

Mental Health

RECREATIONAL THERAPY

(A statement by: Mr. J. E. Ready, Supervisor of Recreation, Dept. of Mental Health.)

The recreational program at Falmerwood Hospital was greatly accelerated in June 1954 by the appointment of recreational superintendent J. E. Ready. These activities were limited due to lack of personnel. It has been realized for many years that physical activity is just as important as emotional and intellectual outlets in the care and treatment of mentally ill patients. Beyond the mere physical activity engaged in, there is also the stimulation of engaging in group activities, which many patients find difficult to do. To carry on this work requires additional personnel who have patience and understanding in carrying out this form of therapy. The patients participating in this activity are assigned by their doctor who in consultation with the supervisor choose which form of activity is desirable for each individual case.

During the fall and winter, recreation is carried on indoors with a variety of programs. The auditorium is marked for badminton and basketball. Ping-pong and volleyball are also enjoyed.

Besides these sports, group dancing with both male and female patients participating is a much appreciated activity. It is an encouragement to see patients who have been withdrawn and silent become interested and join in the dancing. Square-dancing is very popular and is enjoyed by the spectators as well as the dancers. Frequently a group of thirty can be seen going through the intricacies of these dances and thoroughly enjoying themselves.

Films are shown twice weekly. Singers, bingo and cards form good group entertainment, and many attend the movies who are not interested in more active forms of entertainment. Many types of films are shown. The Provincial Branch of the National Film Library is very cooperative in providing films for our use.

Ward activities are also carried on mostly in the form of checkers, cards, crokinole, table-hockey, etc. These varied interests have accomplished much in creating a willingness to share in sports and amusements with others, to forget troubles and disappointments. Some patients become less aggressive and thus more active. It lessens a sense of isolation and of not being wanted that many feel.

Should a period of recreation be needed, many regrets are expressed. Recreation is a need that applies not only to mental hospital patients but all individuals. Its worth to our patients is now well established, and forms a definite part of our treatment in meeting the needs of the mentally ill.

J. E. Ready,
Supervisor of Recreation.

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THE P. E. I. UNITED Baptist District will meet at Belmont Baptist Church Friday, May 14, 9 a.m. 3 p.m. and 7.30 p.m. The Rev. R. E. Whitney and Rev. A. J. Langley, special speakers.

ARSENIC AND OLD LACE—Little Theatre Guild Presentation, Empire Theatre, Charlottetown on Thursday and Friday, 13th and 14th May. Membership tickets honored. Sale of tickets for public at door, Hughes Drug and Old Spain 75 cents.

SURPRISE SHOWER—A pretty surprise shower was given for Mrs. John Duncan, nee Olive Burke, at the apartment of Miss Elizabeth Stewart, where fellow employees of the staff of S. A. MacLeod's gathered to express their wishes for a happy future, with many lovely gifts. Joint hostesses were Miss Rotha Doyle and Miss Elizabeth Stewart, co-workers of the radiant bride.

KITCHEN SHOWER—Miss Florence Roper and Mrs. Arthur McKenzie, Jr. were joint hostesses to a lovely kitchen shower at the home of Mrs. Fred Duncan, April 28th, in honor of Miss Olive Burke whose wedding took place May 3rd. Miss Miriam McIsaac untied the ribbons and Miss Florence Roper read the verses. A lovely lunch was then served by the hostesses.

HONOURED BY FELLOW WORKERS—A very enjoyable evening was spent at Sandy's, Marshfield, April 29th, when the management and staff of Irving Oil Co., gathered to extend best wishes to one of their fellow workers, Jack Duncan whose wedding took place May 3, to Miss Olive Burke. The meeting was called to order by Mr. Alf Myers as chairman. Pleasant remarks of congratulations and best wishes were then expressed by Mr. William Connolly, manager, and Mr. Earl Reardon to Jack and his bride-to-be. The presentation of a beautiful gift from the management and staff was made by Mr. Alf Myers. After which about fifty guests enjoyed a delightful turkey dinner. The remainder of the evening was spent in dancing and sing-song, to the music of Burns' Orchestra. After which all departed wishing Jack and Olive many years of happiness.

TROOPS TAKE OVER JAIL
KARACHI, Pakistan. (Reuters)—Troops took over the jail at Dacca, capital of East Bengal province, and disarmed 200 guards after angry crowds demanded action against jail staff who fired on a mob Thursday killing one man and injuring 50. A free-for-all resulted from an argument between a jailer and a shopkeeper.

St. Dunstan's University Graduates



Jerome Quinn: Jerome was born at Cardigan, P.E.I., in 1933, the son of Mr. and Mrs. Robert E. Quinn. For the past eleven years he has been residing at the home of Mr. Cecil Trainor, Kinkora. Jerome entered St. Dunstan's in 1950 and this year he graduates with his Bachelor of Arts degree.



Maurice Flynn: Maurice was born at Charlottetown, P.E.I., in 1931, the son of Mr. and Mrs. Francis E. Flynn. After studying at Queen Square School and Prince of Wales College he entered St. Dunstan's in 1950. Maurice leaves us this spring with his Bachelor of Commerce degree.



Gilles Normand: Gilles was born at Trois Rivieres, Quebec, in 1935, the son of Dr. and Mrs. Joseph Normand. After studying in Quebec, Gilles entered St. Dunstan's in 1952 and he graduates this spring with his Bachelor of Arts degree.



