

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable are Wearing
Illustrated Dressmaking Lesson Furnished
With Every Pattern
By Annebelle Worthington



time of the year for a mere trifle.
Style No. 3489 may be had in sizes
16, 18 years, 36, 38, 40, 42, 44 and 46
inches bust. Size 36 requires 2 3/4
yards of 40-inch material with 3/4
yard of 36-inch contrasting.

No. 3489 Size
Street Address
Name
City State

For The Cook

LEMON SOUFFLE

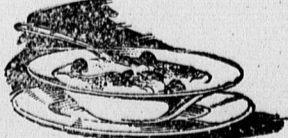
- 1 tablespoon gelatine.
2 tablespoons cold water.
3 tablespoons hot water.
4 eggs, separated.
1 1/2 cups, plus 1 tablespoon sifted
powdered sugar.
1 1/4 teaspoons lemon rind (grated
rind of 1 1/2 lemons.)
6 tablespoons lemon juice (juice of
2 lemons.)

Gas On Stomach
Is Dangerous
TELLS HOW TO STOP IT

Gas Pain, Bloating and a feeling of
fullness after eating are almost cer-
tain evidence of excessive hydro-
chloric acid in the stomach.

AS PURE AS CHILDHOOD

for Cereals



This Absolutely
Safe Milk
Further Enriches
Wholesome Cereals

Pure whole milk, concentrated by
evaporation of half the natural water
to the consistency of fresh cream! Rich
in muscle-making proteins and bone-
making lime and salts. That's
"DOROTHY" BRAND.

DOROTHY
BRAND

EVAPORATED MILK



Dorothy Dix Letter Box

Why it Pays to Keep a Husband Entertained.
Will This Wife Hurt Her Spouse's Feelings
if She Leaves Him for the First Time
in 8 Years?

Dear Miss Dix—I was particularly interested in what you had to say the
other day about Scheherazade and her method of keeping her husband. I
have been married comfortably for over twenty years and have used that
same plan on my husband, and it has worked. When he is tired, sleepless, cross, I can win him to good
nature and, if occasion require, even to sleep by any
kind of quieting, peace-making conversation. Some-
times by just telling him a story about "once upon a
time," as you would tell it to a child. Good talk is a
good beginning to a lot of things, to a little judicious
flattery, to changing the current of a man's thoughts,
to arousing his imagination along new lines. You know
we all like to be amused, and especially men do, and a
little clear-sky flattery is something to make one feel
very purry-purry, puss-puss, and husbands are grate-
ful to wives who stroke their fur the right way, don't
you think?

Answer:
I do indeed. I have asserted in this column more than once that the
patron saint of wives should be Scheherazade and that she had promulgated
the only sure and certain formula for keeping a husband.

To tell a woman that she must keep young and beautiful to retain her
husband's affection is to set her an impossible and hopeless task, for it can't
be done. Good looks fade with age and the time is bound to come when her
hair will have lost its gloss, her eyes their brightness, her cheeks their bloom,
her figure its lightness and grace. Every year brings on a new crop of
young and pretty girls and if a wife's only appeal to her husband is through
his eyes, then she is lost.

Of course, women who have lost their husbands to flappers or whose
husbands have grown indifferent to them, like to lay the blame on their
having grown old and stout because that is a nice, convenient alibi and one
that drugs their consciences. Nobody can blame them for what time does to
them, but in reality it is not their wives' fat hips of which men tire. It is
their fat heads. It is not a wife's waist measure that counts. It is the nimble-
ness of her tongue.

The thing that sets more husbands wandering than anything else on
earth is boredom. Their homes are so dull, their wives are so stupid and
uninteresting that they simply can't stand them, and so they start out in
search of some one who will divert them.

Why, then, are there plenty of women who meet their husbands at the front
door when they come home on an evening with a tale of woe about every-
thing unpleasant that has happened during the day, about the bills that
are perfectly outrageous that have come in and the bathroom's springing a
leak and mother's coming for a nice long visit and Johnny has broken the
window and the doctor says Susie has to have her adenoids out and so on
and on.

