

WOMEN'S REALM: SOCIAL and PERSONAL: FASHIONS: LITERATURE

THE COOK'S CORNER

Shortbread

Six oz. flour, 2 oz. ground rice, 1 lb. butter, oz. sugar. Melt butter, but do not oil it. Stir it into the flour and sugar; work it up smoothly and if it is crumbly, add a few drops of milk. Roll out and cut into squares. Bake in a moderate oven.

A Nice Oven Scone

One lb. flour, 1 tablespoon sugar, 1 teacup raisins, 1 teacup salt, 1 teacup baking soda, 2 teacups cream of tartar, 1 teacup butter, 1 teacup syrup, and buttermilk to make a nice soft dough. Sieve all dry ingredients, add butter, rubbing this well in. Mix to a smooth dough with milk and syrup, add raisins. Pour into a greased tin, or two sandwich tins. Bake 45 minutes in a moderate oven.

Tea Sponges

Switch well 2 eggs with 1 teacup of sugar and 3 tablespoons of melted butter. Add 2 teacups self-raising flour, 1-4 teacup salt, and 1 teacup milk. Heat 12 small tins in the oven then butter lightly. Fill half full with the mixture and bake in a hot oven for 15 minutes.

Ginger Nuts

Ten oz. flour, 4 oz. each of lard and sugar, 2 teacups ground ginger, 3 tablespoons syrup or molasses, 1 teacup bicarbonate of soda.

Beat lard and sugar to a cream, add flour, ginger and sugar. Dissolve the soda in a little cold water and add. Mix well, form into a stiff dough, adding more flour if too soft. Pull off pieces the size of a walnut and bake in a buttered tin in quick oven.

Do Not Remain a Slave to Constipation!

Don't believe that common constipation is an ill that has to be endured. Becoming "regular" is no longer a problem if you use Kellogg's "regularity" necessary for "regularity."

This "bulk" will be obtained easier by eating Kellogg's All-Bran every day. All-Bran is not completely assimilated and helps "mass" favourable to "regularity."

All-Bran is a crisp and browned cereal, delicious to taste, and which is one of the foods the richest in Vitamin B1, the natural intestinal tonic.

Eat All-Bran every day, drink lots of water, and see how agreeable life is when you are "regular." Made in London, Canada, by Kellogg. At all grocers.

EARNSCIFFE WOMEN'S INSTITUTE

The May meeting of the Earnsciffe W. I. was held at the home of Mrs. Laura McInnis on Friday, May 9th. The president being absent, Miss Laura Young occupied the chair.

The meeting opened with In-sights Ode followed by Creed. Roll call, which was answered by an "Exchange of Flower Slips," was responded to by ten members and four visitors. Collection for the evening amounted to 45c.

The minutes of previous meeting were read and adopted. Plans were made for a concert which is to be held in the near future.

The School Committee reported that stove polish was needed for school stove and it was decided that same be purchased. The correspondence was then read by the Secretary.

It was moved and seconded that school children canvas district for Red Cross Society. It was decided that old woollens be sent away again this year.

Mrs. Peter McInnis kindly invited the members to her home for the June meeting when roll call will be answered by a ten-cent "Grab Bag."

Meeting closed by singing the National Anthem, after which a light lunch was served.

NEW...a CREAM DEODORANT

which safely

STOPS under-arm PERSPIRATION

- 1. Does not harm dresses, does not irritate skin. 2. No waiting to dry. Can be used right after shaving. 3. Instantly checks perspiration 1 to 3 days. Removes odor from perspiration, keeps armpits dry. 4. A pure, white, greaseless, stainless vanishing cream. 5. Arid has been awarded the Approval Seal of The American Institute of Laundering for being harmless to fabrics.



39¢ a jar

15 MILLION jars of Arid have been sold... Try a jar today... at any store which sells toilet goods.

ARRID



Mrs. Thane A. Campbell wife of Premier Campbell who will be prominent in today's demonstration of welcome to Their Majesties.

Modern Etiquette

(By ROBERTA LEE)

Q. When a girl has been introduced to a young man, and is leaving him, may she say that she is glad to have met him?

A. No. It is the man's place to say "I hope I shall see you again."

Q. When playing tennis, should the receiver run after the first ball served, if it is wide, or await the second ball?

A. He should remain standing, and await the second ball.

Q. Does a bridegroom usually give his bride a wedding gift?

A. Yes; it is customary for him to give her a gift of jewelry.

Morning Smile

A PROMISING LAD.

