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Worries Are Relative

It is perfectly true that this province has experienced political and financial storms and will undoubtedly continue to do so.

The Japanese town of Matsushiro has been terrorized for a year by almost constant earthquakes.

In many other places wars are in progress or threatening, revolutions are taking place or just ending.

Perhaps the Canadian scene is not quite as bleak as it seems.

We may worry over portable pensions or old age security payments.

And nestled in this comparatively freed from fear paradise, the tiny province of Prince Edward Island enjoys peace and quietness and happiness.

Lord Bertrand Russell, who prefers the creature comforts of life in the capitalist milieu to living with his ideological soul mates in a Communist setting.

It is saddening that a man who in his prime has made such a great contribution to learning and logical thinking is, at the age of 94, about to become ringmaster of a circus.

Lord Bertrand Russell, who prefers the creature comforts of life in the capitalist milieu to living with his ideological soul mates in a Communist setting.

The aged British writer says he has chosen Paris as the site of the hearings because France presents fewer difficulties than other countries do with respect to visas for the Viet Cong and North Viet Nam witnesses he intends shall be heard.

In addition to President Johnson, the "war criminals" to be tried in absentia are State Secretary Dean Rusk and Defence Secretary Robert McNamara.

It is noteworthy that Lord Russell, the accuser of the American trio and likely the star prosecutor has been thoughtful enough to nominate himself to the panel of judges as a guarantee that there will be no possible miscarriage of justice such as an accidental acquittal.

But this latter contingency is highly unlikely from a perusal of the list of the judges who will rubber-stamp the American guilt which Lord Russell has already decided upon.

The judges are heavily fortified with pacifists. Communists and fellow travellers, as well as by such far-out liberals as Jean-Paul Sartre and his girlfriend, Simone de Beauvoir.

The Viet Cong and the North Viet Nam foe of the Americans in Hanoi have applauded the holding of this hobo court, as well they might, and will doubtless supply a stream of accusing witnesses in all the quantity and quality that Lord Russell requests.

The event will provide a nice spotlight for Lord Russell in his twilight days. It takes an extraordinary man to manoeuvre a situation in which he is accuser, prosecutor and judge all at the same time.

What is dubious is whether it will shed much more light on American policies in Viet Nam which seem to speak for themselves. The trial seems rather one-sided, to say the least.

One must also wonder if the tribunal, if it convicts the accused, will attempt to promulgate a sentence in punishment, and if it does how it will carry out the condemnation and stay within the law of any land.

Both the Israeli and the Arabs are guilty of name dropping in airing their latest skirmish before the United Nations.

For Quebec, our centennial year will be made memorable by the world's fair - Expo '67.

But for the other nine provinces, our centennial celebrations somehow seemed to have failed to hit on any one project capable of firing the imagination.

So what is so fancy about a canoe race, one canoe race in a country this size.

Well, John Fisher's isn't just another canoe race. In a Saturday afternoon regatta it is a 100-day pageant, consisting of celebrations and historical reenactment in perhaps 200 communities, strung along a 5,000 mile course across five provinces.

The Centennial Voyageurs Canoe Pageant - Race will start at Rocky Mountain House in the Alberta foothills in late May next year, it will end at Expo '67 in the heart of Montreal around Labour Day.

Ten canoe teams, representing eight provinces and the Yukon and the Northwest Territories, will hold daily races as they progress along Canada's historic fur-trading route.

The two missing provinces will be P.E.I. "We have no rivers" and Newfoundland - "we are dry boatmen, not canoeists."

SA can brace itself for trouble. Moon crossed lovers, caught in the baleful light of this ersatz substitute, will retreat to the comparative privacy of the TV set, muttering to themselves.

Spain 30 Years After
The civil war in Spain began 30 years ago this month - the precise date depending upon which act of violence or revolt is taken as true beginning - and in many ways the country has not yet recovered from the conflict.

Spain is stirring. The 20th century is slowly being introduced to a land of bullfights and mantillas - a regret for those who would like the medieval charm of the land left unspooled.

But until the end of the regime of the man who led the army mutiny in Spanish Morocco, General Franco-Fragnes Spain will not come out of its cocoon.

The uncertainty ahead is inherent in the upheaval which surrounds the problems of succession in a dictatorship. Who will lead Spain through its industrial revolution? Will one of the four pretenders be chosen to restore the monarchy, or some form of it?

Can the next master of Spain keep the country from flying apart? Even the Franco regime could not always impose effective central control from Madrid upon the independent-minded Basques and Catalans.

Thirty years means the maturing of a new generation which has only heard of the civil war through its parents or the official government reading of history.

To young Spaniards the war between the Nationalists and Republicans - how dated those terms sound - will have as much relevance to their lives as the War of the Roses.

Mr. Fisher is not hard to find. When it can be heard at all, it is too often confined to a wonderment that Canada has survived for 100 years, a bleak expectation that the Centennial won't be up to much, and a dismal prediction that the second 100 years will be REALLY tough.

The Centennial, we expect, will be a typically Canadian affair. Like Confederation, it will be arranged with confusion, uncertainty, doubts, and wrangling. Like Canada in every crisis since Confederation, it will somehow emerge as a success when the chips are down. I see Canadians of the past, Canadians of the present will be surprised, outwardly believing, and secretly very proud.



OTTAWA PEACE PIPE

OTTAWA REPORT by Patrick Nicholson

Canoe Race Marks Centennial Spirit

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Fibroid Tumors

By Dr. Theodore R. Van Dellen
It has been estimated that one out of five women harbors fibroid tumors of the uterus.

