

Woman's Realm :- Social and Personal :- Fashions :- Literature

Happenings of the Week

The Queen helped to pack Christmas presents for the poor one day recently. With her lady-in-waiting she motored from Buckingham Palace to the Imperial Institute, South Kensington, where she joined women helpers at the Queen Mary's Needlework Guild of which there is an active branch in Charlottetown, in packing some of the many thousands of warm garments collected and made by members of the Guild throughout the year. Many of the garments have been made by the Queen herself and other members of the Royal Family. The Queen worked throughout the morning and did not return to Buckingham Palace for luncheon. Instead she took a "pleasure" lunch at the Institute with the helpers, and continued work in the afternoon.

Mrs. Matheson, wife of Chief Justice Matheson, was the gracious hostess at a large and expected Christmas afternoon bridge Tuesday at her hospitable home, Gratton Street.

The Thursday afternoon Bridge Club was entertained pleasantly this week by Miss Mary Brown at her pretty Prince Street Apartment.

Miss Lena McLure is being cordially welcomed home from Ottawa to spend the Christmas season with her parents, Mr. and Mrs. W. Chester S. McLure at Bonnehinley.

Mr. and Mrs. Arthur Blairto and young son Bill are expected home from Toronto for the Christmas season.

Last Saturday Mrs. George H. Buntain entertained at a smart afternoon bridge at her lovely home 139 Rochford Street.

The Earl of Willingdon, Viceroy of India, and former Governor-General of Canada, and the Countess of Willingdon, will have as their guests for Christmas the son, Lord Ralston, and Lady Ralston, who will remain there for a month. This is Lady Ralston's first visit to the Far East.

Miss Queenie Holl of New York arrived by plane Wednesday afternoon to visit her mother who has serious illness in the P. E. I. Hospital is causing grave concern.

Among the social functions this week was a much enjoyed one at which Mrs. (Dr.) J. P. Lantz was hostess.

Mrs. Noel DeBlais was the popular hostess for the Monday night Bridge Club at her lovely home on Water Street.

Mrs. Ernest Coffin entertained on two occasions this week asking friends to her pretty home on Hillsboro Street for five tables of bridge on Monday and Tuesday evenings.

Miss Edna McMillan has entered the Provincial Sanatorium where it is hoped a few months treatment will restore her to renewed health.

Mr. and Mrs. J. Hibbert Howatt entertained at a young people's party last Saturday evening for their popular young daughter Miss Doris Howatt.

Mrs. Leo Wood entertained informally on Wednesday afternoon at her home in Summerside in honour of Miss Mary Cameron who is leaving for Calgary next week after spending some months with friends on Prince Edward Island.

Mr. and Mrs. W. E. Darby, St. Eleanors, have had their residence in the new Morrison apartments in Summerside and are being welcomed by their many friends.

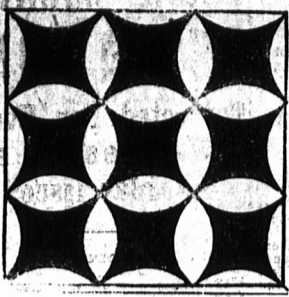
Miss Isabel Andrew arrived home Saturday morning from the Ottawa Civic Hospital, where she had been taking a seven months post-graduate course in dietetics. Before leaving she was delightfully entertained by Dr. and Mrs. Found and Mr. and Mrs. James Rodd. On the way home she attended the Royal Winter Fair at Toronto and visited with friends at Niagara Falls and Montreal.

Mrs. J. J. MacNally received for the first time since her marriage at her lovely home on Water Street east, Summerside on Tuesday afternoon. The reception room was tastefully arranged with flowers and potted plants. Receiving with Mrs. MacNally was her mother, Murphy and Mrs. J. Wood. The bride received in a lovely gown of black satin with gold trimmings. Mrs. Kinch was charming in a gown of Amethyst satin with black lace. Mrs. Wood wore a smart frock of black and jade green silk. The decorations in the dining room were carried out in pink and white. The tea table was daintily appointed with silver, tall pink candles and a lovely bowl of roses. Mrs. L. E. MacLellan presided over the tea cups, and Miss MacLellan cut the ices. Assisting in serving were Mrs. Fred Murphy, Miss Anette Morrissey, Miss Andrea Dalton, Mrs. MacNally and her assistants were kept pleasantly busy who called to welcome her, Master Everett MacLellan attended the door.

