

Woman's Realm -- Social and Personal -- Fashions -- Literature

CORNS Lift off - No Pain!



Just a drop or two of Putnam's on any sore corn and out comes all the pain. The corn shrivels up and drops off. No scar, no pain, no pinching from tight shoes. You can dance or walk in comfort. Use only Putnam's Corn Extractor. Satisfaction guaranteed. Sold by druggists everywhere.

PUTNAM'S

For The Cook

SPANISH CREAM

Two eggs, 1 cup sugar. Beat the eggs, add sugar gradually and beat well after each addition. Dissolve 1/2 package gelatine in 1/2 cup cold water and stir in with the egg and milk mixture. Heat 1 pint milk and mix everything together. Put in double boiler over hot water until well-dissolved, but be sure not to let it boil or it will be spoiled. Flavor and mould. Serve cold with plain or whipped cream. (Delicious for children or invalids.)

Dorothy Dix Letter Box

Does the Girl Who Determines to Remain Single Run the Risk of Becoming Crabbed?—Shall This Woman Give Up Her Little Boy or Jealous Fiance?

Dear Miss Dix—I am a girl 21 years old with the firm desire and intention of staying single. I detest housework, cooking and sewing and know that I will be a miserable flop at it, while I enjoy working in an office. My mother wants me to do as I see fit, but my aunt is very much opposed to my remaining single. She says a girl had better marry any kind of man than remain an old maid, that marriage broadens your mind and keeps you from getting crabby. I think this is utterly ridiculous as I know plenty of narrow-minded, crabby married women. What do you think? F. N.



Answer:

There is no doubt about marriage being a discipline. It takes the conceit out of a girl because no woman ever has any idea of how homely she is and what bad taste she has and what a poor, miserable, faulty incompetent point out her shortcomings to her.

As long as a woman is single, if she begins putting on a little flesh, or gets an unbecoming hat, nobody mentions it, but Fried Husband isn't so before you know it you will look like a beer barrel on skids. And what under heaven made you buy a hat that makes your head look like a skinned onion? Looks as if some woman who wanted to get even with you had picked it out for you.

And as for the way she keeps house and the size of the bills and the pies she bakes and her friends and her family: what husband says about them is plenty. A woman has to be born with a self-conceit that nothing can dent if she still has a shred of vanity left after she has been married a couple of years. Of course, no doubt, such chastening is good for the soul, but nobody can contend that it adds any pep to life to be made to feel like a worm of the dust.

Also, it is not to be denied that marriage teaches a woman to be unselfish. The single woman can consider her own pleasures and desires. She can spend the money she makes on buying herself pretty clothes and going to places of amusement. She can control her own time and comings and goings to a great extent.

Not so the married woman. She has to consider her husband and children before she does herself. She has to sacrifice her own pleasure and comfort to theirs. She has to stay at home when she had planned to go out because the teacher sent little Johnny home with the sniffles. She has to get up half a dozen times in the night to give the baby its bottle and Mary a drink of water and see if Tommy has kicked the cover off. She does without a new dress and wears her last year's hat so Polly may have a new party frock. She eats the back of the chicken and wears the leftovers.

In every family where money has to be considered mother gets the worst of it. She has the shabbiest clothes. She works the longest hours and she stays at home when the others go on an outing because after she has got them ready to go she is too tired to go herself. The married woman's life is one perpetual sacrifice that would entitle her to a martyr's crown of glory in Heaven, and a monument to a hero in this world, if she got her just deserts.

But whether this discipline of matrimony makes a woman broad-minded and keeps her from being crabby depends entirely upon the woman herself, and what Nature made her before marriage took a hand in developing her character. Sometimes her experiences sweeten her and make her the most tolerant and tender and far-seeing woman in the world. Sometimes it makes her a woman big enough to understand all of the strange complexities of life and how they warp our poor human nature and make us do things that we would not do.

And sometimes the trials of marriage make a woman bitter and resentful and peevish and narrow and envious and fault-finding and bring out all that is worst in her.

