

Doctor Says Nuxated Iron Will Increase Strength of Delicate People 200 p.c. in Ten Days

In many instances—Persons have suffered untold agony for years doctoring for nervous weakness, stomach liver or kidney disease or some other ailment when their real trouble was lack of iron in the blood.—How to tell.

New York, N. Y.—In a recent discourse Dr. J. Sauer, a well known specialist who has studied widely in both this country and Europe, said: If you were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron. The moment iron is supplied all their multiple and dangerous symptoms disappear. Without iron the blood at once loses the power to change food into living tissue and therefore nothing you eat does you any good; you don't get the strength out of it. Your food merely passes through your system like corn through a mill with the rollers so wide apart that the mill can't grind. As a result of this continuous blood and nerve starvation, people become generally weakened, nervous and all run down and frequently develop all sorts of conditions. One is too thin, another is burdened with unhealthy fat; some are so weak they can hardly walk; some think they have dyspepsia, kidney or liver trouble; some can't sleep at night, others are sleepy and tired all day; some fussy and irritable; some skinny and bloodless, but all lack of physical power and endurance. In such cases it is worse than foolishness to take stimulating machines or narcotic drugs, which only whip up your fagged vital powers for the moment, maybe at the expense of your life later on. No matter what anyone tells you, if you are not strong and well you owe it to yourself to make the following test. See how long you can work or how far you can walk without becoming tired. Next take two Store.

TURKS SENDING PEACE AMBASSADOR TO ENTENTE CAPITALS.

PETROGRAD, April 10.—It was reported in authoritative circles yesterday that the Young Turks have asked Effendi Noraboumbian, former Turkish Prime Minister, to visit London and Paris to inquire into the possibilities of a separate peace for Turkey.

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These are three things we give our special attention. Also our workmanship is unsurpassed in the Maritime Provinces.

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The Central Guardian

IT PAYS to buy in this Province.

HILLSBOROUGH DISTRICT.—Royal Scarlet Chapter will meet in Mill-wood Orange Hall, Friday 14th at 7.30 p. m., and with Rose Lodge, Monday 17th at 8 o'clock p. m. 8236.

JOINS THE COLORS.—Mr. J. H. Johnston, baker, of this City received word yesterday from his son Charles H. accountant, in the North end Branch of the Dominion Bank, Winnipeg, that he had enlisted with the Lord Strathcona Horse.

SPECIAL SERVICES.—There was another crowded house last night at the Special Services now being held in the Hearts Memorial Hall. The addresses by the Rev. Mr. Fulton upon "The last ten scenes in the life of Christ." are gaining in interest and power. The subject last evening was "The request of the Mother of the Sons of Zebedee" and this address was full of interest and very impressive. The song service was entered into heartily by the large audience and Prof. Hinton sang as a solo "Knocking, knocking, who is there?" Weeping Over Jerusalem" will be the theme of Mr. Fulton's talk this evening.

Shampoo your head with Rexall "93" Shampoo Paste—25c tins—Sold only by The Rexall Drug Stores. McKinnon Drug Co.

Personals

Mr. Donald McAdam, City, left yesterday for Truro.

Mr. Russel Hogg of Sherbrooke, Que., is in the city.

Mr. Eric Doble, City, has returned home from the Agricultural School at Truro, N. S.

Mrs. Wm. McDougall of Hunter River returned yesterday after a short visit to this city.

Mr. Angus McLeod, Grand View, was a visitor to the city yesterday and left on return by the afternoon train.

Mr. W.L. Poole, Montague, left yesterday for a short visit to New Glasgow, N. S.

The many friends of Mrs. Frank Roper, really, will be pleased to know that she is improving from her recent illness.

Mrs. (Prof.) Wright, and two children, who spent a few days in this City left yesterday for their home in Lunenburg.

Many friends will deeply sympathize with Mr. and Mrs. John Byrne, City in the serious illness of their youngest daughter Miss Marion.

Chest Colds and Hoarsness Quickly Rubbed Away

"NERVILLE" GIVES SPEEDY RELIEF AND CURES OVER NIGHT.

