



MR. AND MRS. WILLIAM STEWART AND ATTENDANTS

Pretty Autumn Wedding Held In Charlottetown

Trinity United Church, Charlottetown, was the scene of a pretty autumn wedding on Saturday, October 20, at 3.30 p.m., when Mary Ardeth, R.N., daughter of Mr. and Mrs. James Q. Dixon, Little Sands, exchanged vows with William Stewart, son of Mr. and Mrs. G. Claude Smith, East Royalty. The double-ring ceremony was performed by Rev. M. D. Dunbar, assisted by Rev. M. D. Dunbar. The church was beautifully decorated for the occasion with baskets of white chrysanthemums.

Guest pews were marked with white satin bows. Mr. R. F. Mugford, church organist, was in charge of the wedding music and accompanied Miss Dorothy Leard, R.N., who sang "The Lord's Prayer" before the ceremony and "Through the Years" during the signing of the register.

The charming bride, given in marriage by her father, wore a white floor-length wedding gown of lace and net over satin with full fashioned skirt and lace inserts, fashioned with high neckline trimmed with seed pearls, and long sleeves tapered to a point over her hands. Her fingertip veil of tulle illusion was held in place by a pillbox style of headress of nylon net and lace trimmed with sequins. She carried a cascade bouquet of red American Beauty roses. Her only jewellery was a pair of tiny pearl earrings.

Mrs. William Miller, the bride's sister and matron of honor, was attired in a full-skirted ballerina length dress of light blue crystal, with fitted bodice and off the shoulder neckline, and matching mitts. Her headress was a blue feather bandeau. She carried a short cascade bouquet of white

and light blue carnations. The bridesmaid, Miss Dorothy MacEwen, R.N., wore a full-skirted ballerina length dress of shrimp crystal with fitted bodice and off the shoulder neckline, and matching mitts. Her headress was a pink feather bandeau. She carried a short cascade bouquet of white and pink carnations.

Mr. Harvey MacKinnon was best man and Const. Charles Walper and Mr. George Crosby were ushers. The bride's mother chose for her daughter's wedding a street length sapphire blue satin dress, with black accessories, and wore a corsage of deep pink roses. The groom's mother chose a street length navy blue bengaline dress, with white accessories, and wore a corsage of yellow roses.

Following the ceremony a reception was held at Oakwood Lodge for sixty guests. The bride's table was centered with a three-tiered exquisitely decorated wedding cake surmounted with a miniature wedding bell and doves. Rev. A. F. MacLean proposed a toast to the bride to which the groom fittingly responded. Miss Gladys MacMillan was in charge of the guest book. Friends of the bride who assisted in serving were Mrs.

Don Wonnacott, R.N., Miss Anne Jenkins, R.N., Miss Phyllis Munn, Miss Velma Munn, Mrs. Wendell Stewart, R.N., Mrs. Don Tinney, R.N., and Miss Mildred Webster, R.N.

Following the ceremony the happy couple left on a honeymoon trip through the eastern New England States and the Maritime Provinces. They will reside at their new home in East Royalty. For travelling the bride donned a rust linen suit with dark brown and yellow accessories, and a corsage of yellow roses.

The bride is on the Nursing Staff at the Prince Edward Island Hospital and the groom is an employee of the Island Telephone Company.—Photo by Craswell.

WOMEN

Lena Caroline McLure, Women's Editor. Phone 8506

Page 8, The Guardian Friday., Nov. 16, 1956

HAPPENINGS

Mr. and Mrs. H. E. Miller who have been visiting their son-in-law and daughter, Mr. and Mrs. W. E. Armstrong and grandchildren in North Bay will be in Montreal for a short time before arriving home about the end of November. Mr. Armstrong has been transferred to Montreal.

Mrs. Hubert Agnew and daughter Janet and Nancy Summerside, have left to take up residence in Hamilton, Ont.

Miss Frances Coyle was the guest of honor Sunday afternoon at a tea given by her mother. Tea was poured by Mrs. Charles Campbell. Those assisting in serving were Miss Jackie Comiskey and Miss Elizabeth Coyle.

Miss Frances Coyle, who has been employed with T.C.A., Dartmouth, has been spending a week with her parents, Mr. and Mrs. F. A. Coyle. Miss Coyle left on Tuesday by plane for Calgary, where she will reside. She will visit in Montreal and Winnipeg enroute.

Miss Deanna Bell, second year student at Mt. Allison University, visited her parents, Mr. and Mrs. Melville Bell, De Sable, on Sunday, November 11. Miss Mary Cairns and Miss Helen MacMillan, nurses in training at the Prince Edward Island Hospital, Charlottetown, also were guests.

The annual meeting of Bridgetown Women's Institute was held at the home of Mrs. Lloyd MacLeod on Nov. 7, 1956. The meeting opened by repeating the Collect in union. Ten members answered the roll call by paying dues.

