

# Woman's Realm :- Social and Personal :- Fashions :- Literature

## BEMA BRAND

### BARBADOS MOLASSES

A breakfast treat—bran muffins made with genuine Barbados Extra Fancy Molasses. They taste better, and why not?—Made only from the pure juice of the sugar cane. More iron than raisins, no artificial coloring and rich in vitamins to help you through a busy day.

Remember: Ask for genuine Bema Brand Barbados Extra Fancy Molasses.

20

50¢ IN BULK AT YOUR GROCERS

## A Morning Smile

During recent military operations in the Far East one side captured the other's General. An envoy was sent to negotiate his exchange.

"We will give you four Colonels for him," said the officer.

"The offer was declined.

"Eight Majors?"

"No."

"What, then?"

"We have given the matter most careful consideration, and the least we can accept is two dozen tins of condensed milk."

## BEING A Wife Is Good Job Dorothy Dix RECEIPTS Marriage Is Best Profession

### The Successful Wife Has to be a Combination Lawyer, Doctor, Nurse and Banker and Her Pay is the Satisfaction of Doing All Tasks Well

A group of professional and business women—a lawyer, a doctor, an interior decorator and the buyer for a big store—were discussing their various careers and the work, the hardships, the struggles as well as the thrills and triumphs and successes they had been through. Finally one of them turned to a quiet little woman, who had sat silently listening to the conversation, and asked: "And what do you do, my dear?"



"Oh," replied the woman, "I have a lovely job and a very highly paid one. Strangely enough, it is a sort of an amalgamation of every one of yours. I am a homemaker."

"Of course, I know that my occupation is not ranked among the learned professions. No girl thinks that she has to prepare herself for practicing it or giving it any serious study as she would law or medicine, or even stenography. She thinks it is a sort of a jack-leg trade that any feminine moron who hasn't brains enough to do anything else can follow."

"My labor doesn't even entitle me to a union card with a six-hour day and extra compensation for overtime work. I will never get a medal nor an honorable mention for making a grand success of my job. But all the same I maintain that I follow not only one of the oldest occupations in which my sex has ever engaged, but also the one for which it is best fitted, the one that requires the greatest diversity of talents and the one in which it is most successful and reaps the largest rewards."

"As I have said, my job comprises something of all of yours. As a homemaker I have to be something of an amateur interior decorator, or else my house would be a hideous conglomeration of misfit furniture and colors that swear at each other, instead of being a place of beauty as I have made it. I am no authority on Oriental rugs and period furniture, but I am a connoisseur on basement bargain cretonnes and as an auctioneer I yield to no woman."

"I am not only a lawyer, but I am also a judge of a Supreme Court from which there is no appeal and, believe me, you have to be a second Solomon to settle the fights between children and determine which one started the scrimmage and whether Tommy was entitled to sock Jimmie in the eye for infringing on his rights, or whether Jimmie is the innocent victim of a brutal aggressor, and to tell whether Mamie ate up Sally's piece of pie by accident or with malice aforethought."

"I have to be a doctor and a trained nurse and a faith healer all rolled into one. I have to know what to do for he sniffls and all minor ailments, and be first aid to bruises and bumps and cuts and burns; to be able to tell when a child is really sick and needs a doctor, or when he just doesn't want to go to school and needs a spanking. And I not only have to be able to pinch-hit for a trained nurse, but also to have the miraculous ability to kiss a place and make it well when a little toddler feels that he has been mortally wounded."

"I am a buyer who has to know her onions literally and figuratively. I have to know how to get value for my money because I must live within my budget. I must know about the nutritive values of food and the wearing qualities of clothes and where I can get the most for my money in order that my family may be properly fed and clothed. That is why I, and thousands of my sisters, run around from shop to shop comparing and pricing things, and it is why our children are so well dressed. Nobody stops to think about it, but we housewives are carrying around the trade of the world in our little handbags."

"And, in addition, I am a banker because I handle most of the money that my husband makes. I am a financier who makes \$1 do the work of \$5. And I am a sort of social secretary who keeps up the contacts with people we should know and who drags her boss out to dinners and parties and clubs where she makes new, agreeable and often profitable acquaintances and keeps people aware of him."

"So, you see, I have a lovely and interesting job, as I told you, and a profitable one. It pays me, to begin with, a million per cent on my investment in effort and labor in the happiness I get out of my husband and children and home. And it pays me in actual money more than the average woman gets out of her profession in the outside world, for a woman has to work a long time at her job and be very successful before she can set up her own home and have a car and the financial security that even a moderately well-to-do husband gives her."

DOROTHY DIX.

**HOT DAINTRIES.** Split hot cheese biscuits are never better than when served with butter and orange marmalade. There is something very delicious about the tartness of the marmalade in combination with cheese.

"THE BEST THINGS IN LIFE, JANE, DON'T ALWAYS COST THE MOST."

