

### GOT RELIEF FROM RHEUMATISM AT LAST

Spent more than \$100 for remedies before help was found

How an obstinate case of rheumatism was given relief by a simple home treatment is told by a man in Los Angeles, California, who suffered for years with rheumatic pain in the feet and back.

"I spent more than \$100 for liniments and medicines in twenty-four years," he writes. "Then I used Sloan's Liniment and it gave me complete relief."

And it is amazing—the quick, genuine comfort that Sloan's gives to even the most long-standing rheumatic aches. Sloan's doesn't just deaden pain—it helps your body to throw off the cause.

Need to rub even. A little Sloan's patted lightly on—and a healing tide of fresh, germ-destroying blood begins flowing through the aching place. Before you can believe it, the pain, swelling and stiffness are relieved. Try it! All druggists—35 cents.

### Housewives

You have been waiting to get some of that Choice

#### BUCKWHEAT FLOUR

we are in the habit of selling. A fresh supply just received, made from BUCKWHEAT of the best quality supplied by us and ground at ANDREWS MILLS (old stone process).

None can surpass our make of BUCKWHEAT FLOUR for PANCAKES, PORRIDGE, BUCKWHEAT BREAD, etc.

Try some, sold in any quantity. SEVEN CENTS PER POUND at

### CARTER & CO'S. FEED STORE

When you think of Christmas giving think of giving Photographs

BY BAYER ALSO Passport Photos

163 GREAT GEORGE STREET

### INSIDIOUS EYE STRAIN

We use this adjective advisedly. Sufferers from Eye-strain may have perfect vision and therefore do not suspect the presence of any eye defect.

The motive power of the entire human organism is Nerve Energy.

Normal eyes, it is computed utilize about 20% of this Nerve Energy, but when Eye-strain is present, a much larger proportion is required. Hence defective eyes, through their consumption of an excessive amount of Nerve Energy, may seriously affect the functioning of other organs of the body, and produce ill health.

HAVE YOUR EYES EXAMINED

G. F. Hutchison Ophthalmologist

### SMILES



**STILL BATTLES AHEAD**

She: Our pugilistic friend has married and left the ring.

He: But he's not through fighting, I'm sure.



"I saw you leaning against Tom last night."

"I'll admit I felt quite inclined his way."



**JUST PLAIN FOOLED**

"Were they disappointed in their marriage?"

"No—just plain fooled."



**HAD KNOCKED AROUND A BIT**

"You say he has knocked around the world a bit?"

"All his traveling has been done in a Ford."



**NOT HIS FAULT**

She: You have beautifully shaped hands; they ought to be on a piano.

He: It isn't my fault they are so small.

### Famous Old Recipe for Cough Syrup

Easily and cheaply made at home, but it beats them all for quick results.

Thousands of housewives have found that they can save two-thirds of the money usually spent for cough preparations, by using this well-known old recipe for making cough syrup at home. It is simple and cheap but it has no equal for prompt results. It takes right hold of a cough and gives immediate relief, usually stopping an ordinary cough in 24 hours or less.

Get 2½ ounces of Pinex from any druggist, pour it into a 16-oz. bottle and add plain granulated sugar syrup to make 16 ounces. If you prefer, use clarified molasses, honey or corn syrup, instead of sugar syrup. Either way, it tastes good, keeps perfectly, and lasts a family a long time.

It's truly astonishing how quickly it acts, penetrating through every air passage of the throat, and lungs—loosens and raises the phlegm, soothes and heals the membranes, and gradually but surely the annoying throat tickle and dreaded cough disappear entirely. Nothing better for bronchitis, spasmodic croup, hoarseness or bronchial asthma.

Avoid disappointment by asking your druggist for "2½ ounces of Pinex" with full directions and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

### Central Guardian

SHOP from Holman's Catalog.

GET YOUR CHRISTMAS gifts for the kiddies at the sale at Holman's, Nov. 25th. 6154-11-20-51

SUBSCRIPTION DUE. — Renew now and make sure of our 1926 Calendar.

AT HOME.—Mrs. Elmer Francis, Searletown, will be at home to her friends on Thursday, November 26th, 1925. 6243.

TEACHERS ATTENTION! Teachers please desist from applying for or accepting Hermitage School until further notice. Signed: President of the P. E. I. Teacher's Federation, 6224 11 24 21.

### CALENDARS.

The Farmers Guide Book and Calendar combine in a very handy thing to have around a house. Renew your subscription and get yours.

### MIXED CAR OF FOX MEAT

on the track Friday and Saturday. Special prices on quantity orders. The Harris Abattoir Co., Ltd. 6248-11-25M31.

