WOMEN'S REALM-SOCIAL and PERSONAL-FASHIONS-LITERATURE

Dorothy Dix's Letter Box

Wives Can Make Or Break Their Husbands By The Way They Talk About Them To Other People. Be A Booster And Watch Him Go Up The Ladder Of Success

Dear Miss Dix—Won't you please say something through your column to the wives who are continually belittling theor husbands? So many foolish women do that without seeming to realize that they can take no surer way of killing their husbands' love for them and of making their husbands the failures they reproach them with being. I have two examples of the effect of a wife's attitude toward her husband in my own family. My daughter married very young, a boy about her own age who was making $12 a week. She had many hardships to undergo, but never once has any one ever heard her complain or speak of her husband in any but the most complimentary manner. She was always praising him, always boosting him, and the result is that he has gone up the ladder by leaps and bounds. My son married a woman who took exactly the opposite way with her husband. She has never done anything but whine and cry and bemoan the hardships of her lot, and proclaim from the housetops that he has no business faculty and can't make money like other men. The result is that he is discouraged and brokenhearted and is slacking down. Yet to start with, he had much more ability and a better chance than my daughter's husband. But one wife made her husband and the other one ruined hers. A TROUBLED MOTHER.

Answer:

If women had one hundredth part of the intelligence that they think they have, a wife would bite her tongue off before she said one thing in disparagement of her husband to even her own mother. Yet so far from keeping silent about their husbands' faults and foibles, weaknesses and shortcomings, they are the favorite topics of conversation where two or three women are gathered together.

They seem to have no conception that in thus blithely dragging out their family skeleton and putting it through its paces that they are not only committing an act of gross disloyalty, but also doing themselves, as well as their husbands and their children, an irreparable wrong. For to a larger extent than they dream of, women write their husbands' price-tags and we take a man pretty much at his wife's valuation. Nor is this unreasonable. We naturally conclude that the woman who is married to a man and who knows him as nobody else can, has a better line on him than we can possibly get. So when Mrs. Smith tells us what a wonderful business man or doctor or dentist or whatnot her husband is, we believe her. And we also believe her when she tells us that her husband is lacking in industry and energy and has no initiative or judgment.

Certainly it would seem that such being the case, the stupidest woman alive would know it would be to her advantage to try to sell her husband to the general public, that it was suicidal to run down her own wares. But she doesn't. It is a common thing to hear a wife complaining that she can't have a new automobile because her husband doesn't have the faculty for making money that some men have. Or she is lamenting that her husband is an old stick-in-the-mud that she can never get to try a new thing. Or that the only thing he really thinks about is his golf. Or that he has such a terrible disposition that nobody can get along with him. Then she wonders why he doesn't succeed. It never crosses her mind that she has killed his chances by making people believe that he is lazy and incompetent and disagreeable.

It is equally fatal for a wife to kill the husband's belief in himself. He can only do as much as he thinks he can do, and when his wife slays his self-confidence he is done for. It is often said that there is a woman behind the door of every man's success, and that woman is an inflationist who keeps him believing that he can do whatever he sets his mind to do and that she is backing him to win out every time.

A man can't fail if he has a wife behind him who believes in him. No matter how many bumps he gets, he always comes back. But the wife who belittles her husband and makes him believe that there is nothing in him is licked before he starts to fight.

* * * * * *

Dear Dorothy Dix—I am 28 years old, a self-supporting divorcee with a son 7 years old. Do you think I should be denied the right of having my own home again just for the sake of conventions? My father and mother have violent opinions about girls who live alone and no amount of effort on my part can induce them to see the reason I want my own home. One reason is that I want a home for my boy. He has been morbid because his father left us, and I know that there are some things that I can give him in those cozy evenings together that he won't get at my parent's. Then how will I ever have an opportunity of catching another husband if I never have any place to receive a caller? My parent's house is very crowded. They go to bed at 8 o'clock and their bedroom opens out of the living room. An uncle sleeps on a couch in the dining room and snores. Also I am a good cook. But how can I ever show a man that when my mother monopolizes the housekeeping? What do you say? DOUBLE X.