The minutes of the last annual meeting and the October meeting were read and approved. A brief address by the president was followed by reports of committees.

The sick committee reported no serious sickness during month of October. The school committee reported a visit to the school, which was found to be clean and in good order. A motion was made and carried that a gift of \$1.50 be given to the teacher and pupils for their help in cleaning the school. The secretary gave a report of the years transactions showing a substantial increase in funds over last year.

Several bills were presented, and ordered to be paid, one of which was ten dollars to Mr. Wallace Wood for painting and erecting road signs. It was decided to donate \$5.00 to King's County Memorial Hospital, and \$5.00 to Springhill Disaster Fund, also to order twelve subscriptions of Institute News.

The members planned to attend a supper given by Upton and Forest Hill Institutes on Nov. 21st. Plans were made for holding a bazaar and auction in Bridgetown school on the evening of Nov. 16th. The members of a number of neighboring institutes were to be invited; a film was to be shown for entertainment, and lunch served.

The following officers were elected: President — Mrs. Lloyd MacLeod; vice president — Mrs. John Morris; Secretary Treasurer — Mrs. V. H. Dockendorff assisted by Mrs. James Campbell. Directors — Mrs. Ray Acorn and Mrs. Roy Llewellyn; Auditors — Mrs. Robin Clay and Mrs. Paul Kingsbury.

The next meeting was to be held at the home of Mrs. James Campbell. The ladies will arrange material for the Christmas concert, instead of the usual entertainment. The roll call was to be answered by "exchange of Christmas Gifts."

After adjournment by "The Queen" a delicious lunch was served by the hostesses, assisted by the lunch committee.

EARNSLIFFE C.W.L. The monthly meeting of "The Star of the Sea" C.W.L. was held at the home of Mrs. Joe Morrissey, on Monday evening, Nov. 5, with a fair attendance of members, and two visitors. Mrs. Joseph Murphy presided, opening the meeting with the league prayer. The minutes of the last meet-

ing were signed as read, and the financial statement showed a fair balance on hand. Correspondence, consisted of a card of thanks from a bereaved family. A nice box of new clothing was packed for the Catholic Welfare, including a completed infant's layette.

A number of Catholic magazines and papers were collected by the convenor of social welfare, who also reported sending the month's bouquet cards during the month. Three members attended the conference at Georgetown, and their interesting report gave many subjects for discussion. The members decided to have a report offered for the souls of their deceased members, during November.

A motion carried to have a pantry sale as soon as possible. Mrs. James Murphy to see about place and date. Mrs. Joseph Murphy invited the members to her home for the December meeting; roll call to be the price of a pound of butter from each member for the Sisters of the Precious Blood; all members to be contacted regarding.

Meeting was then adjourned and the act of Consecration to the Blessed Virgin Mary, read by the president. Lunch was served and a social hour spent.

EAST BALTIC W.I. The annual meeting of the East Baltic Women's Institute was held at the home of Mrs. Harry Dixon on Nov. 6th; with the President, Mrs. Colin Dixon in the chair. Nine members and two visitors were present. Roll call was answered by sing say, play or pay.

Minutes of last regular and last annual meeting were then read and adopted. Secretary then gave the financial report which was followed by the paying of dues and the election of officers for the coming year.

Mrs. John B. Fay; vice-president, Mrs. Walter Dixon; secretary-treasurer, Mrs. Harry Dixon (re-appointed); directors, Mrs. Arthur Dixon and Mrs. J. A. Ellsworth; auditors, Mrs. R. S. MacGregor, and Mrs. Harold MacGregor; press reporter, Mrs. Colin Dixon. Mrs. Walter Dixon, Mrs. Wallace Rose and Mrs. Harold MacGregor were appointed on the lunch committee for December meeting, which is to meet at the home of Mrs. Walter Dixon, roll call to be answered by an exchange of Christmas gifts.

Members brought woolen materials to be made into quilts for the sanitarium service. \$10.00 was voted for the Springhill Disaster Relief Fund.

KEEP IN TRIM Rhythm Slimming Can Banish Bulges

Well-toned muscles help you appear pounds lighter and feel years younger—so don't be persuaded that exercise is no help in figure fixing. When muscles become flabby they sag and create pockets which invite fatty deposits. There is more fat in certain areas, so as the fat is put in general circulation by means of specific exercise, more of it will come from those areas where excess fat has accumulated.

Specific exercise not only stimulates the circulation in fatty spots, but toned muscles make for slim-trim contours. In short, normal tone in the figure controlling muscles helps you to look the way nature designed the figure to look—waist whittled, abdomen firm, hips smooth. So on with easy streamliners.

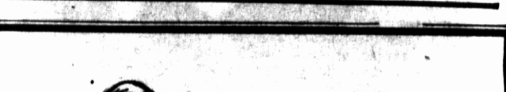
A little mood music please... for music lifts the spirits. Any tune will do, but it should have a rhythmic beat to fit the rhythm of the exercise movement. Take it slow and easy.

