

# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure —The Woman's Realm

### LOVE AT HOME

There is beauty all around, When there's love at home; There is joy in every sound, When there's love at home. Peace and plenty here abide, Smiling sweet on every side, Time dith sweetly, softly glide, When there's love at home.

In the cottage there is joy, When there's love at home; Hate and envy never annoy, When there's love at home. Roses blossom 'neath our feet, All the earth's a garden sweet, Making life a bliss complete, When there's love at home.

Kindly heaven smiles above, When there's love at home; All the earth is filled with love, When there's love at home. Sweeter sings the brooklet by, Brighter beams the azure sky; Other's One who smiles on high, When there's love at home.

### HOUSEHOLD HINTS

Never wash your comb in hot water, but leave it to soak in cold, salted water until the dirt softens, when it can be brushed out with an old toothbrush. An excellent invisible mink can be made in a silk garment with gum. Smooth the frayed edges carefully and then place a small cutting of the same material, moistened with thin gum, under the hole, leaving the patch under the heavy books until quite dry. Plaster of Paris tied up in a muslin bag is an excellent wall cleaner, and a paste of whiting and water spread over actual stains and marks and brushed off when dry will often remove them from the most delicate wallpaper. Linen blinds of any dark color are brightened and cleaned by being washed with a cloth wrung out of ammonia and water.

### WALLPAPER ADDS TO ROOM HEIGHT

Ceilings are often neglected as a part of the decorative scheme when new wallpaper is planned for the home. Yet ceiling space has amazing possibilities for beautifying and lending character to a room. Low ceilings may be made to appear higher by using unobtrusive flat, star, snowflake and small patterns. Or, to reduce apparent ceiling height, a paper can be selected which is darker than that used on the walls. Oddly shaped rooms may often be improved in appearance by using the same unitized wallpaper on the walls as on the ceiling in an alcove. Or the same paper may be used on the entire ceiling to unify all parts of the room.

### ONIONS MAY BE PEELED WITHOUT TEARS

Onions may be peeled without tears if held under water during the process.

### SUN ROOM PROVIDES WINTER PLAY SPACE

Winter brings with it an appreciation of glass-enclosed sunrooms. With weather conditions making it unsafe for children to play outdoors, a sunroom provides a place for recreational activities and at the same time promotes health.

## Troublesome Night Coughs Are Hard on the System

It's the cough that sticks; the cough that is hard to get rid of; the cough accompanied by a tickling in the throat that causes the nerve and throat wracking trouble that keeps you awake at night.

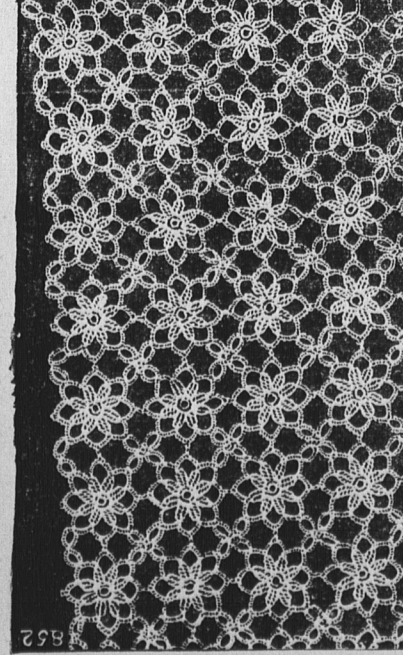
Dr. Wood's Norway Pine Syrup helps to relieve this coughing condition by soothing the irritated parts, loosening the phlegm and stimulating the bronchial organs, and when this is done the troublesome irritating cough may be relieved.

Dr. Wood's Norway Pine Syrup has been on the market for the past 48 years. The Trade Mark "3 Pine Trees".

Price 35c a bottle; large family size, about 3 times as much, 60c at all drug counters.

The T. Milburn Co., Limited, Toronto, Ont.

