

LET'S EAT

Glamour In Desserts

By Ida Bailey Allen

"The most glamorous of the glamour gels is Bavarian cream," chuckled the Chef, adding the crowning garnish to a Coffee Bavarian Pie.

"In this series of little lessons on gel cookery, we must explain the difference between a Bavarian cream and a chiffon pie-filling," I suggested.

"A true Bavarian always calls for a custard base made with eggs; also, for the addition of whipped cream. The true chiffon pie filling does not always need milk and seldom whipped cream. It does sometimes call for egg yolks and always for egg whites beaten to a meringue with sugar, then folded and beaten in."

"Here are the 3 desserts based on the new coffee Bavarian pie recipe we created, Madame," announced the Chef, arranging them on the table with a flourish. "All glamorous for party eating, but easy to make."

All measurements are level reprinted proportioned to serve 4 to 6.

Coffee Bavarian Pie: In the top of a double boiler, mix 1 envelope unflavored gelatin, 2 tbsp. sugar, 1/4 tsp. salt and 1 tsp. instant coffee.

Separate 2 eggs. Add the yolks to 1/4 c. milk and beat. Stir into the gelatin mixture.

Cook-stir about 6 min. over boiling water or until the gelatin dissolves and the mixture thickens slightly. Chill until as thick as molasses.

Beat the egg whites stiff, but not dry. Gradually beat in 1/4 c. sugar; beat until very stiff. Fold into the gelatin mixture. Fold in 1 c. whipped heavy cream.

Turn into a baked 9" pastry shell. Refrigerate 4 hrs. or until firm enough to eat.

Before serving, pretty the top with additional sweetened whipped cream and banana slices. Dust the cream with 1/4 tsp. powdered instant coffee.

Chocolate Bavarian Parfaits: Follow the preceding Bavarian pie recipe, but omit the vanilla extract. Substitute 2-3 c. icy cold evaporated milk whipped for heavy cream. This cuts both calories and cost about half.

After folding in the evaporated milk, spoon into 8 parfait glasses alternately with 1 c. chocolate cookie crumbs. Chill 4 hrs. or until firm. (Serves 8).

Strawberry Bavarian Mold: Follow the recipe for the coffee Bavarian pie filling but omit the instant coffee and add 1 tsp. pure vanilla extract.

Spoon into a prepared fancy mold. Refrigerate 4 hrs. or until firm enough to unmold.

Before serving, garnish with slightly sweetened sliced large strawberries.

Sunday dinner: Grapefruit roast beef; pan gravies; pan-roast potatoes; buttered turnips; tomato lettuce salad; coffee Bavarian Pie; coffee, tea or milk.

Spring vegetable platter: For springtime dinner eating, now and then dream up an attractive vegetable platter for the main dish.

Tomorrow's dinner: Egg and shrimp saladettes; three-way vegetable platter; warm strawberry shortcake; coffee, tea or milk.

Trick of the Chef: For use in seafood salads, whip up prepared mayonnaise with 1/4 lemon juice, minced green pepper, Worcestershire and a few dashes Tabasco.

WOMEN

Page 8, The Guardian Saturday, May 26, 1956

HAPPENINGS

Miss Elizabeth Dalton, Summerside, spent the holiday weekend in Halifax, the guest of FO and Mrs. A.J. McDonnell.

Mrs. J. Downing entertained at bridge on Thursday evening at her residence on Summer Street.

Miss Dorothy MacIsaac and Miss Rena Babcock of the teaching staff of Air-Marshall Johnson School, Slemo Park, have returned from a short visit to Montreal.

Mrs. W.A. Currie left Monday for Dartmouth, N.S. While there she will be the guest of her daughter and son-in-law, Mr. and Mrs. Richard Hurst.

Mrs. Geo. Whittaker of Leamington, Ont. is visiting with her son and daughter-in-law, Petty Officer W.S. and Mrs. Whittaker, King Street.

Mr. Stewart MacNeill, New York, is spending a holiday with his parents, Mr. and Mrs. Frank MacNeill, Fitzroy Street.

Mrs. Lloyd Lewis has returned home to Summerside after spending the winter months in Florida. En route home she visited her sister, Mrs. J.C. Mills, Chelmsford, Mass., who has been ill but is convalescing. Mrs. Lewis was accompanied home from Chelmsford by her brother and sister-in-law, Mr. and Mrs. Ralph Silliphant.

Mr. and Mrs. John Murphy, Douglas St., have as their guest, Mr. Alex Engelmann of Boston, whose marriage to Miss Eleanor Clapp takes place Saturday at 2 p.m. in St. Paul's Church.

On Wednesday evening the Staff of the Provincial Sanatorium held a party at the home of Mrs. Lorne Bowness in honour of Mr. Russell Stewart and his bride-to-be, Miss Davida MacEachern. The young couple were presented with an electric kettle after which a delicious lunch was served. Assisting the hostess in serving were Miss Marion Ryan and Mrs. Simms.

