

VOTE FOR THESE C C F CANDIDATES

KING'S
Capt. M. J. Mullin

PRINCE
C. F. Gallant

QUEEN'S
L. Bradley

A. Callaghan

Published by The Co-Operative Commonwealth Federation - P.C.T. Section.

C.C.F. BROADCASTS

M. J. COLDWELL

CCF NATIONAL LEADER



WEDNESDAY
9:30 P.M.—CBA
and CBC Network

ALBERTON

The many friends of Mr. A. M. Leard are sorry to learn he is ill in the Western Hospital.

Mrs. Alice Smythe who has been visiting her daughter Mrs. Mac-Ausland, Bloomfield, spent a few days in Alberton this week.

The many friends of Mrs. William Aubrey, Alberton South, are sorry to learn she is ill. Mrs. Aubrey became ill while attending the funeral of her mother, Mrs. Ris.

Monday evening, Rev. Mr. Murchison of the British and Foreign Bible Society gave a most inspiring address in the Fraser Memorial Church. Mr. Murchison also favored his audience by singing a hymn written by the late Dr. A. B. Simpson who was born in Cavendish, P.E.I. Dr. Simpson was one of the most outstanding clergymen of the Presbyterian Church in Canada. Last year Alberton increased her subscriptions to the Bible Society more than sixty per cent. Mr. J. W. Waugh was president of the society and was re-elected. The meeting closed with the Benediction by the Rev. J. M. Fraser.

Sow Victory Garden

Too late to start a Victory garden? Not at all. Sowing of short season vegetables in the garden should not cease until it becomes too late for them to mature before winter.

Gardeners who begin early should continue to make sowings of the short season crops, in order to enjoy a continuous harvest, and keep the soil busy. The late gardener can stop into the parade, and while he may miss part of the early harvest, he can share in the late one, which is always largest.

These are short season crops: Snap beans, beets, carrots, cauliflower, kohlrabi, turnips, spinach, peas and radishes. To determine the latest date you can sow each, with reasonable chance of a harvest, look up the days to maturity given in seed catalogues and garden books for each variety. The later you sow, the "earlier" should be the variety you sow, that means it matures quickly, so has a better chance to bear before the freeze-up.

Long season crops are lima beans, broccoli, cabbage, celery, collards, cucumbers, egg plant, kale, leek onion, parsley, parsnips, peppers, New Zealand spinach, rutabaga, saffron, squash, Swiss chard and tomatoes. In most sections these may be sown or set out until mid-June, after which you should consult your maturity date data to decide whether to take a chance with winter.

Cauliflower and brussels sprouts are fall crops, and seeds should be sown late.

There are two salad crops which are at their best in the fall—endive and Chinese cabbage. Chinese cabbage is difficult to grow in the



Chinese Cabbage matures best in Fall From Seed Sown in Summer, summer, because it runs to seed, but in the short days of autumn it makes beautiful, elongated heads of crisp leaves having a suggestion of cabbage flavor which are delicious cooked or raw.

Vegetable crops which should not be sown in June include peas, early radishes, lettuce and spinach. All these require cool weather, and you may sow very early kinds in August, so they will mature in autumn. Sweet corn is a crop for late sowing. Early kinds may be put in as late as July 1, and the finest corn is often produced by late sown seed.

CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of new nature may be inserted at five cents a word, strictly payable in advance.

CRASWELL for Photographs.

CONFEDERATION LIFE INSURANCE SUMMER DRESSES arriving daily at the Fashion Shoppe. 6-5-51.

KNIGHTS OF COLUMBUS bowlers banquet at V-Club Tuesday evening June 5, 7.30. Tickets at door. 6-5-51.

MR. AND MRS. WILLIAM MOLYNEUX, North River announce the engagement of their daughter, Bertha Aletha, to James Eldon, son of Mr. and Mrs. James Parsons, Broadbent. Marriage to take place the latter part of June. 6-5-51.

REWARD.—\$1000 reward for information leading to rental of a small house on ground floor, apartment furnished or unfurnished, preferably some distance from centre of town. Phone 1771. 6-5-9-2.

ENGAGEMENT ANNOUNCEMENT.—Mr. and Mrs. Owen Molyneux announce the engagement of their daughter Shirley Patricia to L.A.C. Wm. Penning Savigny, son of Mr. and Mrs. F. T. Bryson of North Bay, Ontario. Marriage to take place the latter part of June. 6-5-51.

MACDONALD EXAMS.—In the pass lists from Macdonald College are the following: Prince Edward Island names—Faculty of Agriculture B.Sc. (agr.) third year—R. H. Basmal, Charlottetown, W. A. Hodgson, Charlottetown, D. Robinson, Charlottetown. B.Sc. second year (H. P.)—M. J. Milton, Summerside. B.Sc. (H. Ec.) third year—P. I. Bourke, Charlottetown.

POLICE COURT.—There were four drunks in the Police Court yesterday morning. One was discharged; one got ten days; another five; and the fourth \$5 and costs or ten days. Charged with contributing to delinquency by buying stolen pens from juveniles, one defendant was fined \$20 and costs or 30 days; another was fined \$5 and costs; a third was discharged; and a fourth was fined \$5 and costs or ten days. An Excise case was adjourned till June 6, and the accused in a breaking and entering case was convicted and remanded till June 8 for sentence.

