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**Quebec Members Get Complaints By The Yard**

QUEBEC, March 23.—(CP)—As extraordinary a document as ever was produced in the Quebec Legislature was waved at Government members of the Lower House today by Liberal leader T. D. Bouchard. The strange document was a letter, written on a 37-foot length of brown wrapping paper, criticizing the Quebec Government's colonization policies. The liberal leader held it up to the view of the Legislative assembly while the House was in committee late in today's sitting study budget estimates for the colonization department. Bouchard told how it had taken Lorenzo St. Onge, colonist in the township of Rochefort in Abitibi, seven days to write the letter in which he criticized the government methods of helping settlers. Assembly members laughed when

Bouchard rose displaying the long, tightly-rolled strip of paper bearing pen-and-ink writing he said showed there was "one settler who isn't satisfied." But they sat back patiently when the liberal leader unwound the roll of paper announcing he intended to "read the whole thing." When adjournment was called Bouchard still held the floor and had gone through only six or seven feet of the document.

The Rumanian government, over which King Carol exercises a virtual "royal dictatorship" will henceforth be administered under a new form. In the future, the nation's three great social classes will be represented.

It was the custom, for years, to leave broken bottles at the foot of telegraph poles in Australia, to provide natives with materials for their glass arrowheads. Otherwise, they stole the insulators from the poles.

It has been found that more people are hurt playing golf than in any other sport.

**Queen's Aides For Dominion Her Old Chums**

Both Ladies-in-Waiting Popular, Efficient and Mothers of Families; Helpful to Nervous Males.

By MOLLY McGEE  
 Canadian Press Correspondent  
 LONDON March 23.—The Queen has chosen two ladies-in-waiting of about her own age from among her friends to accompany her to Canada. They are both women who have known her since the days when they went to children's parties, and both have children who play with the young royals. Well versed in all the intricacies of Court life and accustomed to dealing with those unforeseen incidents that occasionally impede the smooth running of royal public appearances, these two members will be great help to any nervous escorting Canadian or his curtsy-shy wife. Lady Numburnholme, tall, stately, lovely to look at, has fair English coloring and a large grey eye. She is 35, and as the youngest daughter of the Marquis of Bath, was Lady Mary Thynne before her marriage in 1927. Popular with the family—at one time when her mother went she was to marry the then Prince of Wales—she was one of the large retinue of bridesmaids at the Queen's wedding in Westminster Abbey and also an attendant when Princess Mary, now the Princess Royal, married Viscount Lascelles.

She has great poise of manner, is an excellent conversationalist, and among the best groomed women in London. It was partly due to her influence that the Queen changed her fashions in dress and chose Norman Hartnell as the designer for her Paris visit clothes.

When not on duty at Buckingham Palace Lady Numburnholme is busy with a variety of interests. She is a member of the Northamptonshire County Council and the devoted mother of an 11-year-old son and two smaller daughters who are among the children on the list of those invited to nursery tea with Princess Elizabeth and Princess Margaret Rose.

**Widow Among Them**

Lady Katherine Seymour is the same age as the Queen and a widow of a few months. She has three small children, one son and two daughters, also playmates of the Buckingham Palace children. Youngest daughter of the Duke of Abercorn, she was appointed to the present royal household as lady-of-the-bed-chamber on the same day as Lady Numburnholme, March 1, 1937, when preparations for the coronation were under way, and the Queen asked the help of her close friends.

Lady Katherine worked with the Queen when she was the newly-married Duchess of York and became confidential secretary to Queen Mary so that she might become accustomed to all the detail of royal correspondence and the long list of royal engagements. Lady Katherine was for some years lady-in-waiting to Queen Mary and her clear round signals are graced the majority of letters in answer to those sent to that seemingly tireless royal mother.

It was also due to her efforts that the Queen's personal secretary was allowed to use a typewriter. Previously it had been considered essential that all notes from royalty, even though written by ladies-in-waiting, should be by hand.

When the decision was made to admit a typewriter into the inner sanctum of the palace, the members were given to the press with the explanation that the Queen preferred clearly written business notes to those that might be misread.

