

Woman's Realm / Social and Personal / Fashions / Literature

Happenings of the Week

Princess Juliana of the Netherlands has expressed a desire to receive exactly the same hospital accommodation and treatment as any other woman when she enters the Civil Hospital, Ottawa, for the birth of her third child, Dr. W. Douglas Murray, superintendent of the hospital, said, despite these wishes, the hospital plans to redecorate the rooms she will occupy, rooms which under a previous arrangement in the Canada Gazette will be extra-territorial. Dr. Piercey said Princess Juliana wishes "that her baby be born in the regular infant's room used by private ward patients. The hospital trustees, however, felt that this would throw too great a responsibility upon them in the case of a royal birth, especially with reference to the infant's room, which contains a score or more of babies. Netherlands are hoping that the third child of Princess Juliana and Prince Bernhard will be an active service with the allied air forces in Britain, arrived in Ottawa this week to be with Princess Juliana and her children. The move to make a section of the hospital extra-territorial recalls an incident in British history more than 300 years ago. King James I in 1620 proclaimed a spot of ground in Edinburgh to be part of Nova Scotia when he established the bay of Nova Scotia. Under the old Scottish law it was necessary that the monarch deliver a stone to the baronets of Nova Scotia, a part of that land. Owing to the difficulty of carrying out the procedure in the New World, James solved the problem by declaring a spot in the courtyard of Edinburgh castle to be Nova Scotia and so it remains to this day, although its exact location is not known.

Mrs. Franklin Roosevelt will visit some of the war industries of Montreal when she goes there next Tuesday to address an address to Russia meeting at the Forum. A press conference will be held at the arrival Tuesday morning, but whether it will follow traditional White House lines and be open only to women reporters has not been announced as yet. Afterwards she will visit City Hall to be welcomed by Mayor Adhemar Raynald and sign the City's Green Book and then visit war industries, particularly those where a large number of women are employed. At the Forum meeting, she will be welcomed by Prime Minister Mackenzie King on behalf of the Canadian government and by Premier Adolphe Godbout on behalf of the Quebec government.

Mrs. R.H. Stearns, Charlottetown, her daughter, wife of Col. P.S. Fielding, of Halifax, and two children, are visiting in New Glasgow, N.S., guests of Mrs. Stearns' brother and sister-in-law, Rev. Canon I.E. and Mrs. Fraser, St. George's Rectory.

Prior to leaving Mrs. Lewis was the guest of honor at a very enjoyable party given by Miss Margaret Horne on Friday and on Saturday by Mrs. J. Sterling MacDonald when farewells and good wishes were extended.

Dr. and Mrs. J.J. Yo entertained at luncheon over the weekend for Mrs. J.A. Lewis and Miss Elizabeth Lewis who left Monday for Summerside and Mrs. B.C. Howard of Sherbrooke, Que. On Wednesday Mrs. Howard left to spend a few days in Summerside with her sister prior to returning home, after spending the New Year anniversary with her father Mayor B. Roy Holman.

Mrs. Hillard Muttart of Summerside is spending a few weeks at the Charlottetown.

It is now gossiped that Rev. R. Moorhead Legate, D.D., now residing at Penmarvian, Paris, Ont., in view of his thirty years with the Australian and Canadian forces and his service in the last war, has on his recent retirement been promoted to the rank of Lieutenant-Colonel.

Prior to leaving for Boston, last Saturday morning Miss Margaret MacMillan was very pleasantly entertained by Miss Florence Owen, Miss Iris MacLellan and Mrs. Huxford, the social gathering being held at Miss MacLellan's pretty home, Miss MacMillan, who will be greatly missed received a pretty farewell gift.

Miss Jean MacEachern, whose engagement was announced last week to Lieut. Donald Richard Baker, R.C.N.V.R., is the centre of many social festivities prior to the happy event.

A valued member of the Eastern General Finance Office, that staff together with the girls of the 2nd floor of the Phillips Building presented Miss MacEachern with a very lovely gift on her retirement, accompanied by hosts of good wishes.