The Duchess of Devonshire, wife of a former Governor-General of Canada, who was in attendance on Her Majesty the Queen as Mistress of the Robes at the Royal wedding, wore a gown of deep mulberry colored velvet, with a toque to match.

The Duke and Duchess of Kent will spend the remainder of their honeymoon at Trent Park, near Barnet, a magnificent estate only 12 miles from London, which has been lent them by Sir Philip Sassoon. After a stay of only 11 days they left for Grimley Hall, Wiltshire, Monday because it is too far from London. In their new retreat they will have a private golf course and yet be only a half hour's ride by motor car from the shops of the town. Trent Park is not only one of the most beautiful of all English country estates, but also the scene of the murder of Lord Dalgarino in Sir Walter Scott's "Fortunes of Nigel."

Grandmother's Quilt Patterns



PINCUSHION

Cut out pieces and set together as indicated on small block. Either print or plain material may be used for blocks. Set blocks together in arrangement suggested on quilt diagram. Finish with 3 inch border to match plain blocks.

Block finishes 15 inches square. 22 piece blocks. 8 plain blocks. 3 inch border around quilt.

Material required: 1-2-3 yards material for plain blocks. 5/8 yards orange material. 3/4 yards white material. 3/4 yards 3 inch binding for border.

When ordering give Number 42-2. Send 15c for a book of quilt patterns containing 7 beautiful Grandmother quilt designs - every pattern different.

Dorothy Dix's Letter Box

Stingy Husband is as Rare as a White Blackbird, Cries Masculine Reader - Can a Woman Love Two Men at the Same Time?

Dear Miss Dix - In regard to what you say about the tightwad husband, I think the stingy husband is as rare as a white blackbird, and that when this charge is made against a man it is generally made by a thrifless wife. He wants to save something for the future. She wants to spend everything as she goes along. If you could know the inside of the case, often she is complaining to you of her husband's parsimony, it is because he is trying to lay up enough to safeguard their old age and to pay on a life insurance policy that will keep her out of the poorhouse when he is gone. There is a lot of difference between stinginess and thrift.

Answer: Indeed there is, and one is as admirable and fine as the other is mean and sordid, but the difference between the two is the difference between necessity and miserliness, and the ability to practice it a test of character. Thrifless men and women are invariably weak and self-indulgent, lacking in foresight and judgment, and they never amount to anything in the world. You remember that the great railroad builder, Hill, once declared that he could tell what any young man would be twenty years hence. If he could save, he would succeed. If he lacked the ability to save, he would be a failure.

I think thriftness is a matter of duty and honor because if we do not lay up something for the rainy day we become burdens on others. All us know plenty of young people whose lives are blighted by having to support thrifless parents who have provided for their old age, but who did not. They spent everything they made as they went along.

Among my acquaintances are a couple who lived for thirty years on the fat of the land. The husband earned a big salary and they blew it in to the last cent on travel and fine clothes and expensive cars and entertainments. Then the husband died, leaving the wife without a cent, and she is now a pariah to a poor brother with a house full of children, who is not able to support her.

When people who could provide for themselves selfishly refuse to do so, they are as dishonest as any sneak thief who ever picked the pocket of a relative or friend.

There is no man I have more genuine sympathy for than the one who is working hard and trying to save something for the future and who is balked in his endeavor by a spendthrift wife. There are many such women through whose fingers money slips like water through a sieve, and nothing that their husbands can do over stops the leakage. No matter how hard the husband works, he can never keep up with the bills. No matter how much money the husbands make, the wives have always spent more.

No man can ever make a woman of this type see the necessity for saving, or make her perceive the difference between thrift and stinginess. So long as there is a dollar she burns to spend it, and when her husband refuses to give it to her she accuses him of being close-fisted.

