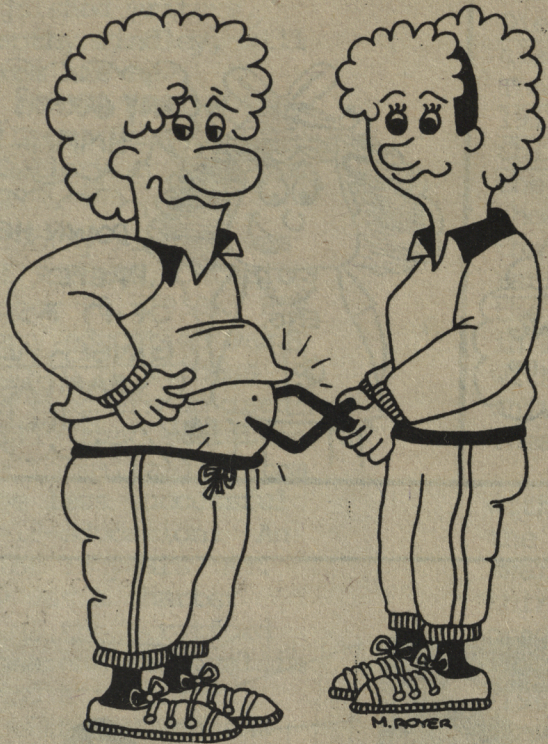


Intramurals



KEEP FIT CLASSES (WOMEN)

Monday	11:30 - 12:30 P.M. - 12:30 - 1:30 P.M.
Tuesday	11:30 - 12:30 P.M.
Wednesday	11:30 - 12:30 P.M.; 12:30 - 1:30 P.M.
Thursday	11:30 - 12:30 P.M.
Friday	11:30 - 12:30 P.M.; 12:30 - 1:30 P.M.

Swimming Passes available at the Control Room

Recreational Hockey

Monday	- 9:00 - 11:00 A.M.
Tuesday	Closed
Wednesday	9:00 - 11:00 A.M.
Thursday	9:00 - 11:00 A.M.
Friday	9:00 - 11:00 A.M.

Recreational Skate

Monday	2:00 - 3:30 PM
Tuesday	1:30 - 3:00 PM
Wednesday	2:00 - 3:30 PM
Thursday	1:30 - 3:00 PM

Concerning Basketball

Some years ago when the maiden students at American colleges began to pine for athletics and muscle-building games and pastimes - something that would stir their spirits as the foot-ball contests stirred and animated their brothers - one James Masmith invented the game basketball. His design, we are told, was to eliminate the roughness of foot-ball while preserving its less objectionable features, to enable the lion of ordinary foot-ball to roar gently as a suckling dove and so to adapt himself to the feminine temperament. Nasmith succeeded so far as to produce a game which has since had extensive vogue in the women's colleges and high schools of the Republic.

Basket ball is described as a game resembling foot-ball, in which the object is to throw the ball into one of the two baskets (the goals) placed at opposite ends of the field. It is played by any number of persons, five or nine on a side being preferred for championship games, upon a "field" out of doors or within, of any convenient size. It is thus easily adapted to all seasons and all weathers. Of course boys could play basket ball as well as girls and do so, at times, but the praises of the game were sounded loud and long mainly because it furnished healthful, exhilarating and engaging exercise for girls in all sorts of weather.

Now comes the other side of the story. The gymnasium of the Cambridge Latin School for girls has been closed. The head master, Mr. Bradbury, explains why this was done. He says:

"I have had some experience in Cambridge with basket ball, and I find that it makes the girls rough, loud-voiced, and bold.

If the teachers can superintend the athletics and regulate them according to reason, I say also that I am in favor of a certain amount of athletics, but there is a big 'if' in the way.

Basket ball for girls is rougher and more injurious than foot-ball for boys. One of the brightest students in my school is now unable to attend school and her mother told me the other day the direct and sole cause of her illness was basket ball. The girls knock each other down, push each other about, get their breath bumped out of them, shout, growl bitter in felling and lose self-control. They seem less able to control themselves and keep within bounds than boys.

Last fall the different classes organized girls' basket ball teams, and nothing I know of in the school history has brought about such bitter feeling. The games were fierce. The result was that many parents complained and at my appeal the committee voted to lock up the gymnasium entirely until such time as the city shall employ proper instructors or directors so we can control the exercise of pupils."

So far basket ball has not come into our Island pastimes, but there is danger that it may, and the above experiences are here set down on the principle that there is a ratio of 16 to 1 in favor of prevention, which is as gold to silver when contrasted with cure. Probably tennis and golf possess most of the advantage as healthful sports, while free from the objectionable features of basket ball.

Reprinted from The Morning Guardian, 1901

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