

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

IF a pilgrim has been shadowed by a tree that I have nursed. If a cup of clear cold water I have raised to lips athirst. If I've planted one sweet flower by an else too barren way. If I've whispered, in the midnight, One sweet word to tell of day. If in one poor bleeding bosom I a woe-swept chord have stilled, If I've made, for life's hard battle, One faint heart grow brave and strong. Then, my God, I think Thee, bless Thee. For Thy previous gift of song." Anon

NEW CURTAINS ARE GAY

New fall curtains, particularly the cottage type, are made in a varied color scheme. You may have red dots on a light brown ground, green dots and bars on pale pink, navy on lighter blue and all such novel combinations. If you get kitchen curtains of orange, remember to ask for the kind with a starch-like finish that won't get limp and crinkled the first time steam touches them.

PENCIL-LIKE EYEBROWS PASSE

Remember that it's no longer considered smart to tweeze eyebrow into thin, pencil-like lines. Little hairs that grow down on the lids and across the bridge of the nose should be removed, of course. When that has been done, put aside your tweezers and rely on brushing to keep your brows beautiful.

WIDOWS OF ZULU KING

Fifty widows of the late King Solomon of the Zulus of South Africa were permitted to grow hair on their shaven heads when the period of mourning was lifted recently.

A little dark hen, owned by Gordon Amos of Mount View, stole her nest away several weeks ago. She laid 19 eggs and hatched out 19 white chicks. Later she arrived home proudly leading her brood of 18 white chicks, having lost only one.

HOW TO DEAL WITH FIRST SIGNS OF BALDNESS Young men who go about hatless are rather distressed when the first signs of baldness appear, writes a

CHILDREN'S CONSTIPATION Ended!

Mrs. H. T. Rowson, Athens, Ont., writes, "My baby boy was troubled with constipation. I gave him Baby's Own Tablets as directed. Before I had given half the box the constipation was righted." By relieving constipation, Baby's Own Tablets prevent more serious ailments developing. Much easier to take than nauseating laxatives and perfectly safe for little folk. From the wee babe to children of school age. 25c package.

Dr. Williams' BABY'S OWN TABLETS

doctor. Usually the hair goes off the temples first; or a small patch on the top of the head becomes bald. First of all, it is as well to look to the improvements of the general health; decayed teeth should be removed as there is ground for believing they may be the cause of this complaint. General treatment includes fresh and good food together with tonics. Local treatment consists in counter irritation. Vigorous brushing improves the condition of the scalp, but lotions which are too strong should not be applied. High frequency currents or the "violet-ray" treatment have been used successfully in many cases.

YACHTING PARTY RESCUED

A crowd of 10,000 people watched the rescue of a yachting party of three men and two women in a thunderstorm of Fleetwood, Eng., the yacht having been driven on a sandbank and being pounded by heavy seas.

ENGLISH TO BE TAUGHT IN TURKISH BOYS' SCHOOL.

English is to be the "official language" taught in the Chast Lyceum, an important Government secondary school for boys in Ankara, Turkey. This school will thus become the counterpart—except for language—of the Galata Sarall Lyceum in Constantinople, where all branches of instruction are being taught in French.

CLEARING SLUM DISTRICTS

The City Council of Manchester, Eng., is considering setting aside \$2,500,000 for compensation of owners in the proposed clearing out of slum districts in the next 10 years.

HANDICAP OF THE DARK ROOM OVERCOME

The problem of the dark room is now countered with success through the cleverness of the up-to-date interior decorator. When the window faces north, or the room is so situated that it receives a minimum of light, the wide awake decorator uses such colors as yellow, white, pale pink, grey with a pinkish cast, peach yellow, tan, or yellow green. Mirrors are a great asset when the problem of the dark corner presents itself. If you would increase the size of the room, paint the wood trim the same color as the walls. In using wall paper choose the pattern of a type with a design lending distance and vistas, this will give a feeling of space.

COLORS REFLECT ATMOSPHERE

Color is produced by the vibration of light in the same ether and there are three primary colors, red, blue and yellow. In an artificial light blue may turn to green and violet transforms its natural shade to grey or red under the same conditions. For the lightening of a dark room yellow, buff, cream, coral and lemon are the tones advocated by experts who have studied the question from every angle. Red produces warmth and makes a large room appear smaller in size.