For marriage is like the fermentation process that takes place in the juice of the grape. Some women it turns into sound, sweet wine, others into vinegar.

So I don't think you need get married for the moral effect it will have on you. Furthermore, you are very wise and also kind and merciful to some innocent young man to refrain from marrying when you are un domestic and not willing to make a home for him.

A girl can do no more dishonest thing than to marry when she doesn't intend to fulfill any of the obligations of a wife and live the normal life of a woman. For a home and children are part of the things that a man marries for. There are no more useful, sweet-tempered, cheerful and agreeable women in the world that old maids, so don't let your aunt's strictures scare you off from being one, if your inclination runs that way.

But inasmuch as you are only 21 you have plenty of time to decide the question, and the chances are that when some good-looking young chap comes whistling by you will decide that marriage isn't such a frost, after all. DOROTHY DIX.

Dear Miss Dix—Like so many silly girls I married at a very early age, but after several years of unhappiness was forced to divorce my husband. I was left with a small child. He is a very likable tot, but makes my future so uncertain. I am engaged to a man who is jealous of my child, and is not willing to have him live with us because he wants me all to himself. My mother can live with us, so she would take care of the boy and he would never interfere with our social affairs. What shall I do, give up my child or give up my fiance? HELEN.

If you are a real mother, you will stick to your child and let the man go. I don't see how you can even debate the subject, because your first duty in life is to the child that you brought into the world, and you should consider that above your own happiness.

Furthermore, you won't be happy if you give up your boy. You will miss him every day and hour, and you will hear his cries for mother even above the joys of devotion of your sweetheart.

You are fortunate in this respect, that your fiance has told you before marriage how he feels toward the child and that gives you a chance to avoid the mistake of marrying him. Most men wait until after they are married and then, if they are jealous of their wives' children, either mistreat them or force her to part with them.

Some of the most pathetic letters that ever come to this department are written by women whose hearts are torn in twain between their children and their husbands. The stepfathers resent their wives' affection for their children, they are jealous of the time and attention they bestow upon them, they begrudge the children's support and they take a mean revenge upon the little ones by being harsh to them, often by beating them cruelly and by clouding their childhood by making them realize that they are unwanted and a burden.

Many a mother draws for me a sad picture of her children skulking around the house like little shadows when their stepfather is about, afraid to speak or laugh, and of her not daring even to kiss or caress them for fear of drawing down a storm on their defenseless little heads.

So think long and well before you put any man over your little boy. DOROTHY DIX.

Dear Miss Dix—How should parents act toward the grown-up daughters of today? Our daughter is in love with a good-for-nothing young man

FALSE TEETH ARE A GREAT INVENTION but KEEP YOUR OWN AS LONG AS YOU CAN



False teeth are worn in thousands of mouths today because these simple rules of health were almost unknown a few years ago

Ten years too late most people seek Protection

The greatest mistake you can make is to wait until gums are swollen and spongy before you begin to think of pyorrhea. A famous British doctor states that many people have this disease for ten years before the symptoms appear.

And pyorrhea is to blame for half of all adult teeth extracted. Protect yourself now from this disease of neglect. You should, of course, see your dentist twice a year.

And, in addition, keep teeth clean—massage the gums—with Forhan's, the dentist's dentifrice. It was originated by R. J. Forhan, D. D. S., a specialist in pyorrhea.

Brush your teeth at least twice a day with Forhan's, for it is a mild, safe, scientifically correct cleanser, which

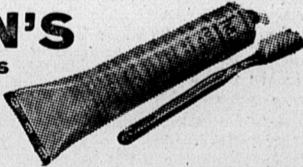
restores your teeth to their natural gleaming beauty.

At the same time, use Forhan's for massage (full instructions with every tube). It is specially prepared to tone up the gums when applied with gentle rubbing, and to awaken sluggish circulation. The health of the gums depends on this circulation. Only when they are firm and strong can they hope to resist infections which bring such trouble to almost every adult later in life.

