

Tips On Outdoor Barbecue Meals

There is nothing like the fresh outdoors to perk up wilted appetites and attitudes on a hot summer day. Many people are lucky enough to have outdoor fire places, but Mrs. Homemaker should not let it worry her if she hasn't one.

The fire should be started about an hour ahead of time so that there will be a deep bed of glowing coals. Gloves and lots of pot holders help to save the cook's hands. Long handled forks and spoons are another asset.

Canned foods must have been invented with an eye on picnics, they are so easy to carry. Never heat them in an unopened can, because serious burns or even explosions may result.

Lots of paper plates, spoons, cups and napkins are a necessity. A colourful plastic table cloth

(Continued on Page 3)

Modern Etiquette

By Roberta Lee

Q. In taking leave of a group of strangers to whom you have just been introduced, do you attempt to say "good-bye" to all of them?

A. No. You merely bow "good-bye" to any who happen to be looking at you, but you do not attempt to attract the attention of those who are unaware that you are turning away.

Q. Is it proper for the bride to carry the bridegroom's ring to the altar at the wedding?

A. No. The maid or matron of honor takes care of this ring and gives it to the bride at the proper time.

Q. Is a man supposed to lift his hat when he encounters his wife on the street, or joins her, or takes leave of her?

A. Yes, certainly.

How Can I!!!

By Anne Ashley

Q. How can I remove water-bugs from my sink?

A. Try pouring a cup of kerosene down the drain once each week, and do not run the water until about a half hour afterwards. The bugs will disappear very quickly.

Q. How can I clean aluminum ware?

A. Apply a mixture of ammonia, borax and water with a soft cloth. Or, wash in warm, soapy water, then dry and polish with whiting.

Q. How can I impart a better flavor to blackberries when canning them?

A. Spice the berries when canning them. Use brown sugar, vinegar, and mixed spices.

Q. How can I prevent butter from becoming rancid?

A. Keep the container covered with a cloth wrung out of cold water.

ELLEN'S DIARY

By an Island Farmer's Wife

How different indeed were those days when our world was young from these which see the silvering of our then dusky tresses! There has been we remember many a change since that dewy July morning in the long ago when we came to our first day's teaching in that country school set at a lonely cross-roads.

I declare, Ellen," we recall a Scottish wife in the community comment of the innovation with a shy smile at discussing these views so contrary to her husband's, with another, "though I am I to be questioning the wisdom of his buying and he so pleased with it? but between ourselves, I would rather the old way of threshing and sawing. Then getting the horses off the tread-mill to the stable and fed gave a body time to get the meals served and on the table. But now," she said "once the machine's stopped—and what a queer contraption it is, more human I'm thinking than is machine! they're indoors. It seems to me" she sighed, pleating her apron of print into small folds "instead of saving time, the like will be after making us busier."

Unbelievable advancement has been made in methods of farming, but whether or not the living, big and large has improved is often a subject for debate. Were folks happier in those "dead days"? Were they better clad—better fed? Were they better-living as so many children of that era will declare? Did they in their everyday living follow better the teachings of clergymen and The Book? Were there to be found better examples for young folks to pattern? Have morals changed? And fundamentals of living? Phoozy, Ellen! Where do you live? Is a friend of ours... But James is a-calling!

Until tomorrow — Diary — Good-night, . . .

The Royal Edinburghs

BY MARGARET SAVILLE

When the Royal Edinburghs arrive in Canada it will be plain to everybody who sees them that this was a Royal love-match and that the same love still exists between them after their four years of marriage. Princess Elizabeth's soft smile is so often turned towards her husband, just as instinctively as his hand goes to her arm in protection when the crowd is pressing close.

Her husband always calls her by her full name for Princess Elizabeth greatly dislikes all diminutives. It used to make her furious in her childhood when people referred to her as "Liz" or "Beth." The only person who ever calls Princess Elizabeth Liz nowadays is Princess Margaret when she feels particularly mischievous and wants to rib her elder sister.

It is all in character with the natural dignity that is one of Princess Elizabeth's strongest qualities. She is neither stiff nor stern but she does appreciate that she is the Heiress to the Throne of Great Britain and realizes her responsibilities. She regards them bearing her exalted position with quiet grace and expecting others to pay the same respect to the Crown that she does herself.

cool answer of "Do you mean His Majesty the King?" Trained by Queen Mary herself in matters of etiquette and State procedure, Princess Elizabeth is never amused by any deviations from proper prestige although in other matters she has a cheerful sense of humor and her rich warm laugh rings out easily.

