

# You Have Only to Look at the Formula

To know that "Pen-slar" Buchu and Palm-etto Compound is a splendid remedy for kidney ills!

It is a reliable, time tested remedy that has proven itself of real value time and time again. Wherever it has been tried we believe it has nearly always been heartily endorsed.

The sooner you start treating kidney trouble the less likely you are to suffer complications.

Let us tell you more about this splendid remedy. Sold in two sizes \$1.50 and \$1.00.

**E. A. Foster**  
Central Drugstore

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**DR. HEATH MCINTYRE.**  
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Manufacturer of all kinds of fine  
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## PERSONALS

Dr. A. S. Simpson, Stanley Bridge, was a passenger to Charlottetown, on the morning train Saturday.—L.

Miss Ella Gillis, of Bradalbane, has arrived in Charlottetown to attend Short Course.

Miss Jean Arbing, of Emerald, arrived in Charlottetown yesterday to attend Short Course.

Miss Kathleen Forbes, of Tyno Valley, is attending the Short Course in Charlottetown.

His many friends regret to learn of the continued illness of Mr. Isaac T. Saunders, Winsloe.

The Guardian regrets to learn of the serious illness of Mr. Daniel Reardon, City.

**HOW TO FURNISH A HOME TASTEFULLY**

A study of the arrangement of a room should be made before any attempt at furnishing is begun. This is the opinion of Helen Binkerd Young expressed in a pamphlet of the "Cornell Reading Courses." To be sure the average home interior is evolving in quite the opposite order, for the articles of furniture, some have been inherited and others have been collected as the years go by, and the main problem is to find a place for them.

To work out a plan for the completed room instead of letting the arrangement just "happen," will prove far more satisfactory, whether old or new furniture is to be used.

"Little by little," writes Miss Young "the plan can be developed, until the rooms are complete. Now it is evident that good arrangement results from observing two general ideas. First, the arrangement of objects, should follow, repeat, or fit the structural outlines of the space used; second, objects should not be scattered over the space, but should be disposed of in groups or masses in order that large open spaces may be left to set off the arrangement."

To reserve as much of the space as is possible and at the same time to include comfortably all the necessary features, is the advice which Miss Young gives to the home-maker, since plain space or background draws attention to an object or an arrangement and unless the objects that pretend to be artistic are of superior quality, the space they leave unoccupied is more valuable than their presence.

Some advantages of furnishing or refurnishing, according to a definite arrangement, are pointed out as follows:

"First, the plan is fixed before it is carried out. In this way every decision can be wisely balanced, without the pressure or hurry.

"Second, a plan makes for economy for it reduces the usual mistakes in purchasing to a minimum, and puts a check on needless and impulsive buying. At the same time it finds a place for the uses to advantage present belongings.

"Third, it eliminates trash and bric-a-brac. No one would seriously include trifling stuff that is allowed to accumulate in the home.

"Fourth, it simplifies the problem of selecting new articles for the nature and the use of the various things are defined by the plan.

"Fifth, it secures a coherent result."

## PEPS

The Peps way of treating coughs, colds, bronchitis and lung and throat troubles. How? Well, up to now people with these chest and throat troubles have swallowed cough mixtures, sickly syrups and the like, into their stomachs. Sore lungs and throat get no good by dosing the stomach. Peps work differently.

Peps are tablets made up of Pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes—not swallowed down to the stomach, which is not acting. Try a 50c. box of Peps for your cold, your cough, bronchitis or asthma. All druggists and stores or Peps Co., Toronto, will supply

**TAKE "CA' CARETS" IF HEADACHY, BILIOUS AND CONSTIPATED**

BEST FOR LIVER AND BOWELS, BAD BREATH, BAD COLDS, SOUR STOMACH.

Get a 10-cent box. Sick headache, biliousness, coated tongue, head and nose clogged up with a cold always trace this to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach. Polsonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret tonight will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months.

# This is new

The Peps way of treating coughs, colds, bronchitis and lung and throat troubles. How? Well, up to now people with these chest and throat troubles have swallowed cough mixtures, sickly syrups and the like, into their stomachs. Sore lungs and throat get no good by dosing the stomach. Peps work differently.

