

Ice Water--Doctors Disagree.

A celebrated physician says: "All ice-water drinking is bad," also that "a severe blow upon the body just over the solar plexus," (which in good United States language means an important portion of the nervous system located just back of the stomach), "will cause almost instant death," and he further says "the sudden shock caused by a deluge of ice-water into the stomach has exactly the same effect upon the solar plexus as the blow, and may cause sudden death by its action upon it and through the heart." Another equally celebrated physician says, "Any diet which unqualifiedly says that cold drinks are bad and hot drinks are good must be absurd" and further "cold water stimulates gastric secretion; therefore do not smile at your friend because he thinks a half-glass of ice-water before eating gives him an appetite and helps his digestion." In continuation he will say, drinking ice-water in copious draughts when over-heated is injurious, if not dangerous, that is undeniable. But that the free drinking of water in some form in hot weather must be avoided, is deniable, and is one of the greatest popular errors extant. When a person is perspiring freely, a vast amount of water is drawn from the body, which must be resupplied, or great injury is being done to the physical health, and the foundation of some of the worst forms of kidney disease is being slowly but surely laid. Do not drink ice-cold water, but pure cool water; a little lemon-juice will improve its effectiveness. Plain soda water with a little acid is also excellent in hot weather. If from drinking too much ice-water you have stomach cramps, or are "water-logged" as it is called, or are attacked with cholera morbus, summer complaints, diarrhea, or dysentery, do not resort to alcoholic stimulating drinks, which irritate rather than allay the inflammation which has caused the trouble; but adopt the practice of taking daily just before retiring, during July and August, one tea-spoonful of Johnson's Anodyne Liniment in a little sweetened water, which will prevent all such attacks and ill effects from ice-water. In fact a little pamphlet sent free to any one by I. S. Johnson & Co., Boston, Mass., contains a vast amount of information about treating those summer troubles with that good old household remedy. ang5 dy6i w1

FOR OVER FIFTY YEARS Mrs. Winslow's Soothing Syrup has been used by millions of mothers for their children while cutting teeth. It relieves the little sufferer at once; it produces natural, quiet sleep by relieving the child from pain, and the little cherub awakes as "bright as a button." It is very pleasant to taste. It soothes the child, softens the gums, allays all pain, relieves wind, regulates the bowels, and is the best-known remedy for diarrhoea, whether arising from teething or other causes. Twenty-five cents a bottle. Be sure and ask for "Mrs. Winslow's Soothing Syrup," and take no other kind. mar23 ed & wky lyr

McGILL UNIVERSITY, MONTREAL.

A SPECIAL ANNOUNCEMENT of the Faculty of Applied Science has been prepared, stating the details of the new Chairs, Laboratories, Workshops, Apparatus and other improvements in its several Departments of Civil, Mining, Mechanical and Electrical Engineering and Practical Chemistry, which will afford in the Session of 1891-2 advantages not hitherto accessible to Students in this country.

Copies may be had on application to the undersigned, who can also supply detailed announcements of the other Faculties of the University, viz., Law, Medicine, Arts (including the Donalda Course for Women), and Veterinary Science.

J. W. BRAKENRIDGE, B. C. L., Acting Secretary.

Notice of Assignment.

NOTICE IS HEREBY GIVEN that John MacLeod and James O. Stewart, of Charlottetown, Merchants, doing business under the name of MacLeod & Stewart, have by Indentures dated the Sixteenth day of July, A. D. 1891, assigned all their real and personal property and book debts to the undersigned for the benefit of their creditors. The Deed of Assignment may be seen by all interested parties at any time at the office of James E. Wyatt, Solicitor, Charlottetown. An Inventory of Stock, etc., is now being made, and a statement of Assets and Liabilities will be ready for inspection at a meeting of creditors which will be held at an early day. All accounts due the firm must be paid immediately to the undersigned at their office, Brown's Block, Charlottetown.

A. S. URQUHART, E. R. BROW, Assignees.

Canada Atlantic S. S. Co.

The Best Route to Boston ONLY ONE NIGHT AT SEA.

THE STEAMSHIP "HALIFAX" leaves Noble's Wharf, Halifax, for Boston every Wednesday Morning at 8 o'clock, and Lewis's Wharf, Boston, for Halifax every Saturday at noon.

