

Is Your Hair Falling Out Too Fast?

The average head loses 45 to 80 hairs daily—a healthy scalp replaces them

If you start with an average healthy head of hair—chances are you have from 120,000 to 140,000 hairs to lose!

"But," say hair authorities, "you must keep on growing from 1,200 to 2,400 new hairs a month—or your hair will gradually thin out."

The first step to ensure natural regrowth of hair is to keep the scalp clean and free from dust and smoke which combine with scalp oil, perspiration and dandruff to choke off nourishment.

To do this—you need to wash your hair once a week with a shampoo guaranteed to remove dandruff—Fitch Dandruff Remover Shampoo.

Your hair will benefit from regular shampoos with Fitch Dandruff Remover Shampoo. For Fitch's stimulating, creamy lather gets right down into the thousands of tiny hair roots in

your scalp—dissolves and washes away all dirt and dandruff—leaving your scalp antiseptically clean, able to breathe freely.

Fitch is the ONLY SHAMPOO guaranteed to remove dandruff... the only shampoo that gives your scalp a health treatment and your hair a beauty treatment at the same time.

Prove It Yourself

Get Fitch Dandruff Remover Shampoo for healthy, good-looking hair—try the economy size, 69c. Take care of your hair if you want to keep it—start Fitch care tonight.



Central Guardian

This column is reserved for news of local interest, but advertising of a new venture may be inserted at five cents a word, strictly payable in advance.

JIMMIE'S TAXI. Phone 526.

HOWARD MACINNIS FOOTWEAR at 175 Queen Street.

CHANDLER BROS. for Miraculous Master Sink Frames.

C-I-L PAINTS, Varnishes and Enamels at Vallis, 204 Kent.

ANYTHING IN ADVERTISING.—Art Signs.

EVERYTHING MUST GO.—Sale prices lowest yet. LePages Shoe Sale.

SACRED CONCERT. Sunday, April 2nd. at 8.30. Central Christian Church.

BROODER AND BASEBURNER Hard Coal in stock. H. R. Large & Company.

CALL STOREY ELECTRIC 2679-L for Refrigerator, Motor and Washing Machine Repairs.

VISIT LEPAGES SHOE SALE TODAY. Sale ends Saturday. See our 50c rack.

FLIGHTS DAILY except Sunday to New Glasgow and Halifax. Phone Maritime Central Airways Limited 2061 or 540.

OMITTED from the Obituary Notice of Mrs. B. Woolridge Mass Card from Mrs. Teresa Revel, Florence and Donald, 70 School Street, Charlottetown. Sympathy Card from Mr. and Mrs. J. Folland, Dunstons.

NOTICE TO ADVERTISERS.—Advertisers are reminded that their copy must be in The Guardian not later than noon the day previous to insertion. Those who telephone classifieds, etc., should particularly bear this in mind.

CHILD RECOVERING—An unfortunate accident occurred last Friday, March 17th, when an automobile driven along the Southport Highway struck five-year-old Herbert Genge. The driver of the car picked the child up in her arms and rushed him to the Prince Edward Island Hospital where he was found to be suffering from a skull fracture. Although his condition was serious for the first few days, he is now reported to be out of danger.

ROBERTSON MEMORIAL LECTURE—Tomorrow night at 8.30 the Robertson Memorial Lecture will be inaugurated at Prince of Wales College. Chairman for the evening will be Principal Frank MacKinnon. Guest lecturer will be President A. E. Kerr of Dalhousie University who will be introduced by Chief Justice Thane A. Campbell. The speaker will be thanked by the Hon. Dr. W. J. P. MacMillan. Dr. MacMillan will also introduce Mrs. S. N. Robertson who will unveil the portrait of her husband the late college Principal, Minister of Education, the Hon. F. A. Large will also make a few remarks.

Personals

Mr. Dolphie MacKinnon C. N. R. employee, Kensington is spending two weeks vacation with his mother at his home in Mt. Stewart.

Mr. Harold Fraser, of Oakland California, formerly of Avondale P. E. I., is visiting his sister Mrs. J. W. MacDonald Glenfinnan.