### SUBSCRIBERS CALENDARS.

The Guardian has received a limited number of 1926 Farmers Guide Book and Calendars, the De Luxe Housewife Recipe Calendars and Auld Lang Syne Calendars. Each reader subscribing or renewing their Subscription may have their choice.

### CHURCH REOPENED.

The United Church at Little Sands which has been closed for general repairs and painting will be reopened on Sunday, November 29th when two services will be held. Morning at 11 a. m. Evening at 7 p. m. Rev. John Stirling, B. A. Montague, will be the preacher. Special collections at both services.

### DAL. DEBATING CLUB.

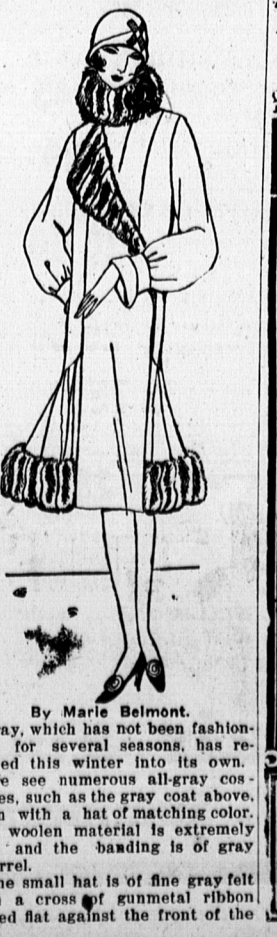
It was announced on Saturday that Dalhousie's three debating teams for the spring of 1926 had been selected. Last week debating trials were held under the auspices of the Sodales Debating Society and about twenty-five candidates took part. The subject for discussion was: "Resolved, that the Geneva Protocol is worthy of the support of Great Britain and the Dominions." After hearing the trials, the judges, the Rev. Dr. Clarence MacKinnon, Dean John E. Read and Professors Angus L. MacDonald and George E. Wilson, picked the following teams: Team to Meet Imperial Trio—Walter E. Darby, B. A., Class '27 Law, of Abram's Village, P. E. I. (leader); Jarvis McArthur, '26, New Carlisle; Que., Herbert A. Davidson, '26, Middleton, Nova Scotia. The above team is the one which met University of New Brunswick last spring. Team to meet McGill—Don. McInnes, B. A., Class '26 Law, of Halifax (leader); R. H. McLeod, '26, New Glasgow, Nova Scotia; A. A. Brown, '27, Prince Edward Island. Team to Meet Mt. Allison—J. Gerald Godsoe, '26, Halifax (leader); Walter Ross, '29, Truro, Nova Scotia; Frederick Forbes, '26, Sussex, N. B. The above selections may be subject to minor alterations.—Halifax Herald.

### Strangled with Asthma

is the only expression to convey what is endured from an attack of this trouble. The relief from Dr. J. D. Kellogg's Asthma Remedy is beyond measure. Where all was suffering there comes comfort and rest. Breathing becomes normal and the bronchial tubes completely cleared. This unequalled remedy is worth many times its price to all who use it.

### Minard's Liniment for sprains & bruises

### Fashion Fancies



By Marie Belmont. Gray, which has not been fashionable for several seasons, has returned this winter into its own. We see numerous all-gray costumes, such as the gray coat above, worn with a hat of matching color. The woollen material is extremely soft and the banding is of gray squirrel.

The small hat is of fine gray felt with a cross of gunmetal ribbon placed flat against the front of the hat.

### ESSENTIALS

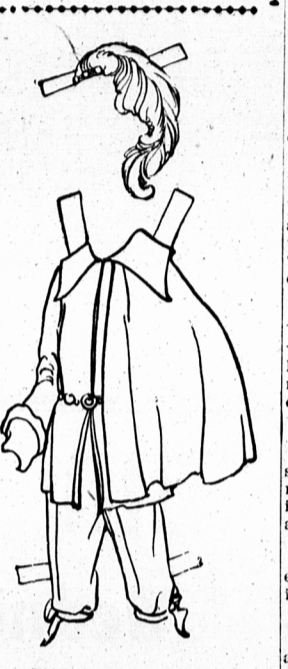
If a child is denied the essential vitamins, rickets, weak bones, imperfect teeth or other manifestations of faulty nutrition follow.

### Scott's Emulsion

of vitamin-activated cod-liver oil is the ideal nourishment for growth of body and bones. Give your boy or girl Scott's Emulsion.

Scott & Bowne, Toronto, Ont. 25-32

### SNOW WHITE COLOR CUT-OUTS



### THE SPELL BROKEN.

This is one day's chapter of "Snow-White and Rose Red." If you have been saving these paper dolls, you will have a complete set with which to act out this story at the end of this week.

