# Woman's Realm — Social and Personal — Fashions — Literature

## THE HOUSEWIFE —AND— HER ACTIVITIES

### THE LONG ROAD

O the years are swift
And the road is long
And there's many a tear—
But there's many a song.—

And all the struggle
Is worth the while
If one matches strides
For a merry mile—

If one matches strides
For a single day
With a fellow rover
Along the way,

And they find, perchance
That they both love hills
And wind-washed skylines
And daffodils—

And new-born rabbits
And proud old trees,
And stars—and mornings—
Oh, all of these

Can hold two hearts
With their echoing
Till all of the grief
That life may bring

Can never silence
That one sweet song—
And the road is glad;
While the road is long..

—ELONE RICE GRELLE in Animal Life.

### SUEDE SHOES

An old suede or chamois leather glove filled with soft paper makes a good pad for rubbing over suede shoes to remove dust and freshen the surface. A rubber nail-brush is also useful for cleaning suede without harsh friction. Grease spots should be treated with a stiff paste made of fuller's earth and water. The paste should be allowed to dry on and then lightly brushed off.

### BOW-KNOTS

The term softer fashions re-occurs constantly, a term which suggests the subtle touch in blousing and gathers and supple drapes over the bust and in the sleeves and at the same time that this technique is revived in fall fashions comes a mood for the tie effects which were once so important and which were relinquished for the button-up and zip-up era.

One jacket is casually adjusted with a tie-on effect at neckline and at waistline. Coats flip over the side again with a tie to anchor them. Little tie collars may be ever so small or large and scarf-like. Bodices have little tie effects here or there and evening sashes tie in gigantic bow effects or bands of ribbon trimming have little bows which seem like a stripe on the dress in a whole series down a long skirt.

Bowknots are much in the motif business of 1938, they are posed precisely on even the tailored frocks, and more frequently trim the romantic ones. They are posed in the hair, on the hats, on the lobes of the ears, and are sometimes inset or appliqued as surface decorations.

### NEW HEATING SYSTEMS PERMIT RESIDENCES WITHOUT CELLARS

Many houses are being built these days without cellars. New style heating systems make it possible for furnaces to be installed in a small room on the first floor, and while this saves steps in the servants home, it does away with the ample storage space in a cellar.

To offset this lack of storeroom facilities, ample shelves should be built in the kitchen. Provisions, household equipment, kitchen equipment need a "parking place," and this should be kept in mind when planning a cellarless home.

## To-Day's Popular Design By Carol Aimes

668

CROCHET TRIMS AN APRON

DESIGN NO. 668

Miss Aimes receives at least 200 votes for each design before it is accepted for this column. Send us your votes. We print all the popular designs.

Dear Readers: Along with your letters asking for aprons we have one very urgent request for "a gift apron with an old-fashioned flavor—the kind mother used to wear." Here it is—a lovely one, as old-fashioned as plum pudding and trimmed with quaint filet lace and matching cross stitch for color. Make it of a cotton that will both launder and wear well, if you want the lady who receives it to be truly grateful.

The pattern includes directions for making the lace and the apron; transfers of the cross stitch motif, color guides, material requirements and all directions for finishing.

Send 20 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.

To The Charlottetown Guardian
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I suggest the following as a POPULAR DESIGN — — — — — — — — — — — — — — —

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● Healthy, playful children use up plenty of energy; outdoor workers do, too. They all need lots of BEMA *Extra Fancy Table* Molasses because it's such a nourishing, energizing food.

Use it as a spread for bread . . . on pancakes . . . for cakes, muffins, cookies, etc. It's good all ways.

*Sold in bulk* AT YOUR GROCER'S

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BEMA BRAND BARBADOS MOLASSES

"THE ORIGINAL PRODUCT—*NOT* A BLEND"


## THE COOK'S CORNER

### YORKSHIRE PIE

Two pounds veal shank, cut in pieces, leaving in the bone, 2 tablespoons each of minced celery, green pepper, onion and flour, 1 tablespoon minced parsley, 1 teaspoon salt, 1-8 teaspoon pepper, 1 egg-yolk, 1 cup milk. Cover meat with boiling water, add onion, parsley, celery and salt, and simmer until tender. Strain and remove, bone. Heat 2 tablespoons fat, add flour, and blend. Then add slowly 1 cup stock and the milk with beaten egg-yolk, and stir until smooth. Add green pepper. Place meat in baking dish, pour this mixture over meat and mix well. Cover with hot mashed potatoes, and bake in a fairly hot oven for 20 minutes. Serve at once.

