

ON THE AIR WEDNESDAY PROGRAMS CFBC TV

- 1:30 p.m.-Musical
2:00 p.m.-Lucy Show
2:30 p.m.-This is the Life
3:00 p.m.-The World Turns
3:30 p.m.-Take Three
4:00 p.m.-The Secret Storm
4:31 p.m.-Mazzy Star
5:00 p.m.-Forest Rangers
5:30 p.m.-Music Box
6:00 p.m.-Revelation
6:15 p.m.-Live Linger
6:30 p.m.-Gazette
7:00 p.m.-CFBC TV News
7:15 p.m.-Purity Photo Quiz
7:20 p.m.-TBA
8:00 p.m.-Beethoven
8:00 p.m.-The Rogues
8:00 p.m.-Red River Jamboree
9:30 p.m.-Perry Mason
10:30 p.m.-Festival '65
11:30 p.m.-National Film Board
12:00 a.m.-CFBC TV News
12:28 a.m.-Local Weather
12:58 a.m.-Sign Off

CRCW TV

- 10:00 a.m.-Station Sign On
National School Telecast
10:30 a.m.-News Service
11:30 p.m.-Across Canada
12:00 p.m.-Friendly Giant
12:15 p.m.-Chez Helene
12:30 p.m.-Butterfly Square
12:50 p.m.-CFBC News
1:00 p.m.-Wednesday Playbill Is Your Hometown
1:30 p.m.-At Home With Helen Crocker
2:00 p.m.-The World Turns
3:00 p.m.-Take Thirty
4:00 p.m.-Secret Storm
4:30 p.m.-Marie Curie
5:00 p.m.-Forest Rangers
5:30 p.m.-Fun Time
6:00 p.m.-Provincial Affairs
6:15 p.m.-Super Club
6:30 p.m.-Television News
6:35 p.m.-Weather
6:50 p.m.-Sports
6:55 p.m.-Super Club
7:00 p.m.-Maverick
8:00 p.m.-Dr. Kildare
9:00 p.m.-Red River Jamboree
9:30 p.m.-Perry Mason
10:30 p.m.-Festival
12:00 p.m.-World of Sport
CF. West. Final
2:15 a.m.-CFBC TV News
2:30 a.m.-Station Sign Off

CFBY RADIO WEDNESDAY

- 6:30-News and Weather
6:45-Island Weather, Mar. Temp.
6:45-Morning Roundup
6:55-News and Weather
7:00-Hebrew Christian Hour
7:15-Morning Roundup
7:30-News and Weather
7:35-Farm Report
7:41-Morning Roundup
7:45-Island Weather, Mar. Temp
7:45-Morning Roundup
7:50-Sports Capsule & Scoreboard
8:01-News
8:11-Weather
8:15-Morning Roundup
8:30-News and Weather
8:50-Atlantic News
8:55-Thoughts Today
9:00-Notes and News Reports
9:11-Preview Commentary
9:16-Island Music
9:30-Two Rose Sweetest
9:35-Notes and Music
9:35-What's the Story
10:00-News and Weather
10:05-Kitchen Corner With Jane Aske
10:10-Notes and Music
10:15-Top The Record
10:15-Notes and Music
10:55-Calling All Consumers
11:00-Notes and Music
11:05-Notes and Music
11:30-Sport The Record
11:35-Notes and Music
11:45-Bulletin Board
11:50-Notes and Music
11:55-Atlantic News Roundup
12:00-Weather
12:05-Town and Country Time
12:30-News and Weather
12:35-Town and Country Time
12:40-Notes and Music
12:45-Town and Country Time
1:00-CBC Nat'l News On Parliament Hill and in the Country
1:05-News and Weather
1:10-News and Weather
1:15-Town and Country Time
1:45-Town and Country Time
2:00-News and Weather
2:05-Mostly Music
2:05-News Headlines and Weather
2:30-Trans-Canada Matinee
3:00-Top in Pops
4:00-News Headlines and Weather
4:05-Calendar Roundup
4:10-Tops in Pops
4:15-Notes and Music
5:00-News and Weather
5:05-The Outpost
5:25-Island Weather
5:30-Bob Goulet Show
5:35-The Outpost
6:00-News and Weather
6:15-On Parliament Hill
6:20-Today's Editorial
6:25-Sports and News
6:30-Business Barometer
6:35-Today's Music
7:00-Back to the Bible
7:30-News and Weather
7:35-News Schedule
7:44-Tonight's Music
8:58-News Headlines and Weather
9:00-News Schedule
10:00-CBC Nat'l News On Parliament Hill and in the Country
10:30-Sound of the Sixties
11:00-News and Regional Weather
11:05-Straitlight Serenade
11:30-News and Weather
11:35-Straitlight Serenade
12:00-CBC News, Weather and Sport