Got a cold? Is your voice raspy—is your chest congested or sore?

If so, you are the very person that Nerville will cure in a jiffy.

Nerville is strong and penetrating. It sinks right into the tissues, takes out inflammation and soreness, destroys colds in a truly wonderful way. Rub Nerville over the chest—rub on lots of it, and watch that tightness disappear. Nerville won't blister, it sinks in too fast—doesn't simply stay on the surface like a thick, oily liniment would. If the throat is raspy and sore, rub it well outside with Nerville, and use Nerville as a gargle diluted with warm water. Just one or two treatments like this and your voice and throat will be quick normal again.

Just think of it—for forty years the largest used family medicine in this country—Nerville must be good, must quickly relieve and cure a hundred ills that befall every family. Try it for earache, coughs, colds, sore chest, hoarseness and muscular pains in every part of the body. Large family size bottle 50c; trial size 25c. at all dealers.

Manicuring

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requires more than skill, hammer and chisel. It demands the possession of good taste. It includes a knowledge of what will make

A SUITABLE STONE. Possessing these requirements it is our endeavor to make Monuments of lasting merit.

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NEW GLASGOW.—Christian Endeavour Sunday 16th, 7.30 p. m., Sunday School 10 a. m., Preaching 11 a. m., Welcome, Bring bibles, Cavendish, 3 p. m. Please bring Bibles, Fairview April 23rd, 3 p. m. Come bring a friend and your Bible.

SOME FOX SKINS.—New York papers are carrying an advertisement of Clark and Weinberg in which are offered a collection of cross and silver fox skins at "exceptionally attractive prices." One of the special attractions is "a two skin set of exceedingly rare specimens of silver foxes at \$5,500." It is encouraging in view of these attractions, to learn from a party of the province that the silver fox litters are making their appearance and that the crop promises to be an exceptionally large one.

HOW TO MAKE CHOCOLATE ICING.

Any easy way to make delicious chocolate icing is to mix one-quarter cup of Fry's Cocoa with two cups of confectioner's sugar, adding two tablespoons of boiling water or cream.

Many of the best cooks follow this recipe nowadays. Fry's Cocoa gives the icing an exquisite flavor. The usual "bother" of making icing with cake chocolate, which sometimes must be ordered specially for the purpose, is avoided. Try it.

Volunious

Questionings

(Continued from page two.)

present government was in Opposition, and after long debates they were permitted to have the papers brought down. Any private member had the right to have these papers brought down, but he had not the right of access to them outside the House. Mr. Bell said if the matter were brought down and laid on the table he thought there might be objection to too much publicity.

The Premier said he remembered that argument was advanced when the late Government was in office, but he considered the public had a right to know through proper constitutional channels who the shirkers were, and whether a man was paying income tax or what his income really was.

Mr. Hughes asked for a return of tenders for supplies and work done at Falconwood Hospital for 1913, 1914 and 1915.

The Premier said the papers were being prepared, but it entailed an enormous amount of work. If the hon. member had any particular object which could be served without bringing down all the tenders and correspondence, he might let them know and it might save a great deal of probably unnecessary work. Mr. Hughes said he had been informed that the work and supplies were not being done by tender, and he wished to satisfy himself on the point.

The Premier said there were tenders, and the information asked for would be supplied as soon as the staff could cope with it. He informed the House that so much detailed information had already been asked for by members of the Opposition that it would probably take the staff to July to produce notwithstanding that the staff were working overtime and additional assistance employed.

Mr. Hughes asked for certain information concerning Dalton Sanatorium.

The Premier in reply said the Government had expended no moneys on the Dalton Sanatorium. When Mr. Dalton was out of the Province an arrangement was made that the Government would make advances to contractors on work done. Every dollar advanced to the trustees had been refunded. The Government had undertaken no obligations in connection with the Institution. The Hon. Charles Dalton had paid for everything. No money was lent to him, but solely advanced to the trustees had been repaid and that by way of convenience. No agreement had been entered into between the Government and Dr. Garrison and there had been no negotiations for an agreement. Dr. Garrison was solely paid by the Trustees from funds provided by Mr. Dalton. There was no further agreement between Mr. Dalton and the Government. The Government had entered into no contracts etc concerning the furnishing and equipment of the Sanatorium, all the funds for which were supplied by Mr. Dalton.