The husbands whose stinginess I deplore are those who have plenty and who refuse to give their wives a fair divide. And there are many more husbands like this than liberal men surmise.

You would be amazed to know how many of the wives of rich men never have a penny of their own. They are dressed beautifully. They have jewels that cost thousands of dollars. They ride about in limousines because they are their husbands' show windows and their husbands like to make a good display. But many a woman who carries a hundred-dollar bag in her hand hasn't a cent in it.

Once a woman told me of having her dressmaker pad her bills so she could get \$50 in cash to send to her sister and her little children, who were starving. "God knows I have earned it," she said bitterly, "having all these years with a man so stingy he has never given me a dollar of my own. I envy my servants, who get their wages on Saturday night."

It is the rich man who begrudges his wife the money that she earns over and over again that I call stingy. And he deserves the mean name of miser.

Dear Miss Dix - Is it possible for a woman to be in love with two men at the same time? I love my husband. He is a wonderful man and a good provider and I have been very happy with him, but he is not the romantic type, never says nice things to me, thinks I should take his love for granted, while I am just the opposite type, very sentimental and crave affection. Now I have fallen in love with another man, who is extremely handsome, charming, and whose life is full of excitement. Of course, I know my place is with my husband, but must I live forever as I have lived with a man who takes me for granted? Has my husband failed me in not trying to keep our love alive? How can I keep this other love from growing deeper? I have no children.

Answer: I think you are having a grand time playing with fire and that if you don't stop it you are going to get badly burned. Love affairs are no safe sport for married women. They always end in disaster.

If you have a good husband who is a good provider and a good home, and if you have a grain of sense in your head, you won't risk losing these by having a flirtation with a man who is probably just amusing himself and who hasn't the slightest idea of marrying you if you get a divorce. The reason that most men make love to married women is because it is safe. They don't have to make good on their vows of devotion.

You are dissatisfied with your husband because he isn't as romantic as he was as a sweetheart, and because he doesn't keep up high-pressure love-making, and because you have ceased to thrill at his presence, and because life has just settled down into a humdrum affair in which you do the same things and see the same people pretty much every day.

Well, my dear, that is life. That is marriage. And the same thing would happen even if you were to marry this fascinating stranger. He would cease to be romantic, too, when you saw him every day of your life. He would quit telling you that you are the most marvelous thing in the world and so different from every other woman, long before the honeymoon was over, and he would expect you to take this affection for granted when he worked to keep you soft and comfortable and treated you with kindness and affection.

You see, none of us can live on a high peak of romance. It is too uncomfortable and we feel too silly and stupid, and none of us can keep up the emotional strain long. We are bound to relax. And none of us wants to either hear or talk love-dovey stuff. We want to discuss the weather and the Joneses and the Smiths' affairs, and tell what we think the President should do. And we don't want to live with husbands and wives that we have to be always dressed up for and entertain with brilliant conversation. We just want husbands and wives who will take us as we are, and love us.

So put all of this foolishness about being in love with another man and your husband out of your head. Quit encouraging yourself in thinking you are in love with him. Get off your emotional debauch and come down to sane living and thinking.

The real cure for you consists in having a baby. That will keep you busy and give you something to think about and live for and on which to expand your excess emotion.

Put the Pinex into a 16 oz. bottle and add four cups of water. You can use it, or really better medicine than you could buy ready-made for four times the money. It never spoils, and tastes fine. And for quick, lasting relief, it has no equal. You can feel it penetrating the air passages in a way that means business. It loosens the germ-laden phlegm, soothes and heats the inflamed membranes, makes breathing easy, and lets you get restful sleep. Just try it, and if not pleased, your money will be refunded.

Mix Best Cough Remedy At Home. Easy! Big Saving!

Beats Them All For Quick, Lasting Relief. If you want the best remedy for severe coughs that will last, once tried, you'll never use any other kind, and it's so simple and easy. First, make a syrup by stirring 2 cups granulated sugar and one cup of water over a low fire until dissolved. A child could do it. No cooking needed. Then add 2 1/2 ounces of Pinex from any drugstore. This is a highly concentrated compound of Norway Pine, famous for its healing effect on throat and bronchial membranes.