On Wednesday a number of girl friends had a tea shower at Miss Martha Poole's home for Miss MacEachern and many lovely presents were given to her.

Mrs. W.R. Aitken invited intimate friends in for a social evening on Thursday for Miss MacEachern who received an exquisite prize to mark the happy occasion.

Mrs. George Mahon of Halifax has arrived on a visit to her mother, Mrs. E.S. Blanchard, Water Street.

Mrs. F.W. Boyle and Mrs. Walter Pickard were joint hostesses last evening at a smartly arranged bridge and miscellaneous shower at Mrs. Boyle's home 94 Hillsboro Street for Miss Jean MacEachern.

Upwards of twenty-two young people, who were surprised by the guest of honor, showing her with many lovely articles to add to her hope chest, accompanied by the best of wishes.

Those mischievous little sprites—the grinning gnomes who have been raising such havoc with the R.A.F.—but whose pranks are thoroughly enjoyed by everyone, have recently come to New York. One of the leading shops is displaying special grinning dolls for children, who sit in whitewashed branches at the Fifth Avenue entrance of the store and grin provocatively at passers-by. There are grinning buttons, too, just at the heads of these tantalizing little fellows, and grinning label ornaments.

Regretful farewells were said this week to Mrs. J.A. Lewis, who left Monday with her young daughter Miss Elizabeth to make their home in Summerside with Mr. Lewis, who is now resident there.

Miss Helen Agnew who has been in the Provincial Sanatorium for the past year and is now steadily regaining renewed health returned home yesterday and will be the guest of her uncle Mr. James Fullerton and Mrs. Fullerton.

Mrs. J. Herbert Lord and Miss Mary Alison Droll of Cape Traverse are spending the winter with their niece, Miss Blanche Droll of Westleigh, Staten Island, N.Y.

A Job Only You Can Do

Price Control Questions And Answers

Questions and answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. Where can I get a ration book for my baby?

A. At the nearest Local Ration Board Office in your district.

Q. My garage man postponed fixing my car three times to do work on two commercial trucks can he do this?

A. Yes. Repair jobs on commercial trucks have a priority on the garage man's time. Car owners holding an A.A. ration book are in the last category.

Q. Do you think it is right to freeze stocks of canned milk when it is needed for babies?

A. Mothers will be able to buy an ample supply of canned milk. However, they must first get a permit from the Price Board establishing their need for this commodity.

Q. My husband and I have a small grocery store. Can you tell me how long we have to turn in spare coupons for out replacement certificate?

A. Spare C coupons which expired for consumers on January 3, must be surrendered to a local office of the Prices Board before Jan. 24, after which date they are null and void.

Q. If I slaughter a pig and wish to sell a small portion to my neighbor, do I need to get a permit?

A. You must have a permit when you slaughter livestock for the sale of meat. If you furnish complete and accurate information on your application, there will be no delay in securing a permit from the nearest office of the Prices Board.

Q. We are giving up our farm and I wish to take some of the furniture to my daughter, who lives 45 miles distant. May I take it in our truck which has a private commercial vehicle license?

A. No. Even farmers, when carrying anything but farm produce are not allowed to operate private motor vehicles more than 35 miles from the registered address.

SOUR CREAM FRUIT PIE

1 cup prunes or dried figs
1 cup dried peaches
1-4 cup sugar
1-2 tsp. salt
1 tsp. cinnamon
1-2 tsp. nutmeg
1-4 cup sour cream
Pastry for double crust

Boil prunes or figs about 15 minutes in sufficient water to cover; drain. Remove pits from prunes or figs, rinse and drain. Put fruits through food chopper, using medium knife. Combine sugar, salt and spices, and stir to blend. Add cream and mix.

Pour into pastry-lined pie pan, cover with top crust and brush with milk. Bake in hot oven (450 degrees F.) 25 to 30 minutes. Cool before cutting. Serves 6 to 8.

They arrived in New York on New Years Day.