### ACORN MEDALLION LUNCHEON DOILY



Design No. 873

This lovely corn medallion offers a new high in crochet work. It may be used for buffet covers or dresser scarfs and works up quickly. Pattern No. 873 contains list of materials required, illustrations of stitches used and complete instructions.

To order this pattern, send 15 cents in coin or stamps to Needlework Department, The Charlottetown Guardian, Needlework Department, Design No. 873.

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### Decorated with growing flowers, plants, and vines, the sun-room provides delightful surroundings for entertaining guests and for the enjoyment of the family.

Seasonal floor coverings and furniture, available especially for sun-rooms, make possible the fullest enjoyment of this type of room during all seasons of the year.

### IF YOU CAN'T SLEEP

These are my special dodges, says a sufferer from insomnia. Lie down and relax completely. Here are "games" to play which will help. My own invention! Take a common christian name like Mary. Go back to the first Mary you remember. Count through the years, Mary Brown, Mary Jones, Mary Smith. And come back through time, seeing how many you can count. Or count the different bedrooms you've slept in. Try to recall them in sequence.

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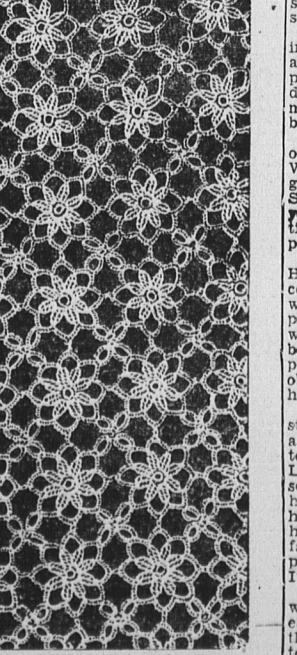
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**PROTECT PRICELESS OLD FAMILY RECIPES WITH MAGIC**

**MAGIC BAKING POWDER**

IT'S ALWAYS DEPENDABLE!

## South From Mayfair

By Pearl Bellairs

### SEEN BELOW THE BLIND

The other man went out again, and returned carrying a large blue jug with a lid on it—as he lifted it he saw the trail of cord and realized that it was an electric jug. He set it on the table, and at the same moment Hawksford came over to the window and pulled down the blind.

It flew up again an inch or so as the blind was pulled down, leaving a narrow gap at the bottom through which the light still flowed.

Her heart beat hard—but curiosity nerved her, and Lorna crept on her hands and knees, and crouched in the shadow of some small shrubs beside the window; she could see through the crack into the room side of the room. She went down on her hands and knees, and crept along under the level of the sill, lifting her head again and peering under the edge of the blind. She had a clear view of the two men.

They were standing by the table only a few feet from her, the electric jug was between them, signifying that they were waiting for him to say something. She could not hear what they were saying, but the man in the shirt sleeves was smiling and talking; there was a nervousness in his face as he looked at Hawkford, who was looking at her. She did not know one another well.

Hawksford was holding the jug open, and Lorna saw that the man in the shirt sleeves was looking at the open space over the steam. Now and again he picked it up, then put it back.

They were steaming the letter open. The only reason, Lorna realized for their steaming the letter open was because it belonged to somebody else. There were only two motives for their doing it; to extract money, or information. She felt it was a horrible thing she was looking at. Either Hawksford was a sordid mean thief, or he was a spy, if he had been seen by the man in the envelope then she would know certainly that he was a thief.

Hawksford had his envelope now, and was eging the flap up carefully, the man in the shirt sleeves was watching closely. Hawksford had it open, he took something out, and she could not see what it was.

Then after a moment he turned full toward the window, putting what was obviously a letter on the table; he took out a fountain pen, pushed up a chair, and taking a sheet of blue notepaper the other gave him, sat down and began to write—copying the letter carefully. She was certain then that he was a spy.

