

## ELLEN'S DIARY

By An Island Farmer's Wife

These days an engaging piece of work is being done in the neighborhood of this island farm. There, where the millstream curves from the farmland opposite to enter Brod's field by the roadside, a robust bridge, to meet the demands of the traffic of the times, is in the course of construction. We hear of its progress from the two boys who pass and re-pass there on their school-days. We heard too, of the intriguing but short detour "in our field," the endeavour occasioned, and as well, from their later outings, of the little red night-lights of warning that keep watch over the travellers after dusk's fall there.

And if our interest and delight over the endeavour — and the marvel of its improvement over the one it is replacing, does not nearly match in enthusiasm that of our small fry, we lay this to our age. We, who are older—who have lived in the golden era of science and invention, have seen unbelievable things come to pass. We have literally "seen everything" in our time. So that no matter what may yet be invented or improved upon for the benefit—or annoyance of humanity, we know that while we shall receive the like with pleasure or concern, it will not be with the breathless astonishment and wonders of the young years.

For have we not beheld miracles wrought in our day and generation? Have we not seen... so much that to look back along our pilgrim way is to be left bewildered at the march of progress? How very far folks have come! From the humble stoves and candles, the unimproved kerosene lamps and lanterns—the pail of well-water and dipper of once, to the last word in shining equipment of home and every convenience about. Can we scan the old years without recalling the comparative isolation of the farm-family who dwelt a distance from neighbours. In Now with daily mail, telephone, radio, electricity, the whole world knocks at our doors.

And did we not at a recent W.I. gathering contrast past modes of travelling with that of the present? Then the farm-wife from a distance must depend on some faithful old mare and buggy to set her down at length at the place of foregathering. Now she floats there in no time in some shining machine! And have we not left the team and plow, the narrow harrows of once, far behind to accept instead those powerful machines of tillage and sowing and harvest, which in their dispatch of farm-work, laugh at the outmoded gearing of the past?

With the two we came to survey the new bridge this afternoon, toward sunset, when the machines were rested, the workers separated to their homes... through a pasture scented now with that sweet scent of the passing year we walked. "I guess," Jamie offered, "you never saw so fine a culvert as this one!" "Will it let you walk through from side to side?" we asked. "No, it is without stooping," he added. "Stooping!" they replied laughing. "You would not have to stoop to go through this one!" Back in the years a round culvert, an amazing affair in pioneer bridge-building was placed with decorum in a road-bridge spanning a brook of memory.

And if they stooped, even tall children might pass along that cool shadowy tunnel where laughing young voices rang hollowly and sounds echoed queerly from the world above. It was an adventure to remain quietly there with other happy-hearted youngsters while the Ministers' old "Dolly" trotted by overhead. Mrs. ... sun-bonneted and calico-gowned to an afternoon "Kaley" if school kept, the school-master on his way to classes. "It's quite a bridge!" Jamie offered, looking down from its heights to the water rippling in quiet tune within. "She's a good one!" Gage nodded. "Fine!" we agreed and strange one that we are, wondered what the years should bring in replacement. Until tomorrow... Diary... Good-night...

## Family Of Five Takes To Road To Disprove Proverb



The old proverb that "he travels fastest who travels alone" was "given a going over" when a Toronto family took to the road. In New York City, stole the applause on a quiz show and heard mention that their family might be a good subject for a movie. Nothing like really finding out, the father, a printing shop partner asserted, so a distance of 6,050 miles on a total expenditure of \$49.50. Hitchhiking all the way, the "famous five" crossed 16 states, took 35 days in everything from flivvers to limousines in eight days to go really counts," the slim and jovial and 29 rides in 10 days to come dad asserted.

## DOROTHY DIX'S COLUMN

### Boy Friend Objects

More Concerned With Finances Than With Girl's Education

DEAR MISS DIX: For the past two and a half years I have been going steady. In the near future I plan to go to college several hundred miles away where I will live on the campus. However, my boy friend objects and says if I really loved him I would change my plans. I could go to a college close enough so that I could live at home. He thinks I should do so and save money for our marriage. Do you think his ideas are right?



ANSWER: I think a boy who is more concerned over the money you can save than over the education you receive is a questionable matrimonial prospect. If he is willing to sacrifice your best interests now, what do you think your chances are of having any independence after marriage? Think it over.