The illness of Mrs. M.W. Wood of Southport, in the P.E.I. Hospital is causing her family and friends deep concern.

If the Pope carries out his reported intention of living in the Lateran palace because of Italian fears that Rome may be bombed, he will be living in the middle of the city's business area. Until 1870 the alternative home to the Vatican was the Quirinal, now the King of Italy's residence. It was known as the summer palace because of its large garden. The Vatican's garden is small and unshaded.

Dorothy Dix Says—

BOOST AT RIGHT TIME BUOYS UP EVERYBODY IN TOUGH SPOTS

One Man Dances With "Wallflowers" And Calls Each "Miss Beautiful" As Daily Good Deed

A woman once said to me: "I am poor. I have no money with which to give presents. But I never let anyone go from me without saying something to them that gives them a lift and that makes them a little happier. I stop for a word with the blind man who sells papers at the corner. I ask Mrs. Smith about her rheumatism and tell her of a new remedy I have heard. I compliment a pretty young girl on her new hair-do, and congratulate anyone in the office who has done an especially good piece of work."

"I tell Mrs. Jones that she must be awfully proud of the record Johnny is making at school. I tease the Major, who used to be a lady-killer in his youth, about his latest conquest. I pat dogs, and notice babies, and ask people about their hobbies, and you would just be surprised how many glum, tired, discouraged-looking faces brighten up at a few kind words, even from such an insignificant person as I am. They are as grateful as if I had handed them a handsome gift."

"But you have," I replied. "You've given them the greatest thing in the world. You've given them a moment's happiness, and that is something that money can't buy. You have made them feel that they are of some importance in the world. You have pulled up their little pink balloons that were getting deflated. You have put fresh hope and courage in their hearts. You have given them something pleasant to think about instead of leaving them to mull over their worries, and no one can do a better deed than that."

MORE THAN MATERIAL GIFTS IN GOOD DEEDS

"When we think of charity, we always think of it in terms of money sending someone in need a check, or a load of coal, or a basket of groceries; giving blankets to a poor widow and buying a warm sweater for a shivering little like in a threadbare jacket. All fine things to do, and more power to those with generous hands! But all the need is not physical and all charity is not comprised in bestowing material things."

"There are people all about us who live in fine houses and wear milk coats and fare sumptuously everyday who are starving just as much for companionship and sympathy and understanding as any pauper ever starved for bread and meat. Yet we never think of trying to alleviate their distress by giving them a word of cheer, or a word of sympathy, or whatever they fancy in a shop we forget that the thing they crave most isn't for sale over the counter."

"There are the talented boys and girls who have started out so blithely and confidently on their careers, but they are finding that the ladder of success is a hard one to climb, and they are getting heart-sick and discouraged, almost ready to give up. All fine things to do, and more power to those with generous hands! But all the need is not physical and all charity is not comprised in bestowing material things."

MOTHER GETS JOY FROM SIMPLE STATEMENT

"And there is the poor, hard-worked mother of many children, who has little money. There are times when both soul and body are faint under the load she bears upon her weary shoulders, but you can lighten it and make her labor seem worth while by telling her that the woman who rears a fine family does the greatest work in the world."

"And there are the lonely old people who are hard to talk to because they are so deaf, and who are beseamed to listen to with their reminiscences of when Johnny had the measles forty years ago or the time they went to the World's Fair in '83. Yet they are hungry for company, and when you give them your society for an hour you have done as true a charity as if you had fed a starving old man or woman."

"And I know a man who claims that he does his daily Good Scout Deed by dancing with the girls who are wallflowers at parties, and by calling them "Miss Beautiful" and asking where they have been all these years in Heaven for having spread so much happiness over scenes that else would have been arid areas of despair."

"A few kind words, a little encouragement, a little praise, a little sympathetic understanding, a little giving of ourselves to others, what trifles to make such a difference in the lives of those about us! How stupid of us not to recognize them, and how stingy of us not to give the gift that so many need more than anything that money buys."

