

# Woman's Realm :- Social and Personal :- Fashions :- Literature



### The Newest Spring Colors— Easy with Tintex

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Why discard a stylish dress because its color is out-of-fashion? That's extravagance—unnecessary too. Just use Tintex!

Tintex brings you all the season's smartest colors—and it's so easy—so quick—to give any of them to anything in your wardrobe. Try it—today. Be smart—with Tintex!

Anyone can achieve perfect results with These Tints and Dyes.

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## Tintex

World's largest selling TINTS and DYES

### A Morning Smile

#### CANNY

In the dressing room of the train the Scot had been boring everyone with tales of the great deeds he had done.

"Well, now," said an Englishman at last, "suppose you tell us something you can't do, and I'll undertake to do it myself."

"Thank ye," replied the Scot. "I canna pay ma railroad fare."

A darky named Sam borrowed \$25 from his friend Tom, and gave his note for the amount.

Time went on, and the note became long overdue. One day the two men met in the street. Tom stopped and said, with determination:—"Look heah, man, when you goin' t' pay that note?"

"I ain't got no money now," re-

### THE COOK'S CORNER

#### CREAMED SALMON

2 tablespoons butter  
2 tablespoons flour  
1 1/2 cups milk  
1 one-lb. can of salmon, boned and flaked  
1 tablespoon grated onion  
1/2 cup chopped mushrooms  
1/2 teaspoon salt

Method: Melt the butter, blend in the flour. Add the milk slowly to prevent lumping. Cook until thick and smooth. Add the salmon, grated onion, chopped mushrooms and salt and heat thoroughly. Pour into the cheese pie crust, garnish with parsley, and serve.

#### COCOANUT PUFFS

2 egg whites  
1 cup icing sugar  
2 tablespoons cornstarch  
6 tablespoons cocoa  
2 cups cocoanut

Method: Beat the egg whites until stiff. Add the icing sugar, cornstarch and cocoa and continue beating until a meringue is formed. Fold in the cocoanut and drop by spoonfuls on a greased cookie sheet and bake in a slow, 325 deg. F., oven for about 20 to 25 minutes.

#### CREAM PUFFS WITH CHICKEN

1 cup water  
1-3 cup shortening  
1/2 teaspoon salt  
1 cup sifted flour  
3 large or 4 small eggs

Method: Add the shortening to the water and bring to a boil. Add the flour and salt and stir until the mixture leaves the side of the pan. Remove from the fire and cool. Add the eggs one at a time, beating thoroughly after each addition. Drop by spoonfuls into deep hot fat and fry until crisp and golden brown. Cool, split and fill with chicken a la king.

#### HUNGARIAN GOULASH

3 lbs. shoulder of beef, cut into lunch cubes  
1 cup canned tomatoes  
1 green pepper, chopped  
1/4 teaspoon pepper  
1 teaspoon salt  
6 medium potatoes, quartered

Method: Flour the meat and brown in plenty of hot melted shortening. Turn into a Dutch oven or a heavy drop kettle. Add the tomatoes, green pepper, salt and pepper. Cover closely and cook slowly for about 2 hours. A half an hour before serving, add the potatoes which have been peeled and quartered. Cook until potatoes are tender.

#### SUPPER SALAD

2 cups cooked rice  
1 cup peas drained  
4 tablespoons chopped pimento  
4 tablespoons chopped relish  
3 tablespoons grated cheese  
1/2 cup chopped celery  
1 teaspoon salt

Method: Combine all ingredients, mixing lightly with two forks. Add sufficient salad dressing to bind the ingredients together. Serve on lettuce with additional dressing and garnish with slices of ripe tomato.

pled Sam, "but I'm goin' to pay it as soon as I kin."  
"Yo' been sayin' that fer months," retorted Tom, "but don't get me no money. Ef y' don't pay that money here and now, y' know what I'm goin' to burn yer old note: then whar'll yo' be?"  
"Yas, yo' do! Yas, yo' do!" Sam shouted. "Jes' yo' burn date note o' mine and I'll pop a lawsuit on to yo'!"