Mrs. Flannigan—Sure, I just got a letter from Barney, sayin' he would be let out of jail tomorrow; he got a month off for good behavior.

Mrs. Murphy—A month off for good behavior, is it? Faith, and that's a led to be proud of.

A CANNY CHAP

Boss—So you know the fellow who stole your car?

Friend—Sure. I see him every day.

Boss—Then why don't you have him arrested?

Friend—I'm just waiting until he puts on a new set of tires.

A Preventive

If you have a long bus or train ride ahead of you and you are inclined to be car or train sick, beat the white of an egg stiff, add the juice of 1 lemon, and 1 teacup sugar and take this before starting on your journey. It is a wonderful protection against that nauseating feeling.

While flying in the stratosphere, it is possible to look straight into the sun without discomfort, because of the absence of matter which will refract the sun's rays.

Red is new for summer evening coats, either in wraps, or in short jackets.

Asked by natives to shoot a crocodile which had been bothering them, a farmer driving near the Cwanda River in Southern Rhodesia killed the beast and inside it found several diamonds and gold coins.

A comet is much lighter than air, and its only particles of mass are those infinitesimal ones in its head. In 1887, there appeared a "headless" comet; many comets have no tails.

Exceptionally selected cotton seed for use in China has been developed and acclimated in Korea from original American seed.



Mrs. George D. DeBlois, wife of Hjs Honor Lieutenant Gov. DeBlois, who will welcome the King and Queen at Government House today.

Today's Short Wave Radio Program

(All Time is Eastern Standard)

WEDNESDAY, JUNE 14

SAN FRANCISCO 9:45 a.m.—Modern Melodies. WEXBE, 9.53 meg., 31.4 m.

NEW YORK 2:00 p.m.—U.S. Navy Band. W2XK, 1783 meg., 16.8 m.

MOSCOW 4:00 p.m.—Broadcast in English. RAN, 9.6 meg., 31 m.

SCHENECTADY 4:30 p.m.—Science Briefs. W2XAD, 15.33 meg., 19.5 m.

LONDON 6:30 p.m.—From Screen to Radio. GSO, 15.18 meg., 19.7 m.; GSD, 11.15 meg., 25.5 m.; GSB, 9.51 meg., 31.5 m.

PRAGUE 6:55 p.m.—News in English. OLR4A, 11.84 meg., 26.3 m.

BUDAPEST 7:00 p.m.—"Song." Interpreted by the Radio Orchestra. HAT4, 9.12 meg., 32.8 m.

EINDHOVEN 7:15 p.m.—PHOHI Transmission for the Western Hemisphere. POJ, 9.59 meg., 31.2 m.

ROME 7:30 p.m.—Light Music; Arturo Lancelotti; "Poebal" in Cosmone. ZRO, 11.81 meg., 25.4 m.; IRP, 9.83 meg., 30.5 m.

TOKYO 8:15 p.m.—Japanese Selections. JZJ, 11.80 meg., 25.4 m.

BERLIN 9:00 p.m.—Songs from the Rhine. DJD, 11.77 meg., 25.4 m.

NEW YORK 10:00 p.m.—Symphony No. 5 "New World." W3XL, 8.10 meg., 49.1 m.

GUATEMALA CITY 10:00 p.m.—Opera. TGWA, 9.68 meg., 31.1 m.

CINCINNATI 10:00 p.m.—Music for Latin America. W3XAL, 6.06 meg., 49.5 m.

LONDON 11:15 p.m.—"World Affairs," talk by J. L. Briery. GSD, 11.75 meg., 25.5 m.; GSO, 9.68 meg., 31.3 m.; GSB, 9.51 meg., 31.5 m.

PARIS 11:20 p.m.—Message from Paris (In English). TPB7, 11.88 meg., 26.2 m.; TPA4, 11.71 meg., 25.6 m.

YOUR INDIVIDUAL HOROSCOPE

By FRANCES DRAKE

Look in the section your birthday comes in, and find what your outlook is, according to the stars. (Copyright, 1939, King Features Syndicate Inc.)

WEDNESDAY, June 14th

MARCH 21 to APRIL 20 (Aries) —Born before April 4? Money interests, investments and sales positions need careful handling. All Arians: day not particularly auspicious for collections, business expansion or risks but it is favorable for personal affairs.