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## REGULAR MEETING OF CITY COUNCIL

(Continued from Page One.)

hope when you make the appointments you will do so in the right spirit. I know every man around the Board has the highest opinion of the two auditors who have held the position in the past four or five years; they are men of proved ability. But we must take into consideration everything and must appoint men that we know will do their duty. And in regard to the assessors, I hope you will make your choice of good men. Our assessment is not up to what it should be. We have only assessed to the amount of \$335,000. I think the property of the city is worth a good deal more than that and we need it, and in order to carry out these things properly they should be instructed by the Finance Committee and ourselves in a very definite manner, that they should go around and investigate and look after these wards as they should. I wish to thank you all for the kindness with which you have treated me, and to thank the electors of Charlottetown for electing me to this high and honourable position. I hope I will be able to do my duty as they expect me to, and it will be my highest aim to do so.

The appointment of committees was then proceeded with as follows:—

- FINANCE.**  
Wright (chairman), Miller, Rattray.
- STREET.**  
McNevin (chairman), McKenzie, Rattray, Ledwell, Smith.
- MARKET.**  
Smith (chairman), Rattray, McKenzie.
- POLICE.**  
Ledwell (chairman), McNevin, Rattray.
- TENDER AND PROPERTY.**  
Miller (chairman), McKenzie, Rattray.
- FIRE DEPARTMENT.**  
Rattray (chairman), Smith, Wright.
- LIGHT AND POWER.**  
Jenkins (chairman), Miller, Ledwell.  
On motion of Councillor Ledwell, seconded by Councillor Smith, Mr. McKenzie was appointed Assistant Chief of the Fire Department for the ensuing year.

be appointed auditors.—The motion was carried.

On motion of Councillor Wright, seconded by Councillor Miller, the communication of the Board of Fire Underwriters was referred to the Finance Committee.

Councillor Wright moved and Councillor Rattray seconded, that Dr. J. W. McMillan be appointed Health Officer pro tem. in the absence of Dr. Johnson. Carried.

On motion of Councillor Jenkins, seconded by Councillor McKenzie, the communication of the Public Works Department was referred to the public Property Committee.

Remarks were then made by each of the Councillors and by the Health Officer, congratulating His Worship on his election. To which congratulations Mayor Brown replied thanking the Councillors and again expressing the hope that their relations would be happy and satisfactory. His Worship graciously thanked the press for their reports of the meetings of the Council.

On motion of Councillor Wright, seconded by Councillor Miller, the Public Property Committee was authorized to procure the necessary number of fire extinguishers for the Market Building.

The Council then adjourned.

**FRANCE WOULD BAN WAGNER.**

PARIS, February 12.—La Renaissance recently circulated widely a musical and artistic people in France the question whether the music of Wagner should be played in France after the conclusion of the war. Numerous replies have been received by the journal, most of them being in the negative.

Auguste Rodin, the sculptor, replied: "Beethoven yes; but Wagner is too near our time."

Camille Saint-Saens, the composer answered: "No, because Wagner will symbolize Germany in the eyes of the French people. Besides, his music is a pretext for getting his interior work accepted."

Jacques Rouche, director of the Grand Opera, thinks the question should be: How long after the war will it be before Wagner can be played? He says he thinks that the composer's works must be played some day, particularly as the royalties on them are paid not in Germany, but to French translators and musicians.

Camille Flammarion, the astronomer, says he does not like Wagner's music, and has seen a great many people fall asleep over it, but he thinks it has as much right to be played as that of Beethoven or Mozart.

Andre Gailhard, former director of the opera, declares that he would not play Wagner if he was directed at the opera, but he adds: "We must wait and see when the war passions have calmed down."

D. B. Gheusi, director of the Opera Comique, says: "Certainly we will not play Wagner after the war. Long live France! Long live French music!"

Andre Messager, the composer, regrets the spirit of several other replies when he says: "First let us annihilate Germany and we can discuss the question afterwards."

In a like vein M. Arstuc, the theatre manager, tersely says: "More guns, more ammunition!"

The belief is expressed in many of the replies that there will be a great development in French musical talent after the war.

**She Can Now Work as Well as Ever**

MRS. L. CORMIER CURED BY DODD'S KIDNEY PILLS.

New Brunswick Lady, After Twelve Years of Weakness and Suffering Is Restored to Perfect Health by Dodd's Kidney Pills.

Burnsville, Gloucester Co., N. B.—Feb. 14th.—(Special)—Mrs. L. Cormier, a well known and highly respected resident here, who suffered for twelve years from a complication of diseases is once more a well woman and she is telling her numerous friends that she owes her recovery entirely to Dodd's Kidney Pills.

"I would get so weak," Mrs. Cormier states, "that I could not do my work and would have to go to bed. I had many different troubles. I tried three different doctors but none of them did me any lasting good.

