

Washing Novelty Fabrics

Considering the fact that the average homemaker really isn't a scientist or a wizard, she's doing a pretty good job in taking care of the family wardrobe.

After all, it isn't so long ago that all a woman had to remember, in doing the family laundry, was whether she was washing cotton, silk, wool or nylon in order to know whether to use lukewarm or hot suds.

SYNTHETIC FIBERS

With so many types of synthetic fibers available, she has to go about her laundry with her mind really on her work, despite the wonders of the modern washing machine.

about the new fabrics. Here are some tips, then, that may come in handy.

If you find that some of the garments made of the new synthetic fibers such as blouses and slips—tend to cling uncomfortably to the body add a little of your favorite rinse water.

SIMPLE METHODS

This may seem an odd thing to do, but the scientists who work constantly to make home laundering methods simpler and more foolproof have found that it really works.

Also treat badly soiled areas of a garment—for example, a dacron shirt—with soda before putting it into the washing machine.

HAPPENINGS

The Right Honourable, the Earl of Home, P.C. Secretary of State for Commonwealth Relations of the United Kingdom, and Lady Home will be the guests of His Honour, Lieutenant Governor T.W. L. Prowse and Mrs. Prowse during their visit to this Province.

Mr. Fred Stewart, Charlotte-town, and Miss Marian Cook, R.N., were married Saturday, May 12, in Ontario. Mr. Stewart who has been attending the Guelph Agricultural College graduates May 19 as a Veterinary Surgeon.

Mr. and Mrs. R.R. Hurst are attending the Convocation Exercises at the University of Toronto. Their daughter Miss Marjorie Hurst graduates as a Bachelor of Science in Household Economics.

Mrs. A.M. Berry of Australia, president of the Associated Country Women of the World will be in Canada this spring.

Mr. Fred Stewart, Charlotte-town, and Miss Marian Cook, R.N., were married Saturday, May 12, in Ontario.

The A.C.W.W. is a world-wide association of about 6,000,000 women. There are branches in Canada, the United States, all Scandinavian countries, Africa, Asia, Europe, Australia and New Zealand.

The regular monthly meeting of the Kensington United Church Auxiliary of the W.M.S. was held on Wednesday afternoon, May 2, with the Rev. Mr. Coles in the chair.

Major General and Mrs. E.G. Weeks and Mr. and Mrs. W.A. Weeks of the Town of Mount Royal were recent visitors to Ottawa to attend the wedding of Miss Patricia Knowlton to Lt. Joseph Anthony Stachon, R.C.N.

The W.M.S. plan to lead a service of worship on Sunday evening, May 20, when a film showing Dr. Darby's work at Beritice, Coala will be shown.

Mr. and Mrs. Fred Hickox and Mrs. Spurgeon Hickox have left for Wolfville, where they will attend the closing exercises of Horton Academy at which their son Freddie will graduate.

It was also decided to serve lunch to the C.G.I.T. at their closing meeting. Donations by members to the Temperance Federation amounted to \$19.35.

The monthly meeting of the Lake Verde Women's Institute was held at the home of Mrs. Francis Kelly on Wednesday night, May 26, 1956.

By motion it was decided to meet on the first Thursday after noon of each month during the summer rather than on Wednesdays.

Mrs. Michael Dalton, President, opened the meeting with the reading of the Creed. Ten members responded to roll call.

A box of good used clothing will be packed on May 22. During the month, 17 books were read, 35 home calls, 16 hospital calls were made, and 25 treats, 48 cards and 6 bouquets of flowers were sent.

Mrs. Owen Callaghan and Mrs. Redmond were appointed for the next month.

A discussion on scrubbing the school floor and the buying of new seats was left as unfinished business.

Mrs. Raymond Wood kindly invited the members to her home for the June meeting. Roll call is to be answered with an exchange of flower slips.

Meeting opened in usual manner with the Vice-President, Mrs. Roy Crossman presiding. Minutes of the meeting were read.

