

Woman's Realm -:- Social and Personal -:- Literature

WHO ARE YOU? The Romance of Your Name By RUBY HASKINS ELLIS



It would be a superhuman task to attempt to corral all the Brown ancestors into such a brief allotment of space...

The name itself is after the color brown, and persons who first assumed it as a surname did so because it suited their eyes, hair or garments.

In England the first record is of General de Bruin and John Broune, of Stamford, in 1377.

Most of the early settlers of America bearing this name came to New England, and most of the Browns of New England are descendants of Thomas Brown and his wife, Mary Newhall.

The three sons of Thomas Brown and Mary were Thomas, John and Eleazer. Thomas lived in Sonnington, Conn. His ten children established the foundation for a long line of descendants in New England...

John Brown, of Brimfield, Mass., was a Revolutionary War soldier, and his descendants hold to the tradition that he was a descendant of John Brown, the Covenanter, who suffered martyrdom for religious principles in the case of Queen Elizabeth.

He was told that he had only five minutes to live, which he spent in prayer. This so impressed the soldiers that they refused to fire upon him.

The descendants of this John Brown, were George Henry and William, sons of the widow, Christian Brown, who settled in New England.

George Brown, of Salisbury, was a soldier in King Philip's War and a representative to the General Court.

Milady Beautiful By Lois Leeds

TAKE EXERCISE WHILE DRESSING

"If I could only find a few extra minutes I would take exercises every day, but where am I going to squeeze anything more in a brief twenty-four hours?" This is the complaint of many a busy woman.



simple exercises which can be taken while dressing in the morning and again at bedtime. Surely no woman will say she can't at least do this much to keep her figure supple and her muscles youthful.

All right, here we go! First. When putting on your stockings sit on the edge of the bed. Now bend one knee right up to your chest; rock backward until your weight rests on the small of your back on the bed.

Second. Before putting on your other garments stand erect, heels together. Stretch one leg forward and describe a wide circle on the floor with the toe pointed. When the toe reaches the back, bend the knee sharply, bringing it up toward the chest, toes pointed down.

Third. In donning dresses or other clothes that go on over the head you have a fine opportunity for a good stretching exercise. Place the hands in the sleeve of the dress, then stretch your arms upward, rise on your toes and inhale deeply.

Fourth. Brushing and combing your hair gives you another opportunity for some splendid arm, neck and shoulder exercises.

The coat of arms given belongs to the Maryland family, which will be the subject of a future article.



You can tell it blind-fold

ANY real tea lover knows when he is getting King Cole. No other tea can match it for flavor, fullness, and strength.

KING COLE and TEA KING COLE ORANGE PEKOE

King Cole Coffee is following in the footsteps of King Cole Tea

and trunk-bending movements. Keeping the knees straight, bend over from the waist so that the hair falls over your face.

Fifth. When putting on your shoes stand with your knees straight and bend over from the waist. This is a fine exercise to take several times during the day.

There, all dressed, and don't you really feel much more alive and stretched out than when you just jump out of bed-and slip into your clothes without any effort on your part at all and without any exercise of any kind?

Tomorrow Beauty Questions Answered

Household Hints By Roberta Lee

How to Make a Dry Mop

Take an old broom handle and tie pieces of cloth firmly onto one end. Silt the pieces of cloth into inch wide strips, dip in kerosene and let it drip for several hours, or over night, before using.

Stubborn Doors

When the door sticks at the top, rub over the swollen portion with a little yellow soap and the annoyance will stop.

Flavoring

Try using orange juice instead of lemon juice for flavoring salmon. It gives a delicious flavor.

For The Cook

DATE LOAF

One cup dates, one teaspoon soda, one cup white sugar, one-half cup butter, one egg, one heaping cup flour, one cup hot water, pinch of salt.

Pour hot water over cut-up dates, and allow to cool before adding other ingredients.

Dorothy Dix Letter Box

Are Women Mentally and Emotionally Fit to Serve on Juries?—Sage Advice to the Wife Who Would Keep Her Husband From Buying a Car

Dear Miss Dix—What is your opinion on having women on juries? My husband and I have great arguments on this subject.

My husband also says women have not sense enough to handle money and never gives me any. I was self-supporting before we were married five years ago and I wish I was again.

The universal testimony of the Judges who have tried cases before mixed juries is that the women jurors are just as conscientious, just as intelligent, and that they are no more swayed by their emotions in bringing in a verdict than are the male jurors.

In strict justice every case involving both a man and woman should be tried by a jury of both sexes, because the law gives the accused individual a right to be tried by a jury of his peers and that would require both men and women to sit upon the case.

Nor are women more emotional than men and more likely to let criminals go free. As a matter of record, men juries are sentimentally gone to seed, and all that any young and pretty woman has to do is to roll her eyes at them and weep without her nose getting red to have them return a verdict of not guilty.

That women know that women jurors would deal with them harder than men jurors do is proved by the fact that lady murderers not only never ask to be tried by a jury of their peers, but they fight to keep every woman off the jury that is to try them.

Nor could a woman criminal float herself out of jail on her tears if a woman jury was sitting on her verdict, as she so often does with a man's jury.

Women are cold to each other's beauty, and wise to each other's tricks and manners, and they know their sex is not always so ignorant and innocent as it fools men into thinking it is.

And it is because women bring this intimate knowledge of their own sex to the juryroom that they are indispensable to the administration of justice.