A Morning Smile

Awesome — Two laborers were working on a very tall block of apartment buildings. Suddenly the man at the top of the ladder called to his mate at the bottom. "I say, Jim, come up here a minute and listen." His mate slowly climbed the ladder and at last, quite out of breath, reached the top. "I can't hear anything," he said, after listening intently for a while. "No," said the other. "Ain't it quiet?" — Stratford Beacon-Herald.

THE COOK'S CORNER

SPICED FRUIT PIE

2 cups dried apricots or peaches
1-2 cups water
2 tbsps. quick-cooking tapioca
1 cup sugar
1-2 tsp. salt
1 tsp. cinnamon
1 tsp. butter
Pastry for double crust

Rinse dried fruit and put through food chopper. Combine water, sugar, salt, tapioca and spice, bring to a boil and continue boiling 2 or 3 minutes, stirring to prevent scorching. Pour into pastry-lined pie pan, dot with butter, cover with top crust, and brush with milk. Bake about 30 minutes in hot oven. Serves 6 to 8.

Canadian Diet And National Health

In recent surveys of Canada's food habits it was found that while we are fortunate in having an abundance of food, about 70 per cent of our population are malnourished. In general the men of the family are the best nourished while the mothers are the most poorly fed. While serious deficiency diseases are rare in this country, general health and resistance to disease is seriously impaired through ill balanced diets. The use of overly refined grains has led to a general deficiency of vitamins and iron and calcium are also apt to be deficient in the average Canadian diet.

Realizing that the utmost health and working efficiency of every citizen is necessary to the nation's war effort, the Federal Government is sponsoring a national wide campaign to bring the essential facts of nutrition before the public. Miss Francis MacKay was appointed to interest the provinces in organizing this effort. As a result every province has cooperated and is prepared to launch a nutrition week campaign to be followed up with year round educational work to stimulate interest in the important field of nutrition.

In this Province considerable organization work has been done. A central nutrition committee has been formed with Dr. B.C. Keeling as its President and representatives from the Red Cross, Home Economics Association, Public Health Dept., Dept. of Education, Dept. of Agriculture and the Travel Bureau, have been selected and the work is well under way. During the week of January 18-January 23 National Nutrition Week will be observed with publicity in radio and press. Various educational exhibits will be set up for the interest of the public. During the year speakers will be provided for organizations wishing to cooperate in this effort of the Government to improve Canada's health through wise selection of our available foods.

EAT RIGHT. FEEL RIGHT.

WOODEN CONDUITS
Wooden pipes 20 feet in diameter are being used to carry water to U.S. military camps.

8000 MILE CONVOY
Eighty thousand miles of convoy routes are patrolled by the British Navy.

Home Service

Spring
Jainty Curtains to Herald

"Cornice" Style Pretty, Easy
Spring magic for your room—these easily made draperies with their ruffled, cornice-like valance. Charming to combine a beige chintz gaily flowered in rose and blue with valance of plain beige. Or you might use solid colors—have draperies of dusty rose, valance of cream or brown.

For the perkily ruffled valance, best to make standing full, rod case of fabric, sew to a foundation. Then sew on lower ruffles and hang valance on a drapery rod as our diagram shows.

But how to finish your ruffles? Give them tiny rolled hems—or you might pink or picot the edges.

The side draperies are simple to make and so are the dainty glass curtains. But, it's important to have pointers on measuring, cutting! For instance, the thinner and finer your material, the more you should allow for fullness.

Get complete details for measuring, cutting, sewing and finishing curtains from our 32-page booklet. Gives directions for many smart styles in draperies, glass curtains, drapery curtains, valances, cornices. Has helpful advice on fabrics, colors, trimmings.

Send 15c in coins for your copy of "New Ideas in Making Curtains and Draperies" to Charlottetown Guardian Home Service, Address. Be sure to write plainly your name, address and the name of booklet.

