Women

8 The Guardian, Charlottetown, Thurs. June 25, 1964.

MARY HAWORTH

Advice From Counsellor Needed In Reaching Son

Dear Mary Haworth: Our son Chuck, 19, home from college for the summer, is a sore problem to us. He seems to resent and - or envy his parents and at every step manages to poison the atmosphere with his sullen carping hostile manner.

There's no point trying to be amiable, as he has the knack of ailenating us even when he needs money or wants to borrow the car. He never offers a word about his plans and if we ask, he answers in the fewest possible words. His behavior is most obnoxious — to us.

However, he has been going steady since age 15. Lulu, a year old than he, and a seasoned dater (having gone steady since she was 12), knew at once that he was her final choice for a mate. They act and talk with each other as old married couples do.

She thinks he's God's gift to humanity: responsible, mature, loyal, etc., and he acquieces gallantly to all her wishes. The most surprising aspect is his readiness to advise her, meanwhile stumbling into one pitfall after another in his own existence for lack of foresight. If we venture to advise him, he is sure to do the opposite...

He and Lulu never go out with other couples their age; they're loners. Their isolated togetherness has unhealthy overtones and we have become dumb with worry.

Chuck is all we have and his only wish, he says, is that we approve his marriage to Lulu and pay their way until he's out of college. We are old-fashioned and feel that marriage is only for those who can assume fullness of responsibility from the start. Perhaps that's the nub of our conflict. He threatens to pack up and leave and rent a room to be near Lulu.

Though we would welcome relief from the constant strain since he's been home, I am terribly concerned and upset. Can you help us to understand? Other parents, similarly boxed in, may profit by your insights too. A.S.

Dear A.S. If you are going to try honestly to understand Chuck's sullen, defensive, frustrated envy of his parents, and by your courage perhaps help him to see straight, you'll have to reckon with possibilities painful to contemplate.

Evidence indicates that Chuck has lost his bearings in respect to the realties of orderly individual social growth in the kingdom (shall we say) of human beings.

As of now, it seems he has the temperament and the mental grasp of emotional forces that a child would have, housed (so to speak) in the body of an adolescent who has been acting, in relation to his sex impulses, as if steady dating and the intent to marry (some day) qualifies boy and girl to make believe they are already man and wife, sex - wise.

It is an established fact, I believe, that routine make-believe of that sort, during adolescent years, tends to stunt the individual's social growth potential, in terms of annulling that enthusiastic personal drive towards full fledged adult excellence which characterizes fortunately well disciplined, sexually self governed youth.

In his book "The American Sex Revolution" Sargent, publishers) Harvard anthropologist (or is it sociologist?) Pitirim Sorokin says (see page 151): "Our survey shows that there has been and continues to be a decline of creativity in the United States. This decline is caused by many factors, not the least of which is the growth of sex freedom...

"We have drifted along the currents of sexual freedom dangerously far, but we are not beyond the possibility of changing our course and entering the deep waters of self - control, peace, well being and creativity."

I surmise that Chuck's "isolated togetherness" (to use your phrase) with Lulu has involved him in an impasse as regards his markedly immature filial dependency on the one hand, and his pretensions to being a responsible competent protective adult - type sex partner in their alliance, on the other hand.

He probably feels branded with guilt and failure on many counts in relation to Lulu, his parents and himself, which would explain his porcupine-defensive behavior at home, his glum pressure for subsidized marriage and Lulu's strategic policy of flattery and finesse.

As for what to do, you personally should consuult a first-rate family relations counsellor or perhaps a good psychoanalyst, immediately, for guidance in reaching Chuck, psychologically. Subsidized marriage isn't the constructive solution of the misuse he's making of his youth.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of the Guardian.

IDA BAILEY ALLEN

Potato Salad Normandy For Easy Buffet Supper

WHY SHOULD homemakers steam on, day after day, without real rest?

