

Tells Models To Come To City

By ROSANNA GROARKE
Canadian Press Staff Writer
NEW YORK (CP)—Dishwashing isn't usually lucrative work but lovely Margo Tyler of Vancouver was paid \$35 an hour for soaking her hands in dishwater.

The 22-year-old model was paid her regular fee to acquire "dishpan hands" for a series of hand lotion advertisements.

Margo, who has been modelling here for two years, said in an interview that her tapering hands are even more in demand than her face or figure. She wears her nails a full inch long with seven coats of polish to reinforce them against breaking.

The blue-eyed brunette has this advice for Canadian girls who like herself: "Have done some modelling at home and think they're ready for the big city."

"Come here and get a job as a designer's model in the garment district. You learn a lot just by watching the other girls."

The Vancouver girl said she was on her way home from a California vacation, "the long way round" when she landed a job with designer Cecil Chapman.

Today, after one night as a freelance, she works anywhere from one to 15 or 20 hours a week but puts in many more hours making the rounds of photographers and manufacturers with her portfolio of pictures.

Margo said she goes out on dates "only one or two nights a week usually one, because if you have bags under your eyes the camera exaggerates them."

The Canadian girl said it is part of her job to wear the latest styles. Tyler, and her young sister, Five-foot-six-and-a-half in her stocking feet and with a 21-inch waist, Margo hopes eventually to make \$50 an hour. She said she would continue her career even if she married.

"I don't see how anyone who has done modelling could be content to say home all day," she said.

Exercise taken from a lying down position requires less effort. It is important to hold the exercise movements, for holding helps

KEEP IN TRIM

Approach To Reducing Differs With Individual

By IDA JEAN KAIN

While excess food is back of all overweight, the reasons back of overeating vary. Similarly, the approach to reducing differs with the individual. However, from your letters it appears that more than any other one factor, continued moral support from members of the family or friends encourages overweights to stay with reducing.

A reader from the Midwest is spurred on by her sister and a neighbor:

"I would like you to send me the right exercises for slimming the hips and flattening the front-line. My sister is helping me by coming over once a week to check my weight. We plan that each time I lose enough for a smaller dress to go downtown together to pick out a dress in the smaller size."

"I started at 225 pounds for 5' 3 1/2", and could barely squeeze into a size 24 1/2 with a full skirt and loosely cut sleeves. I now weigh 206 pounds and can easily wear 24 1/2 in any style, even one with a straight skirt and fitted sleeves."

"A neighbor suggested that we do exercises together each morning, as she would like to lose inches too. I am hoping to get down to 155 pounds in five months which will be in time for my birthday."

Getting started is often the biggest hurdle and you have made a fine start. A small amount of mild, regular exercise will improve your circulation and keep you from becoming lethargic. Since you are still considerably overweight, ease into non-vigorous exercise.

Exercise taken from a lying down position requires less effort. It is important to hold the exercise movements, for holding helps

to increase muscle tone, but you must hold your breath. Your beginning exercises should be from the position that encourages the vital organs to assume their normal high place.

Position: Lie on back on floor, with feet elevated to low bench or stool, arms down at sides.

Movement: Pull up-and-in strong with abdominal muscles and press the small of back to floor. Hold to a slow count of six. Do not hold your breath.

Progress by lifting hips slightly off the floor and again pull up-and-in vigorously, and hold the movement. Count out loud so as to breathe normally.

Follow through by tilting hips slightly to one side and pull in strongly with the side-front muscles and hold. Repeat tilting hips to the other side.

Do this trio of exercises daily

for a couple of weeks before attempting any others.

TONGA PRINCE SAILS

MONTREAL (CP) — Prince Tungi, crown prince and prime minister of the South Sea island kingdom of Tonga, sailed for Liverpool Tuesday with 500 other passengers on the Empress of Scotland. Prince Tungi was on his way to the London meeting of the World Copra Board.