"THAT'S CERTAINLY TRUE ABOUT THIS QUALITY COFFEE ANYONE CAN AFFORD"

AND DON'T FORGET, LADIES, MAXWELL HOUSE MEANS A SUPERB BLEND-ROASTER FRESHNESS—MORE FLAVOUR THROUGH A PERFECT NEW GRIND NO MATTER WHAT WAY OF MAKING COFFEE YOU USE.

GOOD TO THE LAST DROP

Packed by the Vita-Fresh process, all the original freshness is safeguarded in the tin you have to open with a key.

## Maxwell House Coffee

ROASTED AND PACKED IN CANADA

### THE COOK'S CORNER

**MOTHER'S MUSTARD PICKLES**

- 1 quart small white onions.
- 1 quart cucumbers, sliced.
- 1 large cauliflower.
- 1 quart chopped celery.
- 1 quart yellow wax beans.
- 1 quart green tomatoes, sliced.
- 3 cups brown sugar.
- 1/2 cup flour
- 1 teaspoon turmeric.
- 4 small red peppers, shredded.
- 8 table spoons mustard.
- 2 quarts vinegar.

Method: Soak the vegetables overnight in water to cover, to which 1 cup salt has been added. Drain

well, cover with a weak vinegar solution and boil for 20 minutes. Drain again.

Mix the flour, turmeric and mustard with a little of the cold vinegar. Add the sugar and remaining vinegar and cook until the sauce is smooth. Add the drained vegetables and bring to a boil. Pour into hot, sterile jars and seal.

**CUCUMBER RELISH**

- 12 medium sized cucumbers.
- 1 large head cabbage.
- 8 large onions.
- 3 sweet red peppers.
- 3 green peppers.
- 1 quart vinegar.
- 5 cups sugar.
- 1 teaspoon celery seed.
- 1 teaspoon mustard seed.
- Salt.

Method: Peel the cucumbers and

put through the food chopper with the other vegetables. Or, if you prefer, chop them very fine. Add the vinegar and spices and boil slowly until the mixture is thick. Turn into hot, sterile jars and seal.

Many people hesitate to try olive oil pickles for fear that they won't like them. But if they do, they become most enthusiastic about this delicious relish.

**PUTTING ON WEIGHT.**

Those who wish to gain weight may combine health-giving vitamins with energy-rich food principles in a mid-meal drink, by beating 1 egg slightly, mixing in 1-2 tablespoon honey with a pinch of salt, then stirring in the juice of 2 oranges; strain and drink very cold.

## The HOUSEWIFE and HER ACTIVITIES

### ASTRID STILL LIVES IN HUSBAND'S HEART

A poignant incident revealing the profound devotion of Leopold, King of the Belgians, to the memory of Queen Astrid, who met a tragic death in a motoring accident at Kussnacht, near Lucerne, a year ago, is revealed in the Lucerne Tageblatt.

During his recent pilgrimage to the shrine erected at Kussnacht in memory of Queen Astrid, King Leopold found a poor Swiss woman, mother of five children, digging up the weeds around the chapel.

"Who pays you for this?" asked the King. "I want no pay," answered the woman. "I do it because I loved the beautiful Queen Astrid."

After ascertaining the woman's name and address, the King entered his car and drove away.

Some days later the woman was astonished to receive from Brussels a letter appointing her guardian of the Chapel at Kussnacht on terms which will enable her to maintain her family in comfort.

### and from six to ten inches deep.

Fold in half and baste them to the top of the blanket on either side so that they may easily be removed for laundering as often as needed.

Blankets that are not in constant use should be kept covered from the dust. Blanket boxes will keep your blankets conveniently at hand and in perfect condition. If you prefer fabric containers, be sure they are plenty large enough to cover the folded blanket completely.

With the improved heating systems, moths have become, in some localities, an all year round problem. They thrive at temperatures around 70 degrees F. winter and summer, and since their eggs often hatch in from four to eight days, winter blankets that are not in constant use should be looked over every week or ten days. Whether you see signs of moths or not, it is a very good idea to take your blankets out and shake and air them occasionally.

### CARE FOR YOUR BLANKETS—YOU'LL BE WELL REPAID

You can keep blankets looking always like new, if you will just observe a few simple precautions in caring for them.

As you know, the greatest wear comes from the top of the blanket. Therefore, in making the bed always be sure that the sheet is turned down well over the top of the blanket. With sheets 108 inches long, a desirable length, there is ample allowance for a good tuck-in and six or eight inches of turnover for the protection of your blankets. If your sheets are short, make blanket slips of dimity. These dimity slips should be as wide as the blanket

### RIGHT READING.

—Who reads incessantly, and to his reading brings not a spirit and judgment equal or superior, Uncertain and unsettled still remains, Deep versed in books and shallow in himself, Crude or intoxicate, collecting toys and trifles for choice matter worth a sponge; As children gathering pebbles on the shore.

—Milton.

### SQUARE TREATMENT

Do not laugh at the child's faults when company is around and then

### THE GROWING BOY

It does not pay to have many pairs of shoes for the growing boy as they must be discarded so soon on account of those advancing feet. Keep one pair in good condition and have a play pair and even at that his feet will probably outgrow the good pair before they are worn out.