Constitutionally it couldn't be enforced in Canada. Politically it would be impractical. Economically it would represent almost the last gasp of a mortally sick country.

But latest indications are that with Britain's often-tested determination to muddle through, it will stick and probably work.

The document is entitled A Price and Income Standstill. And it means just that. Wage and price increases are to be halted for the balance of this year. They will be permitted in the first half of next year only with severe restraint.

Canadian economists and political leaders have been calling for restraint in expansion of Canadian economy for about a year - though for a different reason than those leading to the stern measures introduced last week in London.

Prime Minister Pearson called for restraint last August. The Economic Council of Canada did it again at the year-end. Finance Minister Sharp put some teeth into it in his budget speech in March.

But expansion in industries that are already hard-pressed to meet the demand is still exerting strong upward pressures on prices. Trade Minister Winter's re-echoed the call for restraint this week when he made public a mid-year report on capital investment plans.

Belt-tightening is as unwelcome to Canada under any circumstances as it is to Britain. But it is made difficult in Canada under the day-to-day political and inter-governmental pressures in such a widely-diversified country.

It is even more difficult to enforce in a federal state where constitutional jurisdiction is divided. Ottawa, unlike London, can't impose price and wage control in peacetime without invoking war emergency powers.

The British white paper, for instance, makes it clear that the freeze on price and wage increases is to apply to all goods and services, whether provided by public or private enterprise.

MONEY SAVING PLAN
Mrs. M. writes: One of my children has asthma and the other, chronic bronchitis. My husband and I would save money by giving both the same medicine. I disagree. Would you please arbitrate.

REPLY
If your husband has had more experience than your physician in handling cases of this nature, let him proceed.

INFECTION FOLLOWING BRUISE
M. G. writes: Could a bone bruise cause osteomyelitis?

REPLY
Yes. Now and then the infection (osteomyelitis) follows injuries so slight they cannot even be remembered.

THYROID AND PREGNANCY
Mrs. P. J. writes: Could an underactive thyroid cause a series of miscarriages?

REPLY
This is a possibility, but because there are many other causes a more thorough investigation is in order.

SHOULDER BURSTIS
Mrs. E.F. writes: How long does it take for an arm to return to normal after an attack of burstis of the shoulder?

REPLY
In some instances, relief has followed the use of ACTH or cortisone within a day or two.

TODAY'S HEALTH HINT - Old dogs tend to be short-tempered.

(NOTE: All correspondence to Dr. Van Dellen should be addressed to: Dr. Theodore Van Dellen, c/o Chicago Tribune, Chicago, Illinois.)

VAN DOO TO MARCH
OTTAWA (CP) - The defence department said Tuesday the 2nd Battalion, The Royal 22nd Regiment, stationed since 1964 at Fort St. Louis, Germany, will take part in the Searchlight tattoo at Cardiff, Wales, Aug. 15-20.

Get rid of those dark corners! It's time for a modern lighting job. With proper lighting indoors and outdoors, you can really show off the beauty of your home. See your contractor today.

QUALITY PRINTING
Stationery, wedding invitations, invoices, statements and all your job printing requirements. All jobs guaranteed.

Labor Government Plucky

By JAMES NELSON
Canadian Press Staff Writer
The British government's white paper on its prices and incomes freeze is a document that, in a Canadian context, would send shivers down the spines of the politicians.

Constitutionally it couldn't be enforced in Canada. Politically it would be impractical. Economically it would represent almost the last gasp of a mortally sick country.

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WANTS NOISE-TESTER
OTTAWA (CP) - The city's board of control will ask the National Research Council to build a noise-testing device for police cars.

It's FISH... and can be caught... WE HAVE IT!
QUEEN-ST. MEAT MARKET

MOTOR REWINDING & REPAIRS
Storey Electric Ltd.
136 Prince St., Ch'town

P. J.'s LTD.
(CUDMORE'S GROCERY)

PRESERVING
CHERRIES 6 QT. \$1.99
New Island 2 for New Texas 2 lbs.
Cucumbers 35c Carrots ... 25c

New Island each String
Cauliflower 29c Beans ... 49c

RASPBERRIES & BLUEBERRIES
FRESH DAILY
GRADE "B" OVEN-READY
TURKEY LB. 39c

Fresh lb. Fresh Ground lb.
Beef Liver 49c Hamburg 53c
Maple Leaf 1 1/2 lb. Chicken 3 lbs.
Canned (tin) Wings ... 1.00

Picnics ... 1.49
MAXWELL HOUSE
INSTANT COFFEE
IN-THE NEW PARTY JUG JAR
10 oz. jar 1.69
(6 to 14 lbs.)

Shirriff's jar Puritan 15 oz.
Mint Jelly 29c Irish or Beef
Sweet Treat 20 oz. tin Stew ... 33c

Pineapple 2 for Ocean-Spray 15 oz.
Juice ... 39c Cranberry tin
SAUCE ... 33c

PERFECTION
ICE CREAM 1/2 GAL. 99c
BRICK
FREE Package Cones with Every Brick

McMillan's 2 lb. Libby's 20 oz. tin
Pure Island tin Sliced 2 for
Honey ... 59c Beets ... 29c
Perfection 6 tins Wisk Reg. size
Milk ... 1.00 Detergent 43c
SUNNYVALE
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