Word has been received by Miss Annie MacKenzie, 163 Dorchester St. of the passing of her aunt, Mrs. Henry Helmer, Little Falls, New York, on March 15th. Mrs. Helmer was the former Flora MacKenzie, daughter of the late Murdoch MacKenzie and his wife Catherine MacDonald of Elliotts, P. E. Island. She is survived by a sister Bessie, Mrs. W. G. Tinnon, residing in Charlottetown; also several nieces and nephews reside on P. E. I.; her family, a son and daughter are residents of Little Falls, N.Y.

TRADE WITH ISRAEL

STOCKHOLM—(CP)—Israel and Sweden will soon have direct steamship connection. The Zim Cargo Line, in Haifa has decided to extend its Rotterdam-Antwerp route to include some Swedish ports, possibly Stockholm and Gothenburg. Cargoes from Israel will consist of fruit, while Swedish exports will be made up of prefabricated frame houses and industrial products.

DEEP WATER

The deepest lake in the United States is Crater Lake, in Oregon, with a depth of 2,000 feet.

IN MEMORIAM

In loving memory of my husband,
WILLIAM HENRY CUDMORE
who departed this life
March 20th, 1949.

I watched beside your dying bed
As the lonely hours passed on
And oh what sorrow filled my heart
When I knew that you were gone.

Gone from this world of pain and
heartache
To that glorious home above
But how dreary is this world dear
Empty now without your love.

People think I have forgotten
But how little do they know
How I miss your smile and hand—
How I miss you every day.

That I lost one year ago.
Across the vale that lies between
Love's thoughts will wing their way
And memory's golden chain unseen
Unites our souls today.

Inserted by His Wife
Jean Cudmore.

Island Private Is

'Soldier Of The Week'

ASCHAPFENBURG, GERMANY (12 Feb. 50). Pvt. Lawrence Kelly, the son of Mr. and Mrs. Patrick Kelly, Mount Stewart, Prince Edward Island, Canada, was selected as the "soldier of the week" by Colonel Rinaldo Von Brunt, commanding officer of the 18th Infantry, 1st Infantry Division for the week ending 11 Feb. 50.

Kelly, assigned to the heavy Mortar Company in the 18th Infantry Regiment, has been in the United States Army for 14 months, came to Europe in May '41, and joined the 18th Infantry in June 1940. He came in the army at Fort Dix, New Jersey and joined his present unit when they were stationed at Mannheim, Germany.

The "Soldier of the Week" contest in the regiment is held on a competitive basis between all the enlisted men in the unit. The purpose of the contest is to create a competitive desire to raise the individual soldier's pride, his unit pride, and to increase the standard of appearance of the individual in the regiment.

All of the enlisted men within the regiment are eligible and the soldiers are selected on personal appearance, qualities of obedience, and promptness in carrying out assigned duties.

The "Soldier of the Week" selection brings on the platoon level in each platoon of each company. The outstanding soldier in each platoon is selected by the platoon leader and platoon sergeant and by the process of elimination, through the company, battalion, and regiment headquarters, the final "soldier of the week" is selected by the Regimental Commander, Regimental Executive Officer, and members of their staff.

Pvt. Kelly, a fuse setter in his Mortar squad, was awarded a 72 hour pass for his achievement.

P.E.I. Home Economics Association Hears Miss Duggan

On Saturday, March 18th a special meeting of the Prince Edward Island Home Economics Association was held in the Board Room of the New Pavilion in the Charlottetown Hospital. Rev. Sister Frances Loyola, Secretary of the Association, introduced Miss Grace Duggan formerly of the University of Alberta. Miss Duggan, has been awarded the Canadian Home Economics Association Fellowship for research in work Home Economics Education.

Miss Duggan explained that she is at present attempting to evaluate Home Economics work in Canada. She suggested that Home Economics Education and work may be getting too far from its original purpose—that is of working with and for the family.

Points of interest which met with much lively discussion were University courses in Home Economics in relation to the work carried on after graduation; and the feasibility of establishing a one or two year course in Home Economics for Island girls who do not wish to or are unable to, attend, university.

Miss Duggan is doing very valuable work in carrying out this national study in Home Economics Education, and the Association wishes her every success in its completion.

A very enjoyable lunch was served by Sister Frances Loyola before the adjournment of the meeting. Summer side members of the Association attending the meeting were Miss Ruby MacNeil; and Mrs. Allison MacLean.

ONCE A DOMINION

Newfoundland was the oldest English colony and a former Dominion.