Put the Pinex into a 16 oz. bottle and add four cups of water. You can use it, or really better medicine than you could buy ready-made for four times the money. It never spoils, and tastes fine. And for quick, lasting relief, it has no equal. You can feel it penetrating the air passages in a way that means business. It loosens the germ-laden phlegm, soothes and heats the inflamed membranes, makes breathing easy, and lets you get restful sleep. Just try it, and if not pleased, your money will be refunded.

BOOKS, ART, MUSIC

(By F. R. H.)

For Christmas, books have always been amongst the most acceptable of gifts.

The following suggestions are books which can be relied upon to give pleasure to almost any book-lover.

"The Man on the White Horse" by Warwick Deeping, an historical novel of fourth-century Britain.

"Retreat From Glory" by R. H. Bruce Lockhart, a continuation of the author's exciting adventures in "Memoirs of a British Agent."

"The Anteroom" by Kate O'Brien, a cousin of the Conspirators ("Without My Cloak") is the main character.

"The Steps of the Master" by H. V. Morton, a pilgrimage through the Holy Land.

"Prince George's African Tour" by A. A. Frew, an interestingly written account, illustrated with actual photographs.

"Holy Deadlock" by A. P. Herbert, a maliciously clever satire of divorce, received a great acclaim in England.

"So Red the Rose" by Stark Young, a story of the Confederate side during and after the Civil War.

"Jasmine Farm" by Elizabeth, with the same charm that characterized "Elizabeth and Her German Garden."

Some unusual books, perhaps not so generally read as the former list, will make excellent additions to the particularly bookish person's library.

"December Night" a scene from the novel, "Death Comes for the Archbishop" by Willa Cather.

"Dan Chaucer" by Henry D. Sedgwick, an introduction to the poet, his poetry, and his times.

"Florian: The Emperor's Stallion" by Felix Salten, the story of a favourite horse, and the grandeur of Vienna court life vividly portrayed.

"Beasts and Saints" by Helen Waddell, quaint medieval legends retold by the author of "Peter Abeldard."

"The Pied Piper of Hamelin" by Robert Bruns, a new edition with Arthur Rackham's inimitable illustrations.

"The Taking of the Gry" by John Massfield, sea adventure on the Spanish Main.

"The White Monk of Tumbucou" by William Seabrook, the story of Pere Yakouba the leading citizen of Tumbucou - a city that has a civilization of its own, untouched by Western ways.

"The Golden Vanity" by Isabel Paterson, a modern novel of New York in 1920.

"Prose Poems" by Khalil Gibran, with five illustrations by the author.

Khalil Gibran 1883-1931 was a Syrian poet and artist. It is said that his writings, which are all characterized by great beauty and power, have been translated into more languages than any work except the Bible and Shakespeare.

He has drawn two pictures of the Christ, the first, drawn in 1926, has been exhibited in many parts of the world but no museum has been able to acquire it for its permanent collection.

Khalil Gibran was a mystic, and claimed to have seen the face of Christ before he drew it. His interpretation is arresting and most unusual. The following is his own account of his vision: "I was in a state of ecstasy, and I saw the face of a man, facing all that man has ever known or ever shall know. His was the face of one I love; it was the face of a Lover and a Brother and a Friend."

"His hair was blown back from his face, and like unto small shining wings each side his head. His throat was brown and strong; His eyes were like dark embers. Now, my friend, for the first time I felt sure that I can draw that face. It shall be like a figurehead for the prow of a great ship."

The Charlottetown Male Chorus was organized in 1922. Its object is to promote a better standard of music in the community, to give entertainments from time to time, primarily for the benefit of charity, and to encourage and foster a love of vocal music in the younger generation.

This organization, consisting of about forty men who contribute a membership fee, yearly, for running expenses, has been most fortunate in obtaining and retaining the services of Mr. Mason B. McKay, an experienced soloist and chorus leader, and director. Mrs. G. Elliot Full is accompanist, according to the statement of the members, all that any chorus in Canada could desire.

