

Woman's Realm -- Social and Personal -- Fashions -- Literature

Instant Ease for That Cough! BUCKLEY'S MIXTURE. Acts like a flash—a single sip proves it.

Modern Etiquette BY ROBERTA LEE. Q. Is the popularly used phrase, "Pleased to meet you," correct? A. No, it is regarded as poor taste in better society.

Household Hints BY ROBERTA LEE. Tough Meats. There are three ways that tough meat may be made more tender; i. e., by pounding, by slow cooking, or by placing it for a few minutes in vinegar water.

Turnips. Turnips may be kept in the cellar. But if wanted for spring use they should be buried deep in the ground, and they will keep nicely until the spring opens. Mending Clothes. Mend the clothes before laundering and one will find that they last much longer.

Minard's Liniment for Grippe and Flu.

The Daily Argument

AUNT HET BY ROBERTA QUILLEN. "I kept my head bowed, but if Sallie ever prays at me like that again I'm goin' to start prayin' right back at her if it busts up the meethin'."



POOR PA By Claude Callan. "We're goin' over to our youngest daughter-in-law's for dinner, so I'll have to change ties an' wear the one she give me."

Dear Dorothy Dix—For three years I have been engaged to a young man who told me the other day that he wanted to wait at least two years more before we got married. The reason he gave was that he wanted to get a better start in his business before he married. He said: "As you are now, you are an inspiration to me, but as a wife you would be a handicap."

Dorothy Dix Letter Box

Is a Wife a Handicap or an Inspiration to an Ambitious Young Man?—When is the Sacrifice of Personal Happiness Justified?

Dear Dorothy Dix—For three years I have been engaged to a young man who told me the other day that he wanted to wait at least two years more before we got married. The reason he gave was that he wanted to get a better start in his business before he married. He said: "As you are now, you are an inspiration to me, but as a wife you would be a handicap."

Business is the fatal rival of many an American wife, and while it may monopolize more of her husband's time and interest than any other woman would, the wife has, at least, the consolation of reaping the rewards of the liaison. For while her husband's infatuation for business may put her nose out of joint, it hangs ropes of pearls upon her.

The fact that you are a business woman, able and willing to support yourself after marriage, seems to nullify your fiance's contention that you would be a millstone about his neck as a wife. There are, however, many cases in which a wife is a handicap to the ambitious young man who is girding himself up for the race of life.

It is a fatal mistake, for instance, for a poor young man who wishes to get along in the world to burden himself with a family, because in these days of the high cost of living it would take all he could make and more to support them. He cannot save anything and the door of opportunity opens only to those who have a golden key. He must let his chances pass by because he has not the money to make a good investment, or to go into some business in which he knows he could make a fortune.

Worse still, he is nailed to whatever poor job he has. With hungry little mouths to feed, with restless feet to shoe, he cannot afford to take any chances. Nor can he follow his luck if it beckons him to distant places, for he cannot drag wife and children with him about the globe. He must stay put and grind at his mill because it turns out the grist upon which wife and children subsist.

Generally speaking, a wife is a handicap to a young professional man, especially to a clergyman or a doctor. The success of these two depends largely upon the favor of women, and women look much more kindly upon an unmarried man than they do upon a married man. The unmarried preacher or doctor is an object of interest to every woman, and he is invited to dinner, and petted, and made much of, and has the opportunity to make the social contacts that are invaluable to him, whereas the married doctor or preacher is a matter of no concern to women and has no feminine hand laid out to pull him up the ladder.

Observation shows that nothing so stimulates the religious zeal of the sisters in the congregation as having an unmarried pastor, and no bachelor doctor ever lacks for feminine patients. Therefore, the doctor and preacher are wise not to marry until they have gotten well established in their profession.

Whether as a general proposition, however, a wife is a handicap or an inspiration depends entirely upon the woman in the case, and upon how much her husband loves her. A wife who is a wet blanket and who kills the morale of her husband by her whinings and complaints; an extravagant wife, a nagger; a wife who is blundering and tactless and who makes enemies for her husband instead of friends, is a handicap so great that only a man of superhuman ability and talent can overcome it.

On the other hand, an overwhelming love for his wife and the determination to give her every luxury has been the inspiration that led many a man to achieve success. DOROTHY DIX.

Dear Dorothy Dix—Are we entitled to our own happiness at the price of another person's happiness, or should we sacrifice our own happiness for the other person? EDITHA.

Answer: If securing your own happiness involves doing some wrong, or injustice, to another person, then you have no right to take it at the other one's expense. But if it is just a matter of the comfort, or convenience, or pleasure of one, or the other, why have you not as much right to your happiness as he or she has?

I do not think there is any other subject about which we take such a distorted view as we do of self-sacrifice. We have a morbid idea that there is some peculiar virtue in making ourselves miserable for the sake of gratifying somebody else in some fool whim or notion, and the more unhappy we make ourselves the more we pat ourselves on the back and think how noble we are, when the truth of the matter is that we have only been idiotic.