CBA RADIO WEDNESDAY

- 6:00-The Morning Show, Part 1
7:00-The Morning Show, Part 1
8:00-CBC News and Island Weather
8:15-News Serenade
8:21-The Morning Show, Part 2
8:25-The Bob Goulet Show
8:30-News Schedule
9:00-CBC News
9:11-Commentary
9:16-Local Chronicle
10:15-Playroom
10:30-Playroom of the Air
11:00-CBC News
11:05-Jean Marshall
11:15-For Consumers
11:20-Record Album
11:30-The Archers
11:40-Questions On Record
12:00-Jamboree Jubilee
12:18-Tennessee Ernie Ford

Medical Profession Downs Old Theories On Injuries

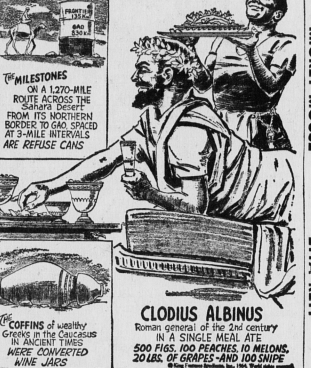
VANCOUVER (CP) — The medical profession has had a host of new theories under the sun for several hundred years, but still they linger. The only solution seems to be to keep blazing away. And that's what doctors, trainers and physical experts did at a seven-hour session here. Talking about athletic injuries in Vancouver, British Columbia, the British Columbia Medical Association and B.C. Lions football team, they made such points as these: —The so-called "athlete's heart" does not exist. —A blow on the breast will not cause cancer in women or men. —You cannot afford to relax in contact sports. —There is no short course to fitness and stamina. The widespread praise of "relaxation" for athletes was especially galling to Dr. Harry Kretzler of Seattle. He said it is a good way for a boy to get his back knocked off. A football player expecting a career should not be relaxed, if he is it's certain he doesn't expect the tackle. Dr. Kretzler said endurance, as he applies to the muscles, is

school for every student, male and female. "Otherwise, we're doomed to mediocrity," he said. Canada's Olympic athletes had told him almost without exception that their European opponents dominated the second half of their competitions because of higher fitness—and necessarily because of higher skills. Skrien brought up a problem common to all professional football teams: How to develop both conditioning and skills in one month and be ready to play a high-risk sport. Football's solution is drills in one month and be ready to play a high-risk sport. Skrien brought up a problem common to all professional football teams: How to develop both conditioning and skills in one month and be ready to play a high-risk sport. Skrien brought up a problem common to all professional football teams: How to develop both conditioning and skills in one month and be ready to play a high-risk sport.

RETURN TO NORMAL Athlete's heart, another old theory, is said to be a dangerous enlarged heart condition caused by over-exercising. Dr. William Charlton of Vancouver said the heart does indeed grow bigger with exercise. But it does not return to normal size with the absence of exertion. "Anyone who drops dead of a heart attack on the playing field probably has a pre-existing heart condition," he said. Dr. Joe Gillespie, who ministers to the battered ankles and knees of B.C. Lions' football players, said he would recommend pain-killing novocaine only for men who make a living out of sports. Similarly, most professional athletes should consider taping injured limbs to play before they are entirely healed. But the symposium's overriding concern about injuries was their prevention. Here is where a stationery professional named Dave Skrien and a student amateur named Bob Robert Doherty could speak as one. Both the head coach of the Western Football Conference team and the head of the UBC physical education department said physical fitness and strength programs aren't necessary against injury.

SUPPORT FITNESS Dr. Osborne had biting criticism for some important people—including educationists and recruiters—who say physical fitness programs aren't necessary against injury. He urged a program for every

RIPLEY'S BELIEVE IT OR NOT



THE MILITONES... THE HILLSTONES... CLODIUS ALBINUS... OFFINGS OF wealthy Greeks in the Caucasus in 1862... 500 FIGS, 100 PEACHES, 10 MELONS, 200 LBS OF GOATS AND LIONS... WERE CONVERTED INTO WARE

DAILY CROSSWORD

Crossword puzzle grid with clues for Across and Down words.