She has the truly regal qualities which belong to a Royal lady, not the least her punctuality and the careful way in which she personally reads every letter among the hundreds sent to her each week and approves the reply even though it will only be typed in the third person by one of the Clarence House secretaries. "I do so hate to say 'No,'" she once remarked when explaining a crowded diary of public engagements.

Once one of her Corgi terriers was run over in the driveway by a Royal car. Princess Elizabeth grieved the loss of her pet but then it struck her that the chauffeur was probably feeling upset by the accident too so she sat down and wrote him a letter explaining that she knew it had not been his fault so he was not to be worried

Her personal maid Miss Ruby Macdonald has been attending her for years, finding it an easy situation as well as a pleasant one since Princess Elizabeth was trained in her youth to be completely tidy and always is. Her dressing-table with its three mirrors is neat and uncluttered and her writing-desk is invariably in order, even when she leaves it after her usual morning of work on her correspondence. She is very methodical too, again resembling Queen Mary, and keeps several small books with addresses, anniversary dates and so on. It would make Princess Elizabeth sincerely sad if she failed to mark a friend's birthday correctly.

It is this innate sense of Royal duty that makes Princess Elizabeth pay such careful attention to her clothes for she is not na-



Princess Elizabeth and the Duke of Edinburgh spent their honeymoon at Broadlands, Romsey, Kent, home of the Mountbattens.

turally interested in fashion. Indeed her idea of a perfect vacation outfit would be a tweed skirt and sweater and flat-heeled shoes, fresh and neat but no more. Instead she current affairs and in much the same spirit. She is paying particular thought to her outfits for the trip because she knows she is being regarded as a travelling ambassador for British textiles and design, and it is Princess Elizabeth's habit to carry out her job well. She has chosen romantic exquisitely embroidered evening gowns in white and pale colors for the State occasions and suits and tailored two-piece ensembles cut from the finest new English and Scottish tweeds and

woollens, including deep sage-green and the soft primrose-yellow in which Prince Philip likes her so much. The Princess always asks her husband's advice before she gives her final orders. It is his views on dress that have made Prince Elizabeth more consciously elegant since her marriage. Her efforts have been encouraged by the compliments which he pays her frankly when he is pleased with some new outfit, though equally honest in the reverse case. His disapproval of one honeymoon suit—"It makes you look bulky round the middle"—resulted in the Princess promptly taking it off and giving it away.

please her husband with her clothes, as in many other ways because she is so deeply and devotedly in love with him. Everything he does is right in her adoring eyes. Once when his car was in collision with a taxi at Hyde Park Corner, Princess Elizabeth said: "But it couldn't have been his fault." The Princess herself learnt to drive when she was doing her wartime service as an officer-cadet with the Army. Having observed her at the wheel of one of his limousines, the King gave her a car as a 21st birthday present but since her marriage, she always lets Prince Philip drive though many people consider she has much the better sense of road judgment.

Princess Elizabeth really tries to

Morning Smile

Foiled

As an old woman wearily pushed a perambulator up the hill, the vicar overtook her and volunteered to relieve her of her burden. Puffing and blowing, he reached the top of the hill. Then he turned to her.

"Now may I have a look at the dear little baby?"

"Baby, sir!" the woman replied. "Bless your heart that's two dozen bottles of stout."

A Gradual Process

Little Betty, like most other children never wanted to go to bed. One evening she was naughty, and as a punishment her mother placed her on a chair in one corner of the room.

"And don't you dare get down till you are good," said the vexed parent.

After a while mother said: "Betty, it is time for you to go to bed."

"The child shook her head. "Oh, no, mummy!" she said. "I'm not good enough yet."

Cook's Corner

BAKED FISH FILLETS

2 pounds fish fillets, 1/4 cup butter or margarine, 2 medium-sized onions peeled and sliced, 1/4 cup finely minced celery, 1 1/2 cups soft bread crumbs, 1/2 teaspoon salt, 1/4 teaspoon rosemary, 1 teaspoon paprika, 1/4 cup grated cheese, 1 cup top milk.

Arrange fillets in greased baking dish. Melt butter or margarine. Add onions and saute until yellow. Add celery, crumbs, salt, rosemary, paprika and cheese. Heap on top of fish and pour milk around edge of dish. Bake in moderately hot oven, 375 degrees F. about 30 minutes.

FRESH PINEAPPLE SHERBET

1 cup finely diced pineapple, 2/3 cup sugar, 1/2 cup light corn syrup, 2 cups milk, 1/2 cup lemon juice.