PANCAKES for SUPPER Let's Hurry! That's right, young man. This is no time for dawdling. When mother has Aunt Jemima's for supper the family give three cheers. Yet, remember, Aunt Jemima's cook in 2 minutes—cost only a cent a serving. And if you like buckwheat cakes you'll find those made from Aunt Jemima prepared Buckwheat Flour—the best ever.



AUNT JEMIMA PANCAKE FLOUR

And Prepared Buckwheat Flour Made in Canada by The Quaker Oats Company

Blue is a cold color that gives the impression of size, it holds red in check, or destroys the too pronounced effect of repose, or restraint. On the other hand green is restful to the eyes and nerves and in its softened tones make a harmonious background to any room. Orange being an admixture of light and heat and is directly opposed to green, it destroys the effect of repose and restraint. Purple being an admixture of cold and heat neutralizes the effects of both, it blends with black, orange, neutral and grey. Black and white are the only true neutrals and their clever use makes the character of many a successful decorative scheme.

NATURE PRESCRIBES

Following the tricks of Nature ceilings should be expressed in a light shade, the walls being darker and the floors darker still. To set off the lightness of hardwood floors, dark rugs are advised. When color predominates white curtains are impossible and backgrounds must be less intense in color than the object to be shown against them. Green is equally related to blue and yellow and therefore harmonizes with both.

SHORTER COLD VICKS PROVED BY 2 GENERATIONS

Dorothy Dix Don't Lose Sight of Your Husband! Finds Children Ourselves Cause Brouhaha When Your Children Have Grown up and Gone Away, Will You Still Have Your Husband to Play With? Or Will He be a Stranger, Separated From You by Twenty-five Years of Separate Interests?

No woman makes a greater mistake than the one who permits herself to get so absorbed in her children that she loses all interest in her husband and all companionship with him. Yet many wives commit this fatal error and thereby pave the way for the divorce court or else prepare for themselves a lonely and empty old age. Take the case of Mrs. A. When she married Bob A. she was as pretty and intelligent and as altogether as desirable a bride as any man could wish, and any girl would have had a right to thank her lucky stars for getting him as a husband. They were very much in love, very congenial, they worked and played together, and theirs seemed one of those matches made in heaven. Then Junior came and all was changed, for it developed that Mrs. A. was one of the women who are all mother and no wife. With a suddenness and unexpectedness that left him gasping, Bob found himself deposed from his throne as head of the house and king of his wife's heart and relegated to the humble position of servant to his Majesty, the Baby, and of no importance whatever to his wife except as a purveyor of luxuries to the mewling infant.

She had literally no time for a mere husband, nor any consideration for his desires and pleasures. She quit dressing herself up for him because the baby pulled at her laces and mussed her chiffons. She wouldn't step out with him of an evening because she was afraid something would happen to the baby in her absence and when he dragged her out against her will she wet-blanketed the occasion by wondering if the baby had got uncovered or if somebody had come in and stolen him. Evenings at home became dull and boring because Friend Wife had lost all touch with life outside the nursery. Her conversation was just a chapter out of the Baby Book and little Tommy's tummysache was a more thrilling event than a world revolution.

The years rolled by. More babies came, the older children grew up. Mother's obsession about them to the exclusion of her husband never changed. The children were still first with her, with father running a bad second. She still ruthlessly sacrificed him to the youngsters.

Only now Mother drove him out of his chair in the living room so that Susie might entertain her dates. And he had to give up listening to the radio in the evening because the children wanted to turn on the wax and dance. And he had to give up his vacation and stay at home and work during the hot weather because Mother was determined to send John off to a swanky boys' camp. And Mother kept his nose to the grindstone because her children had to have fine clothes and go to college and have sport cars.

Then all of a sudden, it seemed to Mrs. A., the children were all gone. Married, with homes of their own. Set about the business of life for themselves, and there was nobody in the big house but herself and Father, and when she looked at Father he was a stranger. A man she hadn't really seen or hardly thought of for twenty-five years. A man with whom she had nothing in common any more and who bored her as much as she bored him.

Mrs. A. has grown listless and dependent, and her friends fear she is passing into a state of melancholia because she no longer has any interest in life, now that her children are gone from her. She has finished her job of rearing a family, and now that that is over, she has nothing to fall back upon. Her children are gone and so is her husband. She drove him away from her when Junior was a baby.

These middle-aged and elderly years, after a woman has reared her family and seen them launched on their careers, should be the happiest and most serene time of her whole life. For she has the consciousness of work well done. She has the knowledge, although she is not necessary to her children any more, she is a benign influence in their lives. She has leisure to do the many things that she could not do when her days were all too short to answer all the calls for M-o-t-h-e-r, and with the demands of the children on the family pocketbook lessened she has more money to spend upon herself than she has ever had before.