The concerts which have already been given in Charlottetown, Summerside, Montserrat, Malpeque and Mount Stewart, have been very successful and enjoyed by large audiences. For its next appearance the chorus is now rehearsing an exceptionally fine program. It includes such numbers as "Thanks Be To God" from Mendelssohn's "Elijah"; "On Wings of Song," Mendelssohn; "On the Sea," Dudley Buck, and "Soldiers Chorus" from "Faust."

WASHING BEAN POT The easiest way to wash a bean pot or badly stained casserole is to put a handful of borax into it, fill it with hot water and stand in the oven for a while. The borax will wash right out after this soaking.

SMART FROCKS FOR FASHIONABLE PEOPLE

Illustrated Dressmaking Lessons Furnished With Each Pattern

All you need is a few yards of crepe silk in black, brown, deep purple or bright blue with glittering metal threads in its weave - and you're ready to start!

Note the flattering neck and how fascinating is the scarf the way it ties at the back. The tiny buttons may be decorative gold metal, rhinestone or self metal covered.

This model is equally lovely with long or short sleeves as in wee sketch.

Carried out in velvet in black, sapphire blue, monk brown, plum, ruby red, etc., it is also most attractive.

Style No. 704 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 4 1/2 yards of 39-inch material.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 704. Size Name Street Address City State

THE COOK'S CORNER

CHERRY CAKE

One-half cup butter, 1 cup sugar, 1 1/2 cups cake flour, 1 teaspoon baking powder, 1/4 teaspoon salt, 1/2 pound chopped almonds, 1/4 cup grated coconut, 1/4 pound finely cut citron, 1/4 pound candied cherries cut in halves, 1 teaspoon cherry extract, or 1/2 teaspoon each of almond and vanilla extract, 3 eggs.

Cream butter, add sugar gradually. Add egg yolks beaten. Sift flour once, measure, add baking powder and salt, and sift again 3 times. Add flour slowly to first mixture, beating hard. Next add the nuts and fruits previously prepared and flour with some of the measured flour. Then add flavoring and fold in lightly the egg whites beaten until they will point but not stiff. Bake in a tube or loaf pan from 1 1/2 to 2 hours. This cake does not require icing.

COCOANUT COOKIES

Two eggs, 2 cups sugar, 1/4 cup milk, 1 cup melted shortening or oil, 3 1/2 cups cake flour, 2 teaspoons baking powder, 1/4 teaspoon salt, 1 teaspoon vanilla. Beat eggs, add sugar, milk and melted shortening or oil, and mix well. Sift flour, baking powder and salt together and add to the first mixture. Add vanilla and mix well. Chill. Roll out thin on a slightly floured board. Cut dough with a round fluted cutter, brush each

cookie with a little milk, and sprinkle with coconut. Place on a clean sheet making space. Bake in a moderate oven 350 degrees F. about ten minutes or until brown.

"That's me, sir," he replied, without hesitation, "I never yet smashed a car but what I couldn't think up an AI excuse in five seconds."

Sandy had the misfortune to find lodgings where the landlady was never at any time too lavish with the food. One day when she placed a particularly small morsel in front of him he thought it time to object. "Haven't you made a mistake?" he asked.

"Why?" asked the landlady. "Well, my name's Sandy, not Gandril," same the reply.

"Folly - I just don't dare take baby out! She's been behaving terribly lately. I can't imagine why she's so cross!"

"She's sallow, Louise, just the way Bobby was when he had that whiney spell last month. She probably needs a laxative. Try Castoria."

"See how baby enjoys her ride today, Polly. I think Castoria has done perfect wonders for her!"

"Yes, I see it has, Louise. Castoria has helped thousands of children. It's especially good for acid stomach. You know, it doesn't contain any of the harmful drugs that often are in adult laxatives. Castoria is pleasant to take, too - tastes awfully good."

The children's laxative from babyhood to 12 years

The HOUSEWIFE and HER ACTIVITIES

PARTS OF SPEECH

An Old English Rhyme:

A noun's the name of anything; As school or garden, hoop or swing. Adjectives tell the kind of noun. As great, small, pretty, white or brown.