Answer:

You certainly make out a grand case for yourself, and there is no doubt that you would be much happier and more comfortable in a little home of your own than you are living in your parents' sardine tin.

Likewise, you are quite correct in saying that before you can catch a husband you have to have the proper environment. You wouldn't expect to land a fish on a sandy field miles from a stream. Neither can you expect a man to come a-courting where there is no comfortable, cozy place with a proper background in which to do it. So if you ever do expect to marry again, you will have to set up your own little apartment. But—and there is always a but you know in everything—you mustn't forget that divorced women have to walk twice as circreetly as those who have never been married. They are a shining mark for all the scandalmongers. However, for all of that, I don't see why you should be tied to your mother's apron strings the remainder of your life and have to listen to your uncle's snores.

But think well and long and carefully before you give your little boy a stepfather. If you marry a man who is jealous of your little boy and unkind to him, then you will know what real trouble is for sure.

DOROTHY DIX.

SOOTHING RELIEF *QUICK!* FOR 7 SUMMER SKIN TROUBLES

SUNBURN
BABY RASH
PIMPLES (EXTERNALLY CAUSED)
CHAFING
INSECT BITES
PRICKLY HEAT
TIRED, ACHING FEET
(Cracks between Toes)

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Noxzema is a unique formula of 12 tested medicaments in greaseless, stainless cream form. Surveys show that many doctors not only prescribe it, but use it themselves. Over 50,000,000 jars used in recent years.

SPECIAL OFFER: For a *limited time* you can get a cake of fragrant, extra-creamy Noxzema *Medicated* Soap FREE, with a medium size jar of Noxzema. Don't miss this chance. Get your jar of Noxzema Skin Cream and your *free* cake of Noxzema Soap *today*. At Drug and Department Stores.

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The Housewife And Her Activities

GOLDEN GLORIES

The buttercup is like a golden cup,
The marigold is like a golden frill,
The daisy with a golden eye look up,
And golden spreads the flag beside the rill,
And gay and golden nods the daffodil,
The gorsey common swells a golden sea,
The cowslip hangs a head of golden tips,
And golden drips the honey which the bee
Sucks from sweet hearts of flowers and stores and sips.
—Christina G. Rossetti, in "The Pageant and Other Poems."

SUMMER BEAUTY SLANTS

If you want to avoid "squint lines," in summer, wear a bit of cream around your eyes under your sun glasses.

The pale, pastel makeup you liked last spring won't be smart once you are tanned. Choose powder which matches exactly your suntanned skin and a vivid red lipstick rather than a pinkish one.

The fact that you have adopted a casual, easy-to-manage coiffure doesn't mean that you can adopt a casual attitude toward hair grooming. Have hot oil treatment regularly to counteract the drying effects of sun or salt water, brush your hair every night and have a shampoo at least once a week.

Use your favorite anti-perspirant three times a week instead of twice a week.

Substitute light perfume for the heavy, heady scents you liked last winter. Don't overlook the importance of scented colognes.

Let your summer jewelry be as cool looking as a crystal bowl of ice water. Massive bracelets and enormous necklace—unless of glass or a plastic with a frosty look about it—contribute nothing toward a crisp-as-lettuce appearance.

Feet will be more comfortable if the same shoes are not worn two days in succession. Wearing fresh stockings every morning is a "must," of course.

NEW DINING TABLES

Instead of one large extension dining table, it's newer to use a fairly small centre table, say about 30 by 60 inches, and two small matching console tables which, when extra space is needed, may be pushed up on each end of the centre table.

Famers can grade their own beef cattle by aid of a new system of body measurements and feed records worked out by the Department of Agriculture.

