

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature



Good Boy!

And well he might give thanks for the change Nestlé's Evaporated Milk has made in him! Used to be cranky—sickly—just didn't progress. Now all this is changed. Bright, alert and happy.

And here's the reason: Nestlé's Evaporated Milk is just the best of fresh cow's milk with part of the water removed—then sealed and sterilized in air-tight containers. Add water again and you have absolutely pure, safe milk—but more readily digestible than ordinary milk because the large fat globules of the milk have been broken up into small ones of the same size as in Mother's milk. Also, the curds which form in the stomach when Nestlé's Evaporated Milk is used are soft and flaky and therefore easily digestible.

Use Nestlé's Evaporated Milk for Your Baby. Use it in coffee—in cocoa—in tea. Use it in all cooking and as a beverage by diluting with one to two parts water.

NESTLÉ'S EVAPORATED (Unsweetened) MILK

What the Fashionable are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Anabelle Worthington

A clever black crepe silk with slenderizing lines. The wrapped bodice is opened at the neckline to show a pastel pink open-eyelid embroidered batiste vestee. An applied band of the batiste trims the neckline and is carried down either side of the bodice. The tiny bows of the crepe are lined with the pink batiste.

Style No. 2658 may be copied exactly as a great saving in cost. It is easily made. It comes in sizes 16, 18 years, 36, 38, 40, 42 and 44 inches bust.

Printed chiffon cotton voile is charming idea for this unusual model.

Printed crepe silk, printed sheer linen, printed batiste and chiffon prints will make up smartly.

Size 36 requires 4 1/2 yards 39-inch material skirt cut on crosswise thread or 4 1/2 yards 39-inch skirt cut on lengthwise thread, with 1/4 yard 22-inch allover lace for vestee and bows and 1 1/2 yards of 1 1/2 inch lace banding.

Pattern price 15 cents in stamps or coin (coin preferred). Be sure to fill in size of pattern. Address Pattern Department.

Form with fields for Name, Street Address, City, State.



2658

more than one penitentiary, was about to deliver his usual Sunday address when, to his consternation, he saw one of his former cell mates among the congregation.

"Ladies and gentlemen," said he, at length, "my text to dis mornin' will be 'dem dat sees me and knows me, and sez nuffin, dem will I see later.'"

Ferryman—A halfpenny, sir. "Hae ye no excursions?"

A Morning Smile

A certain negro evangelist, who in his younger days had been a ne'er-to-well and had seen the inside of

Ganong's Delecto



The finest in the Land.

100 and worth it

Relieves Asthma In Fifteen Minutes

If Dr. Schiffmann's Asthmador does not quickly remove the very worst attacks of Bronchial Asthma difficult breathing, and the asthmatic symptoms accompanying Hay Fever your money will be returned. This is the guarantee given by your druggist when he sells you Asthmador or Asthmador Cigarettes. No matter how inveterate or obstinate your case, or how often or violent the attacks, Asthmador will quickly relieve you, usually in ten seconds but always within fifteen minutes.

Druggists throughout Canada are authorized to sell Asthmador on a positive guarantee to refund the money in every case where it does not give relief. You will be the sole judge, and it will be your own druggist who refunds your money, and we in turn make it good to him.

Price 80c. If unable to obtain at your local store, send to Lyman Knox Co., Montreal, for package of Asthmador.

For Asthma Asthmador For Hay Fever SOLD ON A GUARANTEE

Etiquette

By Roberta Lee

Q. What should be provided for cutting fish at the table?

A. A regular fish-slice.

Q. Is an acknowledgement of an invitation to a formal reception necessary?

A. No, unless the invitation requests an answer.

Q. Is the presence of strong emotion permissible in public?

A. Never; it should be strictly avoided.

Outside the hotel the car purred contentedly, and the motorist's wife absentmindedly counted the luggage as she waited her husband's coming. Presently he appeared at the door of the car, a receipted hotel bill in his hand. "We haven't left anything, do you think, dear?" she asked through the window.

The motorist gave a vicious laugh, and tore the bill into pieces.

"Have we left anything?" he said. "Gracious, Mary, you mean 'Have we anything left?'"

A terrific battle between a shark and a whale off the coast of Florida is reported in the news columns. We don't know how it finally came out, but we assume the whale gave in and bought the real estate.—New York Evening Post.

Acid Stomach Is Dangerous

Suffers from Indigestion CUT THIS OUT

Stomach trouble, dyspepsia, indigestion, sourness, gas, heartburn, food fermentation, etc. are caused nine times in ten by "too much acid" in the stomach.

The acid irritates and inflames the delicate stomach lining and often leads to gastritis or dangerous stomach ulcers. Never does an acid stomach with artificial digestants that give merely temporary relief. You must get at the cause.

The best plan is to neutralize or sweeten your acid stomach after meals with a little "Bisurated" Magnesia. Then not only will the pain and sourness quickly vanish but your food will digest properly as nature intended.

