in it.

Ever strive to follow Christ the King and then you cannot fail because we are promised that his Presence shall go with us. Some day every knee shall bow to Him and the Kingdoms of this world will become the kingdom of our Lord and Saviour and He shall reign over all the earth. May that day be hastened and may the blessing of our Heavenly Father rest upon you one and all. E.M. READ

MARY HAWORTH

ASKS WHERE

Dear Mary Haworth: I hope you can help me in my unhappy situation. I am an unmarried woman, 31, and feel that I have messed up my life; that there is not much to look forward to. I am a college graduate, a good dresser, and considered attractive, and I work in a professional field.

I was engaged about eight years ago, but broke the engagement before wedding preparations got under way. Since then my social life has been dull, through the man still takes me out occasionally, and wonders why I have never married. About five years ago I met a very nice professional man, I'll call him Mike, and knew him for about a year before he asked me for a date. It had been a year of anxious waiting on my part—hoping and praying that he would become interested in me. But after that one date he didn't ask me again.

ASKS WHERE SHE FAILS

Since then I have asked myself, over and over: Where do I fail? What is the matter with me? I long to see Mike and go out with him, as he is my ideal—but I understand that he seldom dates. Whenever I see him I get so nervous I can't think of the right things to say—and usually

say the wrong things.

Recently he brought me home from a wedding; and kissed me, as I had hoped he would; and we parted. Now I have a guilty conscience. I didn't want him to think that I am cold or don't want his love; but have I reduced the chances of his liking me. Constant anxiety about this interest that never develops keeps me very unhappy.

Please advise me how to attain peace of mind, if possible in the circumstances. At 31 I should have more sense, but maybe I have a complex? I do feel self-conscious, wonder how I look, try to say the right thing, etc., when people are around. Your commentary will be much appreciated. — N.S.

Dear N. S.: You say that you lead a rather dull life; which means that you would be a dull girl from a man's viewpoint.

Your life is dull because you have a discouraged attitude; and, in turn, the dullness of your days makes you feel ever more apathetic. Thus you are caught in a vicious circle of dreariness—and this is a social condition that others sense, and definitely aren't attracted to.

You are stuck in a rut, and instead of battling your way out of it, by resourceful strategems and constructive sallies, you try to console yourself with day dreams of Mike. You cling to the hope and prayer that he will come to your rescue, in your distress, and carry you away, fairly tale fashion, to a design-for-living that

brims with happy events.

EXPLORED POSSIBILITY

You aren't in love with Mike. You've simply latched on to the idea of him because he's not taken; and apparently not notably interested in any woman—which seems to leave the field open to you. However, your concentrated yen for him probably has registered on his mind by now—in terms of vague awareness, in your company, that you seem to see him as somebody special. Thus he has explored the possibility of liking you, on a couple of dates, and each time drifted away without much caring.

As for where you fail to catch and hold him—I suppose it's because your life, and personality seem colorless; as if you have nothing to bring to companionship, and would expect the man to provide the friends and resources and initiative that make for social variety.

This is the era of the male ching-vine, experts say; a century wherein men expect to be courted and won by competent women, who diplomatically lead the way in establishing a partnership that promises to be mutually profitable—and fun.

As for how to attain peace of mind I don't advise resignation to your frustration. Rather I advocate a season of psychiatric inquiry into the "whys" of your defeatist complex—so that you can shake off the fetters of limited thinking, and organize your force to really go after the life you want. Read Stake Your Claim (Harpers) by Emmet Fox, to get the pitch of positive being.

M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

EBENEZER W. I.

The June meeting of Ebenezer W. I. met at the home of Mrs. West MacDonald on the evening of June 4. The president conducted the meeting which opened by repeating the Mary Stewart collect in unison.

The roll call was answered by fifteen members and two visitors. The collection amounted to ninety-two cents. The minutes were read and approved.

The correspondence was read and discussed. Mrs. Norman MacRae and Mrs. Chester Dover were appointed to attend the Provincial Annual Convention. Mrs. Ken MacRae offered to supply the one article for the booth at the Provincial Exhibition.

The president and secretary reported on the executive meeting of the District Convention to be held at Stanley Bridge on June 24th.

Lunch and program number for the District Convention were arranged for.

The new sick committee is Mrs. Norman MacRae and Mrs. Ken MacRae. It was decided to supply ice-cream and cones for the school closing picnic.

The July meeting will be held at the home of Mrs. Douglas MacDonald, with Mrs. Norman MacRae and Mrs. Alex Ford to assist with lunch. The meeting closed after which lunch was served by the hostess and committee in charge.

KELLY'S CROSS W.I.

Eight members answered the roll call of the Kelly's Cross Women's Institute which met at the home of Mrs. Francis MacDonald on Monday evening, June 9th.

The minutes of the previous meeting were read and adopted, as was the treasurer's report. All committees were re-elected.

Plans were made for the District Convention and each member volunteered to take several articles for the display. It was decided to treat the school children to ice-cream at the closing and two ladies volunteered to supply the cake.

A dance will be held in the school in the near future.

The next meeting will be held at the home of Mrs. Stephen Smith. The lunch committee will consist of Mrs. Maurice MacDonald, and Mrs. Francis MacDonald. At the meeting a game of Bingo will be held.

Lunch was served by the hostess and a very enjoyable evening was brought to a close.

YORK W. I.

The June meeting of the Alpha Institute met at the home of Mrs. Louis Vessey with an attendance of 15 members and 2 visitors. The president Mrs. Dewar Swan presided.

Meeting opened by singing Moonlight and Roses followed by "The Collect" in unison. Roll call was answered by donating our every day card. Following the reading of the minutes by the secretary, Mrs. Willard Murray, the business of the evening was discussed. It was moved and seconded that the treat of ice cream be donated to the school children at the school closing.

