

Now is the time to build up new tissue with

Vinol

Any body who has an attack of the "Flu" or Grippe knows what it is to feel "down and out" when they get around again—Their strength seems to have been sapped and they can't get it back quickly.

Pay attention to this advice—Take VINOL and in a short time your health will be benefited to an extent that will surprise you.

We feel so confident of what this remedy will do that your money will be refunded if you are not satisfied with the result. Price \$1.00 a bottle.

E. A. FOSTER
CENTRAL DRUGSTORE

SUFFERED TERRIBLE AGONY

"Fruit-a-lives" Alone Gave Him Quick Relief

Buckingham, Que., May 3rd, 1913
"For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, and I had chronic Constipation. I tried many remedies but nothing did me good. Finally, a friend advised "Fruit-a-lives". I took this grand fruit medicine and it made me well. To everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take "Fruit-a-lives", and you will get well!"

ALBERT VARNER.
50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-lives Limited, Ottawa, Ont.

ASTHMA
INSTANTLY RELIEVED WITH
ASTHMADOR
OR MONEY REFUNDED. ASK ANY DRUGGIST
OR WRITE LYMAN-KNOX CO., MONTREAL, P. Q. Price 65c.

THE CENTRAL GUARDIAN

IT PAYS to buy in this Province.

NEW BRANCH BANK OF N. S.—The Guardian is authorized to announce that the Bank of Nova Scotia will open a sub-branch at Borden shortly.

ST PAULS CHURCH.—The next mid-week service will be held in St. Pauls Parish Hall this Wednesday evening at 7.30. It is hoped there will be a large attendance.

THE MARKET.—There was a fair market yesterday not so large as might have been expected considering the splendid roads. Prices of staple produce ranged as follows: Hay, 90c to \$1.10 cwt., straw, 50c to 55c, potatoes, 60 to 65c, oats, 80 to 83c, pork 21 1/2c for best quality.

THE BANEFUL CIGARETTE.—A fifteen year old lad was arrested yesterday charged with entering a room in the upper part of the Des-Brisay Block occupied as a store room by the Hughes Drug Co. Ltd., and stealing therefrom cigarettes to the value of \$45. The cigarettes were recovered. He will be dealt with today.

FUNERAL OF LATE SYDNEY NELSON.—The funeral of the late Sydney Nelson took place Monday to Lower Montague Cemetery, the Rev. Mr. Donville and Rev. Mr. Armstrong officiating. The ceremony at the grave was conducted by the Odd Fellows of which deceased was an honored member. In previous reference to the death of this young man the following names of surviving relatives were omitted: his sister, Mrs. Edward Kerr, Montague, his step mother and his half brother and sister, Horace and Ruth.

Liniment cures garget in cows

HOTEL ARRIVALS

QUEEN HOTEL

D. Cronan, City
D. H. Hubley, Halifax
J. E. Sinclair, Emerald
John S. Cousins, Park Corner

VICTORIA HOTEL

C. R. Leslie, Halifax
A. B. Burns, St. John
H. Moore, Summerside
H. H. Cox, Morell
Mrs. H. H. Cox, Morell
Mrs. G. H. Urring, Cambridge, Mass
Mrs. Allan McLeod, Dundas
Win. A. McPhee, Georgetown
Miss Aileen McPhee, Georgetown
J. J. Hughes, Souris
G. A. Preston, Vernon Bridge

These Pills Cure Rheumatism.—To the many who suffer from rheumatism a trial of Parmelee's Vegetable Pills is recommended. They have pronounced action upon the liver and kidneys and by regulating the action of these organs act as an alternative in preventing the admixture of uric acid and blood that causes this painful disorder. They must be taken according to directions and used steadily and they will speedily give evidence of their beneficial effects.

Keep Down the High Cost of Living
Use Rolo Egg Powder Compound
For cooking, the contents of 25 cent can equals two dozen fresh eggs.
Notice the saving at present price of eggs.
Sold by
BE R & GOFF
Grocers

NORTH RIVER SERVICES.—Rev. J. M. Murchison of Malpeque will sing a solo at the services in the North River Baptist Church this evening.