Start with a stretch-bend... Position: Standing, feet well apart, have right hand on side-thighline, left arm arched over-

head, ballerina fashion. Movement: Bend to far right side as you reach to far right with left hand... in a sort of bounce, bounce, bounce about a dozen times to the rhythm of the melody. Any held movement is slimming. Side bending reaches those hard-to-keep-toned boundary muscles. Change position of arms and stretch-bend to the left, again bouncing to the rhythmic beat of the music.

It's always a good plan to shift to a completely different set of muscles. Follow through with the scissors exercise to strengthen thigh and hip muscles. Swing music, please... Position: Lying on right side on floor, with left palm braced on floor in front of chest, legs straight down.

Movement: Shuttle into action swinging left leg forward as right leg swings back, reverse, crossing legs with each swing. This is an easy exercise, but don't overdo. Swing about 12 counts, then change sides and swing freely for another 12 counts. Finish with an easy roll, rolling heavily and slowly across hips from a lying on back position.



DAILY PATTERN



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Washcloth pocket for towel! Pattern 7074 has crochet directions for gifts and for bazars.

Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front St., West, Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.

LET'S EAT

Steak Platter Special

By IDA BAILEY ALLEN
"Cooked frozen buttered or minute steaks," I said to the chef, "can be enticingly arranged with cook frozen vegetables on a heated platter, almost equaling the planked steaks served in plush restaurants."

"May I suggest a glamorous combination, Madame?" he asked. "Cook frozen minute or buttered steaks with maitre d'hotel butter, surrounded with cook frozen asparagus tips, frozen corn saute, and a border of heated frozen mashed potato that has been put through a pastry tube, bouquets of cress and radish roses."

"That's fine for a company dinner, chef," I said. "Now let's have a menu for Sunday dinner including a simpler steak and vegetable platter."

Tossed green salad, minute steaks and vegetable platter spiced steaks, peas, oatmeal cookies, Coffee, tea, milk.

All measurements are level recipes proportioned to serve 4 to 6. Minute steaks and vegetable platter: Cook 1 (10 oz.) pkg. mixed vegetables according to directions on the pkg. Season with butter and 1/2 tsp. thyme.

Spread the contents 1 (10 oz.) pkg. frozen French fried potatoes on a cookie sheet or large pan and place in a hot oven, 400 degrees F. to thaw and brown.

Brush frozen minute steaks with a little cooking oil. Dust with salt, pepper and monosodium glutamate. Pan-try quickly, allowing 6 to 8 min. Turn once.

To arrange: Place the minute steaks diagonally on a platter, the sizzling hot french fried potatoes on one side, the steaming buttered mixed vegetables on the other. Garnish of radish roses and cress. Frozen fish fillets: These can be made into the most appetizing casserole dishes. The fish fillet casserole in today's menu is an appetizing example.

TOMORROW'S DINNER
Grapefruit halves, fish fillets stuffed with barbecued green beans, mashed turnip, fruit compote on frozen waffles.

Coffee, tea, milk
Fish Fillets: Half-thaw 2 (1 lb.) pkgs. frozen fish fillets, any kind. Dust with salt, pepper and monosodium glutamate.
Place half in a well-buttered low casserole, making 1 layer.
Top with a layer of 1 (10 oz.) pkg. frozen cut green beans, half-cooked and seasoned with barbecue sauce.

Fit on the remaining fish. Dot

MORNING SMILE

Joe: "We're going to paint our living room walls. I think green is better, but my wife wants yellow. What do you think?"
Jim: "Do you want to do the job over again? Yellow!"

in brackets, include: Quebec, 5-241,000 (\$450,000); Montreal 41-569,000 (41927,000).

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<p>Cut in finely 1/2 c. chilled shortening Make well in dry ingredients; add 1/2 c. milk and mix lightly with a fork, adding milk, if necessary, to make a stiff dough. Knead 10 seconds on floured board. Roll out to 8 x 12-inches. Spread with 1/4 c. thick raspberry jam</p>	<p>Sprinkle with 2 tbsp. chopped almonds Arrange peaches over dough. Beginning at a short edge, roll up; cut into 6 slices. Place, cut side up, in greased 7 x 11-inch pan. Bake in hot oven, 400°, 25 min. Meanwhile, bring to boil, stirring, 1 tbsp. granulated sugar, 1 tbsp. corn starch, few grains salt, 1 tbsp. lemon juice, 1 peach syrup (use water, if necessary, to bring measure up to 1 c.). Stir in 1 tbsp. butter or margarine and 1/4 tsp. almond extract</p>	<p>Pour over partially cooked pinwheels. Bake about 20 min., longer. Yield—6 servings.</p> <p>Protect all your ingredients with dependable MAGIC! Get light and tender results—get MAGIC Baking Powder</p>
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