"Dodd's Kidney Pills act directly on the kidneys. They heal and tone up the kidneys till they do their full work of straining all the impurities out of the blood. Pure blood means good health. rrrrr ofavzo yadoscd shdi urumth m

## THE RACES NEW LONDON

The races of the New London Ice Racing Club held on the 11th, were sharply contested in every heat and some of the finishes in the 3-year, old class brought cheers from the big crowd present.

There were two classes, a 2.50 class and the 3-year old, and in the first seven well matched horses faced the barrier, while five colts took the work in the other. The youngsters were called first and on the fourth score starter Stanley Bernard got them away, and they came to the stretch well bunched when Hasty Lad and Queen Alice hooked up for a finish duel the lateral galter lady getting the decision.

The second heat furnished a new winner in Daisy L. just beating Hasty Lad in the last strides. Queen Alice 3rd. There was another upset in the 3rd, when Bob Commodore a hitherto tail-ender came through like a grand cir- culer and came to Daisy B. and for the last hundred yards they raced on even terms, making a dead heat, with Hasty Lad next best. The final was taken by Daisy B. with Bob Commodore and Hasty Lad chasing her out. They all showed up well and will furnish an exciting race the next time over.

Hasty Lad is out of form but is a good trotter, and Bob Commodore will make a trotter when he gets on to the game.

In the 2.50 class Medium Happy had the "whizz" and won within himself in three straight, but Della Park went the race of her life finishing well up. Yankee Boy getting third but was well up each heat. Harry P., has gone stale, jumping at the critical times. Nellie Johnson made her first start on ice and wednesday the 13th, will bring out the free-for-alls, provided the day is favorable, and if not the first five day following. Watch for the entry list.

**SUMMARY.**

3-year old Class.  
Daisy B., A. Sheehan, 3 1 0 1 1  
(Sheehan)  
Bob Commodore, D. O'Connor, O'Connor, 4 4 0 3 2  
Queen Alice, R. Fitzimmons, Fitzimmons, 1 3 4 4 4  
Hasty Lad, J. Wigmore, 2 2 3 2 3  
Time, 30.1.29, 1.26, 1.27, 1.29.

2.50 Class.  
Medium Happy, A. G. McKay (McKay), 1 1 1 1  
Della Park, W. Ferrish, Ferrish, 2 2 3  
Yankee Boy, E. Stewart, Stewart, 3 4 2  
Kalo, C. McLeod, Quinn, 6 3 7  
Harry P., E. Howitt, Howitt, 4 5 5  
(Pickering)  
Nellie Johnson, J. Sheen, Sheen, 6 6 6  
Happy Boy, C. Dinis, Dinis, 7 7 4  
Time—1.20, 1.19, 1.18.

**HOCKEY**

Perhaps one of the most interesting games of the season was played in the Arena yesterday morning between a team from "A" Coy. 105th Batt. and P. W. C. The game began about 10.15 and after a few minutes fast playing Thomas the star for the 105th scored the first goal. The students worked hard, but fast playing on behalf of the 105th added another goal.

With the score 2-0 McKinnon secured the puck carried to the full length of the ice and scored the first goal for the P. W. C. In the second half both teams worked hard. P. W. C. securing 1 goal and the 105th team 2. The final score being 4-2 in favour of 105th.

Following is the line up:

P. W. C.	105th.
Goal.	McWilliams.
McLeod.	Point.
McKinnon.	C. Point.
Lea.	Centre.
Kerr.	Rover.
Maddigan.	R. Wing.
Hutcheson.	L. Wing.
	McCormack.
	Acorn.

**CURLING**

A. F. Webster. H. E. Geddes.  
R. G. Spillet. E. D. Sterns.  
G. G. Hughes. R. C. Goff.  
Perey Pope. D. A. McKinnon.  
(Skip) 9. (Skip) 17.

H. M. Van Buskirk. S. Crockett.  
W. S. Grant. C. H. Back.  
D. B. Stewart. F. H. Beer.  
Dr. S. H. Jenkins. Sidney Grey.  
(Skip) 10. (Skip) 9.

## Doctor Says Nuxated Iron Will Increase Strength of Delicate People 200 p.c. in Ten Days

In many instances—Persons have suffered untold agony for years doctoring for nervous weakness, stomach liver or kidney disease or some other ailment when their real trouble was lack of iron in the blood.—How to tell.