The collections for the Salvation Army appeal were brought in by the different collectors. Attention of the minutes was brought to the District Convention to be held in West Covehead the following week. York Institute is to have charge of the Educational feature.

Correspondence was read and decided upon. The sick and school committees gave their report.

A very interesting reading was given by Mrs. Peter Proud. An auction was held, conducted by

FALSE TEETH That Loosen Need Not Embarrass

Many wearers of false teeth have suffered real embarrassment because their plate dropped, slipped or wobbled at just the wrong time. Do not live in fear of this happening to you. Just sprinkle a little FASTEREETH, the just-sprinkle-a-little FASTEREETH, the alkaline (non-acid) powder, on your plates. Hold false teeth more firmly, so they feel more comfortable. Does not sour. Checks "plate odor" (denture breath). Get FASTEREETH at any drug counter.

ST. CATHARINES, Ont. (CP)—

Miss Florence McArter, supervisor of obstetrics at the general hospital here for 31 years, has left to be married. Since she became head of the maternity ward in 1927 about 20,000 babies have been born in the hospital.

Mrs. Daph Murray, which made a lot of fun and also added to the funds. One new member was added to the roll.

The next meeting is to be held at the home of Mrs. Raymond Watts.

The meeting closed by singing the "National Anthem," after which delicious refreshments were served by hostess. A social period followed which was enjoyed by all.

Faster
DRY CLEANING SERVICE

CUDMORE'S DRY CLEANERS
120 Kent St. Phone 4922

LA SOCIETE SAINT-THOMAS D'AQUIN BURSSES

Students who desire to obtain burses or scholarships at institutions outside the Province of P.E.I. must forward their applications to the general secretary before June 30, 1958.

Applications for loans must be received before September 15th.

JUNE JAMBOREE OF BARGAINS AT WRIGHT'S Shoe Market

<p style="text-align: center;">UNGRADED EGGS</p> <p>Our paying price to producers for ungraded eggs delivered Charlottetown today is—</p> <p>Grade A Large 33c Grade A Medium ... 29c Grade A Small 18c Grade B 18c Grade C 14c Cracks 14c</p> <p>For quick payment and prompt return of empty cases, ship your eggs to</p> <p style="text-align: center;">CANADA PACKERS LIMITED Charlottetown</p>	<p style="text-align: center;">FOR DAD</p> <p>Men's black welt loafers. Sizes 6-11. Reg. 8.95 4.99</p> <p>Men's black oxfords, moccasin or plain toe. Reg. 6.95 4.99</p> <p>John Palmer cork work boots. Reg. 10.98 7.98</p> <p>Men's blue canvas oxfords, heavy sole, 6-11 2.98</p> <p>Boy's Cowboy Boots 11 to 3 3.98</p> <p>Boy's Sneaker Boots 1.99</p>	<p style="text-align: center;">FOR MOTHER & DAUGHTER</p> <p>Women's White Sandals broken sizes. Reg. 3.98 1.99</p> <p>Women's Street Moccasins broken sizes 1.00</p> <p>Women's Velvet Mule Slippers, splendid for summer 69c</p> <p>Children's two tone sandals, a true bargain 1.99</p> <p>Boy's Camp Oxfords, tough wearing 3.87</p> <p>Child's Sneaker Oxfords 1.19</p> <p>Child's Brown lea. ox. 2.29</p>
--	--	---

DIAL WRIGHT SHOE Co. DIAL
9521 QUEEN ST. 9521

SPECIAL LOW PRICE ON
CANTELOUPE

TRY THEM WITH ICE CREAM

19c EACH

PERFECTION ICE CREAM

SUNKIST JUICY ORANGES	2 DOZ. 75c
GREEN STRING BEANS . . lb.	23c
RED STRAWBERRY RHUBARB	3 LBS. 25c

SPECIAL! 27c BRICK

NEW DOMESTIC FOR BAKING OR FRYING

2 LB. 59c

OPEN FRI. & SAT. NIGHT TIL 10 p.m.

FLAKED TUNA	PEKOE TEA LB.	YORK 20 OZ. CAN PEARS
19c	69c	

2 FOR 45c

SUGAR

10 LBS. 89c

PERFECTION BUTTER

2 Lbs. 1.33

Eastpack BRAND

1 LB. PKG. COD COD FILLETS

29c

HERE IS QUALITY

SHOULDER ROAST BEEF LB. 59c

KING COLE TEA BAGS

ROUND STEAK . . lb. 79c

PLATE RIB BEEF . . lb. 39c

GAUZE 60's

FREE DELIVERY DIAL 8589

AJ. ZAKEM'S

THE BEST SHOP TO SHOP BEST

79c



PRINTED PATTERN M288 by Ginny Stutzlen

ENJOY THE PORTRAIT LOOK

The silhouette is reminiscent of the Empire—seaming curves high in front, slightly dipping in back with the becoming portrait collar. The marvel (thanks to Miss Stutzlen's designing genius) is that it narrows the span of any waistline to make you look and feel divinely slender and svelte. We see Printed Pattern M288 in a handkerchief linen—the collar a mantle of white pique or organdy, a fitting frame to add charm to head and shoulders. Think of this dress also

in a fabric with a crisp "hand"—pique or shantung for summer days and dancing nights.

Printed Pattern M288 is available in Misses' Sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 6 1/2 yards 35-inch fabric.

Send ONE DOLLAR for Printed Pattern M288 to Charlottetown Guardian, Pattern Dept., 60 Front Street, Toronto, Ontario. Please print plainly YOUR NAME ADDRESS with ZONE, STYLE NUMBER and SIZE.