But whether a woman's life after the children are gone is full or empty, whether it is happy or miserable, depends upon her relationship to her husband. It depends upon whether she has kept the companionship between them a close and vital thing, or let the children separate them. It depends upon whether she has sacrificed her husband to her children or not. It depends upon whether she is still a sweetheart to him, or just the children's mother.

Women do not intentionally let their children alienate them from their husbands. They are only so crazy about the baby that they assume that their husbands are equally crazy and actually enjoy giving up their wives' society and being deprived of all the little attentions and pettings their wives have accustomed them to and prefer seeing these lavished on the children instead of themselves. But men are not made like that. Few of them relish having their noses put permanently out of joint by a little moon-faced creature who proves a more deadly rival than a sheik.

Hence the man whose wife goes all mother either finds some other woman to hold his hand while his wife is holding the baby's, or else he absorbs himself in his business and goes his way as his wife has gone hers. But the two paths never meet again and become one as they were in the beginning.

A woman can only count on having her children with her twenty or twenty-five years at most. Generally it is less. But she can have the happiness of the companionship of her husband for forty or fifty years, or even more. So she makes a bad bargain when she neglects her husband for her children and when she absorbs herself so completely in them that she has no time to give him any attention. DOROTHY DIX.

THE COOK'S CORNER

MINT JELLY

Here is a recipe for a mint jelly which is most useful during the winter months in place of the usual mint sauce. Peel and core some cooking apples, cover with water, and boil well. Put in a muslin bag and let the juice drain out thoroughly. Add sugar to this juice (1 lb. of sugar to every pint of liquid), then set to boil, adding some freshly chopped mint. Boil this mixture until it is ready to set. Put in small jars and serve with cold lamb.

RICE FOR HASH

Baked hash, in addition to being an ideal winter supper dish, gives the housewife a chance to use left-over meats. For variety, try making it with boiled rice. Simply put one cupful of cold, diced meat into a stew pan with one cupful of boiled rice, butter, milk, seasoning, sliced onion, and one raw egg. Mix well, place in buttered baking dish and cook in a moderate oven.

APPLE WINE

First cut the apples into pieces, without paring or coring, and put them into a pan, allowing a pint of water to every three pounds of apples.

After two rounds the player for whom he had caddied presented him with payment far beyond a laborer's daily wage. The impoverished caddie was naturally anxious for a further engagement. So, as he handed over the clubs, he asked politely, "Might your Honor be dignified again about the same time tomorrow?"

NOBODY WALKS

Young Mother (proudly)—"See! Baby is learning to walk!" Friend—"Oh, do you think it really worth while to teach him? Practically nobody walks nowadays."

MECCA OINTMENT

Stop the pain and agony by applying Mecca Ointment at once. Prevents inflammation, saves nerve destruction and quickly starts safe healing. Keep a supply of Mecca Ointment in the home to meet all emergencies. Mecca soothes like magic when applied to burns and scalds. Mecca Ointment is sold by all Druggists—25c, 50c (tube), 50c and \$1.00.

Mystery Shrouds Girl's Death

(A.P. by Guardian's Special Wire) ATLANTIC CITY, N. J., Oct. 16.—Labelling the case "another American tragedy," police and county authorities tonight attempted to piece together a fragmentary clue which would explain for them the death of five-year-old Anna Cardile, 19 year old fretful and 10-cent store clerk. From various sources officials learned the girl was seen entering an automobile the night of Oct. 3—the last day she was seen alive—and with this as a lead they are hopeful of learning what happened between that time and the moment she met her death. The body of the girl was found yesterday in a shallow, sandy grave in West Atlantic City. An autopsy today revealed death was caused by a blow on the back of the head and Dr. L. E. Leonard, who made the report, said the blow also had resulted in the death of the girl's unborn child. At the request of county authorities the body was buried.

THE ONLY REASON

Two negroes were boasting about the merits of their respective motor cars, both worn, shabby, old wrecks. One of them said: "Days just one reason why Ah can't run dis cah thing, it's 'cause Ah prefer seeing these lavished on the children instead of themselves. But men are not made like that. Few of them relish having their noses put permanently out of joint by a little moon-faced creature who proves a more deadly rival than a sheik." "An' what's dat reason?" asked the other. "De distance is too long 'o' de shortness of de time, and de first."