## Satisfying King Cole TEA

Old English Blend

### The HOUSEWIFE and HER ACTIVITIES

#### SO MANY LOVELY THINGS

So many lovely things are gray—Like twilight on a snowy day—A fuzzy little kitten's paw—A pale jade Buddha I once saw—A curving pussy willow spray—High in the Alps a Swiss chalet; A snowbird screen made in Japan—Ideographs on a Chinese fan—A quiet Virgin carved in stone—A naked tree standing alone—Distant mountains capped with white—

Shadows cast by candlelight—St. Patrick's ever-reaching spires—Ashes left from burned-out fires—The harbor on a rainy day—So many lovely things are gray.—Neirose Lytle.

#### BLAIR CASTLE

Blair Castle, which the Duke of Atholl is to open to the public for the first time this summer, is a house of unusual construction. The main living-rooms are on the first floor. Below are bedrooms. Its architecture is not specially imposing, but there are treasures inside. A tapestry room is full of admirable work.

Prince Charlie is said to have slept in one of the rooms. This however is not a great rarity as the Young Pretender seems to have slept in almost as many houses as Queen Elizabeth (says the Daily Telegraph).

The estate is remarkable for being, I believe, the only property in which a deer forest is actually inside the park. It is one of the few estates where deer drives are held.

The break the working man is getting keeps him broke. It's not so much what a woman says; it's the way she says it. A girl may be up to the minute and yet pass up her big moment. A royal reception has made many a man think his girl's a queen.

If the truth were known, a lot of the high ups would be low down. Blessed are the deaf; they can drive a car without back-seat interference.

A really happy man wants everything he has and doesn't want anything he doesn't have. It is just as easy to praise a neighbor as it is to find fault with him, but far less satisfactory. The fellow who is afraid of leprosy here and now, y' know what I'm goin' to burn yer old note: then whar'll yo' be?"

"Yas, yo' do! Yas, yo' do!" Sam shouted. "Jes' yo' burn date note o' mine and I'll pop a lawsuit on to yo'!"

#### FURANCE AND RANGE PIPES

Before putting away the pipes of the furnace and range for the summer, rub them thoroughly with kerosene, and it will prevent rust.

#### WHEN CUTTING DRESSES

Baste around the neckline and the armholes. Immediately after cutting out the dress and the goods will not stretch out of shape.

#### BEATING EGGS

The yolks or whites of eggs will beat quickly if a pinch of salt is added.

#### A LAST STRONGHOLD FALLS TO WOMEN

The Athenaeum, for 112 years invulnerable stronghold of the clubman, has decided that woman can no longer be barred from its dignified amenities.

But wives and feminine friends will still be excluded from the club itself; they will be coyailed in an annex, which will have a dining-room.

The proposal first came up last June, was then carried by 134 votes to 89. One of the two-thirds majority was required.

The first gap in the defences appeared during the war. Then, reluctantly, four waitresses had to be allowed in.

The second—much more recent—was made when women were allowed to pass through the public rooms—guarded by members—between 11 a. m. and 1 p. m. But only to pass through.

The meeting decided, too, to spend \$50,000 in improving the club itself.

Till fifty years ago smoking was not allowed in any part of the Athenaeum; it is still forbidden in the library, and in the coffee-room till after 8.30 p. m.

#### THE WATER WAY TO HEALTH AND BEAUTY

Eight glasses of water a day—eight hours sleep per night—fifteen minutes of exercise in the morning—a fifteen minute walk some-time during the day—a daily bath—these are simple routines that cost nothing, but which are the very fundamentals of health.

### A Code of Conduct is Needed for Marriages

## Dorothy Dix

### Says That Tragedies Could Be Averted

### Pre-Marriage Contracts, Drawn up and Signed, Would do More to Keep Peace and Harmony Than do Useless Promises Now Made at the Ceremony

It seems to me that nothing would go farther toward ironing out the difficulties and perplexities of marriage and promoting its success than for all prospective brides and bridegrooms to have drawn up for them a marriage contract, which they would have to sign in the presence of witnesses, and which would set forth in legal terms the nature of the partnership into which they were entering, and how they were to divide its duties and share in its emoluments, if any.