"But I do relax," you say. That helps, but it is not rest. Rest must be a longer period. It must be quiet, reposeful and to keep the rhythm of life harmonious, each major physical or nerve - draining period of activity must be balanced by a corresponding sustained period of rest.

"But I can't take a vacation every time I do something extra," you argue.

But wait! I did not use the word "vacation." I said "rest" which is different. And "rest" can be planned. In part, it means "Take it easy" after each major activity.

For instance, after a housecleaning ordeal, do as little housework as possible for a few days. Keep off your feet as much as you can after several days of shopping, or hard work at the church bazaar, of after Daughter's wedding, giving a big party, or entertaining a houseful of weekend guests.

And above all, practic preparing time - saving meals at which you, the whole family and guests can have fun.

TOMORROW'S BUFFET SALAD SUPPER

Hot Vegetable Juice Crackers
Pressed Veal Loaf
Potato Salad Normandy

Asparagus Salad Chiffonade
Warm Doughnuts With Maple Syrup
Hot or Iced Coffee or Tea Milk

Measurements level; recipes for 6

POTATO SALAD NORMANDY

1 medium head western iceberg lettuce
6 medium potatoes, cooked and peeled, warm
¾ c heavy cream
1-2 c. dairy sour cream
2½ tbsp. wine vinegar
1½ tbsp. lemon juice
2 tsp. salt
1 tsp. white pepper
1 c. julienne celery strips
¼ lb. cooked ham, cut in julienne strips

Core lettuce; wash in cold water; drain well. Place in plastic bag and refrigerate.

Shred ½ c. lettuce; cut potatoes into julienne strips.

Whip cream to consistency of thin mayonnaise. Stir in sour cram, vinegar, lemon juice salt and pepper.

Combine shredded lettuce, potatoes, celery and half the ham Add dressing; mix gently. Chill.

Line salad bowl with outer lettuce leaves. Heap in salad. Garnish: remaining ham.

THE CHEF'S PRESSED VEAL LOAF

Mesdames: This chilled pressed veal loaf is a favorite in Europe for summertime eating. I understand many older homemakers in the United States who made it called it a family favorite.

But it is practically unknown by the career homemakers of today, who consider it takes too long to prepare.

True, this loaf cannot be classed as "instant" cooking, because it takes about 12 hours to "set." But in reality, a total of only about 18 minutes of actual "work" puts it together. The range takes over the time needed for the long, slow cooking; the refrigerator shapes and readies it for you to slice

Veal Knuckles

Order a knuckle of veal sawed through the bone. Boil in salted water containing ½ tsp. pickle spice, until meat is tender. Drain and reserve broth, chop meat fine; season to taste with additional salt and pepper and a little lemon juice.

Boil down broth to make just one cup; mix with meat; pack into 5 inch x 9 inch loaf pan, previously rinsed with cold water. Place second pan on top of meat; put on a weight to press meat into loaf.

Refrigerate overnight. Slice ¼ inch thick

WRAP - TIE SURPRISE

SUN SURPRISE — wrap, buttons in back! No fitting worries, zipper, waist seams. Whip it up quick as a wink in icy white pique, polka dot cotton, striped seersucker.

Printed Pattern 4872: Children's sizes 2, 4, 6, 8. Size 6 takes 2⅜ yards 35 - inch.

FIFTY CENTS (50 cents) in coins (no stamps, please) for this pattern. Ontario residents add 2 cents sales tax. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, care of Guardian - Patriot Pattern Dept. 60 Front St. W. Toronto 1, Ont.

Modern version of old - fashioned sampler for baby's room. Use nursery colors. —frisky pup! Embroider samplr to please the proud parents. Pattern 7178: transfer 11x 19 - inch; 60 names.

Thirty - five cents (coins) for this pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept. 60 Front St. W. Toronto 1, Ont. Ontario residents add 1 cent sales tax. Print plainly PATTERN NUMBER, NAME, ADDRESS.

