



### COUPLES CELEBRATE ANNIVERSARIES

Mr. and Mrs. Lester MacLeod of Montague were recently honored by friends and relatives on the occasion of their 25th wedding anniversary. Lorne Wigginton was emcee, and a humorous ad-

dress, read by Barbara Worth preceded the presentation of gifts. A social hour was enjoyed and refreshments were served, followed by the cutting of the anniversary cake. Congratulatory messages were

also received from many others. Mr. and Mrs. Lawson Jenkins of Vernon Bridge, who attended the couple on their wedding day, were present and were celebrating their

They were also presented with an appropriate gift. Above, from LEFT to RIGHT, Mrs. Lawson Jenkins and Mr. Jenkins, Mrs. Lester MacLeod and Mr. MacLeod.

### Interesting Reports Heard By Dietetic Association

Sister Frances Loyola presiding at the Prince Edward Is-

land Dietetic Association meeting which met at the Charlottetown Hospital recently, and gave detailed information on the Prince Edward Island Dietetic Act being passed. Letters of appreciation were to be extended to Lloyd MacPhail and Ian MacLeod for the part they played in this matter.

Mrs. Elizabeth Warwick reported on the Canadian Dietetic Association meeting in Toronto and Mary Thompson reported on the Nova Scotia Dietetic convention which she had attended recently, in Halifax.

Miriam Hyde outlined some of the topics and discussions given at the International Congress of Dietetics held in Stockholm, Sweden in July, which she had the pleasure of attending. Miss Hyde reported that twelve hundred attended this convention representing 34 countries and 35 of those who attended were from Canada. Among the topics discussed were: Current World Food Situation Over-nutrition, Space Foods, Food and teeth, Nutrition and Growth Nutrition and the Aged, Diet and Coronary Disease, Dietetic Care of Cancer Patients, and many others. Miss Hyde related several interesting facts about Coronary disease and the dietetic care of cancer patients.

Discussion centered on a Food Supervisor's Course and on the recently drawn up Dietetic Manual by Sister Joan Mary and Mrs. Elizabeth Warwick. The next meeting is scheduled for February.



by Anne Adams  
SMOOTH AS CREAM!

PLAY UP your best figure features in a shimmer that flows smoothly as cream from a cuffed, yoked neckline. We see it in wool or satin—an enviable look either way.

Printed Pattern 4551: Misses' The Ottawa Safety Council—with Controller Heit an articulate ally—has revived an old campaign for courses in driver education in the public high schools.

The driving instruction now being provided to students in vocational courses who will probably need driving skills in making a living is said to be not enough. The safety council wants courses available to all those reaching legal driving age.

Carefully-trained drivers, young or old, are so obviously desirable that the council and the controller would seem to be safely on the side of the angels.

The argument is not whether there should be driver education, but whether high schools should be providing it. The Collegiate Institute Board has taken the view that the schools have enough to do and pay for without being asked to instruct students on how to park a car.

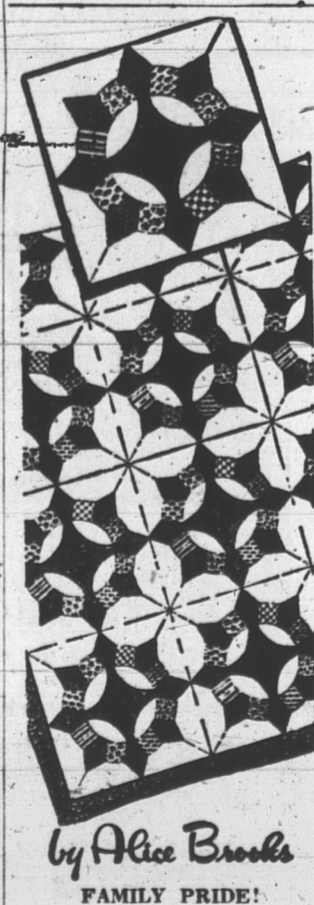
**COURSES IN EVERYTHING** The collegiate board is right. The concept of traditional education has been so much distorted with courses in everything from gardening to personal hygiene it may be late in the day to hold the line on driver education.

But there comes a limit. If the schools accepted every request, the concept of traditional education has been so much distorted with courses in everything from gardening to personal hygiene it may be late in the day to hold the line on driver education.

**FIFTY CENTS** (50 cents) in coins (no stamps, please) for each pattern. Ontario residents add two cents sales tax. Print plainly size, name, address style number.

Send order to Anne Adams, care of Guardian-Patriot Pattern Dept., 60 Front St. W. Toronto 1, Ont.

Be alert to What's New! Send for excitement—packed Fall-Winter Pattern Catalog: 350 designs—school, career, glamour styles. Plus coupon for free pattern—choose it from Catalog 50 cents.



by Alice Brooks  
FAMILY PRIDE!

