

Little Sands Couple Observe 25th Wedding Anniversary

Mr. and Mrs. Alexander Blue Ice cream, while Mrs. Little Sands quietly celebrated their 25th wedding anniversary at their home recently.

They were visited in the early chapter. The cake was cut by the guests and the assistance was given by a groomer, a roan d husband Mr. and (bride and groom of 25 years).

They were decorated with flowers and high light of the evening. During the early evening, Mr. many cards of congratulations and Mrs. Blue were nicely sur- and good wishes and telephone messages and gifts.

With "Happy Anniversary Greet- ings," a few neighbours gathered surprise to Mr. and Mrs. Blue. The guests were very much enjoyed. The couple thanked their friends and two of the guests, Mrs. Geo. Weiler.

Mrs. Blue was formerly Lilly sent Mr. and Mrs. Blue with a Creed of Albion and taught beautiful anniversary cake, all school in Little Sands, in Mr. George M. Blue, brought a have one daughter Lila, 14 years reezer of delicious home made.

8 The Guardian, Charlottetown, Thurs. March 7, 1963.

HAPPENINGS

Mr. and Mrs. Oliver Cole, Bay View, entertained at a dinner party recently at the home of the latter's brother, Mr. Gordon Graham and his bride, the former Mary Proud.

Cherries in yellow and white decorated the living room, with the same colours in the dining room, where a beautiful appointment table with lace cloth and silver candelabra was laid. A turkey dinner was served by the hostess, with Dana Ling and Audrey and Heather Cole assisting in serving.

The remainder of the evening was spent in social chat and a lively sing-song with Mrs. Florence Graham at the piano.

Mr. George Proud, on behalf of the guests extended best wishes to "Gordon and Mary," and thanked the host and hostess for a pleasant evening.

A card party in aid of St. Thomas Aquinas Society was held at the home of Mr. and Mrs. Everett Gallant, Oyster Bay, on March 6.

Eleven tables were in play. Lady's high went to Mrs. Angus H. Gallant and men's high to Emile Gallant.

The frezout was won by Mrs. Beat and herself. The annual prize was won by Ronnie Gallant.

Mr. and Mrs. Douglas Oze entertained at their home in Borden recently the occasion being the Golden Wedding Anniversary of Mr. and Mrs. William Oze, and Mrs. Oze had a family of five children. They were present for the celebration on Monday, March 4, 1963.

Other members of the family are Ralph of Summersville, H. Gallant and Mrs. Douglas Oze, Laura, Mrs. Roy Carter, Monica, N.B. and Douglas and Francis in Borden.

Also celebrating their 54th Wedding Anniversary were Mr. and Mrs. Russell Bell, Borden. They were entertained on Sunday by their daughter, a son-in-law Mr. and Mrs. Gordon Ross, Charlottetown.

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the services was conducted by Donald Nicholson, while Mr. Cooper read the scripture and John MacKinnon led in prayer. Interesting and inspirational address was given by Rev. Gordon Graham, President, Harold MacLeod. Mrs. Flora Leonard was organist, and the choir, which was comprised wholly of young adults, rendered two selections. Both services were well attended.

The Junior Ladies Aid of the Prince Edward Island Hospital will hold their annual fashion show at the Charlottetown Hotel on April 1, 2 and 3. Tickets may be obtained from Mrs. Russell Ewing.

Mrs. John P. McGovern has returned to her home in Jersey City, N.J., having visited relatives and friends in Prince Edward Island for the past week.

Mr. and Mrs. Charles MacNeil, of Peterborough, Ontario, guests on Tuesday of Mr. MacNeil's brother, Emery and Mrs. MacNeil, of Montreal.

Mr. and Mrs. Ellisworth Ross, of Borden Road, were host and hostess on Monday evening to the Farm Forum group of Union Road. The radio topic was: The Rural Church.

Christine MacRae, Heatherdale, is a patient in the Kings County Memorial Hospital.