He held the copy and put it into his pocket book. She waited, hands begrimed with soil, her back stiff with craning her neck, until she saw the letter put back in its envelope, and the envelope resealed; she saw Hawksford give it to the man in shirt sleeves, and then she crawled hurriedly away, slipped across the little front garden, out of the gate. She hastened down the road, brushing earth and leaves from her coat.

It was with a gasp of relief that she closed the door of the car, and switched on the engine. She drove quickly away, turned into the Papanul Road, and looked at the name of the street as she passed; it was Queen Avenue. She drove back toward the town, automatically, her mind in a whirl, her being a complex of emotions.

She was realizing what the results of her investigation had been. What sentence did a man get for giving away military information? Seven years, ten years, twenty years, penal servitude, death sometimes. She shuddered at the possibilities chilled her.

Why, why must a man like Hawksford do such things? Why could he not have chosen another way of life? He had brains, a fine physique, nature had endowed him with more than most men. It must be some unusual weakness, some peculiar lack of conscience, some obsession of avarice that could make him play such a sordid game.

## Dorothy Dix Says

### OLD FOLKS MORE CONTENTED IN HAVING THEIR OWN HOMES

### Children Make Errors By Insisting Their Aging Parents Live With Them — Changes Are Disturbing

Dear Miss Dix—I am a widow 71 years old, but in good health. I have 10 children, all married. After my husband died, I broke up household, stored my furniture, and have been living about with my children ever since. But I am tired of roaming around from house to house. I want my own home and my own furniture and am thinking of renting a little apartment with my sister so that I can use my things and live as I want to in my old age. But my children don't want me to do this. They want me to continue to live around with them. What do you advise me to do? A MOTHER



**ANSWER**—I advise you to rent your apartment and let up your own home, particularly as you can be with your sister and have some companionship and some one to look after you if you get sick. Your children are actuated by the most kindly of motives in wishing you to live with them, but old people should stay put. They should have their own firesides and not be called upon to make frequent changes and to adjust themselves to new environments, but a guest in your children's

homes and you must adapt yourself to their way of life, and new ways are not to their way of old people to learn. Young people cannot possibly realize how much their furniture means to an old woman, and what pleasure and comfort she gets in being surrounded by her old things and silverware and not just household goods to her. They are memories that live and help to cheer her often more audibly than the voices of living people about her.

**With Her Memories**—She can never lack for companionship with them around her. Here is the bed in which her children were born. Here is the snobby little chair in which she sat when she rocked her babies to sleep. Johnny made the scar on that table leg with the tools that Santa Claus brought him on a Christmas morning 50 years ago. Hands that have been dug and weaved and knitted many years worked that needlepoint. A little girl's first stitches went into the making of that patchwork quilt.

And so it goes. Every article has some association that makes it dear to the old woman. Memories, old joys, old griefs hallow and sanctify every object until the shabbiness of things is more precious to its owner than the finest objects in a collector's shop. Every old woman should have her own home, even if it is only one room, and live among her household gods, who will bless and comfort her.

### HOW TO DIVIDE FAMILY INCOME

Dear Miss Dix—How should a husband and wife divide the family income? **ANSWER**—The husband should sign himself "Contented Husband" answer that question, as an ounce of experience is worth a pound of theory. He should divide the family income into three parts: (1) for the man's work in the home; (2) for the woman's work outside of the home; (3) for the family's general expenses. The man's work in the home should be regarded as of equal value with his husband's work outside of the home. With this thought of equal value, the man should be paid for his work in the home as well as for his work outside of the home.

**ANXIOUS BRIDEGROOM.** **ANSWER**—Will let a correspondent who signs himself "Contented Husband" answer that question, as an ounce of experience is worth a pound of theory. He should divide the family income into three parts: (1) for the man's work in the home; (2) for the woman's work outside of the home; (3) for the family's general expenses. The man's work in the home should be regarded as of equal value with his husband's work outside of the home. With this thought of equal value, the man should be paid for his work in the home as well as for his work outside of the home.