Miss Davida MacEachern whose marriage to Mr. Russell Stewart takes place at Zion Presbyterian Church on Saturday, May 26, was entertained by the Staff of De-Bois Bros. Ltd. at a delightful dinner party at the Queen Hotel on Friday evening. Mr. A.T.D. presented the bride with a beautiful hostess chair while an accompanying verse was read by Mr. P.J. Ready.

Mrs. Lyman Davison and Sheila sailed Tuesday on the Empress of Britain for England on a visit to relatives.

The Herald Statesman of Yonkers, New York recently carried this item: "Westchester artists received awards at the opening of the 28th annual exhibition of the Hudson Valley Artists Association yesterday afternoon in the Westchester County Center at White Plains.

The prize winners were: George Read Barton, 154 Radford Street, Yonkers. The Julian F. Demter award of \$100 for the best oil painting "The Woodland Sunlight."

Mrs. Barton was formerly George Read's daughter. Mrs. Read and the late Capt. John L. Read of Borden. Mrs. Barton returns to Prince Edward Island every summer to paint and "The Woodland Sunlight" was one of the canvasses she painted here last summer.

The Hon. Norman Rogers, Canadian High Commissioner to London arrived by plane to attend the funeral of his father, Dr. Lemuel Robertson who died in Ottawa. The High Commissioner was accompanied upon his return to London by his mother, who will visit with her son and daughter-in-law.

Mr. and Mrs. Arthur E. Bagnall of Auckland, New Zealand, arrive in Charlottetown, Friday, May 25. They will be registered at the Queen Hotel. Mr. and Mrs. Bagnall made the trip from New Zealand to Vancouver by plane.

They travelled by train across Canada and visited relatives and friends in many Canadian centres. They will spend a week in this province, then leave for Quebec where they sail for Great Britain and the Continent.

Mr. Bagnall's grandfather was Mr. George Bagnall who was married to Miss Martha Stevenson. They made the trip to New Zealand, a notable event in those days, in a ship built at New Glasgow, Prince Edward Island.

Several descendants of Mr. and Mrs. George Bagnall have visited this province, but this is the first visit for Mr. and Mrs. Arthur Bagnall and they hope to meet many of their Island "kith and kin."

A prominent member of the Canadian Federation of Business and Professional Women's Clubs is Miss Isabel MacMillan formerly of Brackley. Miss MacMillan who is chairman of the Public Relations Committee of the B.P.W. is also acting as chairman of the Public-International Federation of Business and Professional Women (Canadian Committee) Miss MacMillan has recently sent out a report on B.P.W. Public Relations which is quite outstanding in this rapidly growing and specialized field.

Miss MacMillan has many relatives and friends in this province who will be interested to hear of B.P.W. Club activities.

Mr. and Mrs. N.H. DeBois have returned from a two weeks trip to the New England States and



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PARTY FROCK

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First Woman Presbyterian Minister In England Is Shy

NEWCASTLE, Eng. (Reuters)—A shy Scotswoman who last week became the first woman minister of the 300-year-old Presbyterian Church of England Wednesday tackled a typically feminine problem—what she should wear in the pulpit.

Annie Gordon said she proposed to wear the gown in which she received her divinity degree at the University of Aberdeen.

But she worried about how she was going to match the clerical collar.

"I just cannot decide, and of course there are no rules laid down because I am the first woman to be a minister in our church," she said.

For the last two years she has been an assistant to the minister of 100 near here.

Now, she said, "there may be difficulty in finding a church for me where the congregation will accept a woman minister."

COOK'S CORNER

BUTTERSCOTCH BANANA CAKE

3/4 cup shortening
2 1/2 cup brown sugar
1 1/2 teaspoon vanilla
Grated rind of 1 lemon
3 eggs
1 1/2 cup mashed bananas
3 cups sifted flour
1 teaspoon baking soda
1 teaspoon baking powder
3/4 teaspoon salt
1-3 cup buttermilk

Cr. am shortening well; add sugar gradually, beating until light and fluffy; add vanilla and lemon rind; then eggs, one at a time, beating well after each one. Add bananas and mix well. Sift in dry ingredients alternately with buttermilk. Mix until smooth. Bake in moderate oven 350 degrees about 30 to 45 minutes. Cakes a large cake.

LIBRARIAN

MARY BETH HARRIS

Miss Mary Elizabeth Harris of Charlottetown has qualified for the degree of Bachelor of Library Science at the University of Toronto. She had previously received her B.A. from King's College.

She has accepted a position at Annapolis Royal as assistant librarian at the Regional Library. Miss Harris is the daughter of Mrs. J.E. Harris and the late Mr. Harris.

MORNING SMILE

Jim: "Been sleeping well?"
Jim: "Well, I sleep good nights, and I sleep pretty good mornings, but afterwards I just seem to twist and turn."

MARY HAWORTH

Widow Can't Adjust To Living Alone

Dear Mary Haworth: About six months ago my husband passed away suddenly. Now, as a widow, I can't get adjusted to living alone. The days seem so long that I dread to wake up mornings. Sometimes for three or four days I talk to nobody, except on the telephone. I get my meals, do my housework and after that I don't know what to do with myself.