To Have The Best Cough Remedy, Mix It At Home

Quicker Relief. Big Saving! So Easy! No Cooking! This famous recipe is used by millions of housewives, because there is no other way to obtain such a dependable, effective cough remedy. It's so simple to mix—a child could do it. From any drugist, get 2 1/2 ounces of Elixer, a highly concentrated compound of Norway Pine, famous for its healing effect on throat and bronchial membranes. Then mix a syrup by stirring two cups of granulated sugar and one cup of water a few moments, until dissolved. It's no trouble at all, and takes but a moment. No cooking needed. Put the Pinex into a 16 oz. bottle and add your syrup. This gives you 16 ounces of cough remedy, far superior to anything you could buy ready-made, and you get four times as much for your money. It never spoils, and is very pleasant—children love it. You'll be amazed by the way it takes hold of severe coughs, giving quick, lasting relief. It soothes and heals the inflamed membranes, loosens the germs-laden phlegm, and clears the air passages. Money refunded if it doesn't please you in every way.

Fight the Weather with tea ... BETTER TEA Blustery winds lose their sting, exposure its perils, after a cup of tea. You glow with warmth and well-being; step out with new-found vim. BETTER TEA, available in your favorite packaged brand, is priced within everyone's reach. It always gives more—more cupper power; more energy, more and infinitely finer flavour, more refreshment, more enjoyment. Enjoy it often for the good it does you. FINE TEA is Empire grown for Empire homes where ANY TIME IS TEA TIME. THE CEYLON TEA BUREAU

A Morning Smile

DIG AGAIN

On a Tasmanian golf course there was a shortage of caddies. A farm laborer who had never seen golf played was therefore pressed into service. After two rounds the player for whom he had caddied presented him with payment far beyond a laborer's daily wage. The impoverished caddie was naturally anxious for a further engagement. So, as he handed over the clubs, he asked politely, "Might your Honor be dignified again about the same time tomorrow?"

POULTRY

We are buying dressed fowl and chicken daily. PLEASE NOTE: They may be dressed by scalding. We do not buy on a graded basis unless desired by shipper. Ship by truck or express. All shipments remitted for daily.

Timothy Seed

We want a few thousand pounds of Island grown for which we are paying cash. Send sample and state how much for sale.

Spinning and Weaving

Send me your wool to be spun into Yarn and wove into Blankets. The charges are: single yarn 25 cents, double 25 cents per pound. Blankets \$2.00 laundried; and if unlaundried, \$1.50; it takes five lbs. of wool per blanket. Wool must be well washed and all dirt and burrs picked out. The size of single yarn is medium, and double yarn fine, medium, and coarse, also hooking yarn. Put shipper's name on all parcels and owner's name on instructions. Instructions inside. Send by mail or freight. Freight will be paid on 100 lb. lots. W.M. CONDOM, Successors to Wm. Landrigas, 65 Queen St., Charlottetown, L-1063-7-30 Fri-Tue 22 in.

CITY TICKET OFFICE

54 Grand George Street CANADIAN NATIONAL RAILWAYS CANADIAN NATIONAL STEAMSHIP LINES. Tickets on sale over all Railway and Ocean Steamship Lines. We offer you expert advice in selection of travel routes, make your stateroom and sleeping car reservations, give assistance with passports and give you a general first class service. Local tickets also sold at all points. W. K. ROGERS City Ticket Agent Phones 540 and 541.

Forty Trucks Wanted

For hauling gravel from the Springton pit to Milton Siding, either dump or flat-bottomed trucks. Apply at Springton Pit. L-1040-10-9-21

HELP! MORE MAKE-UP AND WE'RE ALL CHOKED UP NOW say Thousands of Tiny Pores— Avoid choked pores the Hollywood way

You can use all the Rouge and Powder you wish yet avoid choked pores, the cause of unattractive COSMETIC SKIN All day long you use cosmetics. And if you remove them properly, they never harm your skin. But many a girl is unconsciously leaving bits of stale powder and rouge to clog the pores day after day. It is then that ugly Cosmetic Skin develops. Lux Toilet Soap prevents Cosmetic Skin. Its ACTIVE lather sinks deep into the pores, carries away every vestige of dust, dirt, embedded powder or rouge. Follow the example of 846 out of 857 English and Hollywood stars. Wash your face thoroughly with Lux Toilet Soap before you renew your make-up and ALWAYS before you go to bed. It costs so little now! I use cosmetics, but I'll never have Cosmetic Skin—Lux Toilet Soap takes care of that! IRENE DUNNE