

Happenings of The Week

His Worship the Mayor and Mrs. J. D. Stewart left Wednesday by car for Hamilton, Ont., where His Worship will attend a two-day celebration of the 50th Anniversary of the Argyle & Sutherland Highland regiment of which he was Officer Commanding during the last War.

Mrs. H. H. Horne and Miss Margaret Horne left this week for St. Petersburg, Florida, where they will spend the winter months.

Miss Laura Hodson is visiting in Halifax, the guest of her sister, Mrs. C. Jamieson.

Mr. and Mrs. J. A. Lawson entertained for Mr. and Mrs. John D. Caron at a family supper party Sunday evening.

Mr. and Mrs. Alan G. Macmillan entertained on Saturday evening for Mr. and Mrs. Caron.

Mrs. William T. Rogers and Mrs. Emma Holman who are on an extended holiday, are visiting in San Francisco this week.

Mr. and Mrs. Alan Andrew and their son David, have returned following a holiday in Tracey, N. B., where they were the guests of Mr. and Mrs. Byron Phillips.

Mrs. J. T. Davies is in Moncton visiting her aunt, Miss Carrie Welton.

Mr. and Mrs. B. E. Rogers left Friday on a two-week motor trip through Montreal and Toronto.

Mr. and Mrs. E. G. Cameron have motored to Sydney, N.S., for this week-end.

Mr. and Mrs. Phillip Cobb and Mrs. T. Drummond were guests of Mrs. T. Drummond Cobb at H. M. C. S. Cornwallis for the Thanksgiving holiday. Mrs. Drummond is remaining for a more lengthy visit.

Miss Norma Lawson, Halifax, visited with Mr. and Mrs. T. D. DeBlous at Keppoch Beach, and also with Mr. and Mrs. W. C. Lawson of Alberton, during her holidays.

Mr. and Mrs. Alfred MacNeill are holidaying in Boston, New York and Montreal.

Mrs. Lois MacDonald, R.N., and Miss Muriel Archibald, R.N., are attending the meetings of the Curriculum Institute at the Montreal General Hospital, Montreal. Following this Mrs. Archibald will meet Miss Vera Darrach, R.N., and they will attend the executive meetings of the Canadian Nurses Association at Ste. Agathe, P.Q.

Mr. and Mrs. Robert Neff were the guests of Mrs. Neff's mother Mrs. J. P. Hillion for the Thanksgiving holiday, and Mrs. Hillion has returned with them to Moncton for a visit.

Mrs. Claire MacLellan entertained at a dinner bridge party at the Queen Hotel, on Saturday. The guest of honor was Mrs. I. E. Croken. Mrs. Mark H. MacGougan also entertained for Mrs. Croken at a supper party Sunday evening.

Mrs. Mabel Worth, Highland Avenue, has returned from a holiday visit with Mrs. B. A. Allen, Fredericton Junction, N.B.

Mrs. R. E. MacNearney, Windsor Junction, N.B., is visiting Mr. and Mrs. Stewart MacKay.

The annual Dinner Meeting of the Lady Members of the Charlottetown Golf Club was held at the Queen Hotel Thursday evening. Mrs. J. Wendell MacKenzie was elected president for the coming year.

The League of Mercy tea and display under the auspices of the Junior Aid of P. E. Island Hospital is being planned to take place next Tuesday. Mrs. Lewis Turner is the convener for the tea.

Dr. and Mrs. G. D. Barrett, Halifax, were visiting Mrs. Barrett's parents, the Honorable B. Earle MacDonald and Mrs. MacDonald, North River Road.

Mr. and Mrs. Arthur G. Avar and their daughter Lynne, Moncton, spent the Thanksgiving holiday with Mr. and Mrs. Arthur Avar, Greenfield Avenue.

Mrs. I. E. Croken entertained her friends at a bridge and supper party at Villa Waters Tuesday of this week.

Mrs. Martin Currie was the recipient of a lovely gift at a house-warming party given her by many of her friends at her home on the Malpeque Road.

Mrs. George H. Jewett, Worcester, Mass., and Miss Anne Maude Hobbs of Daytona Beach, Florida, are guests at the Charlottetown Hotel.

Lieut. Col. and Mrs. Keith S. Rogers have returned from a motor trip to Quebec where they attended a meeting of the Canadian Press and Radio Directors at the Saginay Club. They later visited their son-in-law and daughter, Mr. and Mrs. Keith Morrow in Ottawa.

Mr. and Mrs. James E. Harris have returned from Parisboro, N.S., where they spent Thanksgiving week-end, visiting Mr. Harris' brother, Ven. Charles R. Harris. They were joined there by their daughter, Mary Beth who is attending Kings College in Halifax.