SHOULD SHE TELL?  
DEAR MISS DIX: Some time ago I had a mutual love affair with a man who ultimately left me because he wanted to marry someone else. The other woman is a fine person with an unquestionable character. She trusts this man implicitly. He does have a personality that would charm anyone — as I well know. Should I tell her what happened between us? I don't want to tell her out of resentment or hurt, but I know the man is unworthy of her and she will never be happy with him. E

ANSWER: Your intentions may be of the best, but the girl will never listen to your warning. Your own affair is over and done with, and there's no use evoking it for a futile purpose. If there were any assurance that the girl is sensible enough to profit by your experience, I'd tell you to go ahead and try to save her from an unhappy marriage, but you must be the judge of the possible outcome. Don't sacrifice yourself needlessly.

DEAR MISS DIX: My mother insists that I be home at ten o'clock when I have a date. My boy friend's father gets home late so we never can get an early start for the movies, ball game or other activity. Even thirty minutes extra would help. BEVERLY

ANSWER: Ten-thirty is not an unreasonable hour for home-coming, but the extra thirty minutes probably wouldn't satisfy you very long. Couldn't the boy's family make a concession on the other side of the program, and let him out a bit earlier?

DEAR MISS DIX: I have been married eleven years and have two children. Since my husband came home from service, he has changed considerably, but I have been able to manage with him. However, three weeks ago his mother was found dead, which was a severe shock to him. Since then he has done nothing but sit around; I can't get him to talk at all.

ANSWER: Give your husband time to recover from his mother's passing; one doesn't recover from so severe a shock in a short time. If the difficulty continues, I suggest that you have him see a psychiatrist. The Veterans' Administration will suggest one for you.

DEAR MISS DIX: I am very much in love with a boy 21, three years older than I. We went together over a year, then broke up and he married someone else. Now he and his wife are planning a divorce. He wants me to go out with him, but I don't know whether to wait until he has the divorce or not. D.G.

ANSWER: Better wait, or you'll be one of that vast army of women who are patiently eating their hearts out waiting for men to get divorces that somehow or other never do seem to materialize. In the meantime, look around for another boy. Don't waste your youth waiting for a vacillating, and not too worthwhile, young man.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

### Morning Smile

Quiet Type  
"You knew he was a burglar when you married him?" asked the magistrate.  
"Yes, sir, I thought he'd be quiet about the house."  
Just A Memory  
"Very posh people, they were," explained one boarding-house keep-

er to another. "And when they left, the lady says to me, she says: 'We're leaving nothing behind us but happy memories.' I suppose that's the swanky way to describe two dozen empties."  
Thoughtful  
A farmer and his wife walked from their farm to a fair, the wife laden with a heavy lunch basket. On arrival the farmer turned considerably to his wife and said: "You'd better let me carry the basket now, Jill; we might get separated in the crowd."

## Modern Etiquette

By Roberta Lee

Q. I have been invited by a boy to attend a fraternity dance, and he has made reservation for me in the hotel in that town. He has offered to pay the bill, but my mother says this is wrong. What is correct?

A. You must pay both your traveling and hotel expenses. Any entertainment expenses during your visit, of course, are paid by your escort.

Q. If a woman is the guest of honor at a dinner in one's home, who leads the way to the dining room, and who should be last?

A. The host, with the woman guest of honor, goes first. The hostess, with her escort, is last.

Q. Should a young married woman identify herself over the telephone to a social acquaintance as "Mrs. Jones" or as "Dorothy Jones"?

A. As "Dorothy Jones."

## How Can I...

By Anne Ashley

Q. How can I open a sealed envelope if I have forgotten to enclose something with the letter?

A. It can be reopened without injuring the paper by laying a damp cloth over the flap and pressing with a warm iron.

Q. How can I make a good ham sandwich spread?

A. Grind some ham through the meat chopper, along with three or four stalks of celery; mix with mayonnaise, and you will have a delicious sandwich spread.

Q. How can I remove finger marks from window glass?

A. A few drops of ammonia on a cloth will wipe off the finger prints made by children on the freshly-washed windows.

## Cook's Corner

### MARbled DESSERT

Yield—6 servings.  
3 cups milk  
4½ tablespoons sugar  
5 tablespoons corn starch  
¼ teaspoon salt  
¼ teaspoon vanilla  
¼ teaspoon almond flavoring  
½ teaspoon grated orange rind  
Orange food coloring  
3 tablespoons cocoa syrup (see recipe below).  
Scald the milk in a double boiler. Combine the sugar, corn starch and salt and gradually stir in part of the scalded milk; stir back into remaining milk in pan and cook over low direct heat, stirring constantly, until smoothly thickened; cover and cook, over boiling water, stirring occasionally, until no raw flavor of starch remains.