ALICE BROOKS DESIGNS



MODERN CROCHET! Stunning decoration to make for your home! Leaves of bright contrast colors form this modern design doily—all easiest crochet!

Pattern 7170: Color-crochet 17-inch and 12-inch doilies in mercerized crochet and knitting cotton; smaller in No. 30 cotton.

Send TWENTY-FIVE CENTS in coins for this pattern (stamps can not be accepted) to Charlotte-town Guardian, Household Arts Dept., 60 Front St., W., Toronto, Ontario. Print plainly NAME, ADDRESS

PATTERN NUMBER Two free patterns—printed in the new Alice Brooks Needlecraft book for 1956! Stunning designs for yourself, for your home—just for you, our readers! Dozens of other designs to order—all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

HOUSEHOLD HINT Carpet manufacturers recommend going over your carpet with a sweeper or vacuum cleaner daily, and a thorough vacuuming once a week to keep them really clean.

WOMEN

Page 8, The Guardian Tuesday, May 15, 1956

LET'S EAT

No-Breakfast Habit Bad For The Children

By Ma. Bailey Allen

Unfortunately, many youngsters are still below par. Even in well-to-do homes, meals are often not well-planned nor sufficiently nutritious.

Reduce the heat; cover and slow-boil about 40 min. or until the rice is tender and has absorbed the liquid.

Tomorrow's Dinner: Grapefruit; lamb pilaff; buttered zucchini; avocado - lettuce salad; peanut-baked apples; coffee, tea or milk.

Peanut-Baked Apples: Core 6 medium-size baking apples almost down to the blossom end.

Mr. and Mrs. H.B. Chandler are in Sackville to attend the Convocation exercises at Mt. Allison University, where their son Bryer receives the degree of Bachelor of Science.

Place the apples in a baking dish. Pour around 3/4 c. apple or other fruit juice and 1/4 c. water.

Mr. and Mrs. Edwin Cook and Miss Edna Storey are attending the Convocation exercises at Acadia University.

Place over the apple centers slightly mounding on top. Bake 3/4 hr. in moderate oven 375 degrees F. Baste every 15 min with the liquid in the pan.

ELLEN'S DIARY

"This Weather" But Spring

"A sweater, gloves... a warmer cap than this"—these were among the articles of wear, the farmers requested and willingly wore against the biting winds and snow flurries of today.

Trick of Chef: When the recipe calls for half a can of tomato paste, 4 can-measures hot water, 1 1/2 tsp. salt, 1/4 tsp monosodium glutamate and 1/4 tsp. pepper.

And somewhat disappointed over May's whims of weather, we said "It will be warmer tomorrow. These snowflurries will warm the air—they always do."

When the recipe calls for half a can of tomato paste, 4 can-measures hot water, 1 1/2 tsp. salt, 1/4 tsp monosodium glutamate and 1/4 tsp. pepper. Refrigerate up to 2 days.

It was decided to accept the 10 percent increase in the allocation of \$4.15. Letters were read from Miss Dorothy Young advising that Bible Study outlines would again be published in the Missionary Monthly.

So, gathered here we chatted of seasonal interests—the work of these days and the chorings. Spoke of "this weather!" comparing it with past remembered Mays to return also old scenes and old names.

By motion it was decided to meet on the first Thursday after noon of each month during the summer rather than on Wednesdays.

And at a summons James must hasten to a stable to bid welcome to another baby calf.

Meeting adjourned and the Social Committee put on an Apple contest also two cards of Bingo which was very much enjoyed.

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WOOL COAT

PARIS.—Styled in blue and grey shepherd check this three-quarter length coat is worn over a pale wool-jersey suit. The coat is col-

lars. The suit features a lowered waistline with a self-fabric belt. The ensemble is Paris-designed. (CP Photo)

COOK'S CORNER



ECLAIRS

1/2 cup water, 1/2 cup butter, 1/2 cup sifted flour, 2 eggs, salt. Mix all together. Bake in 450 degree oven for 15 min. Reduce heat to 350 degrees for 25 min.

