

That Body Of Yours

By James W. Barton, M.D.

THE COMMON COLD — ITS COMPLICATIONS

In describing the dangers of the common cold we have used the illustration of water entering the vestibule or first part of the house then, if not stopped, entering the various rooms of the house. Thus a cold entering the vestibule will spread along the hall and enter the various rooms, the vestibule being the mouth, then the throat (larynx), the trachea (windpipe) and the bronchial tubes. We can thus readily see how a cold traveling from mouth to larynx to trachea and to bronchial tubes is called laryngotracheobronchitis. From the bronchial tubes it may travel to the lungs and be known as pneumonia or bronchopneumonia.

In Medical Clinics of North Am. Continued on page 9

Better English

By D. C. Williams

1. What is wrong with this sentence? "The term of the agreement exceeds more than a month."
2. What is the correct pronunciation of "herbage"?
3. Which one of these words is misspelled? Saskatchewan, Manitoba, Vancouver, Winnipeg.
4. What does the word "acrimony" mean?
5. What is a word beginning with "la" that means "shedding tears"?

ANSWERS

1. The words "more than" are not needed; they are redundant.
2. Pronounce her-berj, o as in on, not as in host.
3. Winnipeg.
4. Biting sharpness, as of temper or language. His speech is full of acrimony.
5. Lachrymose.

ELLEN'S DIARY

By An Island Farmer's Wife

Chicks were added to the potential assets of this place "in the road" this morning, and continuing that legend a new family arrived in the piggery—a round dozen, and of these there was one whose almost immediate passing Rob dismissed with a shrug.

It came to mind at the time that James would have dwelt on the happening at more length. As it was, we being rather well schooled on such matters, commented—or was it his echo we heard? "There goes the profit!" Rob smiled, and returning the little limp body to the warming-carton on the oven-door said, "What can a fellow do about it? That is evidently one that 'came to die'."

To help provide substance for the keep of flock and herd, though it some times comes to them in a roundabout way, James came to sow grain along a slope—there in the lee of a woodland, now beautiful in its delicate shades, in a field warmed by the sun of morning. For to-day's wind was cool, edged with the chill of northern places.

Yet the sun spread its welcome warmth and charm of season up and down the farmlands, blessing the farmer at his sowing and the members of a neighboring family who worked as one, planting potatoes on the red of their field, all together making quick work of the chore.

And we watching a long moment, these parents and children, knew as none of these could perhaps realize that here and now, if ever, they were living their richest days—each necessary to the happiness of the other, parent and child, all inter-dependant. And yet as often the way with humans, unaware of the goodness of the present, looking to the future to grant them even better days. How could there be better than these enjoyed

Continued on page 9

Leaves For Halifax



Miss Florence Elizabeth McCabe, R.N., daughter of Mr. and Mrs. Fred McCabe, City, who was on the staff of the Falconwood Hospital, has left for Halifax where she has accepted a position on the staff of the Halifax Infirmary.

The Stars Say --

By Genevieve Kemble

For Tomorrow

IF you find yourself faced with an unusual problem this day, do not hesitate to call upon a good friend or an expert to help you solve it. Despite best efforts, all of us need help and advice at some time, and attempts to evade irritating conditions or yield to emotional outbursts in the face of obstacles only hinder progress. The right word at the right time from someone you trust may save hours of frustrating inability to achieve. Generally speaking, you should be progressing quite satisfactorily now. Don't suffer setbacks because of stubborn pride.

Domestic matters should prosper during this period, and the sidereal influences also favor courtship and romance.

For the Birthday

If tomorrow is your birthday, the months ahead should find the celestial spotlight focused on your professional endeavors, for it is in this field that you will experience your most interesting and stimulating challenges. You can meet them, too, for with your imagination and creative ability, no task should be too difficult now. Your horoscope indicates not only a propitious period for your own endeavors but the favor of superiors who may, suddenly and unexpectedly, realize talents hitherto ignored. You may experience some financial stress during mid-summer, but by early Fall you should have conquered the hurdles with less effort than you had anticipated. Finances should then prosper not only for the remainder of the year but well into 1954. If you are single, there is a strong possibility of a new romance during November. A child born on this day will be talented, ambitious and mercurial in temperament.