For when we look back we can see that almost every one of our sacrifices has been in vain. More than that, it has not only been futile, it has done harm instead of good, and even those for whom we sacrificed ourselves would have been better off if we had not done it, but had gone along and taken our own happiness.

I have in mind the case of a splendid man I know who was born a mechanical genius. He had gotten a fine start in a firm where his talents would undoubtedly have carried him on to a big success, but his father and mother pleaded with him to come back and live with them on a poor old farm that was mortgaged up to the last blade of grass on it. They wept, and told him how lonely they were without him, and how his father was sick and unable to work, and the farm would be taken from them unless he came and worked it out of debt. They reminded him of his duty, and at length prevailed on him to sacrifice his own prospects and come back to them.

It blasted every hope and ambition he had in life, but he set his hand to the impossible task of making worthless land pay, but, although he worked himself almost to death, he failed because his talents did not lie that way. His life was ruined by his sacrifice and he did his parents no good, whereas if he had gone on his own way he would now be able to buy them a dozen farms instead of the three of them being poor and living from hand to mouth.

Milady Beautiful BY LOIS LEEDS



REBEAUTY QUESTIONS ANSWERED

Coiffure for Round Face. DEAR MISS LEEDS—I have a rather round face and a small chin. How shall I wear my hair to make my face seem longer? I am 16 years old, 5 feet 4 inches tall. What should I weigh? MAE.

Answer—To make your face seem longer you should brush your hair back from your face so that your forehead is completely exposed. Do not wear bangs. Have your hair waved on top of your head; keep it close to your head at the sides. Cover your ears and let your hair wave forward on each cheek. Avoid a short, fluffy bob or a boyish bob. Wear your back hair coiled in a small knot low at the nape of your neck. The average weight for your age and height is 120 pounds. LOIS LEEDS.

Blues for Olive Brunettes

Dear Miss Leeds—(1) My hair is as black and as straight as an Indian's. I have brown eyes and an olive complexion. I love blue. Is it becoming to my type? (2) I am 5 feet 3 1/2 inches tall, 15 years old and weigh 136 pounds. This is not due to fat for I am a very strong, muscular type. Should I try to lose weight? My ankle measures 8 inches, my calf 12 3/4 and my thigh 22. Are these correct? STELLA.

Answer—(1) Blue is usually unflattering to a dark skin, but there are some shades that may be worn with contrasting trimming. For instance, you might have a navy blue dress with a tan or old rose collar piped with medium blue. There is a dull old blue that is becoming if worn with an ecru collar. Another suggestion is a pinkish tan frock with bands of blue beginning at the hem and becoming narrower as they rise toward the waistline. For sports you may wear bright greenish blues combined with deep cream or light brown. A dark brown velvet blouse may be worn with a blue and tan plaid skirt. A black frock with a little brilliant blue trimming is permissible. (2) You are above the average weight for your age and height, but this no doubt is due to your naturally heavy bones and muscles. You should not try to reduce. Your ankle measurement is good, your calf is small but your thigh is a little large in proportion. LOIS LEEDS.

Eye Wrinkles and Dandruff

Dear Miss Leeds—(1) Please tell me what causes lines under my eyes. I am 17 years old, get my eight hours of sleep at night and am healthy except for a slight case of constipation. (2) Please also give a tonic for dry hair dandruff. C. H.

Answer—(1) The usual cause of premature eye wrinkles is eye strain. Even though your vision may seem unimpaired, there may be some unsuspected strain. See an eye specialist about it at once. Bad habits of using the eyes may cause these wrinkles, such as reading by a poor light, reading in moving street cars, holding your book at the wrong angle or at the wrong distance from the eyes. The habit of screwing up the eyes when you laugh also causes wrinkles. Pat a little muscle oil on

So, Editha, before you sacrifice your own happiness for anybody else's, see whether they are any more entitled to happiness than you are, and be very sure that your sacrifice won't harm them instead of doing them good. DOROTHY DIX.

Red Rose Orange Pekoe Tea is truly economical. A half pound makes almost as many cups as a full pound of cheap tea costing 50c to 60c.

RED ROSE TEA "is good tea" RED ROSE ORANGE PEKOE is extra good

BY PATHS OF NEWS

Paris Wants Pure Air. Paris has started a campaign for pure air. The first move has been taken by the Prefect of Police, who has just issued a decree forbidding administrative, commercial or industrial buildings from polluting the atmosphere with smoke, soot or gases.

Words Recorded on Steel. Recording the words on a fine steel wire, instead of a wax record, a new dictating machine has been introduced in Germany. Dr. Kurt Stille, the inventor, predicts that eventually the machine may be used in recording of two-way wireless conversations.

Flyer to Enter Monastery. R.P.H. Utley, of Hampshire county, England, has resigned his commission in the Royal Air Force, and will enter the Benedictine Monastery at Ampleford. Utley is also a cricketer star, and is the second English cricketer to train for the priesthood this year.