Mr. and Mrs. A. B. Bagnall returned last week-end from a motor trip to the Pacific Coast where they visited relatives in Calgary, Spokane and Los Angeles. En route home they spent a few days with their son and his family in Valleyfield, Que.

Mrs. Holey Hooper, 140 Pownall street, is visiting her son-in-law and daughter, Dr. and Mrs. George Burton in Yarmouth, N.S.

Mrs. George A. Hyndman of Framingham, Mass., is a welcome visitor to Charlottetown, the guest of Mrs. B. Prowse and sister, Dorchester street, and Mrs. Fulton Coffin, Mt. Edward road.



Cook's Corner

CHERRY AND NUT BREAD
1 cup brown sugar
Shortening (size of an egg)
1 egg
2 teaspoons baking powder
1/2 teaspoon salt
1 small bottle of cherries (pour juice in cup and fill with milk)
1 cups bread flour
1/2 cup chopped walnuts.
Combine ingredients. Let stand for 20 minutes after pouring in loaf pan. Bake for 45 minutes at oven temperature 375 F.

Mrs. Edgar MacArthur, West Royalty W. I.

Fall Specials
SKIRTS 25 only—all sizes Clearing — 1/3 OFF
SWEATERS Sizes 14 - 20 Clearing — 1/3 OFF
HOSIERY 51 Gauge 15 Denier Fall Shades Reg. to 1.95 — Special — 1.29
The FASHION SHOPPE

Autumn Nuptials



Mr. and Mrs. Joseph A. Landry with their attendants are shown above following their marriage at St. Dunstan's Basilica in September. From left to right are Mr. John Landry and Mr. Jack Grey of Halifax (ushers); Don MacNeill of Glace Bay, best man; Mr. Joseph A. Landry, son of Dr. and Mrs. J. T. Landry of Halifax; Mrs. Landry, the former Geraldine M. Bryenton, daughter of Dr. and Mrs. Lea Bryenton of Charlottetown; Miss Patricia Soper, maid of honor; Miss Joyce Partridge, bridesmaid. Mr. and Mrs. Landry will reside in Halifax.—(Crawell Photo)

That Body Of Yours
By James W. Barton, M.D.

TREATMENT OF CONGESTIVE HEART FAILURE

Today, when we hear or read about heart disease, most of us have in mind coronary thrombosis or heart stroke, likely because so many young and middle-aged men and women suffer these attacks and have to rest from their work for several weeks after an attack.

Not many years ago when an individual was suffering with heart disease it meant that the heart was beginning to fail and that sooner or later, more often sooner, the heart would stop from sheer exhaustion. In those days a heart murmur was considered practically a death sentence because it was argued that a heart murmur was due to a leaking valve in the heart, the heart would have to pump blood over again because of this leak, and this extra pumping would gradually wear down the strength of the heart. Today, a falling heart is still a serious matter but the heart murmur, unless other symptoms are present, is not such a serious matter, thousands of men with heart murmurs having fought in World Wars I and II without having any trouble with their hearts.

During the past years, physicians have learned that it is the amount of sodium in the blood which holds too much water in the blood and tissues that puts too much work

Continued on page 16

What Does C. A. C. Do?
C. A. C. can—and does—tell consumers what they should know for their protection and for wise buying.

C. A. C. can—and does—tell governments what kind of laws consumers want for their protection.

C. A. C. can—and does—tell the manufacturer what the consumer finds wrong with his product.

It is a voluntary, non-sectarian and non-political organization. Its membership is open to every woman in Canada for an annual fee of \$1.00. (In P. E. I. send your \$1.00 to Mrs. K. M. Martin, treasurer, or Mrs. J. A. Lawson, president, Charlottetown.)

At the annual meeting of the Association held in Toronto last week two resolutions were passed which apply definitely to conditions in this area and I shall quote them here:

1. Whereas the transparent or semi-transparent coverings for sliced side bacon bear red (or other colored) lines or designs which tend to give a false impression of leanness of the product, and

Whereas the consumer has difficulty in evaluating the product without opening the package which creates an unsanitary condition, and

Whereas G. A. C. has received an increasing number of complaints about striped or patterned bacon wrappers and also resolutions condemning this practice, from various organizations, including the Central Hog Producers Association, Canadian Swine Breeders, Canadian Federation of Agriculture, Retail Merchants of Canada (Food Division), branches of the Women's Institutes of Canada, and other women's organizations.