QUEEN CONTESTANT

A pretty and talented contestant for Queen of the Montague Strawberry Festival is Betty Bears of Wood Islands. An 18 year old student at Montague Regional High, Betty is not only a good cook but can sing and sew as well. A daughter of Mr. and Mrs. Benjamin Bears. Betty is being sponsored by the Montague Y's Men's Assoc.

Motherhood Will Unlikely Be Replaced By Automation

By JEAN SHARP

WOLFVILLE, N.S. (CP) — Women's primary role is still in her home, but she can combine that first allegiance with others. This was the concensus of a symposium Tuesday, the second day of the five - day Federated Women's Institutes of Canada triennial meeting at Acadia University.

Too many women now are treating their jobs as mother and homemaker as secondary to their roles as women, said Mrs. John McLean of Eureka, N.S. Mrs. McLean, a senior national WI director, said:

"We must, in our society, return to thinking that woman's role in adulthood is that of mother and homemaker first, then she can pursue a career. . . . It is too early as yet for us to evaluate what thetrue effect so many working mothers is having on our children."

She said raising children is of the first importance, and motherhood is unlikely to be replaced by automation.

Mrs George Clarke of St. John's, Nfld., national second vice-president, was chairman of the panel of four.

PATTERN CHANGES

"Within the lifetime of most of us the whole pattern of rural life has been altered," said Mrs. Elton Armstrong of Armitage, Ont., discussing women in the community. A national member - at - large, Mrs. Armstrong said: "As WI members we must develop our potential and help women in our community to do likewise. We must plan for individual development. Emphasis must be placed on continuing education for women. There are opportunities for growth in rapid social change, a whole new framework of opportunity."

Panellist Mrs. E. J. Roylance of Greenwood, B.C., agreed that women must play a divided role, putting families first. "They must keep this vital aspect complete and at the same time make significant contributions to their countries."

An honorary president and past president of the 75,000-member organization, mrs. Roylance said, "women have reached out to establish organizations through which they can work together." She reviewed some of the WI's work to illustrate how women and their organizations can work nationally.

Mrs. Keith Tand of Port Williams, N.S., an area vice-president in the Associated Country Women of the World, the WI's international organization, said there have been women's clubs since the time of the Roman Empire, and traced the histories of some of the world's outstanding women.

HAPPENINGS

Audrey Jenkins, Women's Editor; Phone 4-8506

Mr. and Mrs. Graeme Linkletter have returned from their honeymoon trip to New York City and the World's Fair. They visited relatives in New London and Hartford, Conn. Returning via Bar Harbour, Maine — Yarmouth, N.S. ferry they visited friends in Kingston, N.S. and have taken up residence at 169 Linden Avenue, Summerside.

Sgt. and Mrs. George Taylor and family of 272 Boswell Crescent, Summerside have left Summerside to take up their new residence in London, Ontario. Sgt. Taylor just recently retired from the RCAF. Prior to their short stay in Summerside they were stationed with the RCAF in Greenwood, N.S.

Elizabeth Ramsay, Moncton, N.B., spent the weekend with her parents, Mr. and Mrs. James A. Ramsay, Hamilton.

Mrs. Simmons, Kensington, accompanied by her two grandchildren, Joan and Lloyd Simmons, Burlington left on Saturday by train for Vancouver, B.C., where they will spend three weeks visiting relatives.

Mrs. John MacPherson has returned to her home in Amherst, N.S. after an enjoyable holiday spent with her parents, Mr. and Mrs. John D. MacLeod, Montague.

Among those entertaining for the nurses of the 1964 Graduating Class from the Prince County Hospital, Summerside were Mrs. Earle Hogg, Wilmot Valley.

The dining room was attractively decorated with arrangements of spring flowers and the table was centred with bouquets of daffodils. The hostess was assisted in serving a buffet tea by Mrs. James Heffell while Mrs. Ralph Somers poured.

