Woman's Realm / Social and Personal / Fashions / Literature

The Dominion-wide swing to Chase & Sanborn is a sweeping triumph for FLAVOR. Try Chase & Sanborn — see why it's winning new friends so fast and keeping old friends, too!

CHASE & SANBORN
THE FLAVORFULL COFFEE ROASTED IN CANADA

THE COOK'S CORNER

ALWAYS HOT OVEN

Always put pastry into a hot oven, 425-450 degrees F. This causes the quick expansion of the air that is enclosed in the dough and makes a light pastry. With filled pies or tarts, the heat is reduced after 10 or 15 minutes to 325-350 degrees F. to allow the filling to cook without burning the crust

PLAIN PASTRY

3 cups sifted all-purpose flour
Or 3 1-3 cups pastry flour
1½ teaspoons salt
6 tablespoons cold water
¾ cup lard or mild-flavored fat

Mix flour and salt. Remove ½ cup of the flour and blend the water into it, making a smooth paste Cut the fat into the remaining flour until the pieces are the size of small peas. Mix in the flour paste, combine until the dough clings together. Chill before rolling.

HOT WATER PASTRY

¾ cup lard or mild-flavored fat
½ cup boiling water
1½ teaspoons salt
3 cups sifted all-purpose flour
Or 3 1-3 cups pastry flour

Cream the fat and stir in the boiling water, a little at a time; cool slightly. Add salt and flour, mixing with a quick, cutting motion; do not stir. Chill before rolling.

A Morning Smile

NICELY PUT

"I hear you are giving up your pastorate," said one aged and infirm minister to another. "How are your people taking it?"

"Oh, well," was the answer — "I'm resigning, and they're resigned!"

SUCH RELIEF !

Two sisters—apparently all in all to each other — had lived together for many years. Then, when the one was 98 and the other 96, the elder died. The relative who undertook the task of breaking the painful news to the survivor feared the shock would be fatal to her. But the old lady bore up wonderfully. "Ah, well," she replied, "now I suppose I shall be able to have my tea made as I like it."

NOTED BOTANIST RETIRES

CAPE TOWN —(CP)— Dr. E. P. Phillips, noted South African botanist who has built the Union herberium into one of the leading institutions of its kind in the world, has retired from the government service.

NEWSPAPER FOR ALL

LONDON —(CP)— A suggestion that sometime there might be established a European daily newspaper printed in various languages with local news but giving the people access to the same facts and ideas comes from Noel F. Newsome editor of a new publication, "Europe."

Dorothy Dix Says—

OFFICE ORGIES SHOULD STOP

Our Boys Fighting For Good Morals Not Free Love; Employers Must End Wild Parties

DEAR DOROTHY DIX—Office parties are becoming a real evil and should be discouraged. They are carried much too far and there are too many of them, and they are the cause of much hardship and unhappiness.

In the office where I work, for instance, there were no less than six such parties during December. They were held at swank hotels and supper clubs, places my wife and I never felt we could afford. There were dinners at $2.50 and $3.00 a plate and drinks which the men of the crowd were expected to pay for, sometimes amounting to $15 or $20 or more per person. There was not only drinking and dancing, but plenty of necking going on, with the parties never breaking up before 3.30 or 4 A. M., and anyone who tried to be decent or to leave early was called a piker

Most of the men work long hours, many evenings overtime, and they would like a chance to spend some time with their families, or to step out somewhere with their wives, but when it was suggested as it has often been by the men, that their wives might be included in some of these affairs, it has been voted down because it would make the party too large and, anyway, "wives always spoiled the party."

Sure they spoil the fun for the man-crazy kid girls who usually instigate these affairs, but they don't spoil the party for the men. Most of them would rather have their wives along. Most of them could not afford to take their own wives out to dinner at these expensive places, yet they are forced to go to parties and show somebody else a good time, because it is good business.

It cost me $87 for parties I had to go to during December and my wife and I have to cut down on all the plans we had made for a family Christmas because of it. My wife is a darn good sport about it and I think that most wives are, but don't people marry because they enjoy going places together, having fun together? And they should have the privilege of doing that, instead of having to spend their money on office parties to which their wives are not invited. These office parties hinder, not aid, the war effort, and the truth should be known about them.

A HUSBAND WHO GOES TO SOME OF THEM.

TIME TO END SUCH OFFICE PARTIES

ANSWER—If the office party has become an orgy, instead of merely a get-together for an innocuous evening of play of fellow workers it is certainly high time that the truth was known and that the employers put an end to them. For surely the men and women who have spent a night in feasting and drinking and petting are in no condition the next day to do good, or even safe work.

Neither the ethics of matrimony nor the conventions of decent society sanction mixed parties which a man's wife is not permitted to attend and at which he is expected to make himself agreeable to some other man's wife, and that such affairs make a wife jealous and resentful of the money that is needed at home being spent on such carousals and that end in the breaking up of many homes is inevitable.