LAUNCH "CIGARETTE SILHOUETTE" STYLE

The "cigarette silhouette" launched in Paris today burned holes in widely-held theories that Winter fashions would be cut on wider lines. Spreadskirted models were in the minority. Straight lines triumphed, though broken through here and there with an apron front, flounced overskirts or bustled backs. Coats got down to narrow widths and jackets to longer lengths and a new straight slimness dubbed "cigarette."

Commercial pectins take the guesswork out of jellymaking. Follow carefully the method described in the directions, measure quantities exactly and time the cooking period accurately for perfect results. Perfect jelly should be tender, firm, clear in color and true fruit flavored.

FASHION FLASHES

Hoods on dresses have been turning up at sports events, not in such numbers as to be a major fashion, but on smart girls so as to merit further consideration for next season.

A charming frock of coral pink sheer plaided in silver has its own short-sleeved sweater of hand-knitted silver cord.

THE COOK'S CORNER

HAM MOUSSE

1 tablespoon granulated gelatin
1 tablespoon cold water
1-2 cup boiling water
2 cups chopped cold boiled ham
1 teaspoon prepared mustard
Few grains cayenne pepper
1-2 cup cream (whipped)

Soak gelatin in cold water for 5 minutes. Dissolve in boiling water. Add to the ham, which has been finely ground and well pounded after the grinding. Add the mustard and seasonings, then fold in the stiffly-beaten cream. Turn into a mold that has been well-oiled. Chill thoroughly until set. Garnish with parsley and serve. Sufficient for 6 persons.

SALAD SUPPER PLATE

A delightful supper salad provides the piece de resistance for a family porch supper. Tomato juice could be served as a starter and the salad plate should be accompanied by potato chips, relishes and rolls. For dessert, raspberry pie or an ice-box dessert is ideal, and a beverage, t'nkling with ice, finishes up a meal to tempt the most finicky palate.

The recipe for this attartcive plate follows.

PORCH SUPPER SALAD

2 1-2 tablespoons minced onion
1 1-2 cup cooked peas
1 1-2 cups cooked sliced carrots
1 1-2 cups scored cucumber slices
1 1-4 cups sliced celery
1 1-4 cups cocked sliced beets
Mayonnaise
Vienna-style sausages, broiled

Add minced onion to peas. Season each vegetable in separate bowls, with 3-8 teaspoon salt, 1-4 teaspoon pepper and marinate each in 1 1-2 tablespoons French dressing for 1 hour. Remove core from lettuce head, wash and drain without separating leaves. Place lettuce in centre of large chop plate and surround with sausages and vegetables. Serve with mayonnaise. Serves 6.

Modern Etiquette

(By ROBERTA LEE)

Q. Would it be all right for us to use our own garden-grown flowers as decorations for a home wedding?

A. Yes; by all means do so. Beautiful decorations can be arranged from the flowers and greens gathered from an attractive home gardene.

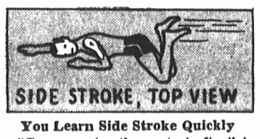
Q. Should a wife receive her husband's guests at a stag dinner?

A. No. Instead of impressing h's guests this will more likely make them think what a hen-pecked man her husband must be.

Q. Should a girl of eighteen rise when being introduced to a man of sixty?

A. Yes, or to a woman of sixty.

Rate With the Best at Swimming Time



You Learn Side Stroke Quickly

"Come on in, the water's fine" is an invitation every girl is sure to get this outdoor season.

So why not show the crowd a thing or two, teach yourself to do the popular strokes really well?

The side stroke is a simple stroke to learn and you'll use it often. Begin in a side float position—top hand resting on thigh, lower arm straight out beneath head, legs together. Practice first with top arm and legs as in diagram.

1—Cut top hand, palm down, through water as far as lower shoulder. At the same time bend knees and extend top leg forward, lower leg back in a scissor kick.

2—Turn top hand, push against water until hand is back on thigh. Bring legs together.