DAILY CRYPTOQUOTE — Here's how to work it:

A X Y D L B A A X E L O N G F E L L O W E S One letter stands for another. In this sample a is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

M K M T U R U A M W A H W U, R L G L I N P M K G L R U N E P L L H T E B L P M J U X B — I X K A M U W X

Yesterday's Cryptoquote: BEING MIDDLE-AGED IS A NICE CHANGE FROM BEING YOUNG—DOROTHY CANFIELD FISHER

© 1964, King Features Syndicate, Inc.

OUR BOARDING HOUSE MAJOR HOOPLE

Comic strip panel showing a boarding house scene with dialogue.

Grandma comic strip panel with dialogue.

Nubbins comic strip panel with dialogue.

Mickey Mouse comic strip panel with dialogue.

Etta Kelt comic strip panel with dialogue.

Secret Agent X-9 comic strip panel with dialogue.

Henry comic strip panel with dialogue.

The Lone Ranger comic strip panel with dialogue.

Muggs & Skeeter comic strip panel with dialogue.

Joe Palooka comic strip panel with dialogue.

L'il Abner comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Comic strip panel with dialogue.

Film Executives New Type Tycoon

BY BOB THOMAS HOLLYWOOD (AP)—It's the changing of the guard," said a guest at a Paramount party this week. Indeed, the event seemed to symbolize the new era of Hollywood film making. Host of the bash was George Welner, new president of Paramount. The guest of honor was the studio's new managing head, Howard Koch. Welner chose the occasion to announce that Koch also had been appointed a vice-president of the company.

The two executives seemed to embody the new breed of movie tycoon. Except for J. L. Warner, the empire builders are gone. In their place are a new breed of movie tycoon. Except for J. L. Warner, the empire builders are gone. In their place are a new breed of movie tycoon. Except for J. L. Warner, the empire builders are gone. In their place are a new breed of movie tycoon.

STARS ATTEND A student member of the town's wheel-dealer came to the party honoring Koch, including such stars as Sinatra, John Wayne, Yul Brynner, James Garner and Natalie Wood. Among the dealers was the king of them all, mighty Joe Levine, whose marriage to Paramount has been blessed with a highly successful baby (The Carpetbaggers). Hal Wallis, partner with MCA, has been almost 20 years, made a rare appearance. Also present were such veteran movie makers as George Cukor, Frank Capra, Henry Hathaway, Howard Hawks, Otto Preminger, Mervyn LeRoy and William Zeffey.

No one can estimate how many deals were begun or concluded at the Paramount party. Enough power was present in finance and film 75 movies. Everyone seemed to be doing his business except the bankers. With so much at stake, drinking is inclined to be cautious.

SHEETS FOR ICE

MELITA, Man. (CP)—A firm here that manufactures plastic sheets for curing tires has received orders for its product from almost every U.S. state, throughout Canada and from Sweden. The sheets, 150 feet long, are placed under the tires of the tank. They cost about \$24 each.

CONTRACT BRIDGE

By R. JAY BECKER

South dealer. Both sides vulnerable. NORTH ♠ 1087653 ♥ K97653 ♦ A8643 ♣ KQ30 WEST ♠ A8564 ♥ A8643 ♦ A8643 ♣ KQ30 EAST ♠ 1087653 ♥ K97653 ♦ A8643 ♣ KQ30 SOUTH ♠ 1087653 ♥ K97653 ♦ A8643 ♣ KQ30 The bidding: South West North East 1 ♠ 3 ♠ 2 ♣ Pass 2 ♣ Opening lead — king of diamonds. Declarer can frequently draw logical and accurate conclusions about the makeup of the unseen hands from the manner in which a defense chooses its opponents. One of the most dramatic illustrations of this principle occurred in a hand played by Mrs. Dorothy Hayden during the summer National championships of the American Contract Bridge League played in Toronto, Canada, last July. Mrs. Hayden, together with this writer, had just good for the Life Masters Pair championship at this tournament, having previously won the Blue Ribbon Pair championship played in Miami Beach a few months earlier.