Morning Smile

Not A Habit

Worried passenger: "Do ships like this sink very often?"
Captain: "No ma'am, never more than once."

Dead-Eye

A New York sidewalk astronomer mounted his telescope on its tripod and swung it around just as a shooting star fell.
A native of the backwoods, who had been intently watching him, suddenly exclaimed, "By golly, that feller sure is a good shot!"

DOROTHY DIX'S COLUMN

Husband Loves His Ex

Three Persons And Child Concerned In Lamentable Domestic Tangle

DEAR MISS DIX: The man I married was divorced and had one child. We have had no children. I knew when we were married that he was still in love with Mona, his first wife, but she had remarried and I was very much in love with him. I have been a good wife, and still love him dearly, but I live in constant fear of losing him to Mona. I know they have been seeing each other, and I want to know what I should do if he should ask for a divorce. Mona is free now, and I am sure he would remarry her if she would have him. I don't know how I could live without him. Our religion forbids divorce, hence we are both estranged from our church.

W. W.

ANSWER: Your course is so clear that I'm sure you have no doubt about the right path. You know what you should do but there's no gainsaying that to do it will be hard. Four people are concerned in this domestic tangle—you and your husband, Mona, and the child. At present, you are all unhappy. Divorcing your husband and paving the way for his remarriage might result in happiness for all but you. That is a bitter pill, but you will at least be free to find another man. At present you are convinced that there never can be anyone else, but broken hearts do mend, and while you will probably never love anyone else as much as you love your husband, you can certainly love again. If you persist in trying to hold the marriage together you will certainly not be happy. You know your husband doesn't love you, and your brooding will further complicate matters.

DEAR MISS DIX: I have been going with a boy a little older than I am. Now, he is becoming interested in a girl much taller and older than he is. I am his size, as he is a little below average height. He still dates me, but I am disturbed because he dates her, too. Do you think her height is the attraction?

MOLLY

ANSWER: It's rather unusual for a boy to go with a taller girl. Height is one point on which most young men are sensitive. I doubt if that is his affection won't wander too far.

DEAR MISS DIX: My 13th birthday will be along soon, and mother has given me permission to have a party. However, she says I may have only seven persons, including myself. For the odd person I have a choice of a girl who is very lively, or a younger girl who is very quiet.

LINDA D.

ANSWER: Seven is a difficult group; can't you possibly persuade your Mom to allow one more, so that everyone can pair off for games, dancing, refreshments, etc? Then you can have both girls and no one's feelings will be hurt.

DEAR MISS DIX: My sister, who is 17 and two years older than I am, has a mean habit of trying to take my boy friends. As soon as a boy calls on me, she decides she likes him. Of course, since she is older and more sophisticated, she usually succeeds.

B. H.

ANSWER: It's an unwritten law among fair-minded people that sisters, as well as best girl friends, keep hands off each other's boy friends. Perhaps Mom or Dad can appeal to sister's better nature in an effort to keep her attention on other boys.

DEAR MISS DIX: I am 30, and recently married a young man five years younger. Since he is in the Navy, I don't see much of him. Hence I have a great deal of time on my hands. There's an attractive man in my office, and I find myself being romantically drawn to him. What should I do?

CONFUSED

ANSWER: First of all, grow up! Thirty is slightly past the ideal age for adolescent romancing. You married in good faith, probably because you figured you wouldn't have many more chances, and it behooves you to settle down. The Navy doesn't keep its men forever. When your man gets out and discovers what sort of girl he married, he'll probably be glad to head out to sea again.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Modern Etiquette

By Roberta Lee

Q. If a girl becomes engaged, and she has no family, would it be all right for her fiance's family to announce the engagement?