A TIN SHOWER.—About twenty-five of the friends of Dr. W. J. P. and Mrs. MacMillan gathered at their home on Kent Street Monday evening and tendered them with a Tin Shower, in honour of the tenth anniversary of their marriage. A very enjoyable time was spent in music, games, etc., after which dainty refreshments were served. Dr. McMillan and Mrs. MacMillan received warm congratulations and many good wishes for their future happiness. The evening was brought to a close by the singing of "Auld Lang Syne", and "They are Jolly Good Fellows."

ANNUAL MEETING.—The annual meeting of the St. James Church Guild was held in the Ladies Parlors last night when the work of the past year was reviewed and future plans discussed. This Society, although small in number has been working steadily on as in pre-war days, and has also done a splendid patriotic work, supporting a prisoner of war, regularly mailing parcels of socks to the soldiers and sending Christmas parcels to the St. James Church boys both in England and France. It might be interesting to state that since the war work started the Guild has furnished 447 pairs of socks and raised upwards of \$500.00 for patriotic purposes. The following officers were elected for the New Year: President Miss McNeill, Vice-Presidents Miss Ethel Stewart and Miss Edith Rogers, Treasurer Miss Jean Martin; Secretary Miss Mary J. Irving. Other committees to further the work were also appointed.

PERSONALS

Mr. J. J. Hughes, Souris, was in the city yesterday.

Mr. J. S. Cousins, Park Corner, was in town yesterday.

Mrs. Neil McLeod, Summerside, was in the city yesterday.

Miss Hazel and Miss Mary Morris have returned to their home in Dundas after spending a week with friends at Bedford.

Mr. John Knight, who came home in connection with the funeral of his late brother Captain Basil Knight, returns to Boston this morning.

Mrs. Noonan Ferguson, Hamilton left yesterday for her home after sending the last few weeks with her sister, Mrs. James Dalling, Charlottetown.

Asthma no longer dreaded. The dread of renewed attacks from asthma has no hold upon those who have learned to rely upon Dr. J. D. Kellogg's Asthma Remedy. So safe do they feel that complete reliance is placed on this true specific with the certainty that it will always do all that its makers claim. If you have not yet learned how safe you are with this preparation at hand get it today and know for yourself.

Health and Happiness



Women of today seem to listen to every call of duty except the supreme one that tells them to guard their health. Home duties, church duties, war activities, and the hundred-and-one calls for charitable enterprises soon lead women to overdo. Nervousness, headaches, backaches and female troubles are the inevitable result.

Philadelphia, Pa.—"I was very weak, always tired, my back ached, and I felt sickly most of the time. I went to a doctor and he said I had nervous indigestion, which, added to my weak condition, kept me worrying most of the time—and he said if I could not stop that, I could not get well. I heard so much about Lydia E. Pinkham's Vegetable Compound my husband wanted me to try it. I took it for a week and felt a little better. I kept it up for three months, and I feel fine and can eat anything now without distress or nervousness. Health and happiness? Yes, I have both now."—Mrs. J. WORTHLESS, 2342 North Taylor Street, Philadelphia, Pa.

The majority of women nowadays overdo, there are so many demands upon their time and strength; the result is invariably a weakened, run-down nervous condition with headaches, backache, irritability and depression—and soon more serious ailments develop. Avoid them by taking in time

Lydia E. Pinkham's Vegetable Compound

CLASSIFIED ADVERTISEMENTS

HELP WANTED—FEMALE

WANTED GIRL FOR HOUSEWORK. Apply 271 Kent St. 3434-1-14m3p.