SYDNEY, Australia (Reuters)—A selected Country-women of the Nineteen Canadian women on a World in Colombo, Ceylon, next world tour, arrived here Tuesday month. The women will tour New for a four-day visit. The group is for Singapore by air June 29.

CONFIDENTIALLY YOURS

By Byrne Hope Sanders

MONTREAL, June 27th — Cheers from the baby! Never again need a baby be bothered by the irritation and pain of Diaper Rash — never! For here is BARRIER B.D.H.—the protective cream, so high in silicone content that it is an invaluable water-repellent. Disappears into the skin instantly and forms an invisible barrier against irritants of all kinds. Use it before doing any work which might soil or irritate your hands. Enjoy its protection from the troubles that detergents so often cause. Wonderful for workers who are in contact with irritating substances. Barrier B.D.H. affords complete skin protection and has been endorsed by doctors for years. At all drug counters.

EVER FEEL YOU'RE BEING WATCHED? I do often... especially when I open my purse. That's why when I travel I carry the bulk of my money in Travellers Cheques sold by the B of M. They're wonderful for giving you that secure feeling you get from knowing your money is safe. Even if Travellers Cheques are stolen or lost they are useless to anyone but you, because you have to countersign them when you cash them. They're convenient, too... you can cash them at any bank and at most hotels, stores and gas stations. So before you go on holidays, insure yourself against "wallet-worry" by carrying Travellers Cheques... available at your neighbourhood branch of "MY BANK".

SUCH LOVELY MOMENTS... these long June days, when after dinner, the family sits relaxed and happy, each one enjoying a piping hot cup of INSTANT CHASE & SANBORN COFFEE... stimulating, flavorful, delicious! This is the Instant Coffee with the famous window in the jar. Chase & Sanborn is delicious because it's so very, very fresh... and it's fresh because it's made in an instant from freshly brewed coffee. There are nearly 100 years of coffee experience behind the perfection you get in every cup... so no wonder it's such a superb flavor. Serve Instant Chase & Sanborn morning, noon and night!

HOT WEATHER AHEAD! But it won't bother your dog if he gets plenty of water—and one really good meal a day of DR. BALLARD'S CHAMPION DOG FOOD. More than ever during the summer, dogs should have the benefit of the balanced diet of vitamins, minerals and other quality food elements found only in Dr. Ballard's Champion Dog Food. Dogs love the satisfying meatiness of Dr. Ballard's and enjoy the three flavor varieties... Chicken, Liver and Regular. Next time you shop, remember your faithful, trusting friend and get him the best... Dr. Ballard's... for a healthier, happier life.

BLESS THAT BABY! Nothing sweeter than a rosy, bright-eyed little one, watching you intently as you prepare the health-giving, time-tested FARMER'S WIFE Formula Milk that's exactly right for his needs. Babies are healthier than ever today because of the new knowledge young mothers have—and because of Farmer's Wife Formula Milk, prepared just for babies. Ask your doctor whether you should feed him the Partly Skimmed Milk (Blue Label), a high-protein, low-fat concentrated formula—or perhaps the Whole Milk (Red Label) or the Skimmed Milk (Yellow Label). All are Vitamin D increased and vacuum packed in the most modern milk containers.



QUEEN MOTHER IN NEW PORTRAIT

Her Majesty Queen Elizabeth, coming Royal tour of the Federation of Rhodesia and Nyasaland, the Queen Mother, poses for picture made by Cecil Beaton in connection with her Majesty's forthcoming tour of the Commonwealth.

Double Ring Ceremony Is Used At Double Wedding

The Church of the Holy Family, Kennington, was the scene of a very interesting event when Rev. L. P. Callaghan officiated at a double wedding. In the double ring ceremony, Elizabeth Ruth Cameron became the bride of Ralph Bernard Fitzsimmons, and Shirley Kathleen Cameron wed Emmett Augustine Fitzsimmons. The brides are daughters of Mrs. O. Iver Cameron, Margate, and the bridegrooms, sons of Mrs. Linus Fitzsimmons, New London.

