

WOMEN

1 hrs., March 29, 1956 The Guardian, Page 9

ELLEN'S DIARY

Joy Of The Eastertide

Now Lent ends in the paths and joy of the Eastertide. What does Easter mean? Does its significance appeal to us in a parable of a tiny shriveled seed? In drab fields that rise new-clad beneath spring's tender smile? In a tale that is told of a Cross and a garden and a rolled-away stone and a grave-clothes discarded? And from death, life?

An old scene returns to us now that the season dawns again. A coffin is being lowered into the consecrated ground of God's Acre in the shadow of the "Old Kirk" at the corner. Down slowly moves the remains of one to whom life had been sweet, to a last resting place in the red of Island soil. So final the service of committal. Tears well, lumps rise in throats, nevertheless it is "dust to dust" and there is the hollow thud of the handful of initial covering-clay falling.



How solemn the hour, and hushed the occasion. Even the world for earthly gain to pay heed to the visitation of the dark ferryman who is Death. Indeed at such times we fancy the season itself stays its flight a long moment to mark the event—the autumn still and beautiful along the countryside, fall with its bare branches and sunless chill; winter all in quiet white, spring new and clean and caressing. Or summer so lovely.

It was summer we remember now—one out of the young years at Alderlea, that smart, busy, hopeful time when living was a delightful thing and dying so very far away from the mind. Someday it would come to us, sometime, but not yet, never now.

We stood there while the final words of the service were being said, not actually hearing them, but dwelling on the fact that another family circle had been broken, another home left with a reminding vacant chair. Dead, dead, the finality of it came to mind—the end of it all.

And then in a tall maple close by, high in the fresh leafy branches, stirred by the sunny wind of day, a robin began to let his notes ripple serenely into the hush of the moment. They were as muted as a Sabbath-afternoon trill, but nonetheless bright and inspiring. There was nothing of death in that run but only of life, life here, hope continuing life in come.

That is what we think the meaning of Easter—that to us is its message. Death there is, but past every dark Golgotha and quiet Gethsemane, and we recall because of this, beyond the suffering and sadness and parting, there is, as is written, that "life everlasting" to come.

Until Saturday — — — Diary — Good-night.

HAPPENINGS

Continued from page 8

BRIDAL

The marriage of Miss Jennie Pauline MacIntyre, only daughter of Mr. and Mrs. Percy MacIntyre, Milton, P.E.I., and Mr. Stirling Richard MacLeod, son of Mr. and Mrs. George MacLeod, Long Creek, P.E.I., was recently solemnized in the study at Trinity United Church, Charlottetown. Rev. G. Howard Christie officiated.

The bride looked lovely in a street-length dress of pale blue crystal taffeta with a corsage of red roses. Her only jewelry was a rhinestone necklace and earrings, the gift of the groom.

Miss Roma Sherran, maid of honor, wore a dress of pink crystal taffeta with corsage of yellow roses.

Mr. John MacIntyre, brother of the bride, was groomsmen.

A reception followed the ceremony at the home of the bride's parents for immediate relatives. The dining room was decorated with pink and white streamers and large white bells. The bride's table was centered with a wedding cake decorated in white and silver and topped by a miniature bride and groom. Misses Shirley Dunning, Nan MacKinnon and Ruth Corbett served the guests.

For motoring through the Maritimes, the bride donned a blue dress topped by a fitted coat of charcoal blue and white accessories.

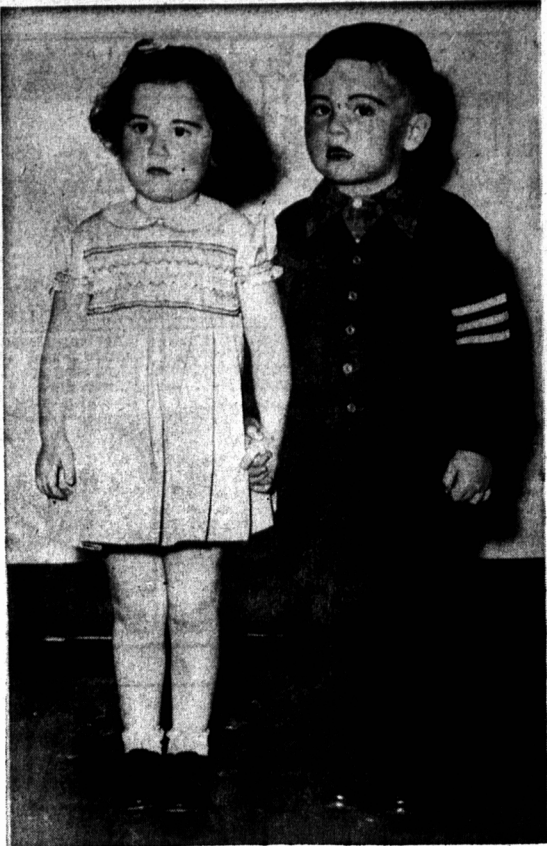
The couple are residing in Charlottetown where the bride is on the office staff of R.T. Holman Ltd., and the groom is on the staff of the Prince Edward Island Hospital.