A hearty sing song, with Miss Marjorie McArthur at the piano, was much enjoyed by all.

Mr. and Mrs. Al Arsenault and family Halifax, are vacationing at the home of Mr. and Mrs. Peter F. Gallant, also visiting relatives in Lot 6.

Mr. and Mrs. Charles Stafira returned to Chicago, Ill., after spending their vacation with relatives in Piusville and Burton. On their return trip they intend visiting relatives in Truro, N.S., Montreal and Toronto.

Jackie Bernard, accompanied by his aunt, Mrs. W. C. Donald returned from a motor trip to Boston, Mass. They were accompanied home by Mr. and Mrs. Charles Lockhart of Boston, Mass., Mrs. Lockhart is a sister of Mrs. William Brander, Baltic and Mrs. Parmeanus Phillips, Kensington, James Beairsto, Baltic, Preston Beairsto of Malpeque and Fred Beairsto of Charlottetown.

Mr. and Mrs. Paul Hummellerger and two children, Paul and Nancy of Myerstown, Pennsylvania were weekend guests at the Hilltop Tourist Home, Baltic.

Marilyn Pierce, Boston, Mass., arrived to spend her summer vacation in Baltic, the guest of her grandmother, Mrs. Edith Wall.

Marlene Paynter of Freetown whose marriage to Cst. Harold Earle Marshall took place at the Kensington Presbyterian Church on Saturday, June 20 was widely entertained prior to the ceremony.

Her sister-in-law Mrs. Carmen Paynter, Freetown entertained at a recipe shower. An original poem was read and a social evening enjoyed. The hostess served refreshments.

Tuesday evening, Barbara Sinclair RN entertained at a dessert party. Two pieces of Wedgwood were presented to the bride-to-be.

Mrs. Horace Paynter held an afternoon tea on Friday in honor of her niece. Mrs. Paynter presented the guest of honor with a hostess gift.

Mrs. Harold Stone of Sackville, N.B. was hostess at a miscellaneous shower. Miss Paynter had been nursing in Sackville for the past two years.

A grocery party was held in her honor at the Nurse's Residence, Sackville on Sat., June 13th. A community shower was held at the home of her parents, Mr. and Mrs. John Paynter, Freetown when over 200 friends and relatives gathered for the occasion.

Beulah Moase played the Wedding March and Miss Paynter was escorted to a decorated seat by her cousin Mildred Bernard. Baskets of gifts were carried in by Gail and Susan Stavert, Cynthia Jardine and Robin Drummond; Anna Paynter, Carol Paynter and Mrs. Colbourne Clow opened the gifts. Verses and names were read by Heather Taylor and Jean Paynter.

Attending the wedding from Roxboro, Quebec were the groom's parents, Mr. and Mrs. E. C. Marshall, their daughter, Susan and son Robert, and Barbara Kirklin.

Mr. and Mrs. Bruce MacLean and family of Toronto, Ont., are guests of Mrs. Harry Williamson, Charlottetown. This week Mr. MacLean is visiting his uncles, Everett and Herb Buchanan, Montague.

A surprise party was held Saturday night in honor of Mr. and Mrs. Campbell MacPhee New Dominion who are celebrating their 25th Wedding Anniversary June 24, 1964.

Mrs. Margaret MacKinnon and her son Mack, Santiego, California, have returned to their summer home in Point Pleasant.

Mr. and Mrs. George Beck (the former Lorraine Campbell of Summerside) were honored by their Montague friends at a miscellaneous shower.

Gwenneth Clark and Adah MacGregor assisted the couple in opening the gifts and Marion Clark read the cards.

Entertainment was arranged by Mrs. Ethan Stewart and Adah MacGregor. Refreshments were served.

Mrs. M.B. Martin of Murray River is in Moncton this week to attend the high school graduation of her granddaughter Heather Martin of Hillsboro. Mrs. Martin motored to Moncton with her son Wilson.