While we are keeping up the morale of our soldiers at the front, we had better do a little more to preserve the morals of the people at home. Our boys are fighting for political freedom, not for free love.

DEAR MISS DIX—I am a little girl nine years old. My problem is my 15-year-old brother who wants to play victrola records that I do not like, and who will not let me play the ones I like. Will you please tell me what I can do to please him and satisfy myself.

A LITTLE GIRL IN TROUBLE.

ANSWER—Well, dear, the only thing you can do in justice to both your brothers and yourself is to compromise. Talk the matter over with him and agree to split your difference fifty-fifty. You play a certain number of records you like, then let him play the ones he enjoys.

If you will do that, you will have learned one of the greatest lessons in life, and that is how to get along in peace with other people.

DEAR DOROTHY DIX—I am a girl nearly 19, in love with a married man who has a fine wife and three children. He knows how I feel about him and he says I mean a lot to him and we have exchanged kisses. But his wife doesn't know anything about this I live with them and work for them and I am treated as one of the family. I am thinking of leaving, but the wife needs my help badly, and the husband tells me to stay.

He says if I ever have a boy friend we are through. Could you tell me what I should do?

WORRIED GIRL.

ANSWER—Haven't you enough sense to see that the man who is carrying on an affair with you behind his sick wife's back means you no good? Can't you see that a man who would take advantage of a young servant girl in his own house is just about the lowest cad that there is in the world? Can't you realize that sooner or later your relationship will be found out and you will be thrown out in disgrace?

Don't stay in that house another day. Don't exchange another kiss with the man. Flee for your life. Maids are at a premium now and you will have no trouble in getting a place with a decent family. And don't think you won't get over your love for this man. When you have time to think it over and see how he is keeping you from going with a nice chap who would marry you, you will hate him.

Living & Leisure

The Woman's Realm

We search the world for truth. We cull
The good, the true, the beautiful.
From graven stone and written scroll,
And all the old flower-fields of the soul;
And, weary seekers of the best,
We come back laden from the quest,
To find that all the sages said
Is in the Book our mothers read.

READY IN EMERGENCIES

It is nice to have a gift drawer in your home if you have plenty of space. In this you may put any bargains you pick up from time to time and when you need something in a hurry, there is your prize or gift just waiting for the opportunity.

Oranges are more resistant to cold weather than any other member of the citrus family.

Stale eggs and rancid shortening will affect the flavor of a cake. Too coarse sugar will coarsen the texture of cake. Baking powder used in making cake should always be kept covered. It loses its goodness if not kept in an airtight container.

HINTS ON ETIQUETTE

"There are so many glum faces on the streets," complained a woman who said she had made no friends after living in a certain city for some time. Was her face glum, too, do you suppose, or did she look at others with a smiling, friendly face ?

VOGUE FOR VICTORIANISM

British women are buying up Victorian furniture and bric-a-brac which before the war would only have been found hidden in attics, crowded in parlours of suburban villas or relegated to the servants' quarters in the "stately homes of England." Old-fashioned lockets, fobs, chains and cameos, which a few years ago decorated the the blouses of spinsterish school teachers and maiden aunts, or reposed on the ample stomachs of elderly clubmen, now cost fabulous sums and are worn by debutantes and brides of Mayfair. Victorianism is in vogue — thanks partly to the 100 per cent luxury tax on jewellery and non-essential goods, and partly to sentimental reaction against the drabness and severity of war-time "utility" wares. One big London West End department store has gone in for Victorianism in a big way, filling most of two floors with a hodge-podge such as can surely never have been seen before outside a seaside boarding house or an East End junk shop. Fans, vases, lustre ware, miscellaneous ornaments, knives, table napkin rings, bottles, hair tidies, dish covers, artificial flowers, blotters, trinkets, silk curtains and ormulu clocks in glass cases are jumbled up together.

CURLY LOCKS

For that "born curly" look — the most you can demand of a permanent—take some tips from the people who give them.

Omit beforehand — this week and next—those rinses that increase the hair's natural acidity; lemon, vinegar, blueing and other coloring aids. If you don't your permanent waving lotion, which is on the alkaline side, may be nullified and curls are apt to be duds.

Brush up on your hair. Best technique is to lie on your tummy with head dangling over the edge of a bed, work on hair a panel at a time and brush like mad.

When ready for the winders, let your hairdresser have his way about cutting dead ends, shaping and tapering your hair. Because a new permanent gives more "body" to hair, you'll still have plenty. What's more, cutting off hair that is absolutely needed for a neat, small-headed coif lifts weight from curls and keeps the bounce in them longer, makes them more amenable to your whims and more at home under this year's doll-sized hats

HOUSECLEANING DAYS ARE HERE

For the job that is a "must" in every well-run home, early spring days are here with their invitation to clean up and brush up and brighten the rooms in which we live. It's housecleaning time.

