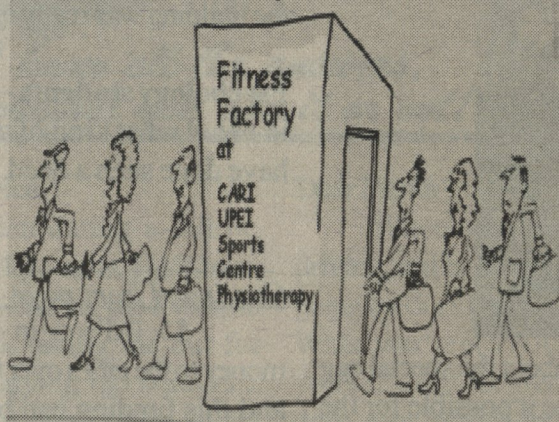


Find out about the New UPEI Swim Team

Wanna take a dive for UPEI? Join the university's swim team! If you are interested in joining, contact Amy McKie at amy.mckie@gmail.com, or come to a practice. Practice times are Tuesday and Thursday mornings from 7 to 8 AM., and Saturdays, from noon to 1 PM.



Fitness Factory March Madness

"WOW" Women on Weights

Learn a 30 minute full body circuit for women only. One group instruction followed up by 2 individual sessions, over the next 12 weeks. Starts March 21
Instructor Clark Aitken

Group Session schedule

Monday	7:30 -8:30 pm
Tuesday	7:00 -8:00 am
	4:00 -5:00 pm
Wednesday	7:30 -8:30 pm
Thursday	7:00 -8:00 am
	4:00 -5:00 pm

Full time Students/Members free
Non members \$69.95

Call the front desk to sign up
for your Group session 566-0627

Weight Room Times for Women ONLY
With supervision beginning March 21

Monday	7:30-8:30 pm
Wednesday	7:30-8:30 pm
Friday	7:30-8:30 pm

Special Offer Get Fit for Summer Faculty or Staff Join the Sports Centre Before April 30, 2005 and get a complimentary

- t-shirt
- fitness assessment
- Full body circuit

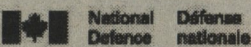
Try it Sessions for Students

Pick up a FREE pass
for an Aqua Fit Class or a
\$2.50 OFF COUPON for UFIT
class at the UPEI Student Union
Compliments of UPEI Wellness

UPEI Passport to Wellness
is sponsored by
The Great-West Life Assurance Com-

Co-ed Indoor Field Hockey on Fridays


Everyone is welcome to join in the fun of co-ed indoor field hockey Friday evenings from 6:30 pm to 7:45 pm. Sticks provided. For more information, contact Kim Baglole at klbaglole@upei.ca



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- Social Workers
- Pilots
- Doctors
- Nurses
- Pharmacists
- Naval Officers

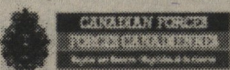
To learn more, contact us today.

Peu importe la nature de vos études universitaires, vous pouvez bénéficier d'une carrière différente dans les Forces canadiennes.

- Ingénieurs
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- Travailleurs sociaux/travailleuses sociales
- Pilotes
- Médecins
- Infirmiers/Infirmières
- Pharmaciens/pharmaciennes
- Officiers de marine

Pour obtenir de plus amples renseignements, veuillez communiquer avec nous dès aujourd'hui.

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