IN MEMORIAM

MRS. EDITH STEWART

The death occurred at Vancouver, B. C. on March 1st. of Mrs. Edith Stewart, (nee Edith MacDonald) of Kingsboro, P. E. I.

She is survived by a son Earl, Missionary in Philippine Islands, two brothers, Frank, Jasper, Alberta; and Barton, Kingsboro, P. E. I.; also a sister Amanda, Mrs. E. D. Fraser of North Lake, P. E. I.

Her husband and son Lemuel; also sister Myrtle (Mrs. J. H. McGregor) predeceased her several years ago.

Interment at Mountain View Cemetery beside her husband and son.

Card Of Thanks

We, the undersigned wish to sincerely thank the Maritime Electric Linesmen for their thoughtfulness shown to us when our son Hubert was injured in a car accident in Southport last Friday.

Mr. and Mrs. Roland Genge and Family, Southport.

CARD OF THANKS

The Hugh Family desires to convey their sincere thanks to all friends for their kindness during the illness of their mother, Mrs. William S. Hugh.

CLEAN CLOTHES WEAR LONGER

For Your Dry Cleaning Needs

Phone

RITE-WAY

2387

Pioneer Days In P. E. I.

By F. H. MacArthur

Let us try, if we can, to picture what went on in and around the homes of the earliest white settlers when this province was a crown colony. To do this, let us focus our attention on a single family which, for the sake of the story, I am going to name the Smiths.

Mrs. Smith rose at four and soon had the other members of the household at work. Peter, the eldest son, kindled the fire and fanned the flame with a small hand-bellows. This attended to, he and his father, together with the rest of the grown boys, went to the barn to carry out the chores.

Samuel, whose age was ten, had to be shaken awake, for like all boys of his age, he was a great sleeper. Lazily he crept from under the blankets and raced off to the pasture to bring home the milk cows.

Mabel and Hannah helped their mother prepare breakfast; Susan's duty was to make the beds and tidy up the rooms; Annie washed and dressed the younger children; mother, who always supervised everything about the house, now took time out to scald her churn.

By 5 a.m., young Peter was back with the cows and the two eldest girls put on their great sun-bonnets and with pails in hand, started for the cow-shed. The youngsters were sent to fill the large wood-box by the chimney corner with fuel for that day's use. All the children went about their various tasks barefooted and only in winter did pioneer children wear shoes.

When the milkmaids returned, they poured the white fluid into shallow pans and it was carried to the cellar to cool. Then the whole family gathered outside the kitchen-door where the morning clean-up act got underway. Now we see them seated in respectful silence around the table while father opens the Book of God and reads a chapter from its Holy pages. That reading, followed by a prayer and grace, ended the solemn moment and all were ready for the simple yet wholesome meal.

Mother poured, Hannah filled the pewter bowls with jam as the family owned. To overcome the shortage, the smaller children ate in pairs from the one bowl.

Annie now brought the ham while mother cut the johnnycake in generous pieces, all of which was placed on wooden plates. Another morning they might have—

MANGEL and TURNIP SEED

WILL NOT BE PLENTIFUL THIS SPRING

At present we can supply Laurentian, Ditmar and Wilhelmsburger turnip in registered one lb. pkgs. at \$1.25 each prepaid. Frontenac Mangel at 75c; White Prince at 80c (both prepaid). Write for our Complete Catalogue of Garden Seeds.

ARTHUR VESEY, York, P. E. Island

Corony Dix Says

Continued from page 2

does not always shine for anybody. Misfortunes come to all. Sickness comes to all. Age comes to all. To all comes the day when they can no longer earn money and when, unless they have saved up enough to tide them over the evil hour, they must come to want and know the humiliation of dependence.

THEY ROB OTHERS

It is dishonest for men and women who could lay up enough money to support themselves not to do so, because they rob other persons by just that much. They eat their cake and then force the rest of us to divide our bread and butter with them because we can not let them starve. The prodigals who spend their substance in riotous living always come back in the end to graft their living off the thrifty and industrious, which is a pretty mean, low, hold-us game to play on your family and friends.

It seems to me that the rewards of thrift are so great and the penalties of extravagance are so terrible that no sane person could fall to see how important it is for a young couple to save every cent they possibly can.

The only free men are men with money in the bank. All others are slaves.