Now practice using lower arm separately. On 1 you pull lower arm (elbow bent) as far as lower shoulder. On 2 you relax the pull and cut back, fingers first, to first position. One arm recovers while other arm pulls.

Other strokes you can learn as easily! Our 32-page booklet gives diagrams and directions for the side stroke, the American crawl, the back stroke and back crawl, trudgen, trudgen crawl, breast stroke. Tells how to float, tread water, dive, do the racing start and turn.

Send 20c in coins for your copy of How To Be A Good Swimmer to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

YOUR INDIVIDUAL HOROSCOPE

By FRANCES DRAKE

Look in the section your birthday comes in, and find what your outlook is, according to the stars.
(Copyright, 1939, King Features Syndicate Inc.)

For Thursday, August 17th

MARCH 21 to APRIL 20 (Aries)—You born before April 4: Be particularly careful both in money matters and with heart interests. Be particularly careful both in money matters and with heart interests. Be guarded against misjudgment. You other Arieps are under friendlier rays, but will have to put your best foot forward in a very definite and reliable manner.

APRIL 21 to MAY 20 (Taurus)—Born before May 6? May have an inactive inane day if you don't watch out! Sluggish tendencies should be overruled. Fill in your spare moments with worth while activities and keep usefully busy all day, but without strain, of course. You born after May 5: protect your income, don't be stubborn, avoid questionable people.

MAY 21 to JUNE 21 (Gemini)—One big item on today's list: check and double-check with yourself on your attitude and disposition in affairs involving the family (and if you are single, with your loved one)! Shun that imp who makes so much trouble—irritability.

JUNE 22 to JULY 23 (Cancer)—Routine, assisting loved ones and employer, gardening, farming, taking up a useful hobby during free time or if on vacation and bolstering your ambition rate first place this rather dull period.

JULY 24 to AUGUST 22 (Leo)—Tact and still more tact! If you hold an executive position, be especially considerate of the feelings of those under you. If you hold a menial position, don't take the attitude that the world is against you. All of you: harmony can come through understanding.

AUGUST 23 to SEPTEMBER 23 (Virgo)—No dwelling upon unpleasant thoughts, nor anxiety, nor overcriticism of self, nor overstrain (no matter how much you think must be done). Have poise, both mentally and physically.

SEPTEMBER 24 to OCTOBER 23 (Libra)—Today is the sort of one during which you of this Zodiacal sector should be especially careful about making wild promises and about excesses in pleasures. Stay close to business.

OCTOBER 24 to NOVEMBER 22 (Scorpio)—Heed advice given Libra. And add a discreet thought for money matters, including particularly those regarding investments you are considering for the distant future. Know all about the people themselves who have suggestions for spending Your money.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—Provide in advance against the inroads of delay and ill health (either on your part or on the part of those about you.) If you keep your desk clear of the little things, you'll be better able to cope with hindrances when they pop up.

DECEMBER 23 to JANUARY 21 (Capricorn)—Let your gospel be action today. Take courage to fight indifference and dissatisfaction. Remember, no matter your difficulties, others are succeeding under greater hardships.

JANUARY 22 to FEBRUARY 20 (Aquarius)—Watch your step in affairs close to your heart. If you are married, take your life mate into your confidence. Reason things together; be companions. Don't harbor discouragement.

FEBRUARY 21 to MARCH 20 (Pisces)—No complaining and no carrying rumors! Both are harmful habits and the cause of much unnecessary trouble in this world. And they eventually bring you regret. Be energetic and practical. Make a useful day out of an uncertain one.

A CHILD BORN ON THIS DAY holds the key to unusual success in its many and varied talents, but if it is not taught concentration and consistency these assets will be lost. Literary ability. Frankness and honesty are marked traits.

ALWAYS sold on a money-back guarantee of better flavour, Quaker Corn Flakes now make this special offer to win new friends. Try Quaker Corn Flakes. If you don't agree they're the most delicious, just return the partly used package to The Quaker Oats Company, Peterborough, Ont. A cheque for *double the price you paid* will be promptly mailed to you. This special offer expires Dec. 31, 1939.