Passengers for Boston from P. E. Island can leave Charlottetown by Steam Navigation Co.'s steamers via Picton Tuesday morning, and go on board on arrival at Halifax on Tuesday evening without extra charge.

Through Tickets for sale on board Steam Navigation Co.'s steamers and by

F. T. NEWBERRY, Agent, ap30--ced & wky Charlottetown.



THE B. LAURANCE Spectacles and Eye Glasses.

THE only Optical Goods in Canada which have been recommended by the President and Vice-Presidents of all the Medical and Surgical Societies in Canada and Great Britain. Far superior to any other for retaining perfect vision. Sole Agent for Charlottetown.

G. C. GURV, Watchmaker, Jeweler and Optician, North Side of Queen Square, Opposite Post Office.

TO LET--The Dwelling House with stable occupied by the subscriber, on Hillsborough Street, next to Mr. Lemuel Poole's residence. Possession given at once. Apply to Judge Alley or to Duncan Kennedy. w s 14-1223

DOMINION LINE

ROYAL MAIL STEAMSHIPS, Sailing Between MONTREAL and QUEBEC for LIVERPOOL.

Table with columns: Destination, Date, and Agent. Includes entries for Vancouver, Sarnia, Oregon, Toronto, and Labrador.

RATES OF PASSAGE: Cabin, \$45, \$50, \$60 and upwards, according to accommodation. Return, \$85, \$90, \$110 and upwards. Intermediate, \$30; steerage, \$20.

The VANCOUVER and LABRADOR are the fastest and most elaborate and commodious Passenger Ships on the route.

For further information apply to FENTON T. NEWBERRY, Agent.



VIGOR AND STRENGTH. FOR LOSS OF FALLING MANHOOD, General and Special. VICE, Debility, Weakness of Body and Mind, etc.



OSBORNE HOUSE, Ch'town, May 21, 1891.

FOR several years previous to, and since residing here, I have been using

Woodill's German Baking Powder, and it has always given ENTIRE SATISFACTION. P. P. ARCHIBALD.

J. PICOT, PARIS, SOLE PROPRIETOR. LESSIVE PHENIX

- Makes Hard Water Soft. Makes White Clothes Whiter. Makes Flannels Soft and Clean. Makes Fruit Stains Vanish. Makes Tin Like Silver. Makes Paint Like New. Makes Glassware Brilliant. Makes Earthenware Spotless. Makes Windows Like Crystal. Makes Baths and Sinks Clean and Bright.

S. OLAND, SONS & CO., Brewers, Halifax, N. S.,

Have opened a Branch of their Business at

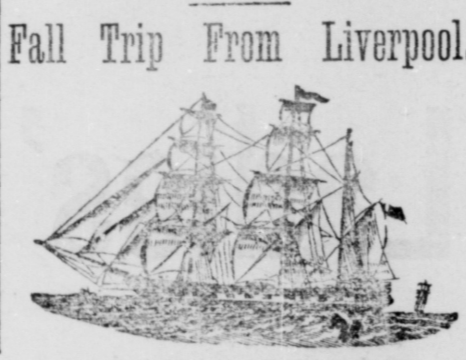
51 WATER ST., CHARLOTTETOWN,

Where they will keep a large stock of their celebrated ALES and STOUT, in wood and glass, in all sized packages to suit Wholesale and Family trade. Country orders solicited. June5-3m

REVERE HOUSE

CORNER of Weymouth and Grafton Streets, close by Hillsborough Park, not two minutes walk from Railway Station, is now open for the accommodation of permanent and transient boarders. Terms moderate. Good attendance. MRS. MURPHY.

1891. Fall Trip From Liverpool.



THE CLIPPER BARKENTINE

EREMA, 300 Tons Register,

THOMAS RICHARDS, Commander, WILL SAIL FROM

Liverpool for Charlottetown On or About 10th September.

And will carry Freight at Through Rates to the different Railway points on the Island.

For Freight apply in London to John Pitcairn & Sons, 7 Union Court, Old Broad Street; in Liverpool to Pitcairn Brothers, 51 South John Street, or here to the owners,

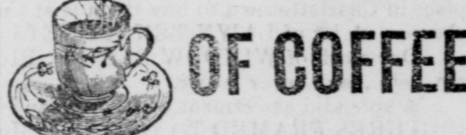
PEAKE BROS. & CO. Charlottetown, July 22, 1891--ced tf

TO LET.