Mrs. Robert Macdon, Montreal, and Mrs. Harry Bonnell, Charlottetown, left by train on Monday for a holiday trip to Vancouver.

Mrs. Carrie Drake, Cornwall, was a weekend visitor to Montague, where she was the guest of her sister, Donna MacLaren and Mrs. MacLaren.

Mrs. James Herring, Murray Harbour, is a patient in the Kings County Memorial Hospital.

Vicky Dehnam, teacher at Hampton school and Diana Dehnam, student at PWC, were the guests of Mrs. Dehnam's parents, Mr. and Mrs. John Denham, Kilmuir.

Mr. and Mrs. Ruben Watts and daughter Leslie, York, were weekend visitors of relatives on Whim Road.

A.A. Fraser, Montague, left this week for Halifax where he will attend a three week training course conducted by Imperial Oil.

Sen. Balderson, Montague, returned from a business trip to Halifax.

Senator Elsie Inman, G.S.A., was the guest of her son, Dr. A. Inman and Mrs. Inman, Montague.

Mr. and Mrs. J. J. Stewart of Montague were the guests of Mr. and Mrs. Henry MacLaren, of Charlottetown.

A baby shower was held at the home of Mrs. John B. Link, Borden, on Wednesday evening. The guest of honour was Mrs. Bart Link.

Dr. Lloyd Shaw, Charlottetown, was re-elected to the Prince Edward Island Hospital for further treatment.

Joyce Carver, nurse in training at the Prince Edward Island Hospital, spent the week end with her parents, Mr. and Mrs. Fred Carver, Union Road.

David Clarkson, Montague and his sons, Chuck and Stephen, left by car for St. John's, N.B., to attend the funeral of Mr. Clarkson's uncle, Mr. John Clarkson. The funeral will be held on Thursday.

DENMARK LIES LOW. The Danes are in the flat land that the Danes named a 482-foot hill Himmelberg - Sky Mountain.

WOMEN'S ORGANIZATIONS

Girls of CGIT Render Selections At Meeting

The roll call answered by 13 members and two visitors. The meeting was presided over by Mrs. Jean Howatt and it was reported that the Mission Study Group of "Asia" had been purchased.

Mrs. Charles Dundas invited the members to her home for the March meeting with Roma MacLeod in charge of the worship service and Mrs. Bryn Jones, Mrs. C. Dundas and Mrs. Hay MacQuarrie on lunch committee.

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A banquet will be held in the Harrington Hall on March 16. The committee for the meeting of the Harrington WMS. Mrs. Hilson Hughes, Mrs. Harold Morrow and Mrs. Bryn Jones, Mrs. C. Dundas and Mrs. Hay MacQuarrie on lunch committee.

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SKKI TOLL CLIMBING. OTTAWA (CP)—The National Safety League of Canada estimates that 3,000 skiers will have been injured when the current skiing season ends across the country. About 2,500 were injured last year.

STOCKHOLM SCARCE. BLACKMOR (AP)—Black market liquor prices soared to \$20 a bottle Wednesday as a foreman's strike paralyzing the state liquor monopoly entered its second week. Bootleggers are making the most popular Braevinn schappas at 200 cents of a gallon. It costs \$5 a gallon to produce.

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WIDE SLEEVES FOR ITALY

Italian Fashions this season give new width to sleeves of the poncho. This poncho top by Veneziani of Milan, is knitted cross wise with sleeves and back-dipping waist.

line bound with light ribbing. Knitted slacks, high waisted in torero fashion, complete burnt orange ensemble of Or-lon acrylic fibre.

ELLEN'S DIARY

Spring Brings Delight Of Pipers' Solemn Tunes

The various seasons return familiar scenes to us here on this island farm, the fields of which dip from level upland down to the stream. In spring, we have the delight of the pipers' solemn tunes. In summer, the fireflies light their "lamps of fire" for us and fit among the branches of the alders. Autumn gives us nights that set a lively music of coolness above it. And seeing this we sigh, and once more accept the fact that the time of the year's blossoming is a short season.