Organization of materials makes it much easier. First necessities, of course, are broom, dustpan, wet mop, dry mop, scrub brush, scrub pail, carpet sweaper and (or) vacuum cleaner.

Clean cloths of varying weights are important. For windows, cheesecloth and chamois, or failing these 2 tablespoons of ammonia in two quarts of warm water, with a crumpled newspaper, is just as effective. For dusting, lintless absorbent fabric.

Sponges are best for walls and woodwork, and should be washed frequently in extra-soapy suds. For fireplace bricks, scrub first with clear water, then make a paste of trichlorothylene and powdered talc. Apply to wet surface with a trowel Scrape off when dry and wash bricks again with water. Have on hand turpentine for removing old wax on floors; tetrochloride or other spot remover for upholstery; soap, lots of it.

LESS COOKING — MORE VITAMINS

Conservation of food means conservation of food values too, and the methods of cooking recommended today take that into account.

Vegetables cooked covered, in very little water until barely tender not only taste better but are better. Nutrition services at Ottawa give figures which prove this. As compared with vegetables drowned and cooked beyond the point where they are just tender, modern methods retain twice as much iron and vitamin C and six times as much of the V vitamins. Similarly greater proportions of other health - protective elements are also retained.

INEXPENSIVE STUFFED TOYS FOR A CHILD

DESIGN NO. 997

Sam the Scottie and Peter the Panda are easy to make with scraps of materials from the scrap box. Pattern No. 997 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

Design No. 997

NAME - - - - - - - - - - -

STREET ADDRESS - - - - -

CITY - - - PROVINCE - - -

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask no price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Times Prices and Trade Board.

Q. My son is under 16 years old. Does he sign for his new ration book?

A. No. You as a parent sign for him on the card at the back of ration book number 3. This card printed in red is left in the book when it is presented for book 4. The card is removed by the person distributing the new books.

Q. When a landlord wishes to give a tenant notice to vacate for the reason that he wishes to occupy the accommodation himself how must the notice be given?

A. The notice must be given on a form provided by the Board and must be signed by a rentals appraiser in the local office of the Wartime Prices and Trade Board, and one copy of the notice must be filed in that office.

if You Want RELIEF FAST from that COUGH, COLD BRONCHITIS, ASTHMA Take... BUCKLEY'S MIXTURE It's All Medication No Syrup— IT'S BETTER IT'S BUCKLEY'S THAT'S WHY

NOTICE TO WAR WORKERS!

A Few Drops at First Sniffle or Sneeze

Helps Prevent Many Colds From Developing

A cold may mean lost days—lost pay. Put a few drops of Vicks Va-tro-nol up each nostril—at first sniffle, sneeze or sign of a cold. This simple precaution aids natural defenses against colds, and so helps prevent many colds developing—if used in time. Try it! Follow directions in the package. VICKS VA-TRO-NOL

Needlecraft

For The Home

CAPTIVATING FROCK

You'll be a pin-up girl in this slim little date dress with a trim midriff to spotlight your ring-size waist and a neckline tied with bows.

No. 3435 in size 16 requires 3¼ yards 39-inch fabric.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address, Pattern Department the Charlottetown Guardian.

Name

Street Address

City Province

If you suffer MONTHLY FEMALE PAIN

You who suffer cramps, headache, backache, and tired, nervous feelings—due to female functional disturbances — should try Lydia E. Pinkham's Vegetable Compound. It has a soothing effect on *one of woman's most important organs*. Also a fine stomach tonic! Made in Canada. *Worth trying.*

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Here is a small Italian child who never heard of candy or ice cream. Her only food is a piece of raw bacon she was found chewing when Canadian fighting men reached her home. She is symbolic of the fact that this war will not be over when the fighting stops. Already her plight, like that of millions of others, is being considered, chiefly through UNRRA—United Nations Relief and Rehabilitation Committee, which is also a forceful expression of the United Nations intention of making the post-war world internationally co-operative. What UNRRA has been is and will be doing is detailed simply but thoroughly in the National War Board's "Canada Carries On" release, "UNRRA—In the Wake of the Armies."

Romance Complexion

Make Your skin softer, lovelier with Paulette's Whipped Cream lather facials!

Any girl is more popular with a romance complexion—and you can have one so easily with Lux Toilet Soap Whipped Cream Lather facials. Never neglect them. Use lovely Paulette's beauty care!

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Pretty attentions show you that this skin care *really works!* A lovely complexion is magic with a man—magic in winning your heart's desire. Start today to have a Romance Complexion!

9 out of 10 of Hollywood's Famous Screen Stars Use Lux Toilet Soap

TIGHT BINDING