

From One Cook to Another

by Mary Blake
Carnation Home Service Director

SHORTCUT MEAL-MAKING
This is the era of shortcuts in the kitchen. We have so many helps towards quicker meal-making... frozen foods, ready mixes, ready-to-eat cereals, to mention a few. I'd like to add a few of my favorite suggestions. First, Carnation, my quick and easy Carnation Cheese Sauce. What makes this speedy sauce possible, is the fact that Carnation Evaporated Milk is twice as rich as ordinary milk. So you don't need flour and shortening... just cheese. And because Carnation is specially heat-refined for easier, better blending with other ingredients, you get the smoothest sauce ever... lightning quick.

CARNATION LIGHTNING-QUICK CHEESE SAUCE
(Makes about 2 1/2 cups sauce)
1 large can Carnation Evaporated Milk
1/2 teaspoon salt
1 cup (4 ozs.) cubed process-type cheese
Combine Carnation and salt in saucepan. Heat until small bubbles appear (about 2 minutes). Add cheese, stir constantly over low heat about 1 minute, until cheese melts.

WITH ALL OUR TIME-SAVING TRICKS we still spend a lot of time in preparing food. So we certainly want our efforts to "pay off" to the fullest. And we can do this by using products like Carnation Evaporated Milk. Women who enjoy reputations as clever cooks, have discovered that Carnation is unequalled for cooking. These experts wouldn't dream of using bottled milk — or any other evaporated milk. Why should you use any less than the best? Get the most out of the time — little or great — that you spend in the kitchen. Use Carnation, the world's leading evaporated milk.

To prevent scorching your double boiler, place jar lid in water-filled lower section. Lid rattles when water is needed.

LISTEN to the delightful Saturday radio show "Stars Over Hollywood". A complete half-hour play every week — specially written for this entertaining programme. See your newspaper for time and station.

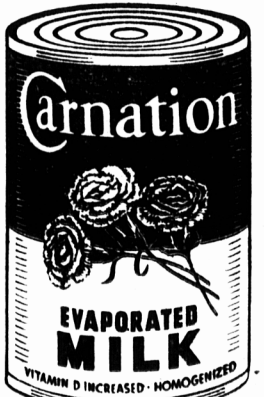
FREE: Carnation's "Velvet Blend Book" of tested recipes, new and old. Write to Carnation Company Limited, at Toronto or Vancouver.

EVERYBODY USES CANNED SOUPS these days — well, practically everybody. I for one, think the canned soups are wonderful. And I have quite a lot of fun, combining two different kinds for new flavor effects... or adding a touch of curry or herbs. But one thing I always do. For the smoothest, richest flavored, creamiest tasting soup, I heat canned soups with an equal amount of undiluted Carnation. You won't believe how good and how nourishing soup can be, until you make it with undiluted Carnation.

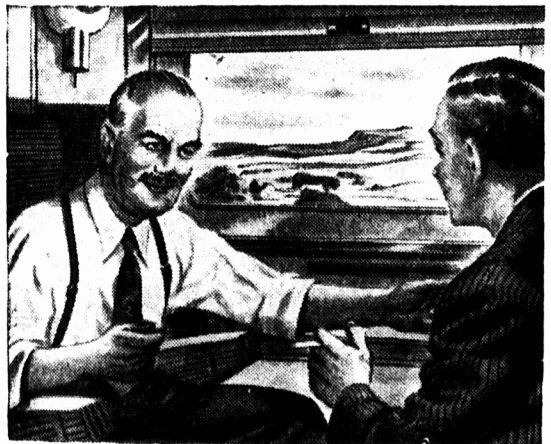
CURRIED GREEN PEA SOUP
(Makes 3 or 4 servings)
1 can condensed green pea soup
Equal measure of undiluted Carnation Milk
Dash of curry powder
Heat soup with Carnation, stirring to blend. Add curry powder — serve with croissants.

Shortest distance between a little meal-making effort and a big, wonderful effect — Carnation Evaporated Milk. Try Carnation undiluted in cream recipes, on cereals and fruits, in coffee — mix Carnation with an equal amount of water for whole milk purposes.

Millions of coffee lovers can't be wrong — and they prefer Carnation to cream in coffee. Undiluted Carnation is heavy enough to whip! So it's just right for coffee... gives richer, creamier color and more delicious flavor.



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O'Leary and Vicinity

Sympathy is being extended to Mr. and Mrs. Robert Myers of O'Leary in the death of their twin babies born at the Turner Nursing Home.

Friends of Mr. Alex MacDonald of O'Leary are pleased to know he returned to his home from the hospital in Charlottetown after undergoing treatment there for a few days.

Mr. and Mrs. Nelson Dennis and Mr. and Mrs. Herbie Dennis, O'Leary, were visitors to Charlottetown recently.

Mr. and Mrs. Nelson Dennis, O'Leary, had as their guests recently Mr. and Mrs. Norman Ruston of Nova Scotia, who were visiting here while on their honeymoon.

The many friends of Mr. Edgar Smallman, Knutsford, are pleased to hear he is improving after a serious attack of pneumonia, and all hope to see him out soon.

The monthly meeting of the St. Mark's Credit Union was held on Monday evening, May 11th at St. Mark's Hall, the president, Mr. George Shaw, presiding.

Mrs. Billie Ellis and Mrs. Todd of Summerside were visitors recently of Mrs. Ellis' sister, Mrs. W. N. MacWilliams of O'Leary.

The many friends of Mr. John Moreshead of O'Leary are glad to hear he is improving after an attack of pneumonia.