Here, then, is double protection in Forhan's—a protection which every member of the family should have. Adopt Forhan's as your dentifrice; it comes in two sizes, 35c and 60c—just a few cents per tube more than ordinary toothpastes, and exceedingly well worth it. Forhan's Ltd., Montreal.

FORHAN'S FOR THE GUMS

Any mouth may have pyorrhea and at 40 the odds are 4 out of 5



Increase Beauty With Mello-glo

No more ugly shine when you use MELLO-GLO Face Powder. New French process makes it stay on longer and prevents large pores. Smoothest, finest, purest powder known—its coloring matter is approved by the United States government. Never dries the skin. Never makes complexion look pasty, but always youthful. Try MELLO-GLO. Sold through all Druggists and Toilet Goods Counters.

Etiquette

By Robert Lee

Q. Who alone has the privilege of making a call for social purposes in the morning?

A. Only a very intimate friend.

Q. When is the tin wedding celebrated?

A. The tenth anniversary.

In 5 Weeks One Thin Woman Gained 15 Pounds

Dear Madam: If you need more good solid flesh to fill out unsightly hollows in neck, cheeks and chest why not start today to get it?

Further delay may be dangerous so why not go to—A— or any live druggist and get a box of McCoy's Cod Liver Extract Tablets—they are sugar coated, small and rich in the weight building substance extracted from codfish livers.

And while you are putting on weight with McCoy's you'll also gain in energy and physical attractiveness—eyes will brighten—skin blemishes vanish.

Sixty tablets for 60 cents—take them for 28 days faithfully—then if you are not satisfied with gain in weight and improved health get McCoy's.

The DOOM TRAIL

by ARTHUR D. HOWDEN SMITH AUTHOR OF PORTO BELLO GOLD ETC

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(Continued) they will have wrested the trade entirely from our hands, and then if they are ready they can strike with musket and scalping knife. "And who think you will bear the brunt of the first blow? Who but the Iroquois, whom the French have dreaded since Champlain's day?" "True," murmured Colden. "Yes," assented Corlaer; "you had der right of it, governor. What is your plan?" "I shall send this young man"—he laid his hand on my arm—"with you and Ta-wan-ne-ars to spy out the ground at Jagara, to search the wilderness for signs of the Trail, to work upon the Iroquois in our interest. Master Ormerod hath had experience with the French and he knows De Veulle of old.

Bladder Weakness

If Getting Up Nights, Backache, frequent day calls, Leg Pains, Nervousness, Rheumatism, Acidity, Burning, Smarting, Bladder Irritation, or Kidney Weakness makes you feel tired, depressed and discouraged, try the Cystex Test. Works fast, starts circulating thru the system in 15 minutes. Praised by thousands. Don't give up. Try Cystex (pronounced Ciss-tex) today, under the iron-clad guarantee. Must quickly stop these conditions, improve restful sleep and energy, or money back. Only 75c at all drug stores.

Head Colds

Vapors inhaled quickly clear head VICKS VAPOR RUB OVER 24 MILLION JARS USED YEARLY

ship and hate will serve your turn, governor," he said. "You have not yet read the letter from Juggins," I reminded him as he walked toward the door. "So I have not," he admitted, and took the letter from me and slipped it inside his leather shirt. "Will you have it read?" asked Colden. "No, der young man is all right. Ta-wan-ne-ars has chugged him." With that he was gone, and a sense of bewilderment stole over me. It seemed incredible that either of the two odd characters of the wilderness with whom I had talked could really have existed. But Governor Burnet lost no time in doubts. He paced the room, rubbing his hands together with satisfaction. "We have done well, Colden. We could not have done better. Master Ormerod, you were indeed fortunate in going to the help of the Seneca. You earned not only his friendship but that of Peter as well. You are to be congratulated. But I must ask you to excuse me. I have much work to do. Fray grant me the pleasure of your company for dinner

Head Colds

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tomorrow. Colden, will you show Master Ormerod out?" It was dusk in the streets, a soft purple dusk that became velvet darkness under the trees; and I felt in no humor to return to the drab company which the tavern offered. So I wandered at hazard until I found myself in an alley leading down to the waterfront—and heard of a sudden the thud of flying feet. I spun around in time to see a monstrous bulk come sailing through the air, knife and tomahawk whirling in either hand. "I'll kill yer, varmint," howled an ugly voice. "I'll cut yer heart out and skin yer and take yer scalp!" (To be Continued)

for COUGHS

Take half a teaspoonful of Mincard's in molasses. Heat Mincard's bottle. Also rub it well into your chest. You'll get relief!