**It is just as much a woman's duty to make a comfortable home for a family as it is the man's duty to provide the raw materials out of which the home is made. The woman who fails to sweep her floors and make her beds, to cook nourishing and palatable food is just as criminal as the man who is too lazy to work, or who drinks or gambles away the family income.**

Every man who has a lazy or slovenly wife is justified in leaving her, and he should do so before there are any children to be poisoned by her bad example, or to be brought up on the street because it is more comfortable than their pigsty of a home.

If every young man would first of all be a good husband, and then a good father, he would find before he got married whether the girl to whom he was about to entrust his stomach and his future comfort and happiness was a good cook and an expert with the broom, about half of the domestic misery in the world would be saved, and more homes kept intact.

I believe that if every man would let his wife know unmistakably that he expected her to do her part in the matrimonial partnership as efficiently as he did his, that it would turn many a slack wife into a real helpmeet. For wives do not wish to lose their jobs as wives any more than do any other women who have good paying positions, and they would make good on them if they had to. It is because husbands are too easy and let them get away with laziness and slovenliness that wives put it over on them.

**DOROTHY DIX.**

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## THE COOK'S CORNER

### BOILED DRESSING

2 tablespoons sugar  
1 teaspoon mustard  
1 tablespoon flour  
1-4 teaspoon salt  
2 egg yolks or 1 egg  
3-4 cup milk  
1-4 cup vinegar  
1-2 tablespoons butter  
Dash of cayenne, if desired  
Method: Combine the sugar, mustard, flour and salt, and mix thoroughly. Add the well-beaten egg yolks or whole egg along with the milk. Now stir in the vinegar slowly. Stir the mixture and cook slowly over hot water until the mixture has thickened and no raw taste of flour remains. Stir in the butter and add a dash of cayenne pepper, if desired. Strain the mixture and store in a covered jar in a cool place.

### MAYONNAISE

1 teaspoon mild prepared mustard  
1-2 teaspoon salt  
1-2 teaspoon paprika  
2 to 3 tablespoons vinegar  
1 egg, separated  
2 cups salad oil  
Method: Combine the prepared mustard, salt, paprika and vinegar. Mix well and set aside. Separate the egg and beat the yolk slightly, then add 1-4 cup salad oil slowly, beating thoroughly. Add the vinegar, beaten egg white, a small amount at a time, beating well after each addition. Beat in the remaining oil, a small portion at a time. Now beat in the egg and vinegar mixture into the egg and oil mixture.

### JIFFY MAYONNAISE

1-4 cup vinegar or lemon juice  
1-4 cup salad oil or melted butter  
2-3 cup sweetened condensed milk  
1 egg yolk  
1-2 teaspoon salt  
1-2 teaspoon mustard  
Dash of cayenne  
Method: Place the ingredients in a pint jar in the order listed. Fasten the top of the jar tightly and shake vigorously for 2 minutes—you will find that the mixture will blend perfectly, if you wish a stiffer mixture, place in a cool place for a while before serving. If you wish this may be mixed by placing in a bowl and stirring together until well-blended.

## ACT FAST WHEN A COLD THREATENS

**Use This 3-PURPOSE Medicine**  
At the very first sniffle, sneeze, or sign of a cold put just a few drops of Vicks Vapo-rinol on your nostrils. If used in time, Vapro-rinol's stimulating action actually helps prevent many colds from developing.

... And remember this, when a head cold makes you miserable, transient congestion "fills up" nose at night, spoils sleep—3-purpose Vapro-rinol gives valuable help as it (1) shrinks swollen membranes, (2) relieves irritation, (3) flushes out nasal passages, clearing, clogging, relieving. Enjoy the relief it brings.

### Home Shorthand Course Aid in Business Success



**Symbols Learned in Spare Time**  
Many a girl owes her business success to home study done in her spare time. By such study she can add to her skills and add to her chances for promotion and more money.