Ruthie entered the church on the arm of her grandfather, Mr. John Hughes, charming in a traditional gown of nylon net and lace fashioned with strapless fitted bodice, and tiny collar trimmed with pearls and sequins. She carried a white prayer book with miniature rosegay.

Shirley lovely in an ensemble similar to that of her sister, was given in marriage by her uncle, Mr. Joseph Gillis.

Miss Hilda Fitzsimmons and Miss Ethel Fitzsimmons, sisters of the bridegrooms were bridesmaids, the former attractively gowned in pink nylon fashioned with fitted bodice and full skirt of a pale blue nylon strapless gown with full skirt and tiny lace bolero. Both carried nosegays of carnations.

Ralph was attended by Donald Cameron, brother of the brides, while Bill Sullivan was best man for Emmett.

Ushers were Mr. Lloyd Profit and Mr. Byron MacEwen.

The mother of the brides wore a navy duster over floral print, with pink accessories and a corsage of pink roses, while Mrs. Fitzsimmons, chose a flecked tweed suit with yellow accessories and a corsage of yellow roses.

Following the ceremony a reception was held for fifty guests at Birch Hill Court. Toasts to the brides were proposed by Rev. Callaghan and Mrs. Byron MacEwen were in charge of the guest books. Mr. and Mrs. Ralph Fitzsimmons will reside in the Yukon Territories, for the present, and Mr. and Mrs. Emmett Fitzsimmons in Saint John, N.B.

Prior to their marriage the brides-elect were tendered a mistletoe shower at the home of cellanousa when Rev. Callaghan, Mr. and Mrs. Keith Warren, Margate, when they received many lovely gifts.

Ruthie and Shirley entered the room to the strains of nuptial music played by Miss Olive Thompson. The parcels carried in by Joyce and Wendell Warren were opened by Misses Laura Bell and Gwen Court. While the gift cards were read by Mrs. Willard Thompson and Miss Mary Fleming, Miss Arilla Gillis and Mrs. Lyman Moase arranged the gifts on the table and the baskets were refilled by Mrs. Edwin Bearisto and Mrs. Donald Baker.

Potted plants and mauve and yellow streamers were used in decorating.

R.C.A.F. C.W.L.
On June 10th, 1957, 22 members answered roll call at the regular monthly meeting of the R.C.A.F. Sub-division of the Catholic Women's League. In the absence of the Spiritual Director, Rev. Father J.A. Warren, the president, Mrs. C.A. Vivian, opened the meeting with the League prayer and later extended a welcome to 2 new members.

Mrs. J. Forestell, recording secretary, read the minutes of the preceding meeting and of an executive meeting. Correspondence read by the corresponding secretary, Mrs. C. Monty, included letters from Miss Margaret Wedge regarding tablecloth lottery; from F.A.S. Jones regarding Blood Donors Clinic and a thank-you card from Mrs. I. Daley. Mrs. R. N. MacKenzie, treasurer, reported a satisfactory bank balance.

The following conveners presented their reports: Press, Mrs. K. F. Doucette; Social Welfare, Mrs. G. Conway-Brown; Membership, Mrs. A. Sawyer; Radie, Films, TV, Mrs. J. Karwandy; Library, Mrs. J. Roy; entertainment, Mrs. M. Racheleau.

Fairbanks' Have Coming Out Fete

By EDDY GILMORE

LONDON (AP)—More than one British blueblood turned green with envy Tuesday night when Douglas Fairbanks Jr. scored the season's social triumph by entertaining the Royal Family.

The veteran American actor and his second wife staged the coup with an elaborate coming-out party for their debutante daughter, Daphne.