You may say that all of this is included in the marriage ceremony, but the trouble with the marriage ceremony is that it deals in vague promises and glittering generalities. What is needed is a definite code of conduct to which husbands and wives must live up, or else pay the penalty.

The man and woman, for instance, who swear to love and cherish each other until death shall them part know when they do it that they are probably committing perjury, because the ability to keep on loving any one is beyond their control. Mental growth, changing tastes, the development of character, the inevitable disillusionments of conjugal life very often kill every particle of affection between a husband and a wife who would gladly go on being romantically in love if it were possible. Also, it is one thing for a man to glibly vow at the altar to endow his wife with all his worldly goods, and quite another thing for him to agree to give her so much cold cash every week with which to run the house and for her own personal behoof and benefit.

The truth is that most engaged couples go around on a kind of sentimental jag in which they see the future as they wish it to be, and not as it is. Certainly it would have a sobering effect upon them to be forced to consider calmly and dispassionately what obligations they are assuming, and the privileges they are forfeiting by getting married, before they sign on the dotted line.

Most domestic storms are literally tempests in teapots. Husbands and wives quarrel over little things. About the market money. About breakfast coffee. About staying at home or going to the movies. About the man having a blonde stenographer or playing poker with his old cronies now and then. And so on and so on. These questions cannot be avoided by marriage without friction, but before marriage they could be amicably arranged, or else the deal could be called off if either was not willing to agree to the other's terms.

Take money, over which so many husbands and wives fight from the altar to the grave. Nobody can estimate the digestion that have been ruined and the homes that have been wrecked by wives whose breakfast table theme song is "Gimme, gimme," and the husband's refrain is "What did you do with that quarter I gave you week before last?" Yet how easily these troubles could be avoided if before marriage the marriage contract set forth plainly what percentage of her husband's pay envelope the wife was to have to run the house on and for her own use. Many a woman would be saved from lifelong slavery to a tightwad if she had the opportunity to find out his view on allowances for wives before marriage instead of afterward.

And there are the in-laws, always a thorn in the side of the party of the other part. How easily this festering sore could be healed by a simple phrase in the marriage contract that would set apart a specific time for the wife's family to occupy the guest chamber and another time of equal length for the husband's relatives, and no visiting in between times.

And how much could be saved in the way of tears and peace offerings if the amount of personal liberty both the husband and wife were to have was explicitly defined and agreed to in the marriage contract. The thing that makes both men and women yearn to make a sneak from their own firesides is the knowledge that they can't get away from them without an argument and a row, and telling just where they are going and what they expect to do, and leaving the husband or the wife looking ill-used or neglected. If married couples would sign a cast-iron agreement to leave the front door on the latch, there would be a lot more home-staying husbands and wives.

Finally, a marriage contract would go far toward stopping divorce, not only by making a man and woman realize what they were going into when they got married, but also what they would get out of it if they broke up their marriage.

It is folly in these days, when one marriage out of six ends in divorce, not to prepare for it in case of bad luck, and to settle before marriage about the children and the alimony. Women profit most by the alimony racket, and many a one would not be so quick to buy a ticket to Reno if she knew that her marriage contract only entitled her to hold her husband up for small pickings.

#### Prominent Sportsman "Ab" Pringle Dead

HAMILTON, Ont., April 26—(GP)—Albert Y. "Ab" Pringle, for many years an enthusiastic supporter of all branches of sport in Hamilton and a prominent member of horse racing circles, died here yesterday after a long illness. Mr. Pringle supplied feed to horsemen quartered at the Hamilton Jockey Club, some trainers insisting on his feed being shipped to them while their horses were quartered at other tracks.

#### AN EGG A DAY

Much has been learned in the last few years about the vitamin content of eggs, particularly the egg yolk and one noted doctor who specializes in nutrition advocates an egg a day along with orange juice and a quart of milk and the usual normal diet suggested for health and growth.