Winter's a wonderful time for quilting. This quilt is fascinating—a real showpiece.

Use the small scraps in your basket for this oldtime "Friendship Ring" quilt. Pattern 7141: block chart; patch pieces; directions; yardage.

**THIRTY-FIVE CENTS** (coins) for each pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept., 60 Front St. W. Toronto 1, Ont. Ontario residents add one cent sales tax. Print plainly pattern number, name, address.

**GIANT** 1966 Needlecraft Catalog stars knit, crochet—many more needlecraft designs. 3 free patterns printed in catalog. Send 25 cents.

**NEW!** 12 Collectors' Quilt patterns for you in color, with quilting motifs. Finest pattern ever collected from famous museums. Send 60 cents for new Museum Quilt Book No. 1—sixteen complete patterns. 60c.

# Women

6 The Guardian, Charlottetown, Fri. Dec. 31, 1965.

### IDA BAILEY ALLEN

## An Old-Fashioned Cake For Holiday Callers

Making brief calls on friends personally bringing the season's greetings is an old custom. One little house, that I know, stands in a quiet old garden, one of those surprising city gardens hidden behind tall apartment buildings. Inside that house there is always a welcome.

**Mood Recaptured**  
The little house is at its best at Christmas time. The little old lady sends no invitations. Her friends just drop in to wish her a Merry Christmas and to recapture the real mood of the Christmas season that seem so far away from city streets. Always, mulled cider or wine is passed in heirloom glass cups with slices of old-fashioned frosted date-nut-applesauce loaf cake, fragrant as great-grandmother's cake closet.

**Measurements level; recipes for 6**

**OLD-FASHIONED DATE - NUT - APPLESAUCE**  
1/2 tsp. baking soda  
1/2 tsp. salt  
1/2 tsp. ground clove  
1/2 tsp. ground cinnamon  
1/2 tsp. ground nutmeg  
1 1/2 tsp. grated orange rind  
1/2 c. butter, or margarine (room temp.)  
1 c. sugar  
2 eggs, beaten  
1/2 c. medium-chopped dates  
1/2 c. fine-chopped walnut or pecan nuts  
2 c. sifted flour  
2 c. applesauce (home-made or canned)

Mix together first 7 ingredients. Stir in sugar and eggs. Mix together dates, nutmeats and flour. Add alternately with applesauce to the first mixture. Beat 1/2 min. Turn into oiled low 9" x 5" x 3" pan.

Make batter slightly higher at edges of pan than in center for even rising. Bake 1 1/2 hr. in slow oven, 325 degrees F. or until a toothpick inserted in center comes out clean.

Cool in pan; turn out on cake rack. Cover with uncooked egg-white frosting (recipe follows). If desired, edge at 2" intervals with "flowers," each consisting of a candied cherry with 2 "leaves" cut from citron or angelica stuck in frosting on each side of cherry.

**UNCOOKED EGG-WHITE FROSTING**

1 egg white  
1 tsp. water  
1/4 tsp. lemon juice  
2 c. sifted confectioners' sugar

Place egg white in qt. bowl. Add water and lemon juice. Gradually beat in confectioners' sugar. When smooth and thick, spread on cake. Let stand at room temperature about 2 hr. or until firm to the touch.

**FAMILY SUPPER**

Cream of Mushroom Soup  
Crisp Crackers  
Decor: Assorted Olives or Pickled Artichokes, and Crisp Celery  
Open Sliced Turkey Sandwiches

Candle-light Frosted Little Christmas Fruit Cakes  
Frozen Raspberry Goblet Coffee

Note: Be sure to provide cream and milk for children, and ice cream for their dessert.

**FROZEN RASPBERRY GOBLET**  
1 (10 1/2 oz.) pkg. frozen

raspberries, (cut in cubes with warm knife)  
Juice 3 lemons  
1 pt. sparkling water  
1 pt. raspberry sherbet  
Combine ingredients in large cocktail shaker and shake vigorously. Serve in 5 oz. goblets, with spoons for the eating. Makes 10 to 12 servings.

### Couple Given Farewell Party By Neighbors

Mr. and Mrs. Alfred MacKay and family, Stanley Bridge, were honored at a farewell party by their former neighbors of New London at their recently purchased new home at Stanley Bridge.

When all had assembled, Francis Murray, as master of ceremonies spoke briefly of the purpose of the gathering and called upon Mrs. Marion Cole, who read a suitable address expressing regret at losing their neighbors.

Gifts were presented by Mrs. Murray MacKay. The remainder of the evening was spent in social chat and card playing. Refreshments were served by the ladies.

Mr. and Mrs. MacKay have a family of three, Margaret, employed at the Bank of Nova Scotia, Kensington; Neil, at home, and Jean a student at Kensington Regional High School.