As shorthand may so easily be learned at home, no girl need remain unskilled—or at a disadvantage with fellow office workers who are better trained.

Besides, it's really fun to scribble the curves, dots and dashes that represent English sounds! That's all the Pitman method is, writing brief symbols for the sounds of the words you hear in dictation.

"Etch," for example, has two sounds, "e" and "ch." You write only a dot and a down stroke! To make you even more efficient, Pitman devised the "short forms"—mere wiggles, you might call them, for longer words commonly used. "Remembered" with its EIGHT sounds is a simple fish-hook. "Nevertheless" is just two overlapping curves!

It's like playing a clever game, especially after you've practiced a bit. Then your pencil fairly flies across the paper.

Our 32-page shorthand manual gives 18 easy step-by-step lessons, dozens of short forms, tips on acquiring speed and makes an excellent foundation for a business college course.

Send 25c in coins for your copy of Self-Instruction in Shorthand to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of your booklet.

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## JAMIESON'S Drug Store

## Your Individual HOROSCOPE

By Frances Drake

For Tuesday, February 18th MARCH 21 to APRIL 20 (Aries)—If you give your personal touch to your activities and work and manage them in the clever way that you can so well, you can make them profitable and not strain yourself either.

APRIL 21 to MAY 20 (Taurus)—Should be a good day for making money out of talents and initiative. Investments of sound character, sales, improvements and expansion favored. Transportation and shipping generally under friendly rays. MAY 21 to JUNE 21 (Gemini)—Industrial matters; manufacturing useful, everyday commodities and utilities essential for public health and welfare; food stuffs, tools, machinery and household articles are on the highly favored list. Romance and amusement are equally sponsored.

JUNE 22 to JULY 23 (Cancer)—Personal problems, children's and home interests; forestry; handling lumber; excavating, building, construction work and other substantial matters are more favored than professional and artistic activities. Be diplomatic in heart affairs.

JULY 24 to AUGUST 22 (Leo)—Salesmen and saleswomen, artists, dentists, physicians, sculptors, clerks, accountants; you engaged in youth betterment organizations, teachers and students should meet with success; firm earnest and enthusiastic efforts.

AUGUST 23 to SEPTEMBER 23 (Virgo)—Hard work, laborious, tedious tasks, things that require infinite details are among items sponsored by today's friendly stars. Executive and employ should work in harmony and to the advantage of both.

SEPTEMBER 24 to OCTOBER 23 (Libra)—No beating around the bush now! Talk straight and cut the hampering red tape for experience and urgent matters. Delays often thwart well-intentioned ideas and plans.

OCTOBER 24 to NOVEMBER 23 (Scorpio)—Take the offensive; necessary and constructive matters and don't let the wrong action creep into your routine of plans. Don't tell all your private affairs abroad; protect them from busy-bodies.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—The more you see, the more you should know what NOT to do. Consistent effort and ambition are what today need most. And in stead of criticizing adversely, give a little praise and watch the results.

DECEMBER 23 to JANUARY 21 (Capricorn)—Restrictions? Yes, a few. Build up in every way, don't tear down. This holds true for little things, too.

JANUARY 22 to FEBRUARY 21 (Aquarius)—Be especially careful in personal affairs and in money transactions. Avoid loss through carelessness, being heedless. Keep your wits about you.

FEBRUARY 21 to MARCH 21 (Pisces)—You are on your honor! You'll be watched and your example is going to be followed by others. Make it your business to show the very best you've got in every respect. Business should not be neglected for other less important matters.

A CHILD BORN ON THIS DAY Cautious, discreet, agreeable, kindly sympathetic, inclined to worry inwardly and be anxious. This individual will not show his (or her) worries, so be thoughtful of him (or her). Should have consistent, healthy outdoor exercise, religious training and intelligent happy companions.

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