Remove from heat and stir in the vanilla. Cool. Divide mixture into three parts. To the first part, add the almond flavoring. To the second part, add the orange rind and sufficient orange food coloring to tint to the desired shade. To the third part, add the cocoa syrup.

Rinse some pudding moulds with cold water (about six of average size). Arrange spoonfuls of the different puddings in the moulds, to form a marble effect. Chill thoroughly. For serving, unmould and pass pouring cream or suitable sauce.

Cocoa Syrup: Mix well together ½ cup cocoa and ¼ cup granulated sugar; gradually stir in ½ cup boiling water. Bring to the boil, stirring until the sugar dissolves; boil for one minute, stirring often. Turn into a dry jar; when cold, cover closely and store in a cool place. This cocoa syrup can be used in the making of hot and cold chocolate drinks, as well as a sauce, or in made-up dishes such as the Marble Dessert.

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4508 SIZES 12-20  
by Anne Adams

## Better English

By G. C. Williams

1. What is wrong with this sentence: "I subscribed to that magazine last week, and I expect you did, too?"

2. What is the correct pronunciation of "obese" (adjective) and "obesity" (noun)?

3. Which one of these words is misspelled? Idiosyncrasy, illegable, illicit, illustrious.

4. What does the word "contemporary" mean?

5. What is a word beginning with inn that means "too many to be counted"?

## ANSWERS

1. Say, "I subscribed for that magazine last week, and I presume you did, too." 2. Pronounce the adjective as o-bees, the noun as o-bees-i-ti. 3. Illegible. 4. Living or occurring at the same period of time. "His work ranks with that of contemporary authors." 5. Innumerable.

## BIG PAPER MILL

CAPETOWN — (CP) — One of South Africa's largest industrial projects, a huge paper mill costing \$3,500,000, is rapidly taking shape near Durban. In full production the mill will be capable of about 150 tons of paper a day, helping to make South Africa self-sufficient in most paper products except newsprint.

## That Body Of Yours

By James W. Barton, M.D.

## The Stars Say --

By Genevieve Kemble

## SECOND OPERATION FOR RELIEF OF LOW BACK PAIN

Despite the fact that operations for removal of a crushed or herniated disc (the cushion between the bones of the spinal column) have given relief from low back pain and sciatica to thousands of patients, the return of these painful symptoms after months or years is not uncommon. In the Journal of Neurosurgery (Springfield, Ill.) Drs. J. Greenwood Jr., T. H. McGuire and F. Kimbell reported that of 632 patients operated upon by them for herniated disc, 58 had second operations. Nine others who had a second operation received their first operation elsewhere. This total of 57 includes patients reoperated on while they were still in hospital and 16 who had the second herniated disc in a different location in the spinal column. Many were operated on after several years of complete relief before pain returned. Thus in only 32 cases can the need for second operation be ascribed to failure of the first operation.

A review of these 67 cases showed that operation for lumbar (low back) disc herniations is not primarily on the disc injury but an operation on the nerve roots involved. Thus, re-operation is a worthwhile procedure if this fact is recognized and will further reduce the number of patients who obtain incomplete relief and need a second operation.

"It is emphasized that the opening through which the nerve root must pass should be at least 50 per cent larger than the root itself and there should be no loose pieces of cartilage left behind, above, or below the interspace, attached to the nerve root, or in the opening in the bone through which nerve passes." Nothing should be in the way to obstruct or partially obstruct, or press on the nerve.

Bony prominences should be removed, or better, gently hammered down. Fusion fastening of the bones together to strengthen the spine in the region, may be necessary to keep wide the opening of the bony canal through which the nerve passes to supply muscles and structures in region of operation and below it to hip and down the leg to large sciatic nerve. "The worst results were obtained in cases in which there were persistent or recurring back pain without sciatic pain."

The thought then is that patients who have undergone operation for ruptured (herniated) disc and after relief from pain for weeks, months or years, have a return of pain, should consult their physician and the surgeon regarding a second operation. The second operation is usually worth-while.

## Household Scrapbook

By Roberta Lee

### The Dust Mop

The dust mop can be renovated by putting one tablespoonful of concentrated lye in an old bucket half-filled with water and boiling it. Then rinse several times.

### Bluing Stains

To remove bluing stains from fabrics soak in strong ammonia water. Or, soak in kerosene and wash with naphtha soap in tepid water.

### Cheese Economy

Cheese that has become hard, and unfit for table use, can be grated and sprinkled on soup.

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