The duties of these ladies-in-waiting during the Canadian tour will in the majority of cases correspond to their title. They will

wait a step or two behind while mayors make speeches to the King and Queen. One will always attend the Queen and on formal occasions such as large receptions or state dinners both will be present.

**Have Many Duties**

They will look after all the details of engagements and it is their duty to find out as much as possible about the various Canadian celebrities invited to meet their Majesties so the Queen can talk with more knowledge and place her guests at ease.

That they handle all the details of requests and invitations to acknowledge and they write for the Queen all the notes such a visit as that to Canada makes essential. The ladies-in-waiting will have their own sitting room on H.M.S. Repulse and at Rideau Hall in Ottawa, though it would not seem, judging from the literary plan they have they will have much time for relaxation. According to those who come in close contact with them, members of the royal household work long hours at the business of being gracious and half the hard work is in never letting it show.

**Tryon and Vicinity**

The many friends of Mr. George Wood, merchant of Tryon, are sorry to hear his condition is not improving as satisfactory as expected.

Mrs. Anstin Toombs is at present in the Prince County Hospital for treatment.

An event of more than usual sadness occurred on Saturday, March 11th, when Mrs. Reinald Thomas was taken suddenly ill and rushed to the Prince County Hospital where she passed away at 11:30 a.m. Her funeral, which was held on Wednesday from the home of her father, Mr. J. A. Chisholm, was one of the largest seen in Tryon for a long time. The service was conducted by Rev. F. M. Young, assisted by Rev. A. D. Trites. The sympathy of the community goes out to the bereaved family in their time of sorrow. It can be truly said, as Rev. F. M. Young said, that the sympathy of the community goes out to the bereaved family in their time of sorrow. It can be truly said, as Rev. F. M. Young said, that the sympathy of the community goes out to the bereaved family in their time of sorrow.

Mr. and Mrs. Leth Sturdy of Branch Road are being congratulated on the arrival of a bonnie wee lassie, at the Sawler nursing home on Tuesday.

Mr. Eldon Thomas of St. John and Miss Ruby Thomas, nurse-in-training at Campbellton, N.B., arrived to attend the funeral of Mrs. Thomas.

Mrs. Willard Thomas' friends are very sorry to know he is confined to his home with a bad case of "flu."

Howard Wood, Victoria, Brent Wood, Crapaud, and Dad Lyman, Tryon, accompanied the Victoria Unions to Glace Bay for the Maritime playoff.

Mr. and Mrs. William Anderson and John Matheson of Tryon were Sunday visitors to Rose Valley.

Miss Lang has returned from visiting friends at New Annan.

Leslie MacDonald and Warren Delaney are confined to their homes with mumps.

Minard's removes stains.

fight that COLD  
**FEEN-A-MINT**  
 THE CHEWING GUM LAXATIVE  
 DELICIOUS DEPENDABLE

**That Body of Yours**

By James V. Barton, M.D.  
 THE DISTURBED MIND CAN CAUSE DISTURBANCES OF THE BODY

There is no question but that physicians have been slow in recognizing the effect of the mind upon the working of the organs of the body—heart, stomach, and digestion, blood vessels and blood pressure, and other organs and processes. To-day, however, the physician knows, as the old farmer doctor learned years ago, that an unsettled, anxious, discontented mind not only interferes with the action of the various organs, but can, as Prof. Cannon of Harvard has shown, cause actual organic disease.

When a patient comes in for a consultation, to-day, most physicians listen patiently to his whole story and, because parts of the story do not fit into a regular pattern of some disease, do not tell him there is nothing wrong with him. They realize that the patient must be convinced about his ailment and so a complete examination is made. This may include the X-rays, a visit to the dentist or other specialist, and complete consideration of all the findings given. If no organic condition is found, the physician states this fact to the patient and in most cases, with the mind relieved of anxiety regarding the supposed ailment, the symptoms disappear.

Dr. Norman Viner, in the Canadian Medical Association Journal tells of a number of cases showing various symptoms suggesting ulcer of the stomach, appendicitis, heart disease, high blood pressure, loss of memory, and others, all of which were "cured" when the "worry" or "anxiety" the real cause of the symptoms, was removed.