Therefore be it resolved that C. A. C. consult with the packing companies and the proper government departments with a view of having striped and patterned wrappers for side bacon eliminated.

2. Whereas at the present time, packers use their own brand names to indicate fancy and other grades of bacon, and

Whereas this does not necessarily indicate to the consumer the quality or grade of bacon being purchased.

Therefore be it resolved that C. A. C. approach the meat packing industry and proper departments of the government with the view to securing proper labelling of bacon sold to the public, so that it indicates the quality.

I think these two resolutions are excellent and perhaps you will remember that all last winter I cautioned consumers to open the packages of bacon with these deceiving fancy wrappers and see for themselves how cleverly the excess fat was tucked out of sight, before buying.

This idea of a uniform grade of all the bacon sold in our stores is surely one which would be of great help. If we could have grades 1 or 2, etc., with prices to correspond, we would buy with more satisfaction and confidence.

What we have so long thought of as "necessary evils" are now turning out to be more evil than necessary, and your C. A. C. is formed to protect the consumer and improve conditions wherever possible.

We will be having our first meeting for this season next week and I hope as many as can, will come and talk things over. Whether you are a member or not, we need your interest and support.

Watch for the ad. in Monday's paper for time and place of meeting. —Helen Lawson, Prov. Pres.

Canadian Consumer News

The work of the Canadian Association of Consumers in Prince Edward Island has definitely expanded in the past year and community support and understanding is shown in the interest and appreciation given by the people generally. We have tried to arouse the consumers to shop more intelligently, while at the same time hold the confidence and goodwill of the producers and merchants.

When the piano pedals squeak and there is friction between wood and wood or metal, squirt some powdered graphite between the two parts. If both surfaces are metal, use a good lubricating oil.

Beating cocoa with an egg beater will prevent scum from forming on top. Cocoa cooked in the double boiler will not boil over and may be kept a long time.

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Household Scrapbook
By Roberta Lee

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ELLEN'S DIARY
By An Island Farmer's Wife

Sometimes this week, we on farms were introduced to the sober skies of Autumn—the cold, sharper blue of promised frost, the lowering gray which gave cool mists and showers to the valley. And a little lad of the place inspected a tiny home by the side of the lane to assure himself that his feathered friends of summer "unless it might be a robin or two" had flown away before this to more summery climes. He expressed a longing too that there might yet come a spell of warm weather which would allow him to run with the light touch of bare feet again.

Gone now, we believe, are such days. Past too, the mellow blue and gold of the harvest home, and the voices of pasture and stubble are into their last song of the year. Soon only a wide silence unbroken by intriguing chant or threnody will lie about.

But if in recent days we were given some cold damp weather, there were also those when a kindlier Autumn repossessed the land—when its gentle haze touched caressingly the far purple hills and the sunlight kindled anew its fires in woodland and grove and lone tree along the reaches of valley.

Those were the hours which drew our farmers with renewed energy to the affairs of the threshing—this week at Alderlea, where, as James reports "we are whittling it down" but there still remains some to be done. In spells of waiting, using profitably those fragments of time which could easily have been loitered away, they gathered in the potato crop there and also the increase of those planted in his field by Mr. A. "one day in June when the flowers all bloomed together."

And we watching them go to work in which we this year might not join remembered days . . . and faces, of the old years at Alderlea and at this farm "in the road" of many a helper at "the digging" separated from us now by a width of sea or land or gone within the fastness of the Glory Land beyond.

Yes, for us on this Island farm, Autumn pipes many a tune—sober, nostalgic, beautiful, and all "haunting we are sure.

"The haunting note that Autumn pipes Upon a silver reed, Sings of a field where briars grow And slowly ripening seed, Of mist draped hills and valleys deep Where purple tinted meadows sleep.

It tells of wooded hills, and sings Of an old grass grown lane, Of weather beaten barns and sheds, And stooks of golden grain, Salt marshes bordering the sea, Homes where fine people love to be.

"All these . . . and purple tinted days, Are in the song that Autumn plays." Until Monday Diary Good-night

Modern Etiquette
By Roberta Lee

Q. When one is invited to a large golden wedding anniversary reception, to be held in a private hotel room, should a gift of some kind be taken to the reception?

A. It is better to send the gift ahead of time to the home of the honored couple.

Q. Would it be proper to ask a person to return books he has borrowed?

A. Certainly. If a reasonable length of time has elapsed, one need not hesitate to do so.

Q. What are the duties of the maid-of-honor at a wedding?

A. She adjusts the bride's veil and train, holds her bouquet during the ceremony, and lifts back her veil. She may carry the bridegroom's ring if it is a double-ring ceremony. She is also one of the two witnesses to sign the wedding certificate.