A. No. The bride-elect always has this privilege, and if she has not the means of giving an announcement party, then she can always extend her "good news" through the local newspaper.

Q. When giving an informal dinner, how should the hostess let her guests know the seating arrangement she wishes?

A. The hostess should stand at her place, and tell each guest just where he or she should be seated.

Q. Is it necessary to make the "thank you" letter a lengthy one?

A. Not at all. It may be brief, just so it is written promptly and is sincere in its tone.

The first Queen Elizabeth reigned from 1558 to her death in 1603 at 69.

Cook's Corner

CRISP BAKED CHICKEN

3 lbs. frying chicken, 2 tablespoons salad oil, 2 teaspoons salt, ¼ teaspoon pepper, 3 cups corn flakes cereal.

Clean cut chicken and cut into serving pieces. Rub with 1 tablespoon salad oil, salt and pepper. Crush corn flakes into fine crumbs. Roll chicken in crumbs until well coated. Put chicken in greased shallow baking pan and sprinkle with remaining oil. Bake at 500 deg. F. 10 to 15 minutes or until browned, then reduce heat to 325 deg. and bake 30 minutes longer, or until tender. Makes 4 to 6 servings.

CHICKEN HOLLANDAISE

One and one-half tablespoons butter, 1 teaspoon finely chopped onion, 2 tablespoons cornstarch, 1 cup chicken stock, 1 teaspoon lemon juice, ½ cup finely chopped celery, ¼ teaspoon salt, shake of paprika, 1 cup cold cooked chicken, cut in small cubes (well-packed), yolk of 1 egg.

Cook gently the butter and onion 5 minutes, then stir in cornstarch and then the stock gradually. Add

A Country Garden

By Mrs. Gordon MacMillan

Flowers in the Royal Parks supplied the flowering plants for the decoration of the coronation route and the glasshouses were filled with bedding plants. In a garden magazine received this week from England, an editorial tells us of the difficulty the gardeners experienced because of the weather.

This season has been a particularly taxing one because of the prolonged cold weather from September to April, allied with exceptionally severe fogs much of the time. At one stage it seemed likely that many of the plants being grown would be too late for Coronation week and steps were taken to hurry them along. Then came bright sun and warmer days and everything grew so fast that many plants had to be retarded. Anyone who has tried to time an exhibit for a flower show will have some idea of the task... getting all the miscellaneous material required ready on the right day.

Throughout the country parks, the superintendents have been making a very special effort to provide superlatively good bedding displays this year, but an extra responsibility has fallen on the Central Royal Parks. These are the parks that will be under the scrutiny of visitors to the country, and they will also be supplying the most of the decoration plants.

There is an illustration in the English magazine of Rhododendrons being prepared for Coronation display, they are growing in the nursery garden in Hyde Park and they have been shaded to retard their development.

Many photographs of Her Majesty the Queen and her family have been taken in the gardens of the different Royal Residences, and we have reason to believe that

Continued on page 9

How Can I!!!

By Anne Ashley

Q. How can I prevent the shells from sticking to freshly-cooked hard-boiled eggs?

A. This can be done if as soon as the eggs are done, they are dropped into cold water to cool, and then stored in the refrigerator. When ready to serve, the shells will come off easily.

Q. How can I prevent body perspiration odor?

A. Wash the body with a basin of warm water, to which add two tablespoons of compound spirits of ammonia. This leaves the skin sweet, clean and fresh.

Q. How can I make a good hot-weather bath powder?

A. By mixing equal parts of cornstarch and talcum.

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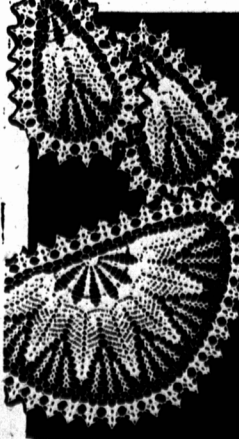
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