Instead of nouns the pronouns stand; Her head, his face, your arm, my hand. Verbs tell of something to be done; To read, court, sing laugh, jump or run.

How things are done the adverbs tell As slowly, quickly, ill or well; They also tell the when and where; As now, tomorrow, here and there.

Conjunctions join the words together; As men and women, wind or weather. The preposition stands before A noun, as in or through the door.

The interjection shows surprise; As Oh, how pretty; Ah, how wise. The whole are called eight parts of speech. Which reading, writing, speaking teach.

EXERCISE VERY NECESSARY IN WINTER

Don't go around with a snuffy cold and make people shun you. Don't be sneezing and coughing all over the place, making friends shy away from you and strangers give you annoyed looks. And don't let it be necessary to call the office and tell them you can't come today because you're sick in bed with a cold.

Keep fit and beautiful with exercises in winter as well as summer. They accumulate on the body when it is allowed to slump down after a reason of swimming, hiking and golfing and tennis. You need exercises most in winter. They also will improve the figure and posture.

Exercise 1. Get down on all fours, legs out straight, with the weight balanced on the hands and toes. From this position turn over on your right side, bringing the left hand up on the left hip, and moving the left foot forward so that it is about twenty inches up from the right foot. From this position shift the weight to the left foot, and bring the left shoulder forward toward the floor, and then up straight to starting position. If the weight is properly distributed between the left foot and the right hand, the exercise is not difficult. Each time you return to starting position bring the head up so you are looking at the ceiling. Repeat ten times.

Exercise 2. Place a rug or a mattress on the floor to lie on. Swing the feet up overhead, trying to touch the floor with the toes. As your feet bring your hips upward, place the hands under the hips to act as a brace, the elbows resting against the floor. After you get into position, and feel steady and well-balanced, kick both legs up and down. As the knees return to the starting position bring them as near the shoulders as possible. Repeat ten times counting each time the legs return to the starting position.

BEAUTY BOX

If you have thick ankles remember that they will yield to treatment provided it is persisted in for sufficiently long. The treatment consists of two parts, firstly, exercise, diet, and plenty of exercise; secondly, local treatment, which must include massage and electricity.

The muscles need bracing, and the waste matter thrown off. They also may be lubricated by dusting over plenty of French chalk.

The ankle muscles must be well kneaded with the tips of the fingers. They must be rubbed in a circular movement around the ankle bone, and the hands must rub from the front of the foot towards the back.

When aiming to make the ankles thinner, the surrounding parts must be rubbed as well as the actual ankles. About ten minutes should be devoted night and morning to the treatment.

When the hair breaks easily, it is better to cure the ends by moistening and arranging in flat circles than to use curling pins of metal. Hair of that character is not in normal health. Apply oil to the scalp the night before the shampoo, give yourself a rubbing scalp massage to awaken blood vessels.

When naturally curly hair is cut short or shoulder length, ends seldom curl. There is an easy way to solve this problem. Get a croquignole wave, which treats the ends only. It produces a natural effect. When hair is moistened and made into flat circles, the curl stays strong from one shampoo to the next.

Graceful movement is a beauty quality of distinction. Here's a good exercise that will bring poise, serenity and charming motion.

Let the right arm high and in a wide circle. Lift and turn the head to the right, moving the torso with it. As the hand lifts, inhale deeply, as it comes back of first position exhale. Keep the chest up, tummy flat, hips tucked back and upder.

Goose pimples on arms and legs will disappear if the skin surface is well lubricated and vigorously massaged.

Coconut oil is a good medium. Rub it in with the palms of the hands. Friction until flesh glows and the oil disappears.

Guardian Central Job Printery. Christmas. Our reasonable prices make it possible to remember every client and friend. \$1.50 and up for 25 cards. Special Price on Large Quantities.

CASTORIA. The children's laxative from babyhood to 12 years. "Yes, I see it has, Louise. Castoria has helped thousands of children. It's especially good for acid stomach. You know, it doesn't contain any of the harmful drugs that often are in adult laxatives. Castoria is pleasant to take, too - tastes awfully good."