Hannah Simpson and Chessel Simpson of Avondale, N.S. and Harry Eldridge of Salmouth, N.S. are house guests this week of Mr. and Mrs. Cecil Beck, Main Street, Montague.

Don Walker of Boston, Mass., was a welcome visitor to Montague this week. Mr. Walker was formerly a resident of Caledonia, and his many friends are delighted to see him.

Social Items Are Requested

This is a wonderfully social time of year!

There are receptions galore for visiting convention delegates, showers luncheons and coffee parties for brides to - be, friends and relatives vacationing here, the prospect of your own vacation to some point outside the province, and those enjoyable summer get-togethers with friends.

Share your social news with readers in the women's page columns. Just call Audrey Jenkins at 4-8506 in Charlottetown, Gail Magee at 6-9331 or 6-5068 (evenings) in Summerside, or the news bureau of The Guardian and Patriot at Montague and Alberton.

There is no charge for publication of such items and our staff will be very happy to hear from you.

Time Seems To Count For So Much Today

The "June lilies" — the narcissi, how kind this spring has been to those in our bit of garden, giving each little plantation its perfect white blooms. You catch the delectable fragrance, and know that it is made up of every June loveliness. It reminds one of bewitching garden spots, where hummingbirds come by to dip into the hearts of blossoms for sweets; where winds, warm on the cheek, mere breaths of zephyrs linger.

"Don't you love the scent of narcissi?" the one girl of this farm queried this morning, kneeling before a white company in the border of lawn to enjoy their perfume and grace.

Lilies of the valley too ring out their tiny bells these times, calling to the "wee folk" to come out from leafy nooks and shades at midnight to dance in the light of the moon. If, with lights out at the edge of retiring, you come for a moment to an upstairs window to look down on the lawn below, even the most practical one day - through, can easily see them foregather. Catch too the elfin chuckles as they emerge from the shade of the lawn trees into the open there: Elves of creatures with pointed dark caps - the merry puckish lads, and pretty faery - gowned tiny lassies we can almost catch dancing their merry measures there on our silvered bit of lawn. And all about, except for the muted sound of the fall of water at the broken dam, the night is so solemnly still.

There in the sunshine of this morning, where we can fancy such midnight pastimes keep, Alex carried his white rabbit this morning to breakfast. This was an ingenious move on the laddie's part, it came to mind. If the grass could not by inclination be taken to the bunny, then it followed, the pet must be brought to it!

"See!" we grinned to James ... One of our absorbing interests is to catch in these newer generations, not only in our own, but in the children of the district, those traits which have been their inheritance from some forebear.

And experiments similar to this one, we had seen before in Alex's line, in years gone.

"That's one way of doing things" James commented. "Is it ingenuity or laziness, I wonder?"

"Ingenuity" we smiled. "An experiment. That is how progress is made!"

"You may call it what you will, Ellen. Ingenuity, perhaps" he grinned, "but my Mother would have termed it pure laziness! I remember that one winter day when I was a young lad, she was sending me with some delicacy to a sick nieghbour. So I slipped the bridle on the mare and came by the door to pick up the basket. Well, I didn't get it, until I had put my mount back in the stable! And then I set out on foot. I often think of that when I see one of the youngsters get on the tractor, or in the truck to do some chore — it may be to go only as far as the mailbox. And I'm tempted to reason with him. But, I suppose this is a different age, we have come to.

Time seems to count for so much now." And the hours come. They bow, and smile, and pass. And to farm - folks, as one of them sighed today, "There is nothing at all to a June day."

Until tomorrow — Diary — Good - night.....

St. Charles CWL Hears Reports

At the last meeting of St. Charles Catholic Women's League recently it was announced that there were 57 members in the Parish Council.

Various committee reports were heard.

The treasurer reported there was $119 on hand. It was decided by the spiritual committee to present gifts to the first communicants and catechism class.