### SCOTCH SHORTBREADS.

Cream
3-4 cup butter and add gradually
1 1-2 cups powdered sugar, beating constantly. Work in
3 cups flour, using hands in mixing

Press into a buttered pan to a depth of 1-2 inch, and prick with a fork frequently in even rows. Bake 35 minutes in a moderate oven (350 degrees F.)

## A Morning Smile

### HOT STUFF

A negro preacher was trying to explain the fury of Hades to his congregation.

"You all has seen molten iron runnin' out from a furnace, ain't you?" he asked.

The congregation said it had.

"Well," the preacher continued, "dey uses dat stuff fo' ice-cream in de place I'm talking 'bout."

### OFF THE CHEST

The business man rang for his secretary.

"Take down a letter, Audrey," he said, fiercely. 'Ready? 'Re your final demand note for fifty pounds, I absolutely refuse to pay this infamous tax. You are a robber, sir, a rogue, and a scoundrel. You ought to be ashamed of yourself. You deserve a sound thrashing, and if—.' Taken all that down, Audrey?"

"Y-y-yes, sir," she gasped.

The business man breathed a sigh of relief.

"All right. Just tear it up and burn it. It has done me good dictating it."

## Household Scrapbook

(By ROBERTA LEE)

### Flowers

If flowers are to be sent away, and will be without water for several hours, cut off the stems and tip them with sealing wax. This will keep the moisture in the stems. The sealing wax should be cut off when the flowers are put into water.

### The Dinner Table

When in doubt as to whether your dinner guests are going to have enough space at the table, be sure to allow twenty inches for each person when setting the table. This is a good rule to abide by.

### From Iron to Hanger

Always be sure to have plenty of coat hangers with you on ironing day, so that the freshly ironed dresses or blouses may be slipped on them as soon as they are ironed, and thus avoid any possibility of wrinkles forming.

## New Two-Fabric Cover Simple to Make

Give new life to worn chairs, put your color scheme in tune with modern trends—with this clever, easy-to-make slip cover.

Is there too much drab tan, sober green in your living room? Let the figured material in your smart new slip cover be cretonne—patterned gaily in beige, light green, apricot. Select a beige crash to combine with it and, to give a trim finish, get light green binding for the seams.

Begin by fitting your material snugly to the chair. Pin down every 3 inches. Leave a 4-inch tuck-in to ease strain between seat and back. Cut, allowing 1½ inches for seams. Get the shape of fronts of arms with paper, then cut exactly. Baste, try on and stitch.

Our 32-page booklet gives step-by-step instructions, easy diagrams of slip covers for sofas, chairs, pads, auto seats. How to fit, finish seams.

Send 20c in coins for your copy of How To Make Slip Coverers to The Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

## Five Mistakes Made in Marriage | Dorothy Dix | Be Sure You Know How to Cook

### Failure in the Kitchen, Curtailing Freedom, Trying to Reform, Bringing the In-Laws Into the Home and Neglecting Him for the Babies Arouses Ire of Husbands

Let's consider the five great mistakes that women make in marriage. First, all of their lives marriage has been the career they have aspired to follow, yet they have never done a single thing toward preparing themselves for it. The can opener and the corkscrew are the only two domestic implements with which the average bride has any personal acquaintance. If her soul's salvation depended on it she couldn't cook a meal that wouldn't kill an ostrich. She throws half of her husband's salary into the garbage can, and the grounds in the coffee pot would be grounds for divorce in any domestic relations court.

We romantically ascribe all of the failures of marriage to heart affairs, but in reality they are mostly the result of stomach trouble brought on by young wives experimenting with their husbands' digestions. Of course, in the end the wife does generally learn how to cook and keep house, but by the time she has done that she has turned her husband into a chronic dyspeptic and they have had so many quarrels over the biscuit and the leathery consistency of the eggs at breakfast that they are permanently alienated from each other.

One of the chief reasons why widows are at such a premium in marriage is because they have learned how to make a comfortable home on their first husbands' pocketbooks.

The second mistake women make in marriage is in being too possessive. Most brides believe that there is something in the marriage ceremony that gives them a quit-claim deed to their husbands and that thereafter they own them body and soul. They think that they have a monopoly on their husbands' affections and that they should not manifest even a kindly interest in the mothers who bore them.