### CGIT Groups Hold Service At Pownal

The CGIT groups of Pownal and Cherry Valley held their Christmas Vesper Service on December 19th at 7:30 p.m. in Pownal United Church.

The girls were assisted by their leaders, Mrs. William E. Grant and Mrs. George Hayden. The first reader was Evelyn Howitt; second was Sandra Hayden and Hennie Plagenhoff was the candlelighter.

The offering was received by Linda Sanderson, Shirley Tweedie, Donna Brown and Bonnie Wood, and others assisting were Peggy Grant, Charlotte Tweedie and Debby Worth. Mrs. Harold Smith was the organist.

## Charlottetown Curling Club New Year's Day January 1, 1966

The President and Executive of the Club will receive members and their guests from 4 p.m. until 6 p.m.

## HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-5300

Earla Buell, daughter of Mr. and Mrs. Earl Buell, Summerside, accompanied by Sandra Clark, daughter of Mr. and Mrs. Lloyd Clark, Summerside, are visiting in Montague guests of Miss Buell's aunt and uncle Mr. and Mrs. Heath Stewart.

Mr. and Mrs. James Cudmore and family have returned to their home in Montague after spending the Christmas holiday with Mr. Cudmore's parents, Mr. and Mrs. Albert Cudmore, Wheatley River.

Peggy Johnston, nurse-in-training at the Saint John's General Hospital, Saint John, N. B. is spending the holidays at her home in Montague, guest of her mother, Mrs. Phemie Johnston.

Mr. and Mrs. A. F. Campbell Montague, are spending the holiday season in Halifax, N. S. guests of their daughter and son-in-law, Mr. and Mrs. Fred Miniken and family.

Dr. Louise and Mrs. Johnson, Montague, left recently for Toronto, Ont., where they will spend the holidays with their son and daughter-in-law Dr. and Mrs. Malcolm Johnson and family. On their return they will also visit with other members of their family; in Montreal they will be the guests of Mr. and Mrs. James Johnston and family and in Bathurst, N. B., they will visit with Mr. and Mrs. Douglas Johnston and family.

Jeanie Douglas, daughter of Mr. and Mrs. Ralph Douglas, Montague, is spending the holiday season in Charlottetown, guest of Mr. and Mrs. Wally Rodd and family. Miss Douglas will also visit in Montague as guest of her aunt and uncle Mr. and Mrs. Douglas Coffin.

Elayne Martin, daughter of Mr. and Mrs. Vincent Martin, Montague and student at Notre Dame Academy, Charlottetown is spending the holidays with her family.

Duncan MacLeod, student at Mt. Allison University, is spending the holidays with his parents Mr. and Mrs. Stewart MacLeod, Montague.

Mary Larter of Montreal surprised her parents, Mr. and Mrs. E. E. Larter, by arriving in Alberton on Christmas Eve to spend the holiday weekend with them.

Rev. Gerald Steele and Douglas Gaudin left Alberton during the weekend to spend a week in Montreal.

Wendell Hardy, Alberton, spent Christmas with friends in Campbellton, N. B.

A baby shower for Mrs. John MacGowan was held recently at the home of Mrs. M. N. MacGowan, Kensington. The dainty parcels were opened by the guest of honor, assisted by Janice Lynn Campbell. Mrs. James Campbell read the accompanying verses. During the social hour which followed, the hostess was assisted in serving refreshments by Mrs. Bruce Lecco and Mrs. Lawrence Lecco.

Harold Paynter of Toronto Star, Toronto, Ont. arrived by air to spend Christmas with his father, Charles Paynter, French River, P. E. I.

A shower was held at the home of Mr. and Mrs. Howard Schurman, Central Bedouque, for Billy and Mrs. Bagnall, who were recently married. The young couple were escorted to a decorated seat of honor by Mr. and Mrs. George Smith, while Mrs. Schurman played appropriate music. Gifts were carried in by Rosemary Webster and Cheryl Clark and were opened by Dianne Kaynor and Mrs. Morley Wood. Verses were read by Mrs. Lloyd Hogg. Refreshments were served by the hostess, assisted by the guests.

Mrs. Howard Gallant left Rusticoville recently to spend a few months with her son, Allison and family, and her daughter and son-in-law, Mr. and Mrs. Alfred Gallant of Calgary, Alberta.

Ignatius Deiron, son of Mr. and Mrs. Arthur Deiron of North Rustico and a Grade 12 student at Stella Maris Regional High School was elected to represent his school at the International Allied Youth Conference in Washington, U.S.A. this week.

Mrs. John Doucette and daughter, Karen, of Pleasant View are spending the holidays with members of their family in Toronto, Ont.