I have some money and am keeping my home, but I have no idea how long I will have to live on this money. Therefore I am afraid to spend much.

As I have few clothes, I don't go to church or any place. I could invite neighbors in for meals, but I am afraid to spend the money. So I do you think I could live on twelve to fifteen hundred a year? I wish you would suggest a budget, at that figure per annum, to guide me.

For 35 years my whole interest in life was to make a home for my husband. We were so happy together. Now that he is gone I can't seem to get interested in anything—having nothing and nobody to work for. No one seems to want to include me in things either. What is wrong with me?

I want to live and be happy again; and to be of some use in the world. But I just don't know where and how to begin. Please help me. D.W.

TOO PASSIVE

Dear D.W.: You ask what is wrong, that nobody wants to include you in things. Well, it seems that your life is going on exactly as it was before your husband died, except that you no longer have his companionship. By your own admission, your sole concern for 35 years was in making a home for him.

As a wife, you turned your back on the rest of the world. You felt you didn't need people, and didn't bother to look around, and didn't bother to help some friendly helpfulness from you.

Now, in widowhood, your attitude towards life is still almost entirely self-concerned, in a newly frightened way. In a sense (as the saying goes), you are crawling into a hole, and trying to pull the hole in after you!

FURTHER STUDY

CAROL ANN MACNEILL

Miss Carol Ann MacNeill, daughter of Mr. and Mrs. Charles MacNeill, North Rustico has graduated with her B.A. degree from the Mt. St. Vincent's College, Halifax.

She will attend the Maritime School of Social Service in Halifax for a two year course starting in September, with a Masters degree in view.

Miss MacNeill was Captain of the Mt. St. Vincent's debating team which defeated Dalhousie University. The subject of the debate was "Resolved that Automation in Industry is a serious threat to Society" in which she upheld the negative.

Three years ago Miss MacNeill was a graduate of Mt. St. Vincent's Academy.

HOUSEHOLD HINT

If you have small amounts of paint left over from a painting job, don't waste them. Cut miniature houses, treas or festive figures out of scraps of plywood from the family workshop, paint them in the varied colors available and stand them around a tree as a decorative part of the garden.

Words Of The Wise

I love to lose myself in other men's minds. When I am not walking, I am reading; I cannot sit and think. Books think for me. —(Charles Lamb).

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ROUX

DRIVE OUT ACHE

DRIVE OUT ACHE

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ELEANOR ROSS

Beige Is Leading Color

Beige is big this season, especially for sheer wool sheath suits that are ever so smart and fashionable.

Wherever well-dressed women gather, one notes the Empire sheath with low-cut neckline and short sleeves, fashioned of fine, sheer wool in beige tones. It's one of those dresses that can go anywhere, any time. It can be dressed up with jewelry for late afternoon or played down for daytime with a matching bolero.

SYNTHETIC FABRICS

So many of us have lived in cottons or synthetic fabrics so long that we sometimes forget that wool is also one of our most satisfactory washable fabrics, especially the very lightweight weaves.

Sheer wool is so well adapted to spring weather, with its hanging temperatures and cool days and nights. Even in high summer, sheer wool is a delight to take travelling. If a little commonsense is used in the city.

There's nothing to fear in washing wool if it is of good quality. Whether you buy your own beige wool sheath or make it yourself, remember that the more simple the style the easier it will be to look after. Also, the current fashion picture is one of line and essential simplicity for the dress, but calls for great ingenuity, imagination, color and design for all accessories.



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ENGAGEMENT IS ANNOUNCED

LOIS JANET ANDERSON DR. ELMER ARCHIBALD MCKENZIE

Mr. and Mrs. Gordon Anderson of Burnt Church, N.B., wish to announce the engagement of their daughter, Lois Janet to Dr. Elmer Archibald McKenzie, son of Mr. and Mrs. Floyd MacKenzie, 14 Pownall St., Charlottetown, P. E. I.

CORONATION W.I.

The May meeting of Coronation W.I. was held at the home of Mrs. Arthur Paynter, French River. The president, Miss Fred Bernard, presided. The meeting opened by singing, "O Canada" and repeating the Creed in unison.

Roll call was answered by eleven members, with household hints. Correspondence was read.

Several matters in connection with the district convention were discussed. Reports of committees were heard. Treasurer's report was given. It was agreed to send one dollar to the C.A.C. Several papers were read. Collection was \$1.40. Meeting closed with the National Anthem.

Two interesting contests were put on, prizes being won by the President. Delicious refreshments were served by the hostess, assisted by Mrs. Ellen MacLeod, and a social half-hour enjoyed.



PATTERN A825 by Peg Newton

NEW FLARE TO THE NECKLINE

To American designer Peg Newton — head of her own elegant New York salon — goes credit for the most inspired ensemble we've seen! Her smart little jacket has a changeable scarf neckline that you can twist a dozen different ways, or clip with a glittering jewel. The slim lines of the skirt back — give you the sleek, sophisticated look that's newest this season. "In the polished cotton or a soft silk, it's a wonderful outfit for your vacation wardrobe," says Miss Newton.

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