APRIL 21 to MAY 20 (Taurus) —Don't permit inertia or that "I don't care" attitude to better your initiative and true ability. Taurus: Today calls for action and application of your resources to get things done right.

MAY 21 to JUNE 21 (Gemini) —Some shares to trip you up if you're not on guard. First, give personal attention to important matters and don't slight details. Second, stay on the diplomatic side. Tact in speech!

JUNE 22 to JULY 23 (Cancer) —Favorable for substantial, whole-some things, necessary duties, self-improvement, cooperating with fellow workers, employer or employee; also good for progressive issues, government employees. Romance, children's affairs, domesticity on approved list.

JULY 24 to AUGUST 23 (Leo) —Beneficial for industrial and financial lines. Gains indicated will come through your own clever management and evenly balanced effort at whatever your particular job. Heart interests tops.

AUGUST 23 to SEPTEMBER 23 (Virgo) —You born before Sept. 7? take advantage of favorable Neptune rays for keen head work—research and the like. All Virgoans: shipping, chemistry, dietetics and matters pertaining to perfumes and beverages highly favored.

SEPTEMBER 24 to OCTOBER 23 (Libra) —Taboo: new ventures risks of all kinds, carelessness, handling machinery, driving vehicles, going too far out on the proverbial limb and extravagance. Day is best for familiar work, routine and sensible relaxation.

OCTOBER 24 to NOVEMBER 22 (Scorpio) —Born before Nov. 10? Then watch your step in speculation; unnecessary, improvident buys. All Scorpio folk: Strike a happy, even tempo and you'll fair better; go farther toward your goal.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) —Please heed advice given Scorpio natives. Give attention to your health. It's common sense to check your routine and habits at regular intervals, either to improve or at least to maintain a high standard. Keep emotions under steady control.

DECEMBER 23 to JANUARY 21 (Capricorn) —Saturn's influences negligible but other planetary rays tend toward physical strain and worry. A prescription to follow: be alert but tranquil; don't entertain jealousies or suspicions; open



Miss Virginia Campbell daughter of Premier Campbell and Mrs. Campbell who will have the honor of presenting a bouquet to Queen Elizabeth in the Confederation Chamber.

How Can I??

(By ANNE ASHLEY)

Q. How can I launder a garment of brush wool?

A. Make a suds of pure flakes and warm water. Squeeze the garment in the suds, changing the water frequently. Rinse thoroughly, adding a few soap flakes to the last rinsing. Spread out flat to dry, turning the garment when one side is dry.

Q. How can I add a few pounds when slightly underweight?

A. Olive oil is excellent for this purpose; and to make it more palatable try adding a pinch of salt to a wine-glass of the oil.

Q. How can I make a flaky pie-crust?

A. Pie crust in which a half teacupful of baking powder is added to every cup of flour, will be unusually light and flaky.

your heart to confidence, pleasantness.

JANUARY 22 to FEBRUARY 20 (Aquarius) —Care suggested, especially in looking after your own interests, in dealings with professional people, artists; in new adventures. Day okay for ordinary work, solid matters.

FEBRUARY 21 to MARCH 20 (Pisces) —Excellent rays from Neptune especially sponsor Pisceans today. Make headway in your plans; have faith and definiteness of purpose. Be decisive when your intuition guides.

A CHILD BORN TODAY will be theoretical, pleasure-loving but will require considerable urge to make it succeed. Plenty of talent and mental capability in this youngster but it will need careful and firm direction in youth to stabilize it. Spiritual development will be a consolation and help. Important, favorable influences next five years.

Understand Nerves—Don't Be Their Prey



Do You Go to Pieces Easily? Time for her reception to begin. But just when Faith most needs all her poise and charm—bang! her nerves have gone to pieces.

Does this happen to you when you must meet critical moments, make an important decision? High time you learned to understand your high-strung nature.

A psychologist's advice is to take some definite action when you're a prey to indecision, worry. Brooding bottles up your nervous energies, but if you go for a walk, bake a batch of cookies or pay a call—you release your nerves, regain poise.

Watch your physical health, too. The nervous type has an advantage over stolid people, but impossible to have the magnetic vitality of the successful neurotic if you let yourself get run down.