Safe in England



Flying Officer Herbert McKenna, Charlottetown, previously reported missing after air operations over Chemnitz, Germany, March 6, is now safe in England. Mrs. McKenna has received a cable from her husband saying he was liberated from a prisoner of war camp May 14, and is well. Flying Officer and Mrs. McKenna have a daughter, Mary Ann, 2 years old.

SLEEP REAL AID TO BEAUTY

"Sleep," as William Shakespeare said, "knits up the ravell'd sleeve of care!" Plenty of sleep will do more to restore energy than anything that I know. A wise doctor once said to me, "But women do not realize this; sleep, even a few minutes nap, is a real beauty treatment." So try it, if you are feeling utterly "all in," try a little more sleep. And for that beauty sleep look as pretty as you can and you'll have pleasant dreams. Fashion has concocted night and "sleepy time" fashions so enchanting that they'll lift your spirits even in slumber! Every now and then just give up and spend a whole day in bed. Wear something pretty to rest in and give yourself a home beauty treatment upon awakening. Afterwards, put on a pretty makeup, an attractive robe and luxuriate. Turn off the radio or listen only to sweet music. Drink fruit juices and milk. The next day you will



This picture of Eva Braun, reported to have been Hitler's mistress, is reproduced from portraits in her sister's bedroom in Eva's home in Munich. According to authoritative sources, Eva shared Hitler's palatial underground quarters beneath Reichstag.



"What a Crosspatch

... because I forgot one simple fact!

A SUCCESSFUL dressmaker must give careful attention to fittings and workmanship. But after each fitting I was a nervous wreck. The harder I tried to be pleasant the more impatient I became. I didn't know what to do...

"Then one of my customers told me about the 30-day test. I started eating Kellogg's Bran Flakes every morning. In less than a month I found how this pleasant, simple change of diet could really help me keep fit! Now I have energy for my work and for extra things I like doing. And it's so easy to be pleasant to everybody!"



Make this 30-DAY TEST

1. If you're really ill, see your doctor! But if you just feel dull and headache, you may only be suffering from incomplete elimination. Here's how one simple change of diet can help you keep fit:
2. Start now to eat Kellogg's Bran Flakes every morning. To keep fit the natural way, get more of the "bulk" your system needs by eating delicious, gently-laxative Kellogg's Bran Flakes With Other Parts Of Wheat.
3. Just thirty days should prove to you how grand it is to feel alert, to have the energy for all the extra things you'd like to do. You'll want to go on keeping fit the Kellogg way!

LOOK FOR the name "Kellogg's" on the golden-yellow package. Two sizes. Made in London, Canada.

KEEP FIT with Kellogg's

every day in the year!

LABOUR and ELECTIONS

Now is the time for decision. In the next few days you must decide by your vote whether we return to the old pre-war days or whether we go forward to build a better Canada of jobs for all.

The Canadian people have been harassed in this election by a barrage of half truths, lies and misrepresentation from the agencies of big business.

The Canadian labour movement has made its position clear.

The Executive Council of the Canadian Congress of Labour, bound by the decisions of conventions representing the more than 300,000 members of the C.C.L., has declared:

"The legislative and economic program of the Congress... was submitted to all political parties in Canada. Only one party, the C. C. F., agreed to accept the program as a basis for legislative action, and the C.C.F. Government in Saskatchewan has already implemented this in several respects. In view of these facts, and the further fact that the Canadian Congress of Labour in convention endorsed the C.C.F. as the political arm of Labour, the Congress Political Action Committee calls upon all Canadian workers to work for and elect a C.C.F. Government in the coming elections."

You decide on election day. This time make sure of Security. Elect your C.C.F. Candidate.

Published by
Political Action Committee,
Canadian Congress of Labour

International Union of Mine, Mill & Smelter Workers; Canadian Brotherhood of Railway Employees, and other Transport Workers; United Packinghouse Workers of America, National Union of Shoe and Leather Workers of America, National Union of Amalgamated Clothing Workers of America, National Union of Operating Engineers, Textile Workers, Organizing Committee, Local Unions, Canadian Congress of Labour, United Steelworkers of America, United Mine Workers of America (District 25), Amalgamated Building Workers of Canada, National Organization of Civil, Utility and Electrical Workers.

You've a stake in CANADA'S FUTURE

GET OUT AND VOTE

It is good citizenship to own LIFE INSURANCE
It is good citizenship to VOTE

• A MESSAGE FROM THE LIFE INSURANCE COMPANIES IN CANADA

New drapes... three new prints... a pint of paint... and a stunning New Rug

If you'd seen the room you would have been pretty dismayed, too... the colors were nice... and the furniture was in pretty fair shape... but somehow it just didn't look right!

"First thing we do," I said to Jim, "is to get new drapes for the window. Then we'll put up the prints your Aunt Sue gave us..." In no time at all the room started to take shape... but there was still something important missing!

"It's the floor," said Jim. "The room will never look right with a floor like that." "Don't be so sure," I said. "I've got just the idea for the perfect floor—and it's inexpensive, too! ... a Gold Seal Congoleum Rug." We got the extra deep and durable wearing layer of heat-toughened paint and baked enamel is actually equal in thickness to 8 coats of best floor paint, applied by hand! It's smooth, easy to clean, and comfortable underfoot. Who could ask for more?

I CAN TRANSFORM YOUR HOME TOO!

GOLD SEAL CONGOLEUM