The social action committee suggested that various members be appointed to visit the institutions in Charlottetown.

Prizes will also be presented to the graduates and students of the three surrounding schools of the area.

A bingo night was scheduled for June 24 by the finance committee.

The Council will resume meetings in the fall.

Aged Citizens Are Defended

OTTAWA (CP) — A woman social worker from New Brunswick made a spirited plea Thursday for the public to treat elderly people as individuals, not as similar parts of a large homogenous group.

Mrs. Trevor Lennam of Fredericton, a part - time social worker with the New Brunswick youth and welfare department, appeared before the special Senate committee on aging.

She said society is in danger of treating its aged citizens "as impersonally and efficiently as we would treat a species of domestic animal, once useful and now to be sentimentally and, with a modicum of comfort, securely detached from the great struggle of life."

Mrs. Lennam, who prepared the New Brunswick government's 45-page brief on aging for the Senate committee, said in her introductory remarks theories and schemes of dealing with the aged have "lost touch with human realities."

Planning often assumed a hogeneity among the elderly which did not exist, or sought to treat the group without recognition of the multiplicity of persons "so insensitively classified."

NEED LESS PLANNING

"We need less remote bureaucratic planning and a great deal more investigation of old people themselves, particularly in the areas of their needs, their desires, their opinions, their attitudes and feelings," said the social worker, who questioned over 200 elderly people during her research for the brief.

She told the committee it is the task of federal, provincial and municipal agencies to help "re-engage the elderly in human activity—in service, work, education and recreation."

"Let us give them the means to be useful, the means to create, the means to continue the great struggle. Banish them to segregated institutions (however comfortable), divorce them from active participation in mundane affairs (on whatever charitable grounds), and we counterfeit heaven.

"Heaven is near enough, why anticipate it?"

Society would be in danger of perpetrating "unwitting injustices and petty cruelties" unless it returned to considering the individual, she added.

LEAVE MARK

At Ireland's Blarney Castle, custodians each morning have to scrub the lipstick of yesterday's women visitors off the Blarney Stone.

Stop suffering from INDIGESTION AND SOUR STOMACH
GET FAST, SAFE RELIEF WITH WILDER'S Stomach Powder
Proven in use for generations!

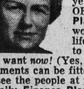
H. BENNETT CARR
Insurance Counselling
District Supervisor
Sun Life of Canada
Phone 4-8817 - 4-5435
Charlottetown, P.E.I.

ASTHMA QUICK RELIEF
CHRONIC BRONCHITIS
Are you off work, unable to sleep because you wheeze, cough, gasp for breath? Take TEMPLETON'S RAZ-MAH specially made to help asthma sufferers breathe more easily, so you can work and sleep more comfortably. Only 85c and $1.65 at drug counters everywhere.
T63-10

SPECIAL SALE-LOW PRICE
2 ONLY 1962 INTERNATIONAL
SINGLE AXLE TRACTORS, Model 220 (Model 220 is next largest to diesel) in like new condition.
- 5 SPEED TRANSMISSION
- 2 SPEED R. R. AXLE
- HEAVY DUTY SPRINGS
- 10 x 100 x 20 LIKE NEW TIRES
- SADDLE TANKS
- 5TH WHEEL
- DUAL MIRRORS
- V-8 ENGINE

We also have a good stock of new and used Trailers recently reconditioned of various lengths and types that are priced for quick sale.
Ready For The Road
CONTACT:
SEABOARD DISTRIBUTORS LIMITED
240 Botsford Street Phone 382-9656 Moncton

Confidentially yours, BARBARA BRENT



MONTREAL, June 25th — If you are hesitating about the cost of that "dream" vacation this year, there's good news for you at the BANK OF MONTREAL. The B of M Family Finance Plan can supply the ready cash to take the worry out of your vacation plans. A low-cost, life-insured F.F.P. loan is the perfect answer to the problem of how to pay for the things you want *now!* (Yes, even a new car or boat). Convenient monthly payments can be fitted to your budget. So don't hesitate a minute — see the people at your neighbourhood branch about the B of M Family Finance Plan and you'll be on your way rejoicing come vacation time.