MINCARD'S "KING OF PAIN" LINIMENT

AUCTION SALE

I am authorized by Alfred MacDonald, Glasgow Road, to sell on his premises on Sa-urday March 21st, the following stock and crop: 1 mare five years, (heary) 1 horse 11 years, general purpose, 1 gelding 2 1/2 years, general purpose. 1 filly 1-2 years, 3947-3-16-31. Auctioneer

Do You Like Shortbread!

1 cup Purify Flour Mix all ingredients very carefully. Spread evenly in pan and prick with fork. Bake in moderate oven (375°) for 20 minutes, or to golden brown. Cut in squares and allow to cool while in pan. Brown sugar may be used in place of icing sugar. Be sure it is Purify Flour you use.



best for Cakes, Pies, Buns, Bread

Purify Plain Pastry New Recipe For two pie shells: 3 cups Purify Flour, 1 cup lard, 1/2 tsp salt, 1 cup cold water. (For richer flavor use 1/2 butter and 1/4 lard.) METHOD: Mix the flour and salt cutting in half the shortening until the mixture is like fine meal, gradually adding exact quantity of water but not a drop more. Turn out on board very lightly sprinkled with Purify Flour, roll about one quarter inch thick. Then spread balance of shortening over dough, fold over three times and roll again to required thickness. Bake in hot oven (475°).

The rich, hard wheat flour for all your baking. Western Canada Flour Mills Co., Limited, Toronto, Ont. Look for our Company's name on the Purify Flour. It is your guarantee of quality from a responsible milling concern.

the Allure of a Radiant CLOSE-UP COMPLEXION..

Alice White has it—Have You?



ALICE WHITE, triumphantly appealing First National star, says: "I always use Lux Toilet Soap! Smooth skin is necessary to pass the close-up test! Do YOU pass the test of close adoring eyes?"

NEVER is a star more alluring than when the revealing close-up brings her beauty NEAR. "Exquisite skin has unfailing power to stir hearts," 45 Hollywood directors declare. Only the girl with lovely skin can pass the close-up test, every star knows. DO YOU PASS YOURS? Is your skin flawless in the most searching light—temptingly smooth and soft to close, eager eyes? It can be! You can guard complexion beauty just as the famous stars do—with Lux Toilet Soap! In Hollywood, of the 521 important actresses, 511 depend on this fragrant white soap for just the gentle care that is necessary. It is the official soap in all the great film studios. On Broadway the stage stars are devoted to it. And in Europe, too, the screen stars have adopted this safe, sure way to complexion beauty!

LUX Toilet Soap—10¢

Lever Brothers Limited, Toronto.

who cannot support her and she says they are to be married in a short time. We try to reason with her in a tactful way, but she tells us she has her own life to live and if she makes a mistake it will be her own. Should we sit back and say no more and let her do as she sees fit? WORRIED MOTHER AND FATHER.

Answer: If the girl is of age you cannot keep her from making a foolish marriage, but you can, at least, discourage her by making her realize that she cannot bring her loafer husband home to you to support. If you could send the girl away from home for a while, it would do more than anything else to break up the match. DOROTHY DIX.

A Morning Smile

She thought herself awfully smart as a shop assistant. "Do you keep fountain pens?" the timid-looking man inquired quietly. "No," she snapped; "we sell them." "Well," he said, as he strolled towards the door, "you'll keep the one you were going to sell me. Good morning."