SMART GIRL TO GO ON COLLECTIONS and assist in Office. Apply Guardian Office. 3456-1-15m1t

WANTED—A MAID FOR GENERAL housework. No washing. Apply Mrs. J. J. Johnston, 140 Rochford St. 3447-1-15 M3p

NURSES WANTED—Student nurses to take the training course in the Proctor Hospital, Proctor, Vermont. Accepted applicants receive board and room and a nominal consideration for the course of two years and six months. For full particulars address Miss H. B. Wood, Supt. Proctor, Vermont. 3161-12-25 mt

WANTED

RAW FURS WANTED.—50 RED AND Patch Fox skins, 1,000 Muskrats, 50 Mink, 100 Weasel. Highest prices paid for same. J. B. Rombough, 123 St. George Street, Charlottetown. 2837-27Mt

TEACHERS WANTED

TEACHER WANTED FOR SCHOOL district No. 105, Prince County. Supplement \$45.00. Apply to Ernest W. Woodside, O'Leary. 3365-1-9 m6p

STOCK QUOTATIONS

HALIFAX, N. S., Jan. 14.—(Quotations furnished by F. B. McCurdy & Co., stock and bond brokers, members of the Montreal Stock Exchange, McCurdy Building, Halifax, N. S.)

Atch	95%	93 1/2
A. F.	90	89 1/2
Ala	60	60
Anc	59%	60%
A. R.	72%	72%
C. P. R.	158 1/2	—
Cent	74%	—
Cruc	56%	56%
M. F. C. T.	106%	106 1/2
M. N. P.	179%	181 1/2
Reading	81%	81
S. P.	101%	101 1/2
U. P.	129	129
U. S.	90%	91
U. T.	71%	72
Stu.	52	51 1/2

VICTORY BONDS

1918
The selling price named today by the Victory Loan Committee in Montreal is for
5 Year Bonds—100 1-2
15 Year Bonds—101
And accrued interest.
Safely Deposit boxes to rent at very moderate prices.
Write or send application to
Eastern Trust Co.
C. H. B. Longworth
Acting Manager
Charlottetown, P. E. I.
2871-12-9m1t

Presbytery Launches Forward Movement

(Continued from page 1)

ment and thereby pledging ourselves to make it a success, we call on our members to renew their expression of loyalty to the worship and work of the church by the reconsecration of life and means to the extension of the Kingdom of our Lord and Saviour Jesus Christ at home and abroad, and that a committee be now appointed to organize and to carry on an educational campaign in every congregation within the bounds for the securing of this object. The following are the members of this committee: Rev. J. M. McLeod, St. Peters, Convenor; Dr. Fullerton, Messrs Sterling, Millar, J. T. McKenzie, Theodore Ross, and J. Mcbourne Laird.

Provisional arrangements were made for the induction of the Rev. C. D. McIntosh at Montague, the moderator to preside and induct, Mr. Wilton to preach, Mr. A. S. Stewart to address the people and Mr. McVicar to address the minister. The reading of the edict was placed in the hands of Rev. A. S. Stewart.

Mr. Mitchell of Summerside had suffered from a very serious attack of appendicitis, that he had been operated upon a few days ago and that he was now in a very satisfactory condition. Presbytery expressed its regret at the illness, its sympathy with Mr. Mitchell and Mrs. Mitchell and instructed the clerk to write assuringly. In response to an invitation from Georgetown for a visitation, the committee to look after the forward movement in that congregation was appointed, also to do any extra work in this connection. Presbytery adjourned.

Danger ever lurks in Man's pathway and while one may be unusually careful, we cannot always prevent accidents. It is not only worth while, it is common sense necessity to protect yourself, family, salary, and bank account against the possibility of loss through accident and sickness, especially Spanish Influenza. Our new "ALL RED" Policy is the most attractive form of Health and Accident Insurance written—up-to-date and a leader in every respect. Full particulars furnished without charge. Write, call or phone today—tomorrow may be too late.

EMPLOYERS LIABILITY ASSURANCE CO. OF LONDON, ENGLAND.
HYNDMAN & CO. LIMITED
PROVINCIAL AGENTS.
TELEPHONE NO. 67. 61 QUEEN ST. CHARLOTTETOWN

BRINGING UP FATHER

DO YOU KNOW—MR. JIGGS IS IN LOVE!
I THOUGHT THERE WAS SOMETHING THE MATTER WITH YOU.
IT'S MISS SMITH—SHE IS AN ANGEL.
IT'S A CINCH YOU NEVER SAW AN ANGEL.
THE DARLING—HOW SHE JUMPED WHEN I KISSED HER LAST NIGHT.
NO WONDER!
LOOK HOW TALL YOU ARE!