Snow White and Rose Red were so glad to see their old friend, and to know that he was not a bear at all, but a prince, that they clasped their hands with joy.

"And why were you condemned to wander the woods in the guise of a bear?" asked Snow White.

"That wicked dwarf is the cause of all my suffering and misfortune," answered the prince. "It was he who cast a spell over me which should not be overcome until his death, and forced me to prowling about, often lonely and hungry, until I found my home in the woods. The dwarf stole all my treasures, all the pearls, gold and precious stones I inherited, and hid them away in the forest. These were what I meant when I said I must guard my treasures."

"And now the dwarf has been punished," said Snow White.

"(Here is a handsome suit for the prince. The suit is gray with a bright blue cape. The plume, too, is bright blue.)"

### Prepare to meet "The Freshman"

Our hero!

### STOP THAT HACK

The longer neglected the harder it will be to cure. Continuous coughing weakens and overtaxes the lungs, leaving them exposed to attacks of other diseases.

### White Pine Tar AND Wild Cherry

is a pleasant effective remedy for coughs, colds, bronchitis and all irritations of the throat.

### It is the Ideal Household Cough Mixture

PRICE 35 AND 60 CENTS

### Mackinnon Drug Co.

Phone THE RECALL 505A  
219 KODAK STORE 552

### Vernon River And Vicinity

An encounter thrilling and blood-curdling which might have ended disastrously to one or both participants occurred in a railway man's yard near Vernon River recently.

A large hawk swooped down, thrusting his claws deep in a hen which screamed with pain. Quick as a flash the pussy cat's eyes changed to balls of fire. She was three times her usual size. Her tail would do credit to any one of the many silver foxes for which P. E. I. is now famous and which spring she was on the hawk's back. Fur and feathers flew so profusely that a traveller passing was seen to button up his coat collar mistaking the occurrence for a December blizzard. All that remained of the hawk left at the first opportunity and pussy went to see if the kitten was all right.

Mr. F. M. O'Donnell is back again with his family in Avondale after visiting the great rolling prairies in North Western Canada. Mr. O'Donnell while greatly impressed with opportunities in the west still appreciates a comfortable home-stead in the land of the silver foxes.

During one of the many inclement periods of weather, the proprietor of the Vernon River Hotel asked a prominent foxman if he thought it was going to clear up. "It always does air" was the philosophical reply.

Mr. H. S. McLeod, Merchant Vernon River, spent the week end with friends at Graham's Road, French River and Shamrock and reports the roads in fairly good condition.

Mr. Alexander McDonald, Madison Maine, accompanied by his mother motored to the island and is visiting friends in Vernon River and Montague.

Mr. Ernest McInnis, Station Agent, Vernon River, spent Thanksgiving with his parents in St. Peter's.

The funeral of James A. O'Keefe and Mrs. Gertrude (Smith) LaHiff who were killed at State Line Crossing, N. H. when their automobile was struck and demolished by a Boston and Maine train, was held jointly at St. Leo's Church, Leominster, Mass. which was filled with relatives and friends. Rev. Eugene Toher celebrated a solemn high mass of requiem assisted by Rev. M. J. Lacey as deacon and Rev. M. J. Ryan as sub-deacon. The night preceding, both bodies rested at the home of Mr. O'Keefe's mother, Mrs. Emma O'Keefe, 186 Main St. at which hundreds of friends gathered to console the bereaved and to show their esteem and respect for the dead. The H. M. Foster Undertaking Co. had charge of the funeral and burial. A long line of closed cars containing relatives and members of Leominster Council Knights of Columbus, accompanied the bodies to the church that of Mr. O'Keefe reposing in a dark oak casket, that of Mrs. LaHiff in one of grey. Two horses were used.

Many people were within the edifice and groups of others lined the street as the solemn procession arrived. The bearers served a double purpose. They were John and James McManus, George and Francis Smith, and Joseph O'Keefe. At the main entrance to the church stood members of The Knights of Columbus, through whose open ranks the caskets were borne to the altar, which was banked with a mass of floral tributes. At the conclusion of the mass Miss Margaret Sullivan sang "Thy Will be Done." Miss Helen E. Burns presided at the organ during the service which was doubly impressive. A sympathetic and tender eulogy was delivered by Father Toher. Burial of Mr. O'Keefe was in the parish cemetery where the body was escorted by the Knights of Columbus. Prayers were read at the grave by the three priests. Then the Cortage returned to the church and continued on to Keene, N. H. with the body of Mrs. LaHiff, priests from St. Bernard's Parish in that city conducting the committal service at the grave. It is in St. Joseph's Cemetery also where the same morning occurred the burial of Miss Rose O'Neill of Keene, the third victim of the terrible accident.