New York, N. Y.—In a recent discourse Dr. E. Sauer, Specialist, of this city said: If we were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron. The moment iron is supplied all their multitudinous of dangerous symptoms disappear. Without iron the blood at once loses the power to change food into living tissue and therefore nothing you eat does you any good; you don't get the strength out of it. Your food merely passes through your system like cork through a mill with the rollers so wide apart that the mill can't grind. As a result of this continuous blood and nerve starvation, people become generally weakened, nervous and all run down and frequently develop all sorts of conditions. One is too thin, another is burdened with unhealthy fat; some are so weak they can hardly walk; some think they have dyspepsia, kidney or liver trouble; some can't sleep at night, others are sleepy and tired all day; some fussy and irritable; some skinny and bloodless, but all lack of physical power and endurance. In such cases, it is worse than foolishness to take stimulating machines or narcotic drugs, which only whip up your fagged vital powers for the moment, maybe at the expense of your life, later on. No matter what anyone tells you, if you are not strong and well you owe it to yourself to make the following test. See how long you can work or how far you can walk without becoming tired. Next take two

five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous run down people who were ailing all the time—double and even triple their strength and endurance and entirely get rid of their symptoms in from ten to fourteen days' time simply by taking iron in the proper form, and this, after they had in some cases been doctoring for months without obtaining any benefit! You can talk as you please about all the wonders wrought by new remedies, but when you come down to hard facts there is nothing like good old iron to put color in your cheeks and good sound, healthy flesh on your bones. It is also a great nerve and stomach strengthener and the best blood builder in the world. The only trouble with the old forms of iron—iron like tincture of iron, iron acetate, etc., often ruined people's teeth, upset their stomachs and were not assimilated, and for these reasons they frequently did more harm than good. But with the discovery of the new forms of organic iron, the old iron, iron acetate, etc., often ruined people's teeth, upset their stomachs and were not assimilated, and for these reasons they frequently did more harm than good. But with the discovery of the new forms of organic iron, the old iron, iron acetate, etc., often ruined people's teeth, upset their stomachs and were not assimilated, and for these reasons they frequently did more harm than good. But with the discovery of the new forms of organic iron, the old iron, iron acetate, etc., often ruined people's teeth, upset their stomachs and were not assimilated, and for these reasons they frequently did more harm than good.

## HOTEL ARRIVALS

**VICTORIA.**

F. S. MacKay Peterborough; E. H. Patterson St. John; John A. Lea Summerside; F. R. Leturgey Summerside; H. J. Knight Halifax N. S., Lt. Col. Gran. Halifax; Capt. Hattie Halifax; H. C. Southcott, Toronto.

**PARIS STYLES SHOWN.**

PARIS, February 12.—Jenny's collection showed today its smartness than last season. It is generally considered good, but the styles are practically unchanged, the skirts having the same width, length and fullness. Afternoon gowns are the most important feature. Evening gowns show no striking new line, but in walking costumes there is a novel short semi-pelotine which fastens over the top of the shoulders and falls over the back to the waist line. The rest of Jenny's mantles are not ready and will be shown toward the end of the week.

Royals shows several long peleries in various styles with Venetian and Spanish military cloak effects.

## To People Who Are Under Normal Weight

Good Advice For Thin, Underdeveloped Men and Women Who Want to Put on Flesh

Thousands of people suffer from excessive thinness, weak nerves and feeble stomachs who, having tried advertised flesh-makers, food-fads, physical culture stunts and other means, resist themselves life-long skinniness and think nothing will make them fat. Yet their case is not hopeless. A recently discovered combination of assimilative agents has made fat grow after years of thinness, and it is also unequalled, judging from reports, for repairing the wastes of sickness or family digestion and for strengthening the nerves. This remarkable preparation is called Sargol. Six strength-giving, fat-producing assimilative elements of acknowledged merit have been combined in Sargol and used by prominent people everywhere it is absolutely harmless, inexpensive and efficient.

A few weeks systematic use of Sargol should go far to produce flesh and strength by correcting faults of digestion and by nourishing fats to the blood. If not, every druggist who sells it is authorized to return the purchase price. Increased nourishment is obtained from the food eaten, and the additional fats that thin people need are thus provided. All leading druggists supply Sargol and say there is a large demand for it.

While this new preparation has from reports given splendid results as a nerve-tonic and vitalizer, its use is not recommended to nervous people unless they wish to gain at least ten pounds of flesh.

If you find a druggist who is unable to supply you, send \$1.00 to the National Laboratories, 74 St. Antoine St., Montreal and a complete ten days' treatment will be sent you postpaid.

## BRINGING UP FATHER