A DOUBLE TENEMENT HOUSE situated on Kent Street. Can be had in one tenement if required. Apply to

MRS. OFFER, Queen Street.

Do You Ever Want A REALLY GOOD



OF COFFEE IN A HURRY?

THEN USE MALYN'S EXTRACT OF COFFEE,

Made from the Best Mocha and Java. Rich and Fine Flavored, Wholesome, Refreshing. Simplicity itself.

NO COFFEE-POT NEEDED! No Grounds. A 25 cent Bottle makes 20 Cups. ced&wky--may15



Hypophosphites of Lime and Soda.

No other Emulsion is so easy to take. It does not separate nor spoil. It is always sweet as cream. The most sensitive stomach can retain it.

CURES Scrofulous and Wasting Diseases. Chronic Cough. Loss of Appetite. Mental and Nervous Prostration. General Debility, &c.

Beware of all imitations. Ask for "the D. & L." Emulsion, and refuse all others. PRICE 50c. and \$1 PER BOTTLE.

DR. JAMES' NERVE BEANS

NERVE BEANS are a new discovery that relieve and cure the worst cases of Nervous Debility, Lost Vigor and Falling Manhood; restores the weakness of body or mind caused by overwork, or the errors or excesses of youth. This Remedy absolutely cures the most obstinate cases. Sold by druggists at \$1.00 per package, or six for \$5.00, or sent by mail on receipt of price. Address THE JAMES MEDICINE CO., Canadian Agency, St. John, N. B. Write for pamphlet. Sold in Charlottetown, wholesale and retail, by George E. Hughes and Reddin Bros.

HAVE YOU GOT THE GRIP?

WHEN USE HAWKER'S TOLU AND CHERRY BALSAM. It acts like a charm. Also use Hawker's Pills with it. Price 50 cents.

HAVE YOU HAD THE GRIP?

Then use HAWKER'S NERVE AND STOMACH TONIC to build up and strengthen the system. It is the best invigorator. Price 50 cents. For sale by Druggists and General Dealers.

HOUSE TO LET--A newly built private Dwelling House, situated on Richmond St., West. Good harbor and country view. Fitted up with all modern improvements. It is in a quiet part of the city and free from dust nuisance. Apply to Thomas Campbell, Richmond Street. June15 ced

NEW FIRM.

URQUHART & BROW,

General Insurance Agents and Accountants REPRESENTING THE FOLLOWING FIRE INSURANCE COMPANIES:

British America Assurance Company of Toronto; Commercial Union Assurance Company of London, England; Lancashire Insurance Company of Manchester, G. B.; Scottish Union and National Insurance Co. of Edinburgh, Scotland.

Capital Represented, - - \$62,000,000.

All Classes of Insurable Property insured at Lowest Rates. Prompt Settlement of Claims. Accounts Audited at Shortest Notice and Reasonable Charges.

OFFICE--Brown's Block, Queen Square, Charlottetown. July 11, 1891.

Parsons' Pills

These pills were a wonderful discovery. Unlike any others. One Pill a Day. Children take them easily. The most delicate women use them. In fact all ladies can obtain very great benefit from the use of Parsons' Pills. One box sent post-paid for 25 cts., or five boxes for \$1 in stamps. 50 Pills in every box. We pay duty to Canada.

Make New Rich Blood!

Great Bargains in Furniture.

\$14,000 WORTH!

IMMENSE STOCK! BEST QUALITY!

At Prices to Suit Everybody.

SELLING OFF!--New and Fashionable Drawing Room and Parlor Suites, Bedroom Suites, Mirrors, Chairs, Bedsteads, Tables, Washstands, Window Blinds, Window Poles and all kinds of Window Furniture.

Lounges, Easy Chairs, Rattan Chairs, Feather, Hair, Flock and Wool Beds, Mattresses, Pillows, etc.

Gilt Moulding, every style, cheap. Call and examine.

JOHN NEWSON. Charlottetown, June 4, 1891.

A Reputation of Five and Twenty Years Standing

CAMPBELL'S QUININE WINE.

INVALUABLE in cases of Loss of Appetite, Weak or Painful Indigestion, Malaria, Lowness of Spirits, Fevers of all kinds, and as a general Strengthening of the System when weakened by changes of the season.