The world war has brought about a better understanding between the different religious denominations working together in the jaws of death.

Beautiful and costly structures vie with each other as to which gives the greatest glory to The Creator. Zealous preachers of all denominations are expounding the Word of God to members of their congregations. At this time of year they will tell how our Lord was born in a stable wrapped in swaddling clothes and laid in a manger, the poorest of the poor. Prince Edward Island is the home of many who have amassed considerable wealth and are in a position to endow some of our institutions and make provision for those who are less favored. Under the system now existing if our Lord was on earth in many places today he would have to declare Himself a public pauper before receiving any assistance.

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219 KODAK STORE 552

### A THING OF BEAUTY BUILT FOR DUTY



*In the Observation Car*

Where good taste and the ability to gratify personal preferences are evident, EVERSHARPS are always seen in use. As you travel "in good company" you will invariably note the reliance placed upon this most dependable of travelling companions. Price 50 cents to \$10.

### EVERSHARP

THE WAHL COMPANY, LIMITED—100 STERLING ROAD, TORONTO. Makers of EVERSHARPS and WAHL PENS.

### EATING WITH BRITISH ROYALTIES

BY A LADY OF THE COURT

(EDITED BY ELIZABETH CRAIG)

**SOUPS**

**CARROTT SOUP**

Clean and fry 4 large carrots and 2 turnips cut in slices till a light brown. Put them into two quarts of strong gravy soup and when stewed perfectly tender beat them through a sieve, then mix it with the gravy they were stewed in. Add more carrots if wanted to color the soup.

**FISH**

**STEWED LAMPREYS**

Clean and wash lampreys carefully, and remove the cartilage which runs down the back. Put into a stew-pan rolled up like eels, and season with salt and pepper and grated nutmeg. If more spice is wanted add ground cloves, mace, and allspice to taste. Cover with equal quantities of strong beef gravy, and Madeira or sherry, or equal quantities of rough cyder, port wine, and water. If liked

delicacy greatly beloved by Royalty, and more than one Royal potentate has come to a speedy and greedy end by over-indulgence in lamprey pie—for example, King Henry First.

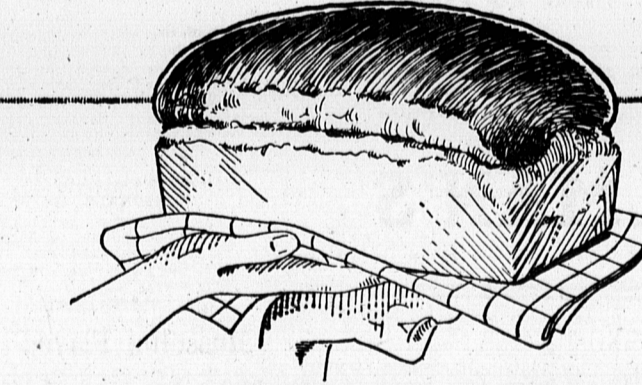
### A DISH OF LAMPREYS.

Clean and wash lampreys, removing the back cartilage, and roll them up and place in a stew pan along with prepared shrimps, and two or three anchovies chopped. Season all well with pepper and salt and spices to taste, and cook very slowly with the lid on over a very slow fire in good ale or red wine.

### GRILLED LAMPREY

Scald a lamprey, oil the bars of your gridiron with melted butter, and grill him well. Then grind pepper, ginger, cloves, and saffron and season fish well, then shake a little pepper inside and serve.

Ready-Made Medicine. — You need no physician for ordinary ills when you have at hand a bottle of Dr. Thomas' Electric Oil. For coughs, colds, sore throat, bronchial troubles, it is invaluable; for scalds, burns, bruises, sprains it is unpassed; while for cuts, sores, and the like it is an unquestionable healer. It needs no effectiveness other than the use, and that will satisfy anyone as to its effective seven little holes in its head, is a



### Better flour makes better bread

Good bread is the triumph of the home baker. Each golden-crust loaf—light and fine in texture—proves her mastery of the baking art.

With Quaker Flour you need never have a failure. It absorbs more water and yields a smoother, more elastic sponge. It makes those bigger, better-formed loaves which are the pride of every home baker.

Use Quaker Flour for flaky pastry—delicious cakes—tempting muffins. It is guaranteed by us on a money-back offer to give absolute satisfaction in all your baking.

### Quaker Flour

Always the Same—Always the Best

A product of The Quaker Mills, Peterborough and Saskatoon