Be sure to use genuine Bisurated Magnesia. There is nothing better to settle an upset acid stomach. You feel fine in five minutes. Reliable druggists everywhere say it must give complete satisfaction or its small cost will be returned. Bisurated Magnesia comes in both powder and convenient tablet form. Handy to carry about, easy to use, not a laxative, and, for making a disordered stomach do its duty, it works like a charm.

Is There Hope for the Ugly Girl? Dorothy Dix Finds Charm Can Be Acquired

"No Woman in This Day Need Remain as Homely as Nature Made Her Unless She Lacks the Brains and Energy and Determination to Circumvent the Stingy Old Jade Who Held Out on Her"

A despairing young woman asks: Can a girl make herself over? Must a girl who is plain of face, who is too fat, who lacks personality, who has no accomplishments, who has no tact and who always says and does the wrong thing, submit to her fate or can she do something to take the curse off herself?

Cease to mourn as one without hope, daughter, for no woman in this day need remain as homely as nature made her unless she lacks the brains and energy and determination to circumvent the stingy old jade who held out on her when pluckitude was being passed around.

Of course, it is great luck to be born with a peach-and-cream complexion and golden tresses that curl in ringlets about your alabaster brow and with a slim and lissome figure, but if you did not get that kind of break it is a comfort to know that you haven't lost out entirely and that you don't have to go through life with a saleratus-biscuit complexion and stingy locks and looking as lumpy as a bundle that mother tied up.

Thank heaven, there is a beauty shop on almost every corner where they put in a permanent wave that Aphrodite herself might envy. You can get a synthetic complexion at your drug store that beats a real one all hollow, and any girl by taking thought to her calories can make herself thin or plump at pleasure.

Besides, beauty rests in the eye of the beholder, and when we speak of a girl being pretty we do not really mean that she has classic features and lustrous eyes and the proportions of a Follies girl. We merely mean that she presents a pleasing and attractive appearance, and about 80 per cent of this is her clothes.

Therefore, if you are an ugly duckling, daughter, first acquire the art of make-ups. Learn to use cosmetics so that they will camouflage your defects instead of calling attention to them. Apply rouge with discretion so that it will simulate the bloom of roses on your cheeks and not look as if you had been painting a barn door. Learn how to comb your hair and remember that while the beauty may take liberties with freak bobs, a homely girl can't afford to take any risk with the bizarre.

Then buy yourself the best clothes you can possibly afford, for fine feathers make fine birds. Study your style and get the things that flatter you and if you have the slightest doubt about your taste go to some good dressmaker or to the head saleswoman in a style shop and throw yourself on her mercy and let her dress you. Nobody ever thinks of a well-dressed woman as ugly. They never distinguish between her and her chiffons.

Then start out with as much determination to acquire a nifty line of accomplishments as you would a college education. Learn to play games, golf and tennis. Especially acquire almost professional skill as a dancer and a bridge player.

A raving, tearing beauty, or a girl who possesses an unusual amount of what we call "it" may step on her partner's toes and trump his ace and get away with it, but a homely girl is simply sunk if she is a blundering amateur. On the contrary, she may be as homely as a mud fence and yet be eagerly sought as a partner if she can be counted upon to always win the game or if she is light as thistledown on her feet in a ballroom.

Tact also is a virtue that can be acquired. It is only necessary to think before you speak or act and consider whether you would like to have that particular thing said or done to you. Believe me, the golden rule holds in conversation as well as it does in ethics.

If you would not enjoy having some other woman tell you that you are putting on fat or showing your age or that your new green hat makes you look sallow or ask you if it is not about time that you were getting married or tell you that she saw your husband out with a blond flapper you may be very sure that you are not making a hit with another woman by saying such things to her.

And if it pleases you to have people remember your taste and to send you telegrams on your birthday or write you little notes of condolence when you have some misfortune or congratulate you over some good luck, why, you have some misfortune or congratulate you over some good luck, why, you may know that other people react to these little attentions just as you do. There is no excuse for any woman above the grade of a moron going about smashing people's feelings like a cow in the social china shop.

And you can make yourself interesting. Perhaps you can never be a brilliant conversationalist, for the gift of gab is bestowed only by the high gods, but you can become an intelligent listener, and nothing will make you more sought after in society than that, for talkers are many and listeners are few and hard to come upon.

And, finally, you can add good nature and an interest in other people to your repertoire of charms, and when you do that you can snap your fingers in the face of any spoiled, self-centered beauty. And remember for your comfort that a fascinating, homely woman is the most fascinating woman on earth, and her fascinations are of the kind that never fail.

DOROTHY DIX.



CRISP...

and refreshing as a breeze—Kellogg's Corn Flakes and milk or cream. Great for a warm-day lunch. So easy to digest, so extra crisp, they help you feel fit!

Kellogg's CORN FLAKES

More than 12,000,000 people delight in Kellogg's Corn Flakes every day. Kellogg's are especially inviting in summer. They furnish energy, and yet are so easy to digest they don't "heat" the body.

Serve for breakfast, the children's supper. Great with fruits or honey added.

Oven-fresh in the inner sealed waxite wrapper. Sold by all grocers. Served by hotels, restaurants, cafeterias. Made by Kellogg in London, Ontario.