SHOWERS

Mrs. Walter MacLeod entertained at her home on Euston Street for the bride prior to her marriage. Miss Shirley Dunning, Miss Nan MacKinnon and Mrs. James Coles entertained Miss MacIntyre at a shower at the home of Mrs. Herbert Jewell, Pownall Street.

A supper party and kitchen show were given by the staff of R.T. Holman Ltd., in the Blue Room of Milton's Old Spain. Mrs. Irvine Corbett and Mrs. Neil MacNeill arranged a shower for the bride-elect when residents of Milton and surrounding districts honored her in Winslow Station Hall. Dancing followed with music by Mr. Percy Groom and Mr. Lloyd Yee. Many lovely gifts were received and refreshments were served.

The groom was honored by his fellow workers at the P. E. I. Hospital.



TOGS FOR THE YOUNGER SET

Miss Jocelyn Peake, left, and Master Christopher Nicholson, are right in step with their pretty but practical togs for spring wear. Jocelyn models a pretty green smocked cotton dress and Christopher in his blue cardigan over a plain shirt looks very "grown up" in long navy trousers. Guardian Photo.

KEEP IN TRIM

Keep Your Figure Young

By Ida Jean Kain

The secret of keeping a young figure is to use the bracing front muscles and the big hip muscles as a girdle. The two-way control afforded by this muscular girdle is beautifully streamlining.

The well-known instructions to pull hips down and under and front muscles up-and-in are meant to get the figure in perfect balance. However, it's easy to get off center with that down-and-under pull. A better rule to go by is to contract the hip muscles strongly as you pull up snugly with the front muscles. The midriff muscles themselves must do the lifting. They are capable of two actions—and in-pull and an up-pull. But the up-pull comes first.

In the right line-up, the whole body is free, with shoulders relaxed and arms easy. Being balanced gives a feeling of buoyancy and slowness. Try it.

Put two straight-backed chairs fairly close together, back to back.

ruary meeting and called the roll. The Mission Band Leader displayed a standard of recognition certificate which the band had merited for 1955. The treasurer reported \$50.60 to date. Correspondence consisted of a letter of thanks from Mrs. Murray for sympathy extended, one from our Provincial President stressing the need for more workers, and one from Miss Olive Shaw, our special Missionary for prayer.

Mrs. Richard Drake was asked to write Miss Shaw during the month. Several members put money in the birthday box. One completed quilt was on display and two more covers were distributed for quilting. Mrs. Walter Boyle will entertain the members for their April meeting when Mrs. O. Newson will conduct the study period, and Mrs. Waldon Lowther will lead the Devotions. Word for roll call will be "offering." Mrs. Everett Boyle, Mrs. Earl Lowther and Mrs. Richard Drake will assist with lunch.

Closing exercises consisted of a reading on Reverence by Mrs. Paterson and the benediction after which lunch was served and a social hour spent.

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three to six times. Now to put tone in the big hip muscles. Position: Lie face downward on floor, with head resting on folded arms. Movement: Raise right hip and leg as high as possible, keeping knee straight. Hold. Slowly lower. Repeat with left leg. Continue slowly for 10 counts . . . later more. Put gimp in the girdle muscles with this toner. Position: Sitting, with small of back against wall, legs outstretched with knees touching, arms down at sides. Movement: Pull up-and-in with the middle muscles, raise arms to shoulder level so that palms are over knees. Then, keeping knee straight, raise right leg to touch right hand. Return and raise left leg to left hand. Repeat 10 times, alternating legs. Remember to keep shoulders relaxed and to maintain that up-and-in pull of the middle muscles throughout the exercise. Relax.