Mr. Hughes asked about any order of Council on the subject.

The Premier said there was none existing. There had been an order authorizing the advance referred to during Mr. Dalton's absence, but that had been rescinded. He would however, bring down the cancelled order. There had not been a dollar expended on that Institution that had not been provided for out of the pocket of the Hon. Charles Dalton and Dr. Garrison had received no money directly or indirectly from the Government. The Sanatorium had not done what was promised, and all had been defrayed by Mr. Dalton.

Mr. Hughes asked for a copy of the order-in-council providing for a vote to be taken at school meetings for and against the running of automobiles and the returns etc, in connection therewith.

The Premier said there was no order in council, and laid on the table the other documents, which were so bulky that room could hardly be found for them in the vicinity of the Clerk. The Premier said these details were small compared with some of the documents which the officials had to go over and produce for the benefit of enquiring members.

Mr. Hughes asked a number of questions regarding the School Supply Department.

The Premier said the Manager orders school books, stock was taken once a year, goods are supplied for cash, except in the case of school furniture for school corporations, the prices were charged, all receipts deposited in the bank and a cash book kept, a financial statement of the

THE EMINENT ENGLISH STAR at Prince Edward CYRIL MAUDE

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A Story of Pronounced Heart Interest Splendidly Acted

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A Superior two part picture of the Civil War Time, with a beautiful Love Story, involving complications that are thrilling in the extreme. A night Battle scene is shown in which is a wonderful piece of Photographic Art

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FRIDAY AND SATURDAY

A return Engagement of the Famous Comedian

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Something New Novel

An Entirely Different Beginning Friday and Saturday April 14 & 15th

The Great \$25,000 Serial

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IN FOURTEEN INSTALLMENTS

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A TREAT FOR BOTH MIND AND EYE

Featuring Lillian Lorraine and William Courtleigh

Neal of the Navy deals with other things than you have been accustomed to in Other Pictures, it's a great story by William Hamilton Osborne. A Tale of Patriotism, of Stirring Adventure and Love. It's Picturesque, Romantic and Exciting. Jot the dates down in your date book, like this—Friday or Saturday April 14th or 15th. I am going to the

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to see the First Chapter of Neal of the Navy and every Chapter till it's Finished, this is what you'll do after seeing the first

CHARLIE CHAPLIN also Appears in A Return Engagement of WORK

TONIGHT BANNER MID-WEEK PROGRAM

First Show at 7.00 Second at 8.30

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The American Film Company Present

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A Real Steamship that has just steamed out of Santa Cruz Island—Leaping into the air in Flaming Bits, then Gurgling and Bubbling to the bottom of the Pacific Ocean before your eyes. This is but one of the Realistic Scenes shown in this Marvellous Picture

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KLASSY KOMEDY

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The Romance of Elaine

NEXT WEEK

THE PASSION PLAY

of organization prior to taking over his duties.

The Premier in conclusion warned members against drawing inferences in their questions as according to the rules no reply would be given in such circumstances.

RULES OF THE HOUSE.

In reply to the Premier, Mr. Bell said he had not had time to go into these as yet.

TILE DRAINAGE BILL.

The House then went into Committee on the Tile Drainage Bill—Mr. J. A. Dewar in the Chair and the whole of the afternoon was occupied in considering the various sections and subsections. Considerable progress was made, and at ten minutes to six when the Committee reported progress, the end of the 13th section had been reached.

Before the adjournment of the House the Speaker read the session a letter from the Governor authorizing the provision of ways and means.

The Premier then tabled the estimates and the House adjourned till 10 o'clock tomorrow morning.

RED ROSE TEA "is good tea"