The many friends of Mr. William "Bill" Ellis of O'Leary are glad to hear he returned to his home after being a patient in the

Prince County Hospital, Summerside.
At the pageant "Triumphs of the Faith" in Trinity United Church, Charlottetown, on Wednesday evening, O'Leary was represented by Mr. and Mrs. Lewis Bernard, Harold MacNeill, Marjorie MacIsaac, Hester Boates and Donald Matheson.

Sincere sympathy is being extended to the widow, nee Marion Leard, and four small children of the late Alfred Ernest Phillips of O'Leary, aged 39 years, who passed away shortly after the death of his mother, Mrs. Sergeant Phillips, Mt. Royal.

Cpl. Glenn Brunton, Mrs. Brunton and young son Dennis of Rockcliffe, Ont., arrived in Colemans Bay, P.E.I., on May 15th, the home of Mrs. Brunton's parents, Mr. and Mrs. Hugh MacPhee.

Mr. and Mrs. Russel Leard, Mr. and Mrs. Kenneth Leard, and Mr. Vance Bridges of Cascumpec, motored to Charlottetown Monday, May 11, where they attended the United Church Exposition.

Mr. and Mrs. Daniel MacPherson, who spent the winter months in Nova Scotia, have returned to their home in O'Leary. They were accompanied by their son-in-law and daughter, Rev. Ronnie and Mrs. Cameron and small daughter. Rev. Cameron is supplying here at the United pastoral charge for the time being.

The profound sympathy of the whole community is extended to the family of the late Mrs. Sergeant Phillips, who passed away at her home in Mt. Royal, Friday evening, April 15, also their brother, Alfred Ernest Phillips who passed away suddenly at his home in

O'Leary, also on Friday evening, May 15th, before hearing of the death of his mother.

Mr. John Price of Montreal, Progressive Conservative candidate for Prince, was in O'Leary Thursday evening and attended a meeting which was held by the Y.P.C., at which he was the guest speaker. Mr. Sidney Enman, Enmore, president of the Y.P.C. was in the chair. Others attending were: Roy Arbing, president of the 1st District; Alfred Gillis, secretary of 1st District; Percy Yeo, president 2nd District Association; Robert Grindley, secretary 2nd District Association; Augustus Peters, president of the West Prince Association; Hubert Gaudet, member of the 1st District of Prince; Clarence Morrissey, past representative of the 1st District; and Pat Morris, president of East Prince.

A social evening was spent at the home of Mr. and Mrs. Walter MacWilliam of Dunblane on Thursday, May 7th. The congregation of the West Point Presbyterian Church gathered to bid farewell to Rev. Owen Underwood and his wife, who has accepted a pastoral charge in Sydney, Nova Scotia, and who has been supplying at their church for the past several months. A very fitting address was read by Rev. and Mrs. Underwood by Mr. Percy MacPherson, and a purse of money was presented by Miss Marylois Ellis, to which they expressed their appreciation in a few well-chosen words. Then all joined in singing "Blest Be The Tie That Binds". A social hour of singing and music was enjoyed and a delicious lunch served by the hostesses.

The loon, common to many Canadian lakes, has a black and white chequered back and is pure white below.

Stetson-Beairsto Wedding

A pretty spring wedding was solemnized on Saturday afternoon, May 16th at the home of the bride's parents, Malpeque, when Joan Elizabeth, only daughter of Mr. and Mrs. Frank Beairsto, became the bride of Leith MacKie, son of Mr. and Mrs. Wilbert Stetson, Brookfield. The marriage ceremony was performed by the Rev. J. T. Irwin, Charlottetown. The bride, who was given in marriage by her father, chose for her wedding, a pink ballerina dress with lace bodice and bouffant skirt of net over taffeta. She carried a nosegay of white carnations and roses. The groom's sister, Miss Fern Stetson, was maid of honour and wore a blue ballerina dress. She carried a nosegay of spring flowers. The groom was attended by Mr. Frederick C. Hine of Charlottetown. The wedding music was played by Miss Mary Morrison, Charlottetown, and during the signing of the register, Miss Carol MacKay, also of Charlottetown, sang very sweetly "The Wedding Prayer".

The bride's mother wore a dress of navy crepe. Her corsage was of white and pink snapdragons. Mrs. Stetson chose for her son's wedding a figured dress of nylon, and wore a corsage of yellow roses. Immediately following the ceremony a buffet luncheon was served to about forty guests. The toast to the bride was proposed by the Rev. J. T. Irwin and responded to by the groom. The happy couple left amid showers of confetti and good wishes for a brief honeymoon in the Maritimes. The bride wore a rose wool suit, navy corded silk coat, navy hat and a corsage of

Talisman roses. On return they will take up residence in Brookfield. The groom is a valued member of the staff of Patterson's jewelry store in Charlottetown.

FREETOWN SCHOOL
The following is the report of Freetown Primary Department for the month of April:
Grade V—1. Mary Paynter; 2. Carl Reeves; 3. Preston Paynter.
Grade IV—1. Marjorie Reeves; 2. Joyce Murphy; 3. Bill Andrews.
Grade III (A)—1. Doreen Mallett; 2. Lowell Reeves; 3. Jean

Paynter. (B)—1. Billie Perry. Grade II—1. Farrell Reeves; 2. Noreen Gaudet; 3. Louis Riley. Grade I (A)—1. Donna Delghan; 2. Faye Francis and Elizabeth Reeves; 3. Bobby Jardine. (B)—1. Junior Riley.
Perfect attendance: Mary Paynter, Marjorie Reeves, Bill Andrews, Allan Handrhan, Lowell Reeves, Leo Deighan, Noreen Gaudet, Bobby Jardine, Rosetta Gallant, Paula Rowe.
Highest average for all grades—Donna Deighan, 88.7%.
Teacher: Laura J. Smith.

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