

# Student Exchange Program

## "Play here, Study Elsewhere."

If you are entering your second or third year of study in September 1989 then this opportunity could be for you!

The International Student Exchange Program (ISEP) is based on balanced one-to-one exchanges between Canadian and American institutions. It enables students to attend any of the one hundred participating institutions. ISEP is open to full-time students who would be in their second or third year while participating in the program. Fourth year students are not eligible as they are required to spend their

graduating year at their home institution. The Student Exchange is a way for students to experience a different academic environment and see another part of the country. Participating in the program does not necessarily mean losing credits or postponing graduation.

Exchange students must meet with their home school advisors to determine which classes at the host school will be honored, ensuring that all credits earned can be transferred to the student's academic record.

Students are nominated by their home institution and must complete a basic application form with their selection of schools and

reasons for wanting to exchange.

We are now accepting applications for the fall of 1989 and students are encouraged to drop in to the Student Services (566-0674) if they are interested. My office hours are:

Monday and Wednesday  
9:00-10:30 11:30-12:30

Thursday and Tuesday 10:00-11:30

Remember, the sooner your application form is submitted, the better your chances at being accepted, so apply now!

Looking forward to seeing you!

Sherri Egan  
Student Exchange Advisor

## "Knuckle Mania Runs Rampant"

Hello Knucklemaniacs, Knuckle mania is running rampant around the UPEI intramural Hockey league finals last year and lost to the Soccer Specialists, Knuckle mania has grown ever since. The Knucklers have just won the Scott Howt Memorial Winter Carnival Tournament dethroning Business 4-2 and are gerring up to grab the finals and claim the championship trophy. The win by the Knucklers over Business cooled down Coach Knuckler as he was still hot area a 5-0 Blow out loss to the Ri-

vals Blanch II. Coach Knuckler was scouting in Winnipeg over xmas but could only find "the Judge" practising on pre outdoor rinks. Yes folks, get ready to rummmbbeell, Knuckle mania is here lead by "Mr. Goliath-Shazen-Lou" Haslem and Kevin "Hit man" Watson on defence. The Knucklers have soared to the top of the league at 6-1-1 and are 10-1-1 over all, before any steroid test. Coach Knuckler is expected to testify at the Dublin Inquiry. The Coach Himself along with the water boy

were caught switching urine. The Coach says, "The Fans must take some Credit because they keep the players awake against the teams that missed the bus. It's been roomered that the Coach is after Jerry Flemming, but the Kunckle Mania Booster Club is in Debt with all their investment in home made beer and the payment of all referee's after each game? Until next time go to a Kunckler game and get caught in Kunckle mania-It's Fantastic.

Coach Knuckler

## Barbara MacNeil Gives Speech for "Believe and Succeed" Campaign

by Wendell Blacket

What constitutes a winner? Is it the actual realization of a goal, or the knowledge that one has made the best effort to achieve the goal. This was a main theme in the second speech in the "Believe and Succeed" series. The speaker was Barbara MacNeil, an individual who inspired the Island with her valient attempts to swim the English Channel, and her valient effort to save the life of a Brazilian swimmer.

MacNeil noted that in order to be a success, a person must be willing to accept failure, "Failures complete the personality." She noted that she failed to swim the Northumberland Strait three times before finally succeeding. Moreover, while not having as yet completed her mission of swimming the English Channal, MacNeil noted that she has swam the channal a total distance of three times. This gives her confidence

that she can achieve her goal.

The main thrust of MacNeil's talk dealt with the 10 qualities of a winner. She gives credit to Dr. Dennis Whitley for pointing out these straightforward, yet important points to ponder:

1) Positive self-expectation - The optimistic outlook for the achieving of a given goal.

2) Self-motivation - The outlook one has, fear is destructive while optimism is a major builder of this.

3) Self Image - Awareness of who you are and inner worth.

4) Direction - The ability to know where one is going in life.

5) Self Control - The need to take responsibility which can help in the achieving of a goal.

6) Discipline - To be able to master oneself.

7) Self esteem - To be able to understand who you are and the worth one has.

8) Self understanding - To be able to know ones role within the overall picture.

9) Self Awareness - A winner constantly add to their knowledge of themself.

10) Self Projection - To be able to project oneself in what he or she is attempting to achieve.

MacNeil argued that these 10 main qualities of a winner will give those who maintain them the ability to achieve the desired goal. Furthermore she noted that a persons priorities will be up to that individual. MacNeil stated that making a large sum of money is not a high priority for her, although she acknowledges and appreciates that help given her in her attempts to swim the English Channal. MacNeil will once again attempt to swim the Channal, this August, and is extremely confident that she can finally achieve this goal for the official record.

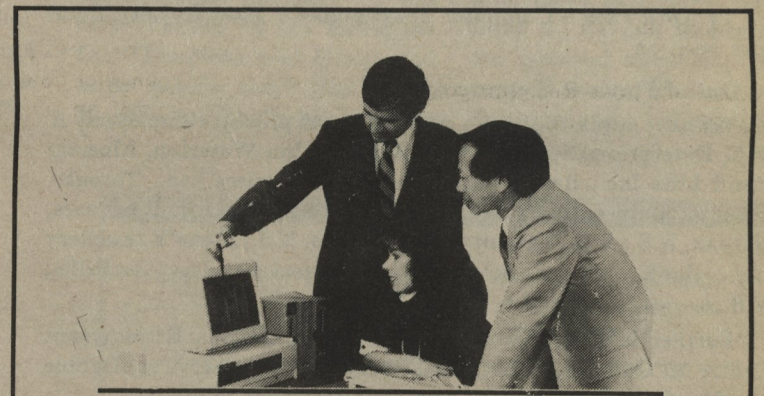
# Elections

Student Union elections will be held, March 15 & 16, 1989. Advance polls will open on the 13th and 14th of March. Nominations for positions will open on Feb 17th at 9am. And close on Friday March 3rd at 4pm.

Nominations for the following positions will be accepted beginning Feb 17th. They are as follows:

- Four (4) Arts Representatives
- Two (2) Science Representatives
- Two (2) Senates
- One (1) MAPUS Representatives
- One (1) Student Ombudsman Executive

- Vice-President Communications
- Vice-President Finance
- Vice-President Operations
- Vice-President Academic
- President



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