DEAR MISS DIX: I am a girl of 22, very much in love with a man nine years my senior, and we are thinking of marrying. Last night he asked me this question: "If we were married and I gave you love and happiness, a good home and a comfortable living, would you do to keep my love?" I replied: "I would be a good, faithful and loving wife, isn't that enough?" He did not answer, but told me to go to you for advice. Will you please tell me if there is anything more I could do to keep his love.

R. B. ANSWER: I presume that what your fiance wants me to tell you is that just being a good, faithful and loving wife isn't enough to keep a man in love with you. These are basic virtues, but they are not the charms with which women confound men. There are thousands of model wives who lose their husbands because they have lost their figures, or lost their pep, or because they have just ceased to be interesting companions.

Of course, this is very sad. It is very unfair and unjust, but it is very true that in these days the woman who keeps a man in love with her has to carry a double line of attractions. She has to be domestic and a good manager, a good wife and mother, and at the same time she has to keep herself easy on the eyes, an entertaining companion and a play girl. She has to perform on the gas range with one hand and on the piano with the other, so to speak.

I think it is these few facts that your fiance wished me to call your attention to, and I think he shows he is a just man in giving you a fair warning that he expects you to continue being a Lady Love as well as a wife.

DEAR MISS DIX: I am a young man 21 years old. My parents are very strict with me and treat me as if I were a little kid. They will not allow me to go out with girls. They say I am too young yet. Don't you think they are doing me more harm than good by being so strict?

GILBERT ANSWER: I think the parents who keep a boy of 21 in leading strings are ruining him. They are making of him a sissy, and if he doesn't get away from them he will never learn to stand on his own feet. Possessive parents are the greatest curse any child can have. My advice to you is to get out on your own and try to make a man of yourself.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

"I'm just on my way to the bank"

He is just one of the hundreds who during the day will drop into the branch bank around the corner.

Savings depositors with their pay cheques... retail merchants with the day's cash... people consulting the manager about loans, others cashing cheques... it is all part of the daily work of the branch bank.

In ten years the number of accounts maintained by bank depositors has grown from 5,000,000 to 8,000,000.

This shows how Canadians have come to count on their local banks for a great variety of services. The banks keep pace with the growing needs of the nation.

SPONSORED BY YOUR BANK

Save Money on Meals!



5¢
Buy FOUR
Delicious
AUNT JEMIMA
Pancakes!

Try This Grand LUNCH or SUPPER TREAT!

PAKAGES OR BULKY QUANTITIES
Regular Size or 3 1/2 lb. ECONOMY Size

Covered for You

YOU ... and YOU ... and YOU

Will want "Evelon"† :: Canada's most coveted stocking :: 60 gauge, 15 denier :: The sheepest and longest wearing stocking you've ever seen. Designed with the ever graceful pointed heel and low shell foot reinforcement. Only \$2.50



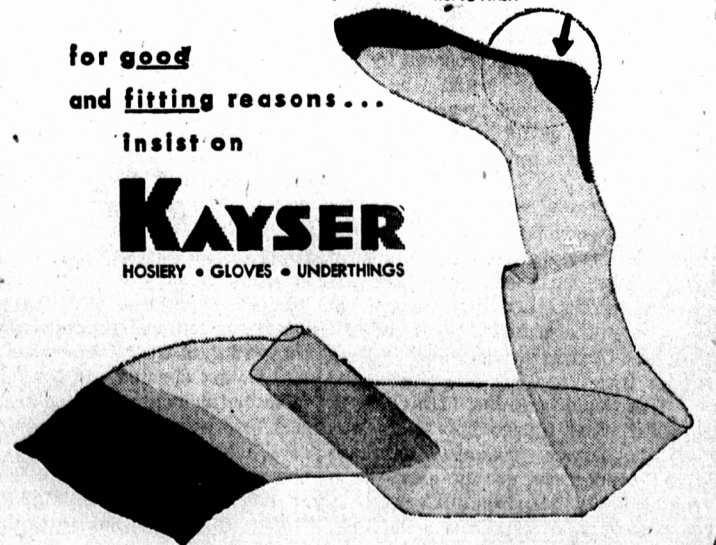
Only KAYSER makes this "Fit-All-Heel" :: guaranteed not to twist!

for good and fitting reasons...

Insist on

KAYSER

HOSIERY • GLOVES • UNDERTHINGS



© Patent Pending