For the Cook FRENCH CARAMEL CAKES

One-quarter cup white sugar, 1/2 cup boiling water, 1/2 cup chopped walnuts, 1/2 cup butter, 1 cup brown sugar, 1 cup flour, 1/2 teaspoon salt, 2 teaspoons baking powder. Caramelize the white sugar in the butter until brown, but be very careful not to let burn. Pour over the boiling water, and cook until dissolved. Partly cool, then add the brown sugar and flour, into which the baking powder and salt have been placed. Stir in the floured nut-meats, and flavor with 1 teaspoon vanilla. Pour this batter into well-greased cake tins and bake in a fairly slow oven. When done, cut in squares, cover with a chocolate icing, and press a half walnut in the centre of each square before the icing hardens.

"Since I bought a car I don't have to walk to the bank to make my deposits." "You drive there?" "No, I don't make any?"—Life

Lessons in English BY W. L. GORDON

WORDS OFTEN MISUSED: Do not say, "He has some money, not, however, a great amount." Say, "He has some money, but not a great amount."

OFTEN MISPRONOUNCED: rapidly. Pronounce ra-pli-er, first a as in "ray," i as in "it," e as in "her," accent first syllable.

OFTEN MISPELLED: isolate; s; not z. SYNONYMS: sacrament, communion, ceremony, rite, service, observance.

WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: DISCARD; to reject; dismiss. "We must discard all bitterness towards them."

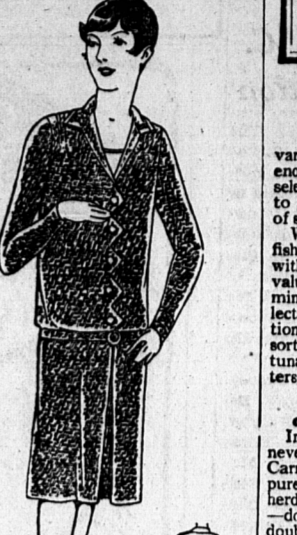
HOME COOKING SLIGHTED

Scientists Know Better Than Housewives, Says Canner

CHICAGO, Feb. 6—Mother's cooking received some heavy jolts recently at the annual gathering of the National Canners' Association.

"Isn't it logical to suppose that

A Fashion a Day



UNUSUAL DETAILS. The smartest women are still on enthusiastic about the sports frock for general daytime wear. The Style No. 384 sketched in sheer tweed in wood-die tones is especially well-liked for its complete simplicity, and unusual details as front scalloped closing with matching bone buttons and inverted center plait in skirt to give vertical line to lengthen the silhouette. It is designed in sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust, and is made with 3/4 yard of 40-inch material with 1/4 yard of 9-inch contrasting for vestee in the 36-inch size. It also attracts much interest in printed silk crepe, plain silk crepe, canton-faille crepe, patterned wool jersey, plain jersey in sunray-tan shade and wool crepe. Pattern price 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

We suggest that when you send for this pattern you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles, and cute designs for the kiddies.

scientists who have spent their lives in culinary research are better fitted to prepare food than housewives who at best know only the mechanical rudiments of cooking?" asked Ben C. Nott of Grand Rapids, Mich., the association's president. "If so, it is equally logical to build your own automobile at home instead of buying it from a factory."

An Irishman was told one morning by his wife that there had been a terrible thunderstorm during the night. "Well, why in the world didn't you wake me up?" he demanded. "You know I can't sleep when it thunders."

Finland's building boom continues to grow.

Rome's new broadcasting station will soon be opened.

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Vary your dinners with fish and eggs

Women often tell me that their greatest difficulty in meal planning is to get variety into the main dish. It is easy enough to build a dinner, once you have selected the meat, but it takes thought to get away from the obvious round of steaks and chops and roasts.

Why not now and then substitute fish or eggs? By combining either one with milk, you have a dish rich in food values—proteins, minerals and vitamins. There are any number of delectable ways in which these combinations may be made—omelets of all sorts, creamed eggs, souffles, creamed tuna, shrimp or lobster, scalloped oysters, salmon souffle.

You must have a dependable milk supply. In any cooking that calls for milk, I never take chances. I use nothing but Carnation Milk. I know that it is the purest of high grade milk from selected herds. I know that it is rich in cream—doubly so—for it is evaporated to double thickness. I know that I will always find it sweet and good, no matter how large the quantity I have on hand, for it is sterilized for safe-keeping.

I can count on Carnation always for notably delicious results—extra creaminess, velvety smoothness of texture, fragile delicacy of flavor. The best informed domestic scientists agree that it is not only better in results than ordinary bottled milk, but that it is particularly economical.

The Best of Milk



Carnation Milk is simply pure, sweet whole milk, evaporated to double creamness. No thing is added; nothing removed but about half the water. Try this dependable, convenient, economical milk. (See recipes above)

from Contented Cows

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If You Want The SNOWDRIFT FAIRY You Must Get the SNOWDRIFT FLOUR. The Snowdrift Fairy, with her magic touch, only comes to users of Snowdrift Flour. The lightness, whiteness, and deliciousness of Bread and Biscuits made with Snowdrift Flour, are as if a Fairy's wand had touched the baking with a magic charm.