A number of years ago a Protestant clergyman and a Catholic priest were attached to one of the hospital clinics in London. A patient, after being thoroughly examined and no organic disease found which could account for his symptoms, was handed over to the clergyman or priest. In most cases by careful and sympathetic questioning, the worry fear, anxiety, obsession or other emotional disturbance was brought to light and suggestions given as to the best manner of handling each difficult condition.

The priest or clergyman could talk safely and confidently with these cases because the reports of the physicians showed no organic disease present.

**Mrs. John Scott Believes Cooking Woman's Chief Duty**

There are many here who know personally, Quebec's pioneer leader in the women's rights movement, Mrs. John Scott, who celebrated her 84th birthday Tuesday, and issued the edict—"No presents! Flowers and such should go to people in hospital, not to those like herself who are active and enjoying life, she holds.

Mrs. Scott spent a holiday here five years ago. Mrs. Scott revealed her slogan, which she has followed all her fourscore and four years. She recalled that in Scotland she learned the Psalm in metre, and from them she chose as her motto: "Him serve with mirth." With a laugh, she added that the dictionary defines mirth as "merry gaiety."

Mrs. Scott doesn't see why anyone should gain prestige for being over 80 years old—something which does not require any effort to achieve. She still hopes that women will obtain the provincial vote in Quebec.

"Public opinion is the strongest thing in the world, and I don't see how our legislators can withstand it," she declared. "Why don't they see that they are hurting themselves by being so far behind the times?" Mrs. Scott felt that the attitude of those legislators who oppose votes for women was a good argument in favor of compulsory education. On the whole, the most important thing a woman can do is to cook, Mrs. Scott believes. She thinks most of the troubles of the world might be solved "if everybody got three good meals a day." Nevertheless, "if I were Hitler's cook, there's no telling what might happen," she remarked, without amplifying that statement.

Most of all, Mrs. Scott regretted that she was no longer "doing a big baking on Saturday and hav-

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COATS in smart tweeds, loose and form-fitting styles, plain colors, Navy, Black, Japonica and Teal **\$9.95 to \$25.95** Blue. Prices -----

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<b>FRESH FRUITS and VEGETABLES</b>	<b>Eatons Sunglo TEA, Lb. 55c</b>	<b>MEATS</b>
<b>CELERY Large Head 29c</b>	<b>Honey Boy CLOVER HONEY, 4 Lb. Tin 49c</b>	<b>Rolled Round ROAST BEEF, Lb. 19c</b>
<b>HEAD LETTUCE Each 18c. 2 for 35c</b>	<b>Bulk Seedless RAISINS Lb. 12c. 23c</b>	<b>ROUND STEAK Lb. 19c</b>
<b>FRESH SPINACH Lb. 19c</b>	<b>Culverhouse No. 2 Squat SPINACH Tin 11c. 2 for 21c</b>	<b>HAMBURG STEAK Lb. 15c. 2 Lbs. 29c</b>
<b>CUCUMBERS Each 18c</b>	<b>Whole or Cut GOLDEN WAX BEANS No. 2 Tin Each 9c. 3 for 25c</b>	<b>Chuck ROAST BEEF, Lb. 13c</b>
<b>GRAPEFRUIT Each 7c. 4 for 25c</b>	<b>Asparagus No. 1 CUTTINGS Tin 10c. 3 for 29c</b>	<b>Prime RIB ROAST BEEF, Lb. 24c</b>
<b>JAFFA ORANGES Large Size. Doz. 39c</b>	<b>Culverhouse Choice No. 2 Squat PEACHES Tin 14c. 2 for 27c</b>	<b>Corned PORK HOCKS, Lb. 10c</b>
<b>LOCAL PARSNIPS Lb. 3c. 10 Lbs. 29c</b>	<b>Culverhouse Choice No. 2 Squat PITTED CHERRIES Tin 15c</b>	<b>Trimmed PORK CHOPS, Lb. 28c</b>
<b>LOCAL CARROTS Lb. 3c. 10 Lbs. 29c</b>	<b>Eatons Special COFFEE Blend. Lb. 21c</b>	<b>SAUSAGE Fresh Lb. 19c</b>
<b>Canadian CHEESE, Lb. 19c</b>	<b>Arrow Brand TOMATOES No. 2 1/2 Large Tin 9c. 3 for 25c</b>	<b>FISH</b>
<b>Jewel SHORTENING Block 45c</b>	<b>Sunflower Fancy Pink SALMON Tall Tin Ea. 14c. 2 for 27c</b>	<b>Fresh Haddock FILLETS, Lb. 19c</b>
<b>First Grade BUTTER, Lb. 26c</b>	<b>Island Brand No. 2 Squat PORK &amp; BEANS Tin 9c. 3 for 25c</b>	<b>Fresh Frozen SALMON, Lb. 29c</b>
<b>DILL PICKLES Each 4c. 3 for 10c</b>	<b>Standard CORN 17 Oz. Tin 9c. 3 for 25c</b>	<b>Trimmed HADDOCK, Lb. 12c</b>
<b>FIGBARS Lb. 19c</b>	<b>FLOUR No. 1 Hard Wheat Any Brand. 24 Lb. Bag 79c</b>	<b>SALT MACKEREL FILLETS, Lb. 18c</b>
<b>Eatons BULK TEA, Lb. 41c</b>		<b>WEEBALL HERRING, 6 for 23c</b>
<b>Eatons White Naptha SOAP Cake 4c. 10 for 39c</b>		<b>SCALLOPS Fresh, Lb. 29c</b>