It is necessary to remember that there are many so-called Quinine Wines, but that the GREAT ORIGINAL is "Campbell's," and that the genuine bears our signature upon the label. The best proof of its value is the fact that its sale at the present time is larger than ever before.

The following certificate shows how CAMPBELL'S QUININE WINE is appreciated. Having submitted two samples of Quinine Wine, imitations of the genuine, along with a sample of our own, to the Public Analyst, we received the following reply: "CAMPBELL'S is the only genuine Quinine Wine of the three samples examined at Messrs. Kenneth Campbell & Co.'s request."

JOHN BAKER EDWARDS, Ph. D., F. C. S., Public Analyst.

Perry Davis' PAIN-KILLER. DIRECTLY TO THE SPOT. INSTANTANEOUS IN ITS ACTION. For CRAMPS, CHILLS, COLIC, DIARRHOEA, DYSENTERY, CHOLERA MORBUS, and all BOWEL COMPLAINTS, NO REMEDY EQUALS THE PAIN-KILLER. In Canadian Cholera and Bowel Complaints its effect is magical. It cures in a very short time. THE BEST FAMILY REMEDY FOR BURNS, BRUISES, SPRAINS, RHEUMATISM, NEURALGIA and TOOTHACHE. SOLD EVERYWHERE AT 25c. A BOTTLE.

GEO. H. COOK, PHOTOGRAPHER

HAVING secured the services of Mr. CLOUD HILL, for many years Chief Operator Royal Family, persons wishing high class Photos taken would do well to call and see specimens.

Special attention paid to beautiful enlarged Portraits on opal and paper, finished monochroms and colors which are greatly admired for truthfulness and delicacy of finish. These really high class permanent Portraits are rapidly taking the place of all inferior kinds, and are produced at prices consistent with conscientious work. They can be produced from negatives, or taken by us or from any photograph sent will not fail to give entire satisfaction. Remember the place. Over Apothecaries Hall. May 9, '91--2aw & w 5m

What! Never! Only Encore Dyes

Equal to any Package Dye in the Market. Just the thing for Home Dyeing.

COLORS BRIGHT AND FAST.

Send for Sample Card to J. S. Robertson & Co., Manufacturers, Montreal. jan12-dy wky

HARTSHORN'S SELF-ACTING SHADE ROLLERS. Beware of Imitations. NOTICE AUTOGRAF OF THE GENUINE HARTSHORN'S. Insist upon having the HARTSHORN'S. SOLD BY ALL DEALERS. Factory, Toronto, Ont.

GRATEFUL-COMFORTING EPPS'S COCOA BREAKFAST.

"By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided our breakfast tables with a delicately flavored beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constitution may be gradually built up until strong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping ourselves well fortified with pure blood, and a properly nourished frame."--Civil Service Gazette. Made simply with boiling water or milk. Sold only in packets, by Grocers, labelled thus: JAMES EPPS & CO., Homoeopathic Chemists, London, England. don 12-1 yr dy & wky

DR. WILLIAMS' PINK PILLS FOR PALE PEOPLE. EVERY MAN Who finds his mental faculties dull or failing, or his physical powers flagging, should take these PILLS. They will restore his lost energies, both physical and mental. EVERY WOMAN should take them. They cure all suppressions and irregularities, which inevitably entail sickness when neglected. YOUNG MEN should take these PILLS. They will cure the results of youthful bad habits, and strengthen the system. YOUNG WOMEN should take them. These PILLS will make them regular.

IMPERIAL BAKING POWDER. PUREST, STRONGEST, BEST. Contains no Alum, Ammonia, Lime, Phosphates, or any injurious. THE GREAT ENGLISH REMEDY OF PURELY VEGETABLE INGREDIENTS AND WITHOUT MERCURY, USED BY THE ENGLISH PEOPLE FOR OVER 120 YEARS. EVANS AND SONS, LIMITED, MONTREAL.

Evans' Compound Antibilious Pills. These Pills consist of a careful and peculiar selection of the best and mildest vegetable aperients and the pure extract of Flowers of Chamomile. They will be found a most efficacious remedy for derangement of the digestive organs, and for obstructions and torpid action of the liver and bowels, for constipation and the several varieties of bilious and bile complaints. Sold by all Chemists. WHOLESALE AGENTS: EVANS AND SONS, LIMITED, MONTREAL.