And there are plenty of other women who never talk about anything but
their symptoms. And plenty of other women who never speak to their
husbands except to find fault. And plenty of other women who never even
read the daily paper and whose husbands could not more talk to them in-
telligently than they could to a dressed-up doll.

Why wouldn't these men be bored and why wouldn't they want to get
away from home and find somebody intelligent to talk to? Why should a
man stay at home and be nagged at when he can hang the front door be-
hind him and go to some one who will jolly him along? Any Dumb Dora
of a wife should be able to answer those questions and see that if she wants
to keep her man she has to keep him interested and make things pleasant
for him.

Most men are dead tired after their day's work and they would a lot
rather stay at home than go out if they had a gay and pleasant and agree-
able companion to spend the evening with. But they don't want to hear
hard-luck stories nor have problems presented to them nor to be told the
things they don't want to think about. They want to be amused. They
want to have their raw nerves soothed. They want their rasped vanity lubri-
cated with a little flattery and when Friend Wife will do this she has them
nailed to their own firesides and they never notice whether she gets old or
fat or not.

Of course, it takes work and self-denial for a wife to keep her husband
entertained, but it pays. Scheherazade must have done a lot of thinking to
concoct enough plots to run her serial for a thousand and one nights, but
she saved her head. Consider that, you wives who have never thought of
the importance of keeping your husbands entertained. DOROTHY DIX.

Dear Miss Dix—I have a splendid husband and we are just as happy as
we can be, but in the eight years we have been married we have never been
separated for more than a day at a time. Indeed, we are together all day
because we work together. Now I want to get away for a week and I want
to be alone, but I am afraid I will hurt my husband's feelings if I tell him so.
What shall I do? MRS. M.

Answer:
Don't be afraid that you will hurt your husband's feelings by telling him
that you want to go off by yourself for a little while. He will probably jump
at it, for he is doubtless just as much fed up with you as you are with him
and will enjoy the separation just as much as you will.

And this is no sign that either one of you has ceased to care for the
other. It is just that it is humanly impossible for any two people to be to-
gether all of the time without getting tired of each other and getting to
bore each other. We have to have change of society just as much as we
have to have change of food. Otherwise it palls upon us.

It is said that nobody can eat thirty quails in thirty successive days, and
we all know from experience how we weary of the best cooked and most
nutritious food if it is continually set before us.

So with people. No matter how good and kind they are, no matter how
much we esteem and love them, they get on our nerves if we have to be with
them day after day and month after month and year after year. We know
their every opinion by heart. We have heard their every story and remin-
iscence and we either sit up in silence when we are together or feel that we
will scream in agony if we have to hear them start on that old tale again.

That is why husbands and wives should rarely take vacations together
and should give each other holidays every now and then. When they come
back together they are full of the new things they have seen, new things
they have done. They have new things to talk over and they have a fresh
honeymoon. DOROTHY DIX.

Dear Miss Dix—We have read your advice on how to hold a husband,
but what we want to know is how to get rid of our husbands.
EDITH AND MARIAN.

Answer:
Most women seem to find that easy enough. The preferred ways are
going slouchy and untidy around the house; failing to make a man com-

It is not always wise
to be satisfied

MANY of us miss the good
things in life simply
because we are satisfied with
what we have. There are lots
of folks who have never
learned the merits of King
Cole Tea because they are
satisfied with the tea they
are drinking.
It is not the part of wis-
dom to be satisfied with
something good if you can
get something better.

KING COLE
and TEA
KING COLE
ORANGE PEKOE

You'll like King Cole Coffee, too.

A Morning Smile

YOU TELL ONE

A man was standing in front of
Einstein's as a funeral procession
went by.
"Whose funeral?" he asked of
Einstein.
"Chon Schmidt's," replied Einstein.
"John Smith?" exclaimed the man.
You don't mean to say John Smith's
dead?"
"Well," said Einstein "yet you dink
tey is doing mit him, practicing?"