Combine pineapple with one-third cup of sugar; simmer five minutes; cool. Combine remaining sugar, corn syrup and milk. Pour into freezing tray of automatic refrigerator; set cold control at coldest point; freeze until mushy. Remove to chilled bowl; beat until smooth. Fold in pineapple and lemon juice. Return mixture to tray; freeze firm. Serves 4 to 6.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

THE only course of action under existing circumstances and lack of cooperation may seem to be a drastic and revolutionary about-face, but it is advisable to adopt a policy of procrastination and to "hold the fort," rather than to give up, defeated. The safest course to pursue may be temporizing, even though marshaling scattered forces and permitting fresh ideas to incubate may call for some time off.

For the Birthday

Those whose birthday it is may find it wisest to resist a driving urge to hammer down obstructions,

DOROTHY DIX SAYS—

No Dates 'Til 28!

Young Girl Finds Sister's Dictum Hard To Follow

DEAR DOROTHY DIX: I am 22 years old, an orphan, and living with my married sister who has six children. I am working, and am very handy at almost anything. Three years ago a young man called and asked me for a date, and when I sought my sister's permission to go out with him, she became very angry and said I wasn't to think of going with a boy until I was 28 or 30. I have refused all dates since, but now find myself very lonely. All my girl friends have dates and all I do is sit home every night. Is my sister right?

ANSWER: Your sister probably feels a great sense of responsibility for you and is letting her solicitude get the better of her good judgment. She may also have a selfish motive in keeping you at home nights for the help you can contribute with the children.

ASSERT YOURSELF

Of course you do owe her some consideration on this point, since she has cared for you since childhood, but at 22 you should have the sense to select proper friends and go out two or three nights a week. Try to make this clear to your sister; if she doesn't see your side of the problem, you are certainly justified in taking the matter into your own hands and accepting dates. Bring your boy friend home, ask your sister's opinion of them; let her know you're anxious for her approval.

DEAR MISS DIX: Before we were married, my husband was in love with his cousin's wife. They now live directly across from us and my husband still seems to admire her. She is 12 years older than my husband. When she's in her yard, he sits and watches her by the hour. Otherwise, he's a good husband and provider. However, this problem has gotten so on my nerves that I am continually nagging. R. R.

ANSWER: The best solution to the difficulty would be to move. If that's impossible, stop the nagging and ignore the situation as much as possible. Your cousin-in-law is just a middle-aged vamp.

(Continued on Page 3)

Anne Adams Patterns

RUSH! MAKE THIS!

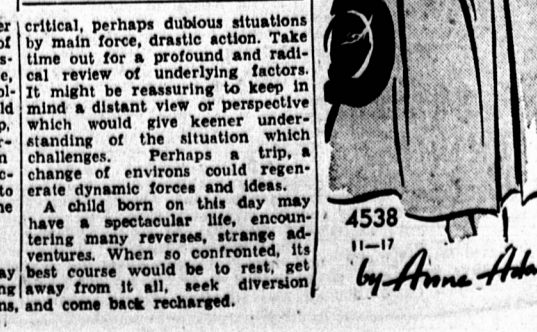
This you'll certainly want for Rush Week, Jr. Miss! Keeps you looking your nicest in class, at teas, all the time you're on parade! Make the dress in one of the new rayons, trim it with binding to match or contrast. Two more sleeve-choices!

Pattern 4538 in Jr. Miss sizes 11, 13, 15, 17. Size 13 takes 3 1/2 yards 38-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number.

Send order to ANNE ADAMS, c/o The Guardian, 60 Front St. West, Toronto, Ontario.



Charles' Character Begins To Take Shape



Visitors to Clarence House, London, often have this little boy walk up to them and say: "I'm Charles, Princess Elizabeth and the Duke of Edinburgh. He's sturdy and determined, and is the possessor of a loud voice often heard demanding the things he wants."

Alice Brooks Designs

BEAUTIFUL CROCHET

Easy chain-stitches and double crochet for this set! Suitable to be used as chair-set, buffet-set, or scarf-ends. Why not make all three—coordinate accessories? Use No. 50 cotton for this easy filet crochet. Pattern 7152 has clearer directions for set. Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

The Natural Method of Child-Planning

Now couples can plan to have children when they want them, by a simple method that doesn't violate the scruples of any religious group. In September Reader's Digest, Dr. Morris Fishbein explains how and why this new method works. There are only about two days each month when a woman can conceive a child; Dr. Fishbein tells how the great majority of women can learn when they can conceive by keeping a record of their daily temperatures. Get your September Reader's Digest today: 46 articles of lasting interest, condensed from leading magazines, current books.

7152 by Alice Brooks