IN SPRING

I love to walk in silence, Across a moon-bathed field, I love to watch the trees, Their faces with branches shield.

I love to sit in shadow's, Beneath the moss-green trees, I love to follow sunsets,

all you need under any fashion!



Cool control! Comfortable detachable crotch moves with every step—it's quick to wash. Without crotch, a regular girdle. Famous Sarong anti-cross front. White marquette and power net. Small, medium large, extra-large. \$4.00

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KEEP IN TRIM

No Waistline, No Figure

By Ida Jean Kain

Symmetry is the measure of a shapely figure. So whip out the tape and see how your hips measure up in proportion to the bust circumference.

Position: Lying face down on floor, head pillowed on folded left arm. Movement: Raise right leg and right arm a few inches off floor.

In fashion parlance, slender hips are never more than an inch larger than the bust—a standard difference for models and movie stars.

Position: Lying on side, head pillowed on folded arm, palm of other hand braced on floor for support.

TONES MUSCLES This exercise tones both hip and girdle muscles.

Position: Lying on side, head pillowed on folded arm, palm of other hand braced on floor for support.

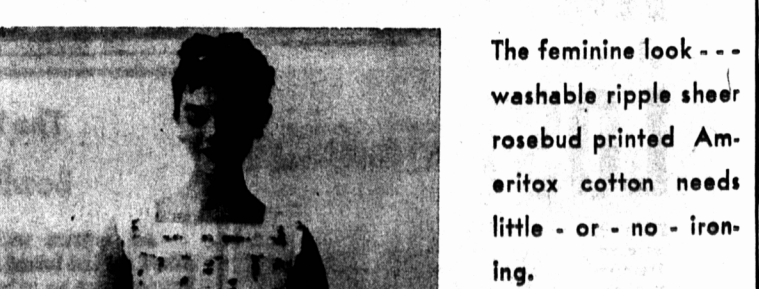


At Montreal's Sheraton-Mt. Royal they serve famous Chase & Sanborn

Among the throngs of famous guests enjoying the hospitality of the Sheraton-Mt. Royal, a favorite topic is the delectable cuisine. To meet the continental standards of this cuisine, of course the coffee must be of highest quality.

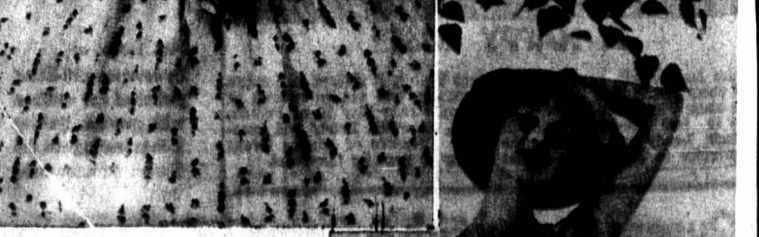
More fine hotels and restaurants throughout Canada serve Chase & Sanborn Coffees than any other brand.

S. A. McDONALD Shows the New Kay Windsors



The feminine look - - - washable ripple sheer rosebud printed Ameritox cotton needs little - or - no - ironing.

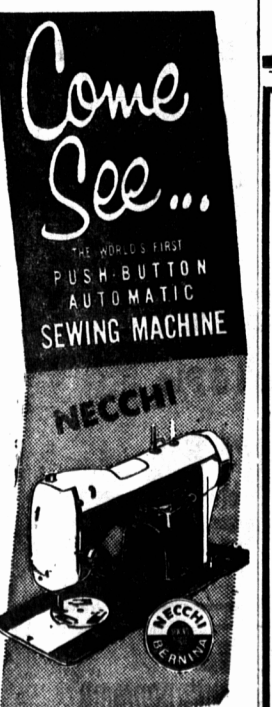
Pink, blue or lilac on white.



Daisies tell the fashion story of the jacket dress.

Our own French print on washable cotton by Pacific Mills.

Brown, pink, green, blue. Sizes 12 to 20, 14 1/2 to 22 1/2



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