They think they have a right to separate their husbands from their old friends and acquaintances; to keep them from taking part in any of their former amusements; that their husbands should never step out of an evening without them, and that they have the privilege of turning out their husbands' minds and seeing what's in them just as they do their bureau drawers.

Now, the thing that changes marriage from a silken bond into a ball and chain for a man is the loss of personal liberty. When he finds out that his home is nothing but a jail in which he is locked up at 6 o'clock every night and that his wife is the jailer who turns the key on him, it is all over except the divorce decree.

He doesn't want to do anything wrong or of which his wife would disapprove. He doesn't want to have to ask her permission to go places, or to have to tell lies about why he stayed downtown at night, or took an old friend to dinner. He just doesn't want to wear his wife's collar or have her lead him around on a leash. He can't stand being "owned," and that is why the possessive wife loses out.

The third mistake that women make in marriage is trying to reform their husbands and make them over according to their own little pattern. Why wives can't take their husbands "as is," they don't even know themselves. Probably it stems from the same feminine complex that makes a woman take her new $20 hat and rip it all up and turn it into a mess. Anyway, a lot of them do it, and it is a terrible shock to a man to find out that the wife who, he thought, regarded him in the light of a combined Fairy Prince and an oracle really doesn't approve of anything about him, from the way he wears his hair to his politics.

Now after a man is grown you interfere with his personal habits at your peril, and many a devoted husband is turned into a grouch by his wife never letting him eat the kind of things he likes, or go to see the shows he enjoys, or sing in the bath tub, or tell a story without correcting him about some detail.

The fourth mistake in marriage that women make is in forcing their families too much on their husbands. Because a woman likes to have her always on the premises and the house cluttered up with little sisters and brothers is no indication that her husband pines for his in-law's society. Yet only too many men find that when they united themselves to Angelina they not only got her but Sally and Janey and Mary and Tommy and Bobby and Father and Mother as well, and that their in-laws not only look upon them as running a free hotel for their benefit but feel they have a perfect right to use their clothes and car as if they were their own.

The fifth mistake that women make in marriage is in being all mother and no wife. Too many women never see their husbands as a man again after their first baby is born. All of their interest, love and petting are given to the youngsters. Husband is not in it, and that is why he so often goes hunting for some other woman to hold his hand while his wife is holding Junior's.

DOROTHY DIX.

## IDLE RAINBOW

By Phoebe Sheldon

(Continued)

It was after one o'clock when they finally had their tree trimmed and the cord connected so that it would light properly when one turned the switch. Lindsay clasped her hands and drew a deep breath as the lights hidden in the feathery fragrant branche of the hemlock tree glowed like jewels in the darkness of the room. "Oh-oh! It's Christmas," she said.

Lindsay and Rufus went down to the corner for a hamburger and a cup of coffee. And on the way to the corner it began to snow again. The flakes grew larger and larger, so large that they floated in the still air like small parachutes. One landed on the tip of Lindsay's nose and rested there for a moment. It was under a street light which shone on a tiny drop of water, the remains of the snowflake, and Rufus leaned over and suddenly kissed her on the nose.

They walked along in silence. It was later when Lindsay dropped a lump of sugar in her coffee and said, "Were you aiming at my nose?"

Rufus grinned. "What do you think?"

"I think it would be nice if I found a spring of mistletoe and stood under it. Then you'd have to kiss me."

"Do you think it would be so difficult?"

"Well, it's the first time you've shown any sign of wanting to."

"That's what you think."

"Well, of course there's Julia."

Rufus bit into his thick roll in which was a flat pancake of hamburger. "Yes, there's Julia."

Lindsay said, "I couldn't very well forget, could I?"

Rufus put down his roll and looked at Lindsay. "This is all in fun, isn't it?"

Lindsay returned his glance. Then Rufus a little roughly shook her shoulder. "Lindsay Abbott, you nut," he said sharply, "forget it. Do you hear me? Forget it!"

"All right," said Lindsay with an effort. And when Rufus said good night to her in the doorway she faltered, "B-but you will come and have your presents with us Christmas morning, won't you? I've got something awfully nice for you."

Then it was Rufus' turn to say all right.

"I don't suppose you'd kiss me anywhere except on my nose, would you?" It came out quite unexpectedly.

