

Walking for Health.

There is almost no limit to the physical development, and health may be gained and maintained by walking which is done for the purpose of exercise.

Walking for health, like cold water as a beverage, seems contemptible because it is so simple; yet the writer knows of several ladies who have got rid of doctors, "blues," and headaches, all of which they once endured in rapid and wearing succession.

Bathing in Warm Water.

Cleanliness is not only essential to good health, but it is a mark of good breeding. The laborer in the field by the clinging of dust to his perspiring person becomes a fit subject for the bath tub very frequently.

Too frequent bathing is weakening; we would not advise morning and evening baths, as some of the medical journals do, but a good washing, frequently enough to keep the person clean.

NOTES.

Not the promissory, but facts about WELCOME SOAP, an article that does not contain one particle of the adulterations used to reduce the cost of "Pure Goods."

Special Notices

VELVETTES.—75 pieces black and colored Velveteens, to be sold cheap.—Weeks & Co., Market Square.

Horseshoe Acid Phosphate, MAKES A COOLING DRINK. Into half a tumbler of water put a teaspoonful of Acid Phosphate; add sugar to the taste.

Found a Manufacturer Overloaded!

Bought Part of His Stock at a Sacrifice.

Prices are Still Tumbling and Purchasers will Reap the Benefit Thereof!

REID BROS. have purchased a large Invoice of Fine Saxony All-wool Tweeds from a Manufacturer's Agent, whose name we are not permitted to mention, at a great sacrifice to the mills, and we intend giving our patrons the advantage of this purchase.

Experience has taught us that many persons have been driven away in disgust from houses who are continually advertising goods at extraordinary prices, which they are unable to produce when called for, and to meet this difficulty we ask intending purchasers to call and examine our stock and we are confident that one inspection will satisfy the most skeptical that we never advertise a humbug.

- 50 Men's Suits, heavy black worsted goods, winter weights, only \$6.50 a suit.
30 do do fine quality, \$8.50, worth \$12.
30 do do Scotch Tweeds, fine quality, \$8, worth \$14.
100 pairs Men's Black Worsted Pants, only \$2, worth \$3.
50 pairs very heavy Black Worsted Pants, only \$2.50, worth \$3.50.

REID BROS., CAMERON BLOCK.

CHRISTMAS SEASON, 1885.

Prang's Celebrated PRIZE XMAS CARDS.

'THE BOSTON CARD'

in the name of the Most Popular Card for this season. Do not fail to see it and leave your orders for it at once.

G. H. HASZARD, BROWN'S BLOCK, QUEEN SQUARE.

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THE GOOD STONE-WARE we are selling is so cheap is made by Thomas Furnival & Sons, England. Do you want a Good Tea Set? Do you want a Good Dinner Set? Do you want a Good Glass Table Set? Do you want a Good Chamber Set? Do you want a Good Glass Lamp? Do you want a Good Tasselt? Do you want Good China? Do you want a Good assortment of Earthenware, Glass and China?

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CUT THIS OUT and return it to us with 10c, or 4 3c stamps, and you'll get by return mail a Golden Box of Goods that will bring you in more money in one year than anything else in America. Your fortune if you start quick—CITY NOVELTY CO., Yarmouth, N. S.

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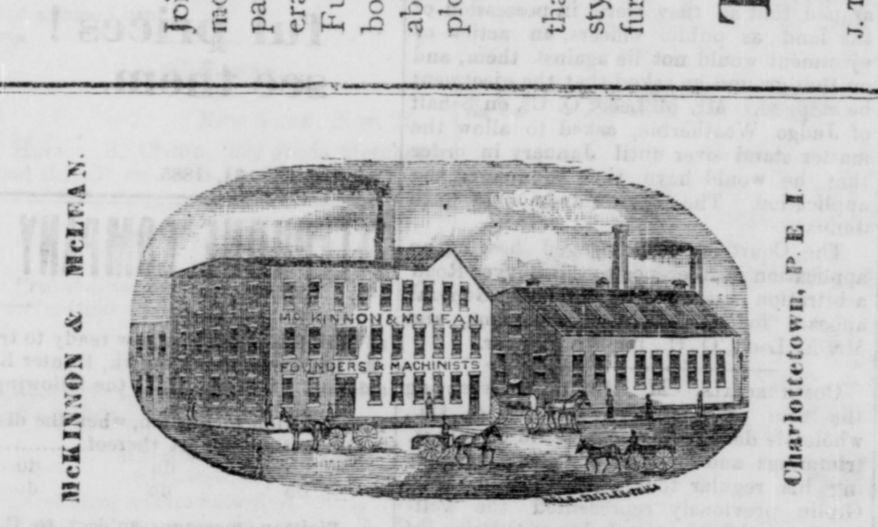
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THE best equipped establishment of the kind on the Island, where the miller can be supplied with Water Wheels, French Burr Stones, Eurka Smelters, Blitting Cloth, Proof Staffs, Silver Steel Picks Mill Spindles, Snaiting, Gear Wheels, Pulleys, Flanges, Boxes, Bails and Screws (for lifting stones), ROTARY SAW MILLS, SHINGLE MACHINES, Lath Cutters, Circular Saws (Disston & Robertson's), Arbors, Belting (rubber or leather), Card Clothing, Combs, Screw Bolts and Bolt Ends. THE FARMER can get Thrashing Mills, Fanners or the Castings for the same, Ploughs, Cultivators, Shares, Land Sides, Root Cutters, Boilers, POTATO DIGGERS, 75 ON HAND FOR THIS FALL'S TRADE, all sorts of Castings for Stove repairs, &c.

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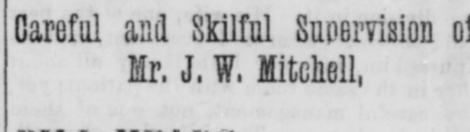
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TRADE MARK. SOAPS PAYS NO FANCY PROFIT

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See that you get this Soap, and not accept any of the numerous imitations that pay the grocer more money to recommend. The word WELCOME and the Clasped Hands are on every bar.

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MRS. GAUF, begs to announce to ladies residing in the country that, having learned the mysteries of Feather Curling and Cleaning, from one skilled in the art, she is now prepared to execute any orders of that kind with which she may be favored. Old Feathers made to look as beautiful as new.

Parties attending market may leave the Feathers with her on their way thither and call for them on their return. Charges moderate.

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A. MCNEILL, Charlottetown, RICHARD HUNT, Summerside, Agents for Collecting Exhibits, Oct. 24, 1885 - d'y wky

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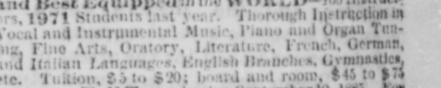
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Purity of Blood Essential to Health Strength, and Long Life.

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