Do you know the effect of eye-strain and infections on nerves? That irritability is aggravated by a lack of calcium in the diet? Our 32-page booklet is a well-known physician discusses the psychological and physical reasons for "nerves." Tells what to do about them, gives helpful advice on diet, exercise, care of the body. Shows how to redirect nervous energy into happier channels.

Send 20c in coins for your copy of Overcoming "Nerves" and Every Day Health Problems to the Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name Street Address City Province

The Housewife And Her Activities

Yet love will dream, and faith will trust. Since He who knows our need is just.

That somehow, somewhere, meet we must. Alas for him who never sees The stars shine through his cypress-trees! Who, hopeless, lays his dead

Nor looks to see the breaking day! Across the mournful marbles play! Who hath not learned, in hours of faith,

The truth to flesh and sense unknown. That life is ever lord of death. And love can never lose its own!

A clock in the tower of the courthouse at Hillsboro, N.C. was presented to the town by George II. when Hillsboro was the provincial state capital.

A HIDDEN FLOWER My first is in August but not in June; My second is in melody, not in tune; Third is in Sally, but not in Kate; Fourth is in haddock, but not in skate;

My fifth is in lavender, not in grey; Sixth is in evening, but not in day; My seventh is in dollar, but not in cent; Eighth is in borrowed, but not in lent;

Nine is in blue-bird, but not in Jay; Whole is a flower that brightens the way. We feel a bit sad, when it doth appear; For it whispers the end of vacation is near.

The usual height of a bamboo plant is less than forty feet. One kind of bamboo, however, reaches heights of from 100 to 120 feet. Ceylon is the place where the giant bamboo stalks grow well.

Fir cones stand erect on the twigs; the cones of pines and spruces hang down.

Soak raw carrot sticks for parties in cold water with one teaspoon of onion salt added. They are excellent with sandwiches or canapés.

Reading in Dark Seems almost a fact, with a new electrical reader which is simply a reading glass with a self-contained battery dry cells, now we can read in bed and not disturb anyone in the room.

Watched over by Miss Aki-ko Tsukimoto, a Japanese beauty, a flame of friendship, recently was started on its way in a silver urn to the New York World's Fair where it arrived for presentation at Japan Day, on June 2. Sacred cypress faggots, were lit from the eternal flame of Ijuno Shrine, located in Western Japan, which, tradition says, has been burning for hundreds of years.

Wolves no longer are to be found in any of the many national parks in the United States.

A bullet can be photographed in flight by a high-speed, photographic methods.

Save Glass Jars Many different brands of cheese and jelly are being marketed in glass containers which can afterward be used in a practical way—but oh! the job of getting the last drops out of them! Now science gives us a new line of labels with a distinctive adhesive which can be pulled off without leaving a trace of their presence.

Your small child will live in this attractive little sun suit this summer, either at home or away on vacation. Tiny tots get extra vitamin rays when dressed in this comfy suit with its amusing appliqued duck. You will want to run up several of these in different colors after you have finished the first one as they are so much fun to make. The straps across at the back to prevent it slipping off the shoulders. You can see from the diagram how easy it is to make. Three simple pieces cut from a very small amount of material and you have the cutest sunsuit ever. A stuffed duck is included in the pattern and will delight any child.

Style No. 2724 is designed for sizes 1, 2, 3, 4, 5 years. Size 5 requires 3-4 yards of 39-inch material for the play suit and 3-8 yards 35-inch for the stuffed animal with 1-8 yard contrasting for the wings and feet.

Send fifteen cents in stamps (15¢ or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

Style No. 2724 Size ... Name Street Address

2724 SIZES 1-5

Snappy Fashions For Home Use

BLACKHEADS Blackheads go quickly by a simple method that dissolves them. Get two ounces of peroxide powder from your druggist, apply with a hot, wet cloth gently over the blackheads—and you will wonder where they have gone.

National "Y" Secretary to Marry



Miss Winifred Viola Maynard (B.S. University of Toronto) and Mr. Nelson Franklin McEwen (B.A. McGill) of Toronto, National Boy's Work Secretary of the Y.M.C.A. of Canada, are to be married quietly in July. Miss Maynard is the daughter of Mr. and Mrs. George Maynard of Beachville, Ont., and Mr. McEwen is the son of the late Mr. and Mrs. Douglas McEwen of Charlottetown, P.E.I.