Rufus leaned gently towards her. "I don't suppose I would, Lindsay." But he did, in the dimness of the doorway while Lindsay's arms hung loosely at her sides. When she opened her eyes she noticed a streak of light that was the street light shining on the rows of brass mail boxes. She said good night and went slowly up the stairs, her face flushed. She felt that something final, irrevocable, had happened.

### XVIII

Lindsay wore her new evening dress to Julia Graham's Christmas Eve party. It fitted her perfectly. She had washed her hair. Then she had it cut short and brushed it upwards so that each small curl wound itself singly.

"It makes you look," said Clayton Hall who stood beside the punch bowl, "exactly like a Christmas angel. I expect you to burst into carols at any minute."

Lindsay didn't, however. She kept very close to Poppy and Toby all that evening. She avoided Rufus, who was helping with the punch. She held her chin high and there were little red spots on each cheek that weren't artificial, and her eyes were overly bright.

Something rang false about the whole party. Lindsay decided about the middle of the evening. There was something hard and forced about this Christmas Eve—something all wrong. Something about Julia's long blue dress shot through with metal threads so that the light caught in its folds every time she took a step; and the silver band around her head. There was something cold about the blue tree hung with silver lights and tinfoil snow. Something hard about the white patent leather holly. It was a caricature of Christmas, done in planes and angles and blue mirror glass. Lindsay felt that their own unpretentious little tree held so much more of Christmas than did this one. Even Julia's carol singers who came at midnight and sang in a sudden hush outside the door were a well-known quartet. They sang, "Hark the herald angels sing, glo-ree to the new-born King . . ." And they ended with "O Little town of Bethlehem how still we see thee lie!" And when they were invited to have punch, they took whiskey and soda instead.

About two o'clock all the brightness left Lindsay and she felt like bursting into tears. She wanted to go home. Julia was still circulating brightly among her guests. There was something pathetic about Julia's desire that her guests should enjoy themselves. She always took the greatest amount of time and trouble to prepare for her parties. And all that evening Rufus had scarcely looked at Lindsay. He was probably furious at her. She wondered if he would come the next morning.

He did. With an armful of packages. Toby was already there, having contributed part of the breakfast. Lindsay in her Chinese lounging pajamas left over from college flushed a bright pink when Rufus came in.

"Merry Christmas! We've saved both breakfast and the presents. And we've been shaking and feeling and smelling everything. I can hardly wait."

Toby was Santa Claus. He read the gift tags in a deep booming voice. "For Poppy Cartwright, a good girl, from Santa."

And they all sat on the floor in a vast sea of tissue paper and colored ribbons and squealed with delight as they tore open the bundles. It was intimate and cozy and Poppy, who was turning the bacon on the electric grill with a long handled fork was so excited over her presents that she let the bacon burn and they had to start another pan all over again.

Rufus said, "I sent Johnny Raymond a twenty-pound turkey. Do you think that's big enough for his family?"

It was about three o'clock when Rufus left, and Poppy and Lindsay began to get dressed for Clayton Hall's supper party. "I wonder," said Poppy, "who is going to be there."

It was small and intimate. About ten people including Madge Brown and Rufus and Julia. Clayton's colored girl Irma waddled in with a plate in each hand while Madge poured coffee. As they were eating, the doorbell rang. Clayton said, "That should be the ice cream."

Madge was sitting on the couch beside Poppy. "I suppose," she said, "you had lots of Christmas presents."

Poppy nodded. "Yes—underwear, handkerchiefs, a scarf, perfume and a darling lamp from Lindsay. What did you get?"

Madge held out her left hand on which gleamed a ring. It sent sparkles of light into the room. "From Clayton."

Poppy flung her arms around Madge. "You darling. I'm so glad. Look, everybody! Look at Madge. When is it going to be?"

Madge was a bit dreamy. "Next year," she said.

"But that," said Julia, "is only a week away."

"We thought," said Clayton coming back after depositing the cartons in the kitchenette, "that we'd start the new year right. It's your turn next, Rufe and Julia."

(To be Continued)


# Here Are 4 *Proved* Ways To Relieve Discomforts of Colds

**1 Head-Cold Sniffles and Misery.** Melt a spoonful of Vicks VapoRub in a bowl of boiling water, then inhale the steaming vapors. These medicated vapors loosen phlegm, clear air-passages, make breathing easier. Then, at bedtime, massage throat and chest with VapoRub; leave bed-covering loose around neck so the medicated vapors, released by body heat, can be inhaled freely during the night. VapoRub's direct action brings comfort—relieves local congestion—helps you relax into restful sleep. Often, by morning the worst of the cold is over.