#### PICKWICK'S OLD HOME IS SOLD UP AS THE STAFF WATCH SADLY

The pickwick club met at the Adelphi Hotel just off the Strand. Six transit gloria Dickens. The furniture was sold by auction the other day.

Dealers and hotel owners roamed through the premises, but one bedroom was locked. Mrs. Moir, wife of the manager, was very ill in that room. Mr. Moir is dangerously ill in hospital.

Former workers in the hotel, now out c a job sat at the back of the dining-room scene of many gatherings in the days when the Adelphi had its Bohemians, and "Savages" spent the evenings between the hotel and their club in Adelphi-terrace.

Mr. W. W. Cork, the auctioneer, opened the sale: "No reserve on anything," he said.

### TRUE BEAUTY means beauty "All over"

AND all-over loveliness isn't hard to get. You can keep all your skin... not just face, throat and shoulders, smooth and youthful. Try the simple Palmolive beauty treatment shown below. Recommended by over 20,000 beauty experts, you'll be delighted when you note how quickly it improves your skin.

Even if yours is one of those difficult complexions, you can safely use Palmolive... blended carefully from the gentle oils of olive and palm. It is these costly, oriental oils that make Palmolive's lather soothing and softening for your skin. It penetrates the pores. Keeps all your skin youthful and radiant... as it gently cleanses and refreshes. So start with Palmolive today.



Try this Palmolive Beauty Treatment... Use it for face and throat and for the hair. Gently massage into your skin, a warm, rich Palmolive lather. Cleanse pores thoroughly. Rinse with warm water, then with cold. That's all there is to this simple beauty treatment. And here's another beauty hint. Palmolive, used as a shampoo, keeps your scalp healthy, hair soft and lustrous.

### Spring Fashions For Home Dress-Making

Here's something for juniors to be thinking about making. For it is just a one-piece affair—no waistline seems to join. It has short sleeves with attractive cuffs.

It won't make any difference whether you carry it out in cotton, linen or tub silk—you'll adore it! Cotton shantung in daffodil yellow with brown buttons and brown gros-grain ribbon tie, is pictured.

Cotton challis print is as smart as can be in this model. Another idea is cotton pique—dark green with white polka-dots, with plain white collar and cuffs.

For more important occasions, there's white tub silk. For bold contrast use Kelly green buttons, collar, cuffs and tie.

Style No. 1745 is designed for sizes 11, 13, 15, 17 and 19 years. Size 15 requires 3 1/2 yards of 38-inch material. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 1745. Size .....  
Name .....  
Street Address .....  
City ..... State .....



1745

### FIVE NEW MOVIE STARS

IT WASN'T NECESSARY for them to go to Hollywood. Hollywood came to them! Not even for a movie contract would the Guardians relax the scientific care with which the Dionne Quintuplets are surrounded. An important part of that scientific care is the use of "Lysol" Disinfectant—to help protect them against infection.

This scrupulous care of the little Dionnes is an example for all mothers. The fight against germs in homes where there are growing children. Use Lysol to keep your baby's surroundings "hospital-clean." Use it in laundering towels, handkerchiefs, bedlines, underclothes. Wash stair-rails door-knobs, toys, drainboards, bathroom, telephone mouthpieces, furniture, walls and floor with a solution of "Lysol."

"Lysol" is so easy to use, costs so little and may save you many headaches and vain regrets.

### OUR CONTRACT says Better Flavour

...OR YOUR MONEY BACK!

And that is exactly what it means... your purchase money will be refunded if you do not think that Quaker Corn Flakes are the best flavoured, most delicious corn flakes you've ever tasted.

### IF YOU'VE NEVER TASTED QUAKER CORN FLAKES YOU DON'T KNOW HOW DELICIOUS CORN FLAKES CAN BE

QUAKER CORN FLAKES HAVE SO MANY EXTRA FEATURES. THEY'RE BETTER VALUE TOO!

Quaker Corn Flakes are made from a special recipe that brings out the full, rich flavour of the sun-ripened corn. The thin flakes, roasted to a golden brown... stay crisp and crunchy in milk or cream. Try them... and enjoy their better flavour.