Living & Leisure

The Woman's Realm

How do you tackle your work each day? Are you scared of the job you find? Do you grapple the task that comes your way with a confident, easy mind? The things that haven't been done before. Those are the things to try; Columbus dreamed of an unknown shore. At the rim of the far-flung sky. —Edgar Allan Poe.

HINTS ON ETIQUETTE

Small attentions paid to aged or unattractive people whom you meet in school, business and society only take a few moments but win great rewards. They not only make you friends, but they enrich your own personality.

MORE GERIATRICS

Grandma's cup of tea and bite of toast may seem like a square meal to her, but she really needs more nourishment than such a snack provides. Geriatric authorities say digestive tract tissues become less efficient in absorbing needed vitamins from food as the 60's swing around. Depletion of natural reserves of minerals in the body is another problem of old people. For a spry and comfortable later life high vitamin and mineral intake in concentrated form is a sound type of health annuity.

BANANA BREAD

Venezuelans are eating a new kind of bread made of banana flour, made from the mandioc or yuca plant, and corn meal.

BRUSH WASHABLE GLOVE FINGER TIPS

The life of wash gloves will be extended if a soft-bristled brush is used instead of rubbing to get the fingertips clean. This type of brush will prove an asset in many laundering tasks as cleaning binding on blankets and removing excess soil on trousers, etc. It is a high quality material that will not stand up to stiff rubbing.

FLATTEN FOIL SALVAGE

A good many collectors of foil would save themselves much disappointment if they would only follow instructions on articles of salvage headquarters. As the instructions state, foil should not be rolled into balls, but should be flattened out, piece by piece, separately. Experts can then quickly separate the various grades, but this is not possible when the foil is in lumps or balls. There is no market for any but flat foil.

FATS FOR GLYCERINE

Glycerine obtained from waste fat and bones is a vital component in many instruments of war. It is used in making armor-piercing demolition charges, in "mechanisms," propellants and gunpowder. Aboard

ENEMIES OF RUBBER

Enemy No. 1 of household rubber is heat. The higher the temperature the more quickly the rubber gets weak, cracks, becomes sticky. Enemy No. 2 is light. Sun light, because it combines the harmful action of light and heat, is hard on the kind of rubber in many articles, especially if the rubber is partly stretched when the sun hits it. Enemy No. 3 is oil and grease.

STAINS REMOVED

Stains may be removed from an aluminum pan by boiling water and vinegar in it.

Always wipe your electric iron with a clean cloth before heating it, to remove any dust or dirt.

To remove ice cream stains, soak material 30 minutes in cold water, then wash out in warm water with mild soap.

WINTER COATS WHETHER CLOTTED OR PURE NEED CAREFUL BUYING CONSIDERATION

Winter coats, whether cloth or fur, are fairly long range investments as a rule, and will repay in wear and general satisfaction, if careful consideration is given in buying.

Here are facts assembled by Consumer Information Service which are worth remembering when buying a ready-made cloth coat: Only a satisfactory fabric will give satisfactory wear.

Woven homespun and certain firm diagonal weaves, when made from all-wool fibre, shed dust, don't wrinkle, and keep a trim, well-tailored appearance.

Waxed surfaces such as broadcloth are dressy, but soon wear thin where there is continued friction. They are not a wise choice for hard steady wear.

Lining should be of durable material. Movement of the body causes friction subjecting the lining to continued pulling. Unless it is firm it will fray out at the seams where the strain comes. Rayon in a twill weave is one among the materials usually found satisfactory.

Lining should be placed so that the warp yarns of the fabric are in a straight vertical position. The cut of the coat should be generous, allowing from 12 to 16 inches in front for overlapping.

There should be plenty of room in the shoulders and sleeves to permit easy movement of arms.

Conservative lines, patterns, and colors are best for coats chosen for long wear. Extreme cut, novelty of design or color quickly dates a garment.

Fur collars should be in keeping with the fabric in texture and color and should indicate wearing quality at least as long as those present in the coat itself.