Q. How can I save wear and tear on my tongue when I have a lot of envelopes and postage stamps to lick?

A. Try wrapping an ice cube in a thick rag and moistening the envelopes and stamps with that.

Q. How can I remove mercury-chrome stains from fabrics?

A. Mercuriochrome is partially soluble in water, but much more so in rubbing alcohol which has been diluted with a few drops of hydrochloric acid. Just use this solution as you would cleaning fluid, sponging it on the spots with cheesecloth.

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Plant Bulbs To Bloom On Spring Beauty Time-Table



Snowdrops Flower When the Last Snow Melts.

In selecting spring flowering bulbs to plant this fall, the time of flowering is as important as the size and color of the blooms. The earlier the flowers bloom, after the long winter, the more beautiful they will be, even though later in the year they would attract small notice.

"Tiny snowdrops will give as great a thrill when they appear after the first spring thaws, as will the magnificent peonies three months later. A small group visible from a window will richly reward you. After blooming, they soon disappear and if the bulbs are not disturbed they will bloom for many years without attention.

Next after the snowdrops, how long depending upon the weather, scillas and glory of the snow (chionodoxas) appear both blue and flowering so freely they carpet the ground with color. Scillas spread by self-seeding. Weeks earlier than violets, they are far superior for gardens, because their foliage quickly disappears after they flower and their tiny bulbs offer no competition to companion plants.

Before the daffodils have faded, early tulips begin to flower, bring to the garden for this first time a complete rainbow range of colors. They are followed in order by the Darwin tulip hybrids of the Triumph and Mendel classes, and finally the bulb season reaches a climax in the flowering of the all late tulips of the Darwin, Cottage and Breeder types, which bring to the garden a color display that will not be surpassed in variety by any to follow.

Coronuses blossom after the scillas with blue, yellow and white flowers. They come in white, blue and purple, and a mixture gives a pleasing effect.

From the time snowdrops appear until the coronuses blossom may cover a period of three to six weeks, depending on the weather; they are called "minor" bulbs because their flowers are small but they are precious because they are early.

Soon after the coronuses come the daffodils, first "major" flowers of spring and with them as a rule the earliest wild flowers begin to bloom, and some garden perennials.

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DOROTHY DIX'S COLUMN— Unwed Girl's Child

Sympathetic Mother Of Three Girls Eager To Adopt Backward Youngster

DEAR MISS DIX: Two years ago I took into my home a young unmarried girl who was expecting a baby. After the child was born she left him with me for a year while she worked. The infant was a happy, healthy boy. Then she took him away, saying she expected to marry. It broke my heart to lose the youngster. We lost track of mother and son until a few weeks ago when we found she had given him to a sister for adoption. We went to see the little one and were shocked at the change. The child is now two years old, backward, looks frightened and is unable to speak a word. The mother had never married, but had boarded him out with people who evidently did not give him proper care. I persuaded his mother to let me have him, since the sister was perfectly willing to relinquish him, and he is now beginning to show a happy change. My own little girls adore him. My husband is willing for me to keep the boy if I want him, though he isn't too enthusiastic over the idea, but all my relatives and friends say I'm foolish. They think the boy isn't normal, and that I'll be sorry.

MRS. H. S.

ANSWER: From the brief description you give of Danny's behavior, I judge his backwardness is due to neglect. Proper care, together with the deep love that your family gives him, will soon restore him to healthy.

Direct from Britain
FREE GIFT
WOMAN'S JOURNAL

With the October issue— Woman's Journal presents

A BEAUTIFUL COLOUR PORTRAIT CALENDAR OF ELIZABETH OUR QUEEN BY BARON-COURT AND WORLD-FAMED PHOTOGRAPHER



WOMAN'S JOURNAL fits right into the Canadian Home. Its Fashion, Beauty and Travel features are contributed by top ranking authors . . . its Homes and Gardens reflect a background of unrivalled centuries-old tradition, artistry and romance. Enjoy Britain's contribution to fuller, richer living. Buy your copy of WOMAN'S JOURNAL TODAY.

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Anne Adams Patterns

SEW-EASY JUMPER! Just wrap and tie! No fitting problems—bow cinches waist. No pressing worries—opens flat. Make this sew-easy jumper in corduroy, winter cotton or wool. Make two versions of the simple-blosure—short and 3/4 sleeves.

Pattern 4521: Girls' Sizes 6, 8, 10, 12, 14. Size 10 jumper, 3 1/2 yards 35-inch nap; blouse, 1 1/2 yards 35-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Name, Address, Style Number.

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