Mr. and Mrs. Eugene Doucette of North Rustico spent Christmas with their son and family in Halifax, N.S.

Mr. and Mrs. Maurice Wark of Montreal are spending the holiday season with their son and daughter-in-law, Mr. and Mrs. Keith Wark, St. Louis.

Richard Gaudet of Danver, Mass. is visiting at the home of his parents, Mr. and Mrs. Thomas Gaudet in DeBlois.

Betty Thibideau of Montreal is spending the holiday season with her parents, Mr. and Mrs. Carl Thibideau in St. Louis.

Virginia Shea, student at St. Dunstan's University spent Christmas at the home of her parents, Mr. and Mrs. James She in Waterford.

Mr. and Mrs. Harold Hunter and daughters, Barbara and Beverly, North Lake, spent the Christmas holidays with Mr. and Mrs. Martin Hunter, Parrboro, N.S.

Mr. and Mrs. Hartley Jardine and son Allan of Kingsboro are spending some time visiting with relatives and friends in Toronto, Ont.

Sterling Robertson, Kingston, Ont. is spending the holidays with his father, John W. Robertson, Kingsboro.

Mr. and Mrs. Colin Dixon, Connecticut, U.S.A. spent Christmas with their daughter and son-in-law, Mr. and Mrs. Alvin Rose, East Baltic, also with Mr. Dixon's mother, Mrs. R.W. Dixon, Kingsboro.

George and Blair Lapierre, patients at the Provincial Sanatorium, spent Christmas with their parents, Mr. and Mrs. James Lapierre, Red Point.

James Mills, student at the Agricultural College, N.S. spent the Christmas holiday with his parents, Mr. and Mrs. Russell Mills, Bay Fortune.

Mr. and Mrs. Orville Jarvis and family of Toronto, Ont., are spending some time with Mr. and Mrs. Freeman Massey, Bothwell.

Student nurses from the Charlottetown Hospital who spent Christmas at their homes are Marguerite Landriagan Sturgeon; Anne Rowe, Tracadie; Rose Trainor, Fort Augustus; Sylvia Bernard, Summerside; Irene Farrell, Lot 16; Marlene LeClair, Summerside; Carol Anne Hamell, Bedouque; Wilma Dunphy, Vernon River; Florence Foley, Alberton; Sheila McInnis, Summerside; Mary McQuaid, Richmond; Lily Chaisa, Rollo Bay; Geraldine Gallant, North Rustico; Audrey Gallant, North Rustico; Anne Marie Gaudin, North Rustico; Nora Kelly, North Wiltshire; Jean Moss, Vernon; Ann Marie White, Rollo Bay; Teresa Quinn, Carleton Place; Maureen McIver, Kingsboro and Cheryl Corcoran of Piusville.

Mr. and Mrs. Leo Gallant are spending Christmas holidays with their sons and families in Calgary, Alberta.

Mrs. and Mrs. James D. Gallant are spending holidays in Connecticut, U.S.A. Garry Doucet son of Mr. and Mrs. Vernon Doucet of Dartmouth, N.S., spent Christmas with his parents. He attends St. Augustine's Elementary School and resides with his grandparents, Mr. and Mrs. A.E. Doucet, Rusticoville.

Isabel O'Halloran is a patient in city hospital, having undergone a minor operation.

Mr. and Mrs. Stanley Gallant and family of Edmonton, Alta., are guests of Mr. Gallant's parents, Mr. and Mrs. Ayle Gallant of North Rustico.

Roland Leslie and family have

recently purchased the farm property of James Wade of South Rustico.

Mr. and Mrs. LeClair and son Eric of North Rustico are visitors to Montreal and Sudbury.

Leo Martin, Lawrence, Mass., is guest of his brother, Henry Martin of South Rustico.

Mr. and Mrs. Arvis Arsenault of Wellington were recent visitors to Rusticoville.

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### BOWS INTO SOCIETY

Marialice Sue Shivers, daughter of former Texas Governor, and Mrs. Allan Shivers, bows into society at the Inter-

national Debutante Ball in New York's Astor Hotel. The Texas flag is held by her honorary military escort, a mid-

shipman from the U.S. Naval Academy. (AP Wirephoto)

Ella Beaton-East Point, had recently the misfortune of falling on the ice and breaking her wrist.

Ray Bruce is convalescing at his home, Red Point, following his illness in the Souris Hospital.

Elinor McVane and Mildred Ching, students at Prince of Wales College, Charlottetown, spent the holidays at their respective homes in Bothwell and Black Pond.

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### HOUSEHOLD HINTS

To keep bottom crusts of fruit pies from becoming soggy, brush with very soft butter and refrigerate briefly before filling.

Add cornstarch to butter cream frostings. Thickens them without adding extra sweetness.

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