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Morning Smile

IN NO HURRY

The excitable fellow threatened to commit suicide every time a certain girl turned him down.

She refused him again the other night, and the next morning a messenger boy called at her house with this note.

Darling—By the time you read this, my body will be floating down the Thames. Life without you is not worth while, so I cannot live any longer. Shed no tears over me, but just remember that I have always loved you. Goodbye for ever"

The girl went as white as chalk and nearly fainted.

"He has killed himself!" she squawked.

Then she noticed that the messenger boy was still standing there, so she asked: 'What are you waiting for?"

He said: 'The gentleman what gave me the note said I was to wait for a reply."

TRUE TO TYPE

Mrs. Smith was relating her grievances over the garden fence.

"My husband is such a flirt," she complained. "I just can't trust him anywhere."

"Never mind, my dear," her friend consoled her. "He's probably only reverting to type."

"That's where you're wrong," said Mrs. Smith grimly. "He's to typists."

Household Scrapbook

(By ROBERTA LEE)

Cleaning Phonograph Records

Fingerprints, grease, and dirt may be removed from phonograph records by use of a weak solution of soap in water. Moisten a wisp of absiorbent cotton with this solution and wipe the record. Then wipe the surface with p'ain water.

Painting Screens

Painting the inside of a window screen white and the outside black impairs the vision of people from the outside but not those on the inside.

Improves Gravey

Add a touch of burnt sugar to the flour which you use in making roast-beef or lamb gravy, and it will create a pleasant flavor.

How Can I ??

(By ANNE ASHLEY)

Q. How can I remove stains from the fingernails and soften the cuticles?

A. Squeeze one teaspoonful of lemon juice into one cup of warm water. Dip the fingers into this and let them remain for a few minutes. This removes the stains and softens the cuticles.

Q How can I prevent grape juice from fermenting when only a part of the bottle has been used?

A. Lay the bottle on its side, or upside down. This covers the cork with the liquid so that it will expand and no air can enter to cause fermentation.

Q. How can I launder silk handkerchiefs successfully?

A. Use lukewarm water and borax, instead of soap. Dry the handkerchiefs by wrapping in a cloth, and then iron them while they are still slightly damp.

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Read this sweeping, unconditional guarantee which has been packed in every bag of Robin Hood Flour for a quarter of a century. Your dealer is authorized to refund every cent you paid, *with an extra 10%*, if Robin Hood does not please you better than any other flour milled in Canada. Every grain of Robin Hood wheat is *washed in water* before it is milled—the most modern, scientific equipment on the North American continent assures you of purity, cleanliness and health-protection in Robin Hood Flour. That's why you can be certain that every baking with Robin Hood will be better, easier, more economical.

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Snappy Fashions For Home Use

Suspender fashions are closest to little girl's hearts. They are becoming and very appropriate for all occasions. This flared skirt with its pointed waistline and wide straps is an ideal costume for those first fall days at school. Make the skirt of a tiny checked gingham or a solid dark color cotton and top it with a snowy white blouse. Edge the collar and cuffs with bright ric-rac. If you make an extra blouse she will always have a fresh one on hand. A matching bolero or fitted jacket makes a complete costume that will delight any child.

Style No 2617 is designed for sizes 6, 8, 10, 12 and 14 years. Size 8 requires 1 3-4 yards 35 inch fabric for jumper, 1 1-4 yards for blouse and 1 1-4 yards of braid.

Send fifteen (15c) (coin is preferred) for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 2617 Size ... ...

Name

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The rich creamy goodness of Borden's will improve all your cooking. It's the fresh country milk from healthy Borden-inspected cows like Elsie, evaporated to double richness. Borden's just *naturally* make things taste better. And it's extra-good for all the family because it is irradiated for an added supply of the important "Sunshine" Vitamin D.

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