Winter? What does this season of frost sometimes give us, set down here by the old mill race? It was a small affair scene we saw this evening, one peculiar to the just such a sight white night as is this one.

Again, excursions, this time with the farmer from the house across the lane, we walked down the tractor made trail along the front meadow to get to the maple carter, which these times waits to take those of the family on outings, there at lane's end. The new moon lent a gentle light to our steps. A deep silence reigned on field and woodland, and on all around them, in a nice benediction of day. Echoes from the Highway's traffic accentuated the quiet, as did the sound of the machines, which as we approached, lifted to the hill ahead. We knew it was Granddaughter, on the farmer's offer.

A car stopped. And young voices and happy, came up to us on the slope above. A door closed, and a light, blurted somewhat by the surroundings, lifted to the hill ahead. We knew it was Granddaughter, on the farmer's offer.

MARY HAWORTH

Adelle Davis Book May Offer Pointers To Wife

Dear Mary Haworth: I don't know if this problem is to your department but it is quite worrisome to me.

I have a prematurely aging skin; my flesh is very soft and flabby, has no firmness about it. I am 44 but my flesh looks like of 20 years older. This really troubles me. I love my husband and children very much, and I do not want to be as unattractive as possible for their sake. Is there a dietary lack, do you think? Is surgery possible, to tighten the muscles under the neck skin around the face and neck? If so, whom should I consult in the matter? Thank you very much for any help you can give me. Sincerely, K. F.

Dear K. F.: It is possible that Adelle Davis' book "Let Eat Right To Keep Fit" (Harcourt, Brace) might provide the nutritional guidance you need to reverse your condition. To your prematurely aging flesh, I have a few suggestions.

But my advice is: read the book for yourself and discuss it afterwards with your family doctor. While reading, use a pencil to underline paragraphs you will want to bring to your doctor's attention. You may be largely made of protein; your skin, muscles, internal organs, nails, hair, brain, even the base

of your bones. Only when protein of excellent quality is efficiently supplied can each cell function normally and "keep itself in constant repair."

She continues: "Since hair is made of protein, this nutrient is essential to maintain their health." She cites certain scientific studies, like limp hair, which lack elasticity and resiliency, often as evidence for the "lack of protein or under-protein."

When proteins are under-supplied, the cells of the body, the walls and ligaments become loose flabby, much food is rejected, and the body is "poorly nourished" (poorly) resists. And so on.

Mrs. Davis is an enthusiastic advocate of a high protein breakfast (sample: lean ground beef, cottage cheese, skim milk). She cites certain scientific studies, like limp hair, which lack elasticity and resiliency, often as evidence for the "lack of protein or under-protein."

GET FREE picture of Frank Mahovich when you buy 2 cans of Libby's Beans Corn or Tomato Juice

SEE OUR LUCKY DOLLAR AD FOR MORE SPECIALS

THRIFT DETERGENT 49c

ZAKEMS FAMOUS FOR STEAKS

BRANDED - INSPECTED Round, T-bone, Wing

STEAKS lb. 69c

STEAK lb. 79c

FRESH - GOOD WITH STEAK

MUSHROOMS lb. 37c

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BEST IRISH COMEDY IN MANY, MANY YEARS

The Benevolent Irish Society takes pride this year in presenting its greatest St. Patrick's Day event, the "Duffy Flynn" will be presented at Birchwood High School auditorium Saturday March 16 and Monday March 18. A matinee performance Friday evening, March 15, 8:30.

Outstanding roles are played by Patry Lapsin, left and Ellen Beagan, right, two members of the "Duffy Flynn" Troupe. They are already moving quickly. Get your seats and don't be disappointed. They are on sale now at Giggie's Pharmacy, Redlin Bros., Cantwell's Pharmacy, Hughes Drug, Parkdale Pharmacy, Stodd's Pharmacy and Medical Pharmacy.

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