### CHECK OFF LIST.

When you are expecting guests make a list of the necessary things to be placed in the guest room for their comfort, and check them off to be sure you have everything. Here are some suggestions:

Keep the bed made up fresh, ready to turn down at a moment's notice. It's not usually convenient to have to struggle with clean sheets after your guest has arrived.

Empty dresser drawers and line them with flowered wallpaper. Empty the closet, too, and be sure there are plenty of hangers, shoe bags or racks. If there's time, you might wallpaper the closet and get some new gadgets. They always impress guests.

See that there are the essentials on the dressing table: a new toothbrush in a cellophane package and a guest size tube of tooth paste. A guest size box of powder rouge, lipstick, cold cream, perfume, facial tissue, powder puffs, straight pins, safety pins, hairpins. Guests are supposed to bring their own, but they're always forgetting something. There should be a good light here, too. Water pitcher and glass for the bedside table. A lamp, a good book or two and a magazine. A desk if possible, but most impossible, but most important—paper, envelopes and stamps, a pen that will write and an ink bottle with ink in it.

A comfortable chair, if possible, should be kept in the guest room, and everything should be crisp and fresh, especially the curtains, with flowers maybe, in a simple bowl or vase.

## Fashions' Latest For Chic Dressers



Here's a grand woolen dress to disguise overweight without a tell tale. A velveteen acot is tucked in at the neck.

Designed along tailored sports lines makes it a dependable "background" dress to carry you right through the fall and winter.

The surplice bodice is very kind to the fuller figure. The slender skirt has an easily flared hem.

Jacquard crepe, velveteen, rayon and wool novelties, etc., are other popular fabrics for this quickly made dress.

Style No. 1850 is designed for sizes 16, 18 years, 36, 38, 40, 42, 44 and 46-inches bust. Size 16 requires 3 1/2 yards of 39-inch material with 5/8 yards of 39-inch contrast.

No. 1850 Size \_\_\_\_\_

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

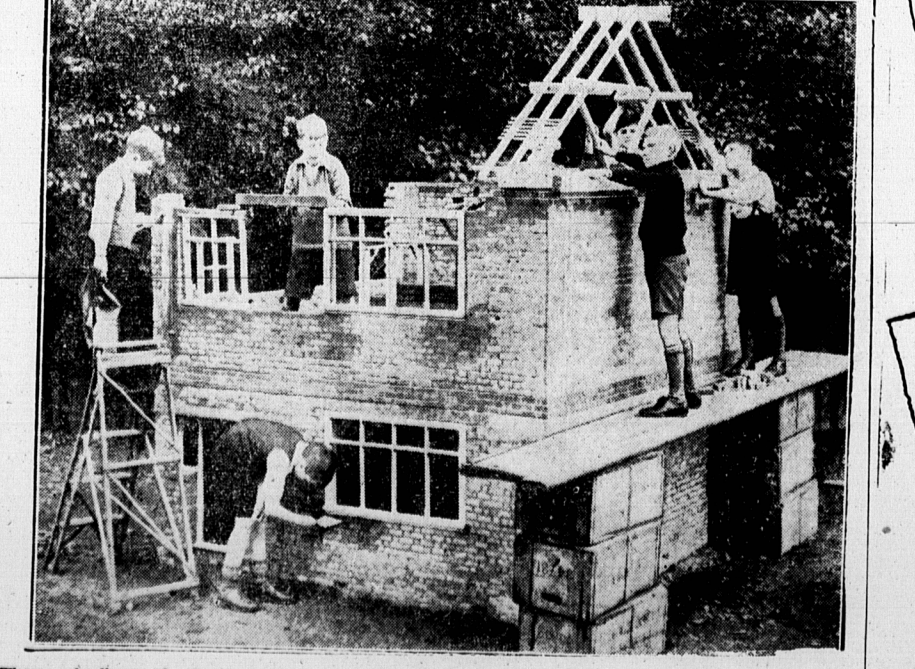
Relieve reddened EYES

MURINE FOR YOUR EYES

FOR CRACKED SKIN BLACKHEADS, PIMPLES get Cuticura—SOOTHES FAST HELPS HEAL

CUTICURA SOAP and OINTMENT

## Miniature House



These schoolboys of Crayford, Kent, England, are building a miniature house about one-third the size of an ordinary dwelling. They also made the bricks being used in it.

Five Little Ladies and How They Grow!

TWO years ago the lovely Dionne Quintuplets received their first Carnation Milk.

Today, what changes! Then their combined weight was fifty-four pounds—now it is over 127 pounds. Then they could not even creep—now they romp about their playground. Two critical years safely behind them—but they still get their Irradiated Carnation Milk!

Everywhere there are other healthy, sturdy babies who are being brought up on Carnation. Doctors have found that there is no milk more satisfactory. Carnation is pure, nourishing, super-digestible. It is irradiated, adding valuable bone-building "sunshine" vitamin D to the diet. . . . And it is just as fine for cooking and creaming as it is for babies and children.

IRRADIATED CARNATION MILK "FROM CONTENTED COWS"

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