JEAN STEWART WEDS
WINFIELD S. BEMAN

Ceremony takes place in South Con-
gregational Church parsonage

The marriage of Miss Jean Cam-
eron Stewart of Dartmouth Street,
Holyoke, daughter of Mr. and Mrs.
Wallace C. Stewart of Charlottetown,
Prince Edward Island, Canada, and
Winfield Scott Beman of Temple
Street, son of Mr. and Mrs. John W.
Beman of Portland, Me., took place
Saturday afternoon Sept. 20th, at 2:30
o'clock in the parsonage of St.
Congregational Church. Rev. Dr.
James Gordon Gilkey performed the
ceremony. Miss Stewart had for her
maid of honor, Miss Lucy Miriam
Pearce of Dartmouth Street, Holyoke,
while Willard M. Clark of Chestnut
Street, served Mr. Beman as best man.
The only guests were Mr. and Mrs.
Raymond K. Winans of West Spring-
field. The bride wore her travelling
costume consisting of wool crepe suit
in "sapphire" blue and a French
felt hat of matching color. She wore
a corsage bouquet of rapture roses
and swanonia. Miss Pearce wore
a dress of navy blue em-
broided crepe with hat of the same
shade and wore a corsage bouquet of
tallman roses and violets. Mr. and
Mrs. Beman left immediately after
the ceremony for a wedding trip
through the Adirondacks. They will
be at home after Nov. 1 at 116 Byers
Street. Mrs. Beman is social editor
of The Union where Mr. Beman is
employed as suburban editor.
Springfield Union.

Was Constipated,
Bilious, Tired. Now
Well, New Woman

Years of Misery Ended
by "FRUIT-A-TIVES"

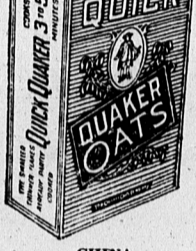


"Was always
constipated, bilious,
tired, out of sorts.
Since taking 'Fruit-
a-tives' feel like new
woman. Perfect
health. Constipation
gone."—Muriel McHenry, Montreal.
"Hosts of men and women write
years-old constipation and liver
trouble ended overnight with 'Fruit-
a-tives.'
Biliousness, indigestion,
heartburn, gas vanish like magic.
Kidney and bladder ills, pain in back
fade away quick. Nerves quiet,
sound sleep at once. Rheumatism,
neuralgia, neuritis, etc. headaches
decamp in hurry. Complexion clears.
Ten of nature's greatest remedies
combined in handy tablet. Marvelous
discovery by famous Canadian doc-
tor. Speedy results amaze all.
Just being sick tired, weak. Get
Fruit-a-tives from your druggist today

QUAKER OATS



breakfast that "stands by" you
during the day's 4 hardest hours



CHINA
In Every Package
Marked "China-ware"
A piece of attractively
patterned genuine English
china-ware. As pretty as
you could buy. Beauti-
fully colored. Distin-
guisively shaped and
bordered.

BREAKFAST is your most im-
portant meal. In almost every
business, statistics show, the greater
part of the entire day's work is
concentrated in the hours before
noon. A breakfast that "stands
by" you during this important
period, then, can determine be-
tween your vitality and poor health
... between success and failure.

No other oatmeal can compare
with Quaker Oats for rich, delicious
flavor. This is because Quaker
uses only plump, selected oats and
roasts them in open ovens to a
zestful, flaky tenderness. This
roasting pre-cooks Quaker Oats
so that long home cooking is not
required. They are ready in 2 1/2
minutes after the water boils...
faster than any other hot breakfast.

Look for the Quaker figure and the
Quaker name on the package.
They are your guarantee of this
finer flavor... richer nutrition.
Large household packages and the
10 cent size. Never sold in bulk.
All Quaker packages contain oul-
pans with which you can get useful
articles for personal and house-
hold use.

QUICK QUAKER OATS
Cooks in 2 1/2 minutes after the water boils

FRIENDSHIP

It blooms from tender vines within
the heart
And fashions all its beauties from
within.
Its root and branches grow, where
only love,
Unselfish thought, and Godly virtues
reign.
To thee thou emblem rare, thou price-
less pearl,
Within the path of noble duty found
Leading where the stony way is
steep,
To cliffs, where velvet green and
flowers abound.
We feel thy presence in the balmy air,
Where sunshine glistens through the
waving lanes.
Yet still, through darkest
clouds you pave a way

To cheer the aching heart with kindly
deeds.