Gerald Steele: Gerald was born at Miscouche, P.E.I., in 1933, the son of Mr. and Mrs. Percy Steele. Gerald entered St. Dunstan's in 1950 and this spring he graduates with his Bachelor of Arts degree.

IN MEMORIAM

MRS. SAMUEL JARDINE
These passed quietly away at Charlottetown, on April 20th, Mrs. Madeline Jardine, widow of the late Samuel Jardine, of Orwell, in her ninety-seventh year. Mrs. Jardine had been in failing health for several years and had been bedfast for some time prior to her passing.

Born at Crapaud she was the daughter of the late Rev. and Mrs. F. A. Kidson.
Surviving are four daughters, Mrs. A. P. Loomis, Florida; Mrs. Neil MacKinnon, Cross Roads; Mrs. S. V. Acorn, Amherst; Mrs. Wm. Masters, Vernon River.
The funeral service was conducted by Rev. J. D. Davison in the Uigg Baptist Church. During the service a solo "Beyond the Sunset" was very beautifully rendered by Mrs. Kenneth Paynter. Pallbearers were Messrs. Roy Mutch, S. E. MacLeod, Warren Dawson, Peter MacQueen, Ernest Shaw, Otis MacLeod. Interment was in Uigg Cemetery.

Card Of Thanks

The family of the late Mrs. Samuel Jardine wish to express their sincere thanks to all kind friends and neighbours for their many acts of kindness, flowers and expressions of sympathy during their recent sad bereavement.

Delay Opening Of Conference

GENEVA, Switzerland. (Reuters)—An unexplained last-minute development Thursday night upset plans for opening talks today on an Indo-China peace settlement. The French delegation suddenly called off a scheduled press conference without explanation. They had been expected to make a formal announcement on details of today's scheduled opening. French sources said after the cancelled press conference that France has asked postponement of the opening until Saturday and Russia is expected to agree.

ANCIENT CAPITAL
Buenos Aires, capital of Argentina, was founded in 1534 by Pedro de Mendoza.

Raises Question Of Port Lajoie As Historic Park

OTTAWA, May 8 (Special)—J. Angus MacLean, Conservative Member for Queens, inquired in the House of Commons yesterday whether plans are being made to provide assistance to provincial governments in establishing historic parks in provinces where there are none. Resources Minister Lesage replied that in a recent case the government sent a representative to Newfoundland to help authorities set up a park. Mr. MacLean said he had heard of no historic site parks in British Columbia, Newfoundland or Prince Edward Island although they had been established in other provinces. "I am wondering whether consideration is being given to preserving such places as Fort MacLeod in Southern Alberta and perhaps Fort Lajoie across the harbor from Charlottetown or any places in Newfoundland," Mr. MacLean asked.

Mr. Lesage said his department set up historic parks or declared a certain place to be an historic site on the recommendation of the Historic Sites and Monuments Board which had a P. E. I. representative. He did not know whether the P. E. I. representative had made recommendation for a historic park or site. The Newfoundland Government had offered a certain area for park purposes and the Federal Government thought it suitable but had to wait until it was offered free of all encumbrances. Progress was being made in marking historic sites in Newfoundland.

Mr. MacLean wondered if there was duplication in fish hatchery work being done by both the Resources and Fisheries Departments. Mr. Lesage said that his department raised fish for sport, not commercial fishing. Mr. MacLean said that even more beautiful fish than those raised at the resources hatchery at Banff were raised in a hatchery in his constituency and he thought it was operated by the Fisheries Department. "You are lucky," said Mr. Lesage. Mr. MacLean said his curiosity had been aroused by noting that

a sailmaker was employed by the resources department. Mr. MacLean said the sailmaker repaired tents and canvas in construction camps in the parks.

IRISHTOWN W. I.

Mrs. Archie Paynter entertained the May meeting of Irishtown W. I. with a good attendance. The president, Mrs. Archie Johnstone presided. Meeting opened by singing "Grandfather's Clock," followed by Creed in unison. Roll call was answered by naming a service man. Minutes of previous meeting were read and approved. Indian River play and the travelling store money which amounted to a goodly sum was handed to treasurer. There were some discussion on concert to be put on in Irishtown Hall later in the month.

Sick committee reported calls made and a treat taken to a sick member. School committee reported that school had been cleaned and new committee will be Mrs. John Evans and Mrs. Cecil Campbell.

The new executive member appointed was Mrs. Ruth Carr and the retiring member Mrs. Haisie Profit. It was decided that members

take flour bag hobby articles to next meeting for the convenience of those who may not attend district Convention. Cook books, also Institute News were distributed among members.

Mrs. Clayton Stavert will be hostess for June meeting. The program consisted of a humorous reading entitled "Amos and Andy," by Mrs. Borden Campbell, which caused much merriment, and a contest put on by Mrs. David Campbell. Prizes go to Mrs. Archie Johnstone and Mrs. Robert Stavert.

Meeting closed by singing "The Queen." Lunch was served by hostess, assisted by committee in charge.

WAS CPR ENGINEER

MOUNT VERNON, N. Y. (CP)—Demarest H. Mapes, retired building contractor who for some years worked in Montreal as chief engineer of building construction for the Canadian Pacific Railway, died Wednesday at the age of 84. Demarest H. Mapes jr. of Montreal is a son.

BIG WATERFALL
The Alexandra waterfall on the Hay river which flows into Great Slave lake has a drop of 150 feet.

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