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ing my family and their friends eat it all up on Sunday. I do not wish to brag," she added, "but I really am a good cook."

Mrs. Scott had just finished making five dozen oranges into marmalade. She bakes her own bread. She was born at New Kilpatrick, near Glasgow, on what was appointed as the Day of National Humiliation for the losses in the Crimean War, Mrs. Scott said. She prefers, however, to remember that her birthday is the first day of spring, and though March 21 does not find flowers blooming in this northern latitude, she prefers the Canadian climate to any other and could not be bribed to go to Florida. Her family has tried it, too. "I will not go to Florida and be with a lot of old people whose conversation consists of asking each other 'How did you sleep last night?' and 'How is your digestion today?'" she asserted. Mrs. Scott

did take a trip to Bermuda two years ago, but she would much rather live in Quebec. The birthday was spent with

her son, Hugh M. Scott, and his two daughters, Mrs. Harry W. Thorpe and Mrs. Garnet M. Street, and their families.

PROVINCE OF PRINCE EDWARD ISLAND  
 DEPARTMENT OF PUBLIC WORKS AND HIGHWAYS  
**TENDERS FOR MATERIAL!**  
 Gillan's Bridge, South Kildare, Lot 4

SEALED TENDERS addressed to the undersigned, will be received at this office until noon of Saturday, April 15, 1939, from any person or persons willing to supply and deliver the following materials at the bridge site:—

- 200 cords poles in 16 ft. lengths not less than 4 inches at small end.
- 200 piles in 17 ft. lengths not less than 8 inches at small end.
- 100 pieces 6" x 6" in 16 1/2 ft. lengths.
- 200 pieces 2" x 5" in 16 1/2 ft. lengths.
- 200 pieces 4" x 5" in 6 ft. lengths.

Parties tendering may tender for the whole or any portion thereof submitting a price per cord for poles, a price each for the piles and a price per M. B. M. for sawn lumber. Tenders to be marked, "Tenders for Material."

Poles and piles to be of spruce or fir, straight, well cleaned and sound.

Lumber to be spruce or hemlock, square edged, free from wane and shakes and sawn to the exact size specified.

All material to be inspected at the site and must be delivered on or before May 15, 1939.

The Department does not bind itself to accept the lowest or any tender.

L. B. MacMILLAN,  
 Deputy Minister of Public Works and Highways.  
 Charlottetown, Prince Edward Island, March 22, 1939.  
 L1339-3-24-till Apr. 18.

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 IT'S IRRADIATED FOR VITAMIN "D"  
 IF it's Borden's It's GOT to be Good!