As for your husband saying that women have not sense enough to handle money, that is merely his alibi for being a tightwad. You disproved that theory in your own case by supporting yourself before you were married.

Women are closer buyers than men. They are keener bargain hunters and they keep a tighter grip on their pennies. No man can run a house on the amount that his wife does, as many a poor widower sadly realizes after the financial genius who ran his home has died.

But don't take your husband's strictures on women too seriously nor let them make you unhappy. It is only his poor, pitiful egotism that makes him vaunt himself at your expense.

Dear Dorothy Dix—My husband works overtime and makes about \$20 a week with which he wants to buy a car. I have worked ever since I got married and saved every cent, but I want to furnish a home first and then think of a car.

I suppose the real, wise, practical thing would be to put your money in furniture instead of the car, because the furniture is something you really need, and which you would have for a long time, and which would require no upkeep, whereas the car would soon wear out and you would always have to be buying new tires and gasoline and paying out money for repairs.

But sometimes being prudent and practical and common-sensical isn't the wisest wisdom. Sometimes it is good for a wife to be a brake on her husband, but very often it isn't. Sometimes it is even better economy to spend than to save.

That sounds contradictory, but so is married life, and for every rule of conduct there are a hundred exceptions. That is what makes it so hard for a wife to know what to do and how to really help her husband along.

Of course, every woman wants a home of her own and she wants to have it nicely furnished, but she has to remember that this doesn't seem as important to her husband as it does to her, and that he doesn't get the sacred joy out of lace curtains and rugs and draperies and linoleum on the kitchen floor that she does.

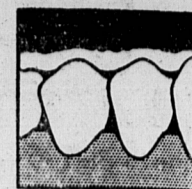
Also, that when she forces him to sacrifice the things he wants for them he resents it and it makes a little bitterness between them. Many a wife alienates her husband by putting her house before him.

So, considering all of these things, if Jack's heart is set on a car so much that he is working overtime to get it, I'd let the furniture wait and buy the car. I'd make him feel that I was a pal who wanted him to have all the pleasure he could instead of being a killjoy.

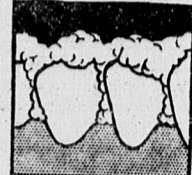
You can always buy furniture, but there is no way you can get back the comradeship of your husband if you have once lost it. No wives lose out so

Continued on page 9

LANGER LURKS in Half-Clean Teeth!



Greatly magnified picture of space between teeth. Note how ordinary, sluggish toothpaste (having high "surface-tension") fails to penetrate deep down where the causes of decay may lurk.



This diagram shows how Colgate's active foam (having low "surface-tension") penetrates deep down into the space between teeth, cleaning it completely where the toothbrush cannot reach.

Decay starts when tiny crevices are left uncleaned... mere surface brushing is not sufficient protection.

Colgate's penetrating foam dislodges decaying particles from hard-to-clean places... cleans teeth completely. Don't risk the dangers of half-clean teeth.

Colgate's is most economical—the 25c tube of Colgate's contains more toothpaste than any other nationally advertised brand priced at a quarter.



Etiquette By Roberta Lee

Q. Should one wear many jewels in a public place?

A. No; it not only shows bad taste to make a public display of them, but it is also a temptation to thieves.

Q. Should the bridesmaids and ushers ever walk up or down the aisle together at a wedding?

A. No. They should never be together.

Q. What subjects of conversation should be avoided at the table?

A. Doleful subjects.

A Morning Smile

A REAL ACROBAT

Sergeant (drilling awkward squad)—Company! Attention company, lift up your left leg and hold it straight out in front of you!

One of the squad held up his right leg by mistake. This brought his right-hand companion's left leg and his own right leg close together. The officer, seeing this, exclaimed angrily, "And who is that fellow over there holding up both legs?"

Character Close-Ups



ADDRESS AND PRESENTATION

The members of Baldwin Road Women's Institute and some friends spent a very pleasant and enjoyable evening on May 8, when they met to do honor to their oldest member, Mrs. Ellen McQuaid, on her birthday, at the home of her daughter,

Mrs. Joseph Cullen, where she had been spending the winter. The venerable lady has reached her 85th year and is still hale and hearty, and can relate many an old time story that is very interesting.

The following address was read and an appropriate gift presented: Dear Mrs. McQuaid:— It is with pleasure that we, the members of Baldwin Road Institute and some friends, gather here this evening of your eighty-

fifth birthday to congratulate you on having attained such a venerable age, and to wish you many happy returns. At our meetings you were always present when at all possible, and helped out to make a pleasant evening as well as the youngest member, and we may say we appreciate having such a grand old lady in our Institute.

Signed on behalf of Baldwin Road Women's Institute.

AND REMEMBER

Advertisement for Carnation Milk featuring an illustration of a woman cooking and several cans of milk. Text includes: 'Carnation Milk makes such delicious dishes because it is such good milk. Evaporated to double richness and sterilized for safekeeping, it is convenient, economical and dependable.'

Advertisement for Lydia E. Pinkham's Vegetable Compound. Includes the text 'ASK YOUR FRIENDS' and two testimonials from Mrs. T. V. Hill and Mrs. Willie Lafleur. The bottom part of the ad features the product name and manufacturer information: 'Lydia E. Pinkham's Vegetable Compound, Lydia E. Pinkham Medicine Co., Lynn, Mass., U.S.A. and Cobourg, Ontario, Canada.'