

THE STORY OF CANADA'S MONEY

BY PAUL MONTGOMERY Copyright 1926

THE EARLY COINS OF NEWFOUNDLAND merchant firm of St. John's, Messrs R. & I. S. Rutherford, in 1841, had struck for them a number of fine copper pieces. They displayed a sheep on the firm name on one side and the arms of Newfoundland upon the other.



The first one displays a ship in full sail on one side and the date, 1868, on the other. Peter McAuliffe of St. John's. His tokens were almost entirely destroyed by fire and the few known specimens are valued at about one hundred dollars apiece by coin experts.

"Are you better off for getting married?" Yes, formerly I had a better half. When lettuce is being prepared for the table it is always advisable to break off a little of the midrib, as that is likely to be bitter.

Victor Records

RED SEAL Sir Harry Lauder (Comedian) A Wee Deoch an' Doris Breakfast in Bed on Sunday Morning 12 inch No. 9021 \$1.50 Marion Talley (Soprano) Rigoletto-Caro nome Barber of Seville—Una voce poco fa (Rossini) 12 inch No. 6580 \$2.50 Beniamino Gigli (Tenor) Serenade (Toselli) Love's Nocturne 12 inch No. 6610 \$2.50

Sergei Rachmaninoff (Pianist) Etude Tableau (Rachmaninoff) Dance of the Gnomes (Liszt) 10 inch No. 1184 \$1.75 Mischa Elman (Violinist) At Evening Letter of Love 10 inch No. 1160 \$1.75

Also the latest popular and dance hits At 'His Master's Voice' Dealers Victor Talking Machine Co. of Canada, Limited

FOR THE WOMAN READER BY FLORENCE RIDDICK BOYS

THE FAMILY'S FAVORITE AUTHOR

By Howard Hiles. She doesn't write for profit or the praise of fellow men. But no author of "best-sellers" gives a more persistent pen. You may find her in the morning, or at noon-time, or at night.

Seizing pen and ink and paper and relentlessly she'll write. Ask her, "Why so literary?" and her secret she'll unfold. Oh, I had a little time to spare, so I'm writing to the girls.

So with ink and pen and paper these odd moments she be writes. In banishing by mother love the long dividing miles. Father feels he's far to busy—bosom friends may seldom write.

Oh, the mountain peaks of paper and the pools of flowing ink. That blind mothers and their children by love's eternal link. To them—our best-loved Authors—inspiration never fails.

THE NEGLECTED AGE.

Ignorant mothers are prone to have their babies continually in their arms, up to the run-about stage and then, like a fower animal, they let him shift for himself. Thus the age from arms to school, the "preschool" age, has come to be recognized as the neglected age.

Don't put off training the child in the daily use of the tooth brush. Though the child's first teeth are not permanent, they can cause much trouble if allowed to decay. Such teeth can spread poison through the body just as easily as permanent teeth.

THE COOK

The efficient cook is always saving. She saves time, energy and materials. This requires careful planning. When about to mix up a dish, read the recipe through first and decide what steams and materials you will need.

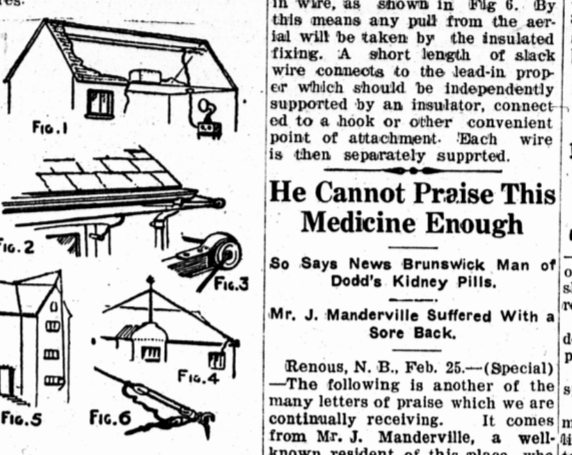
To save dishes, saves dish-washing. Mix the dry ingredients first and use the same measuring dishes afterward for the wet ingredients. Put the dishes to soak when you are through with them.

If you can have a rest corner in your kitchen, you can sit there and read on mend while you are watching the cooking. Some housewives utilize the time when meals are cooking, in making out menus, grocery orders, their budgets or their bookkeeping.

The Handy Man's Corner

INCONSPICUOUS AERIALS.

It is to be feared that our aerial installation receives far too little attention. It may be—and often is—sufficiently effective but its appearance is much to be desired. Generally it is supported by a lanky pole, more resembling a fishing rod than a flagstaff.



Two of the ends are connected together by stout copper wire, and then connected in turn to the lead-in wire which must be very heavily insulated and taken by the shortest and most direct path to the set.

HEALTH LITERATURE

Supplied by the P. E. I. Red Cross Society. BREAST FEEDING. Every mother should nurse her baby if possible. Extremely few serious diseases forbid nursing.

RHEUMATIC VICTIMS

Can Find Relief Through Building Up the Blood. Pain is the symptom of rheumatism that every victim recognizes, and he generally attributes the trouble to cold, damp or changeable weather.

SOFT SNAPS FOR SNAPS.

To sew on snaps and have both parts match, you may choose any of the three following methods: Sew the pointed parts on one side of the opening, then rub chalk on the points and fold the other side over carefully making it fit exactly.

COOKING MEAT

To roast meat usually requires about fifteen or twenty minutes per pound. Pork takes longer than other meats. To bake a whole fish usually consumes an hour. Fried and boiled meats may be cooked in ten minutes.

SMILES

"I hate to have my picture taken because it always makes me look as if I were having my picture taken."



Baker's Breakfast Cocoa

Has the Endorsement of High Medical Authority. COCOA made by a reputable manufacturer has a definite food value. It is nourishing and will sustain, for instance, a typhoid patient, for several weeks or indefinitely.

Walter Baker & Co., Limited. Established 1780. CANADIAN MILLS AT MONTREAL. Booklet of Choice Recipes sent free.

He Cannot Praise This Medicine Enough

So Says News Brunswick Man of Dodd's Kidney Pills. Mr. J. Manderville Suffered With a Sore Back. Renous, N. B., Feb. 25.—(Special)—The following is another of the many letters of praise which we are continually receiving.

GROWTH AND DEVELOPMENT OF THE BABY

Table with columns for Birth, 1 month, 2 months, 3 months, 4 months, 5 months, 6 months, 7 months, 8 months, 9 months, Birth, 1 month, 2 months, 3 months, 4 months, 5 months, 6 months, 7 months, 8 months, 9 months. Rows for Weight, Height, and Capacity of the Stomach.

ANNANDALE SCHOOL

Report for the month of January. Grade X—1. Estelle Howlett. Grade VIII—1. Mabel Robertson, 2. William Banks. Grade VI—1. Alma McDowell, 2. Jennie Robertson, 3. Gertrude Banks, 4. Victor LaPierre.

Genuine BAYER ASPIRIN. WARNING! BEWARE OF COUNTERFEITS! If a tablet is offered as "ASPIRIN" and is not stamped with the "Bayer Cross"—refuse it with contempt—it is not "ASPIRIN" at all! There is only one genuine "ASPIRIN" tablet. It has never been improved upon. It is identified by the safety "Bayer Cross," has been prescribed by physicians over 26 years, and proved safe by millions for Colds, Headache, Neuritis, Lumbago, Pain, Neuralgia, Toothache, Rheumatism. DOES NOT AFFECT THE HEART. Safe. Accept only "Bayer" package which contains proven directions.