For The Cook

INDIVIDUAL CHICKEN DAISIES

One pepper, diced; 1/4 pound of mushrooms, chopped; 1 cupful of cooked chicken, diced; Salt, pepper, and paprika; 2 pounds of cooked spinach, 2 hard-cooked eggs; Parmesan cheese, grated.

Saute the peppers and mushrooms. Add the chicken, salt, pepper, and paprika, and thicken with cream sauce. Place the chicken mixture in a well-buttered ramekins and add a layer of spinach. Sprinkle with grated cheese. Cut the eggs lengthwise, removing the yolks. Arrange the eggs on the spinach to resemble a daisy, using the grated yolks as the centre. Add a dash of paprika to the yolks. Bake in a slow oven (300 degrees) for half an hour.

IN MEMORIAM

MR. JOSEPH BRADLEY

There passed away at Millview, on Saturday, August 9th, a life-long and respected resident at the age of 76 years in the person of Mr. Joseph Bradley. Mr. Bradley had been in poor health for some time and all that medical aid could do could not stop the ravages of death. Too much cannot be said regarding his life, as to know him was to love him. He was a kind neighbor and in times of sickness was always ready to lend a helping hand. In his mill he was genial and many times when his hard day's toil was over, a customer would come, and he never considered it any trouble to open up the mill to supply his needs and I may say that his foot prints are imprinted where they will never be marred and his memory will remain in the minds of his many friends as an example of sincere fellowship. He leaves to mourn their loss, his wife and one adopted daughter (Jennie), Mrs. McLaughly, to whom sincere sympathy goes out. His remains followed by a very large concourse of friends and relatives were taken to St. Joachim's Church, Vernon River, on August 11th, and tenderly laid to rest to await the glorious resurrection morn. Mass was celebrated by the Rev. P. D. McGuigan, who, during his long and tedious illness offered him many words of comfort.

The following were the pall bearers:—Albert McLeod, Vernon Jenkins, William Smith, William Coady, Vincent Grant and Alfred Hynes. (Patriot Please Copy.)

Card of Thanks

Mrs. Joseph Bradley and daughter Jennie, Millview, are deeply grateful for expressions of sympathy, flowers, Mass Cards and kindness shown them on the death of their husband and father.

IN MEMORIAM

BENJAMIN BARR

Benjamin Barr, 410 Elm Street, a resident of New Bedford, Mass., for the past 30 years, died at his home early yesterday morning after a short illness from heart trouble.

Mr. Barr was born in Prince Edward Island 73 years ago where he married his wife Effie MacDonald.

On coming to New Bedford he went to work for the G. L. Brownell carriage company working for them for 30 years. He left there and went to work for William Carroll until three years ago when he retired.

He was a member of the United church and is survived by his wife and three sons, Benjamin W. J. Gordon, George M., and one daughter, Mrs. Ethel R. Simpson. He is also survived by two sisters, Mrs. John Meany and Mrs. Julius Faust and one brother Joseph Barr.

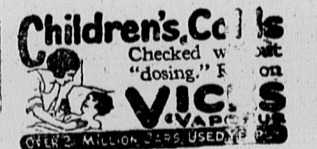
"You give your salesmen two weeks' holiday every year, I've heard, Mr. Hinson?"

"A month!" grunted the employer. "That's right," said Hinson, "two weeks when they go on holiday, and the two weeks when I go on duty!"

She had asked him for a cheque and that started it.

"Whenever I sit at home he remarked, 'instead of going to the club, you are always wanting more. You seem to think that life is just a game of chess—nothing but cheque, cheque!'"

"So it is, if you don't give it to me," she returned. "It will still be a game of chess, for it will be pawn, pawn!"



Lasting Softness is another feature of this deodorizing sanitary protection



BECAUSE it stays soft... stays cool and light, women find Kotex better. There's no deceptive merely-surface softness about it. The air-cooled layers of filler keep Kotex comfortable longer.

A special process deodorizes Kotex safely, completely. Keeps one dainty, immaculate at times when that is doubly important. Then there are other things: the clever shaping of the pad, for inconspicuous protection under the filmiest frocks. The way you can adjust layers of filler. The fact that it disposes so easily.

Why hospitals use it Did you know that Kotex filler (Cellulose-cotton—not cotton—absorbent wadding) is used in Canada's leading hospitals? It is preferred by surgeons, even for surgical dressings in the most serious operations. They use it because it is so wonderfully absorbent (5 times more, by test, than the finest cotton); so hygienically safe.

- INCONSPICUOUS... 1—Designed to remain smooth-fitting under any gown. 2—Deodorizes—By a special process Kotex deodorizes safely and thoroughly. 3—Kotex filler is far lighter, and cooler than cotton, yet absorbs 5 times as much. 4—In hospitals... Kotex is the identical material used by surgeons in Canada's leading hospitals. Kotex—60¢ for 12—4¢ per dozen, dry goods or department store. Kotex Super-Size—75¢ for 12. MADE IN CANADA.

KOTEX The New Sanitary Pad which deodorizes