For Quick Cough Relief, Try This Home Mixture

Splendid Results. Saves Money. Easily Mixed. You'll be surprised how quickly and effectively this mixture soothes and soothes your throat, when you try it four times as much cough medicine for your money and your throat. It is pleasant and dependable for real relief.

Make a syrup by stirring 2 cups of granulated sugar and one cup of water for five minutes, until dissolved. No cooking needed—no trouble at all. Or you can use corn syrup or liquid honey, instead of sugar syrup. Then put 2 1/2 ounces of Finex (obtained

from any drugstore) into a 16 oz. bottle. Add your syrup and you have 16 oz. of medicine that will soothe you by its quick action. It never spoils, lasts a family a long time, and tastes fine—children love it.

This home mixture takes right hold of a severe cough. For real results, you'll say it's splendid. It loosens the phlegm, soothes the irritated membranes, and quickly eases soreness and difficult breathing.

Finex is a special compound of proven ingredients in concentrated form, well known for its soothing effect on throat membranes. Money refunded if it doesn't please you in every way.

Needlecraft For The Home

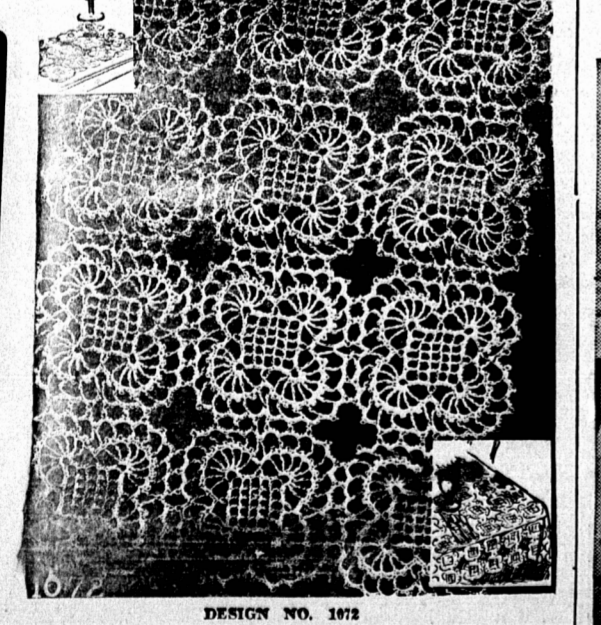
THE PERFECT SLIP
First Step to the Perfect Figure
When it's such a simple matter to make a perfect fitting slip like this, you wonder why you don't give justice to your frocks by giving them the right foundation? The pattern provides for two styles; some women prefer the built-up shoulder because of the assurance it gives of being always in place; others like the daintiness of the narrow strap. You may want to make both in dark or light colors. It will repay you many times, in comfort and style.

Style No. 2670 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42 and 44. Size 18 requires 1-4 yards 39-inch fabric with 1-2 yards lace for the slip with cambrile top; 2-5 yards for the slip with built-up shoulder, 2-5 yards.

Send 30 cts for pattern. Write your name, address and style number. Be sure to state size you wish. Style No. 2670

Name _____ Street Address _____ City _____ Province _____

FLORAL MEDALLION FOR TABLECLOTH



DESIGN NO. 1072
These large medallions are easy to crochet and are joined as work progresses. Pattern No. 1072 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Needlework Department, Charlottetown Guardian

Design No. 1072
NAME _____ CITY _____ STREET ADDRESS _____

Chef Takes A Hand at Salvaging



When chefs and cooks in the Armed Services have rescued all edible fare from meats for cooking purposes, and have extracted the last bit of soup from the bones, they begin the job all over again to salvage the inedible and bones for salvage to supply

war industries with their by-products, most vital of which are glycerine and glue. Bones are scraped clean of fat and gristle and put in separate containers in readiness for the salvage truck.

Child's Colds VICK'S VAPORUB

To Relieve Nasty Colds on Time-Proven

Send 15c in coins for your copy of "New Ideas in Making Curtains and Draperies" to Charlottetown Guardian Home Service, Address. Be sure to write plainly your name, address and the name of booklet.

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