We sigh in deep despair but thou art
near.
So near, and yet so far, it seemeth so.
No height, no depth, of mountain,
land or sea
Can check your fight to ease a bitter
woe.
True friendship plays no false display
of love,
Nor gives from what it never could
possess.
But firm and true, in word, and thought
and deed.
A spirit humble, and a heart well
blest.
And when the journey of our life is
o'er
When we are slowly nearing to the
end
Nor count life's treasures lost, or lived
in vain.
If we can clasp the hand of one true
friend.

and other propagandists. The soldier
who passed through the last great
catastrophe are the surest safeguard
of world peace."

Immediate Action Needed
If a union of World War veterans
was to be brought about, however
action would have to be taken at once.
Sir Ian averred. Five years after the
war practically all the ex-services men
of both Germany and Austria would
have been willing to enter into such a
union, he declared. But to-day these
countries were narrowing in their
nationalism and the common interests
of their veterans were drifting further
away from those of the veterans of
the allied countries.

"This is the moment for action," he
insisted. "Whatever is going to be
done if anything, must be done quick-
ly."
At the present time a world call to
union would exist at least half the
German ex-service men and practi-
cally all the Austrian, Sir Ian said.

Guaranteed Relief
for ASTHMA

"I want every Asthma sufferer in
this district to try my treatment en-
tirely at my risk. Go to your druggist
and get a package of my Asthmador
and should it fail to give instant re-
lief, the druggist will cheerfully re-
fund your money without any ques-
tion whatever." This was the stand-
ing offer made by Dr. Schiffmann
which was accepted by thousands and
thousands of sufferers—and this
generous offer holds good today.
No matter how violent the attack,
how obstinate the case, or what else
has failed, Asthmador or Asthmador
usually in 10 seconds, but always
within 15 minutes. Hundreds of un-
solicited testimonials abundantly
prove what Dr. Schiffmann's remedy
has done, and we know it will do the
same for others. So certain is it that
Asthmador will produce instant re-
lief and will be found thoroughly
satisfactory in every way, that your
druggist is authorized to refund your
money if you should happen to be
the one case in thousands that is not
relieved by the use of Asthmador.

For Asthma
Asthmador
for Hay Fever
SOLD ON A GUARANTEE

fortable; lying in bed of a morning while husband gets up and gets his own
breakfast; letting a man come home to a dinner of water potatoes and
overdone meat and underdone bread and dishwater coffee or else some mess
that has been brought in from the delicatessen; nagging, fretting and com-
plaining, and especially telling a man how much better some other man pro-
vides for his wife than he does for his.

D. A. Louise Birch,
Dorchester, Mass.,
461 Washington St.

ALLIED AND ENEMY VETERANS
UNITED IN ONE ORGANIZATION
URGED BY SIR IAN HAMMILTON

(By Clifford Dowling)
Mail and Empire Staff Writer
Great war veterans of the enemy
camp should be linked with the vet-
erans of the allied forces to form one
big ex-service men's organization, Sir
Ian Hamilton, head of the British
forces in the Gallipoli during the war
said in an interview last night.

Such a union of all the men of all
the nations who fought in the war
would do more to promise peace in
the world than any other scheme that
might be conceived, Sir Ian intimat-
ed.

"If we could form such an organiza-
tion we would hold the world by the
throat and eliminate largely the pos-
sibility of future wars," he declared.
"The people who talk loudest of lib-
erty and freedom to-day are the peo-
ple who are most likely to be led into
belligerence by orators, newspapers



From Mother
of Six

"I am the mother of six
healthy children. I am 39
years old and I do all my own
housework including washing
and sewing and I feel well and
strong. I used to suffer a good
deal as women do and nothing
helped me much. I have been
taking Lydia E. Pinkham's
Vegetable Compound in tablet
form and it is the best medi-
cine I ever used. I will tell any
woman more about it if she
will write to me."—Mrs. J. H.
Lehr, 605 Seymour Street, Van-
couver, British Columbia.

Lydia E. Pinkham's
Vegetable Compound

Work or any of these methods of getting rid of a husband are guaranteed
DOROTHY DIX.