HISTORIC TRIBE
The Abnaki Indians, part of the Algonquins originally occupied the Atlantic coast from New England to the St. Lawrence.

LET'S EAT

Top Off Easter Dinner With Orange-Date Cake

By Ida Bailey Allen

TOP OFF EASTER DINNER WITH ORANGE-DATE CAKE
If Easter breakfast is a company "brunch" after early church, you might lay the table with jade green crash mats. For the centerpiece, place fresh scrubbed carrots, parsley and radishes in a wooden bowl.

PALE GRAY CLOTH
At dinner for guests, the table might be covered with a cloth of pale gray; the centerpiece, an aluminum or pewter platter bearing figurines and flowers.

EASTER SUNDAY DINNER
Stuffed Egg Saladettes
Roast Chicken Herb Stuffing
Pan-Roast Potatoes
Asparagus-on-Toast
Orange-Date Cake

Coffee Tea Milk
Orange-Date Cake—The Cake: Sift together 3 c. already-sifted enriched flour, 3 tsp. baking powder and ½ tsp. salt.

Stir ¾ c. butter or other shortening until creamy. Gradually blend in 1½ c. sugar and beat until light and fluffy. Add 3 unbeaten eggs, one at a time. Beat thoroughly after each addition. Stir in 1 tsp. pure vanilla extract.

Then prepare 1 c. liquefied non-fat dry milk according to directions on the package. Add the dry ingredients alternately with the milk to the first mixture. Pour into 2 well-oiled 9 inch layer cake pans.

Bake 25-30 min. in a moderate oven, 350 degrees F., or until the cake is lightly browned and springs back when lightly touched with the finger. Cool on a cake rack.

To Put Together: Spread 1 cake layer with orange-date filling (see below), to within ¼ inch of the edge.

Peel and thin-slice 1 banana. Arrange the slices over the filling. Fit on the second cake layer. Spread the top and sides of the cake with orange frosting. Garnish with a thick-sliced peeled banana around the outer edge. Filling and Frosting: Stir ½ c. butter until creamy with 1 tsp. grated orange rind. Blend in ½ c. instant non-fat dry milk and 4 c. sifted confectioner's sugar, alternately with c. orange juice; use as a frosting. Remove 1-3 of this mixture to another bowl and add ½ c. fine-chopped pitted dates. Use this as a filling. TOMORROW'S DINNER Spinach Mold Salad Chiffonade Oven-Friend Fish Ketchup Sauce Flaky Potatoes Succotash Lemon Custard Pie

Coffee Tea Milk
Lemon Custard Pie: Line a pie plate with American pie pastry rolled to a scant ¼ inch thickness. Dust the bottom with 1 tsp. fine, dry bread crumbs and press them in. Bake 5 min. at 400 degrees F.

Meanwhile, scald together 1 pt. milk and the grated rind of 1 lemon. Blend 1½ tsp. cornstarch with 1 tsp. extra milk and stir in. Cook-stir 3 min.

TRICK OF THE CHEF
Before oven-frying fish, season with a little powdered marjoram.

TEETHING TROUBLES

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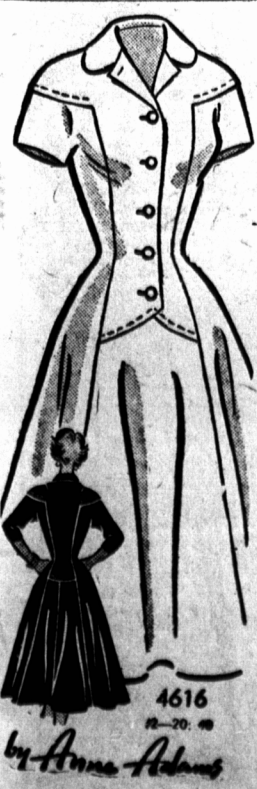
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MT. ALBION W. I.
The Mt. Albion Women's Institute held their March meeting in the hall with Mrs. Jack Adams presiding. The meeting opened with the creed. Seven members answered roll call.

The minutes of the last meeting were read approved and signed there was one sick reported. It was moved and seconded that we send a sympathy card to a family. Correspondence consisted of two letters and three parcels of remittances.

The Auction will be held in the near future. Mrs. Jack Myer and Mrs. Roger Chandler are to go to the stores for donations. Collection amounted to 75 cents. The meeting was adjourned.

4616
by Anne Adams