The affair, a champagne fete for 350, was held at historic Cliveden, home of Britain's Astor clan. The third Viscount Astor, a pal of Fairbanks, loaned him the palatial spot for the night.

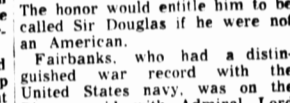
Enticing the Queen, Prince Philip and Princess Margaret to a private party is no mean feat for anyone, let alone an American show person.

The dapper Duke of Bedford tried it last week at a coming-out party for his stepdaughter. "I asked them all," said the duke, "but they were busy."

Fairbanks and his wife since the war have made their home in England, where he is associated with a number of film and television enterprises. King George VI made him a Knight Commander of the British Empire in 1949 for his work with CARE, the international relief organization.

Wife Preservers

Never soak a rubber scraper in water, as it will soften the rubber. Wash it as soon after using as possible, and dry thoroughly before putting away.



Streamline your figure! with a "Magic Waist" Girdle. Enjoy NEW waist-line comfort.



Complete! fluffy, flavourful chiffon filling—crisp and crunchy graham cracker crust

NO BAKING! JUST MIX AND CHILL

Everybody loves the fresh flavour of this spectacular pie, the perfect warm-weather dessert, cool and refreshing. It's almost unbelievable that such an exciting dessert could be so simple to make—directions are easy, mixing is quick, it chills in your refrigerator. Serve Monarch Ice Box Pie to your family tonight—it's a gala finish to any meal!

5 flavours—raspberry, lemon, vanilla, butterscotch, chocolate

See "Magic Waist" at these stores

MOORE & McLEOD Limited

NEMO FOUNDATIONS, TORONTO

by nemo From 7.50 to 12.50

Moulds your figure to perfection!

Nemo's Magic-Waist—an ingenious girdle giving you waistline freedom without sacrificing waistline control. It completely moulds your figure and the exclusive new tummy-flattening panel guarantees a streamlined look. All this magic is concealed in the loveliest girdle you have ever worn for style, for comfort, for figure control. Sizes, small, medium, large and extra large. White only.

See "Magic Waist" at these stores

MOORE & McLEOD Limited

NEMO FOUNDATIONS, TORONTO

See "Magic Waist" at these stores

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Advertisement for Misto-Van. Text: "THE ORIGINAL PRODUCT Misto-Van FOR OUTHOUSES AND CHEMICAL TOILETS. ELIMINATES ODOR IMMEDIATELY AND WASTE EFFECTIVELY DEODORANT. MISTO-VAN TURNS AN OUTHOUSE INTO A CHEMICAL TOILET. ANOTHER Tilley's LABORATORY PRODUCT LIMITED TORONTO CANADA POSITIVELY GUARANTEED." Includes an illustration of a wooden outhouse and a bottle of Misto-Van.

Large advertisement for Monarch Ice Box Pie. Text: "Big luscious chiffon pie complete in one package! NO Baking! Complete! fluffy, flavourful chiffon filling—crisp and crunchy graham cracker crust. NO BAKING! JUST MIX AND CHILL. Everybody loves the fresh flavour of this spectacular pie, the perfect warm-weather dessert, cool and refreshing. It's almost unbelievable that such an exciting dessert could be so simple to make—directions are easy, mixing is quick, it chills in your refrigerator. Serve Monarch Ice Box Pie to your family tonight—it's a gala finish to any meal! 5 flavours—raspberry, lemon, vanilla, butterscotch, chocolate." Includes an illustration of a hand holding a pie and a box of Monarch Ice Box Pie.

FROLIC

Tuck-away straps, centered with a glitter of rhinestones, add a frivolous touch to this romper outfit. The bourgeois silhouette is designed in a Chemocel acetate and latex fabric. The color will never run into the light contrast trim at the neckline because the dye is sealed—in by a special process. The fast-drying swimwear is available in various colors.

FAMED GROUNDS
Rome's Colosseum, world's largest amphitheatre, was completed in AD 80.