**2 Coughing or Sore Throat** due to the cold. Use steam treatment outlined above. Also put a small lump of VapoRub on the tongue. It melts, trickles slowly down—bathes the throat with soothing medication which brings comforting relief to the irritated membranes and checks tendency to cough.

**3 Night Coughs** due to colds—especially of children—can often be prevented by massaging VapoRub on throat and chest at bedtime.

**4 Chest Colds.** Thoroughly massage VapoRub on throat, chest *and back.* Then spread a thick layer on the chest and cover with a warmed cloth. VapoRub goes right to work—*two ways at once:* (1) *Direct* through the skin like a poultice; (2) *Direct* on the irritated air-passages as its medicated vapors are inhaled with every breath. This direct double action loosens phlegm—eases coughing—clears the air-passages—eases muscular soreness or tightness—relieves local congestion.

**Children's Colds** are always a problem to mothers. Neglect is dangerous, because it often paves the way for more serious trouble. But constant internal dosing is risky, too. It often upsets a delicate little stomach, lowers resistance just when it is most needed to overcome the cold and ward off complications . . . It is for these reasons that most mothers depend on VapoRub to relieve the misery of their children's colds. With VapoRub there's no needless dosing, no risk of stomach upsets. It can be used freely; as often as needed, on even the youngest child.

**Many Other Ways** in which VapoRub can help you are described in the medically-approved directions folder that comes in each VapoRub package.

ONLY VAPORUB GIVES YOU THIS DOUBLE PROOF:

*Proved by Everyday Use in More Homes Than All Other Medications of Its Kind*

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*Further Proved in One of the World's Largest Series of Clinical Tests on Colds*


## Modern Etiquette

(By ROBERTA LEE)

Q. When a young man is calling for a girl to take her somewhere, isn't it all right for him to blow his horn at the curb, as a signal that he has arrived?

A. This is the lazy, ill-bred way of doing it. The proper way to conduct one's self in all places is to do everything as quietly and unobtrusively as possible. No; he should go to the door and ring the bell.

Q. Should the wishes of the bride always be respected at the wedding rehearsal?

A. Yes. It isn't necessary for the bride to take part in the rehearsal, but she should direct it, and every suggestion should be respected.

Q. Is it permissible to break a dinner engagement?

A. No; only an unavoidable accident, illness, or death can excuse the breaking of a dinner engagement.

Teacher, Margaret Towsend.

## How Can I ??

(By ANNE ASHLEY)

Q. How can I make a stencil marking ink that will wash out?

A. By rubbing or grinding into a fine powder, one part of fine soot and two parts of Prussian blue, with a little glycerine. Then add three parts of gum arabic and enough glycerine to form a thin paste.

Q. How can I make a good book-mark?

A. Take an ordinary rubber band and snap it over the pages that have been read, lengthwise of the book and you will have an ideal book-mark.

## Every Day Styles For The Home Sewer

2131 SIZES 4-14

Your little darling will be fashion first in classroom in this precious high-waisted dress of navy blue percale. Crisp ruffling, around the square neck and at the edge of the brief puffed sleeves, add a neat fresh touch in white percale. Tiny sister's dress combines printed and plain cotton broadcloth. It has her favorite Peter Pan collar and long sleeves. Of course she'll want a clan plaid dress of gingham or of challis and rayon mixture that tubs so perfectly. Either red or blue plaid is attractive with white pique collar. Repeat the white in bias binding, at the edge of the bodice to accent the high-waistline. Velveteen or a printed rayon taffeta is smart for Sunday school. It takes just the minimum time and material to sew it. The pattern is so easily followed with the picture sewing instructions included.

Style No. 2131 is designed for sizes 4, 6, 8, 10, 12 and 14 years. Size 8 requires 1 3-4 yard of 39-inch material with 1-4 yard of 35-inch contrasting and 2 1-2 yards of binding.

Send fifteen cents in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian sewing.

Style No. 2131 Size... ... ... ...

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### PENSIONS CONTINUE

FREDERICTON — Old age pension cheques distributed in New Brunswick in September numbered 11,371 and represented a total of $161,565. New applications granted amount to 145 and 109 pensioners died since the previous month.


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