A SPECIAL NOTE TO BRIDES! Right after the honeymoon, you should start thinking about the second man in your life! I mean the friendly man behind the meat counter at DOMINION. He'll go out of his way to help you please that brand new husband of yours! He'll explain the different cuts of meat . . . the quantity you need . . . proper cooking tips. And he'll tell you what the best money-saving buys are each week. Meet the man behind the meat counter at DOMINION and discover for yourself why more Canadians shop there than at any other store!

DON'T YOU JUST LOVE BEING PAMPERED? Most women do. That's how it is the minute you settle down on a CANADIAN NATIONAL train. Take the sleek Super Continental, for instance, with its lovely lounge car and other travel living features. And the special "play time" hour for the children, twice a day, when they play games and have fun. (And you can take it easy!) And babies get "tot-priority" service from CN, too, (friendly attendants will heat baby's bottle for you). Make it a family fun trip. You'll love the pampered feeling when you go Canadian National — I do!

BRAND NEW ON THE MARKET — and a bright idea, too — is a gentle new laxative for children. FEEN-A-MINT CHILDREN'S MINT LAXATIVE comes in attractive pink pastille form, can be chewed or sucked. Children's Mint Laxative has been developed by Pharmaco (Canada) Ltd., the makers of the well-known Feen-a-Mint. If your tykes need a laxative now and then (particularly during travel and vacation time when their normal routine is upset) and they rebel against ordinary forms, I suggest you try this Feen-a-Mint Children's Mint Laxative. It is gentle, predictable . . . and tastes good! Available at your neighbourhood drug store.

INDOOR INSECT PESTS — OUTDOOR GARDEN PESTS, Pfft them all away with FLY-TOX House & Garden Spray! Just press the button — pfft! — to banish flies and mosquitoes from your home. In the garden, press again — pfft — and banish aphids and other plant pests. Use FLY-TOX House & Garden Spray for a pest-free summer. On face, neck, arms keep bugs at bay all through the day with REX REPELLENT CREAM — at the beach, in the garden or anywhere in the great outdoors — Rex Repellent Cream in its easy-to-use plastic squeeze bottle gives complete protection for hours!

LET'S HAVE STRAWBERRY SHORTCAKE for dessert! This is a 'family demand' that's easy to satisfy when you make your shortcake with MONARCH TEA-BISK. For always-perfect results — just follow the recipe on the back of the new package. Try the other package recipes, too, and I know you'll agree that Tea-Bisk makes light work of baking. It's an all-purpose mix that can be used for any number of family favourites. Ask for Tea-Bisk at your grocer's . . . in the 19-ounce size with handy pre-measured one-cup envelopes — or the big 37-ounce size with convenient pouring spout.

GREAT CANADA-WIDE
PITTSBURGH PAINT SALE
Regularly up to $9.75 GAL. now only $6.98 GAL.
SAVE up to $2.77 A GAL.
FOR A LIMITED TIME ONLY
SALE PRICE ON QUARTS $2.25
Sun-Proof House Paint PITTSBURGH
SUN-PROOF OIL BASE EXTERIOR HOUSE PAINT is Pittsburgh's regular first quality house paint. It's available at a special low price during this sale in a wide range of clean whites and crisp colours. See your Pittsburgh Paints dealer soon for best selection.
ASK ABOUT NEW SUN-PROOF LATEX EXTERIOR HOUSE PAINT. NO PRIMER NEEDED
AVAILABLE AT THESE STORES:
EAST BALTIC H. P. MacDonald
KENSINGTON P. J. & C. Kennedy
SUMMERSIDE Mollison Hardware Ltd.