



MADE IN CANADA



Your "Get-Away Power" in Summer is a matter of fuel-food for the human engine. Food that is hard to digest and low in nutritive value does not supply energy for the day's work. It uses up needed power by overtaxing the digestive organs. **Shredded Wheat Biscuit** is all food. It is 100 per cent. whole wheat and is prepared in a digestible form. Changing from meat and potatoes to Shredded Wheat brings a mental buoyancy and physical alertness that makes one eager for the day's task. Eat it for any meal with sliced bananas, berries, or other fruits.

Made in Canada.

CASH SYSTEM.

With a view to reducing prices by saving expense in many ways including interest, postage, stationary, and bad debts, the Boot and Shoe Merchants of this City established the **NO CREDIT SYSTEM** over six months ago and have proved by experience that they can give a better service to their customers and sell goods at smaller profits under the new system.

The Cash System has proved very successful and the Merchants find they can serve more customers in less time than formerly and the prices are lower than under the old system. Travellers coming to our town state that they can purchase footwear more reasonably in Charlottetown than in other Canadian Cities.

It is an unpleasant task for a Merchant to have to refuse to send goods out until they have been paid for, and some people take offense when informed of the rules, however you must remember that the rule is positive and you should not ask to have it broken but help to maintain a system which saves you money—the CASH SYSTEM.

3091-8-16Mtsil Spet.8th.

LETTER OF SYMPATHY.

The following letter was sent to Mrs. Lydia McKie and her daughter Pearl, of Calgary, Alta., formerly residents of Bay Fortune, P. E. I., on behalf of the members of the Bay Fortune and Little River Red Cross Society, with regard to the death of her son Vernon who was killed in action.

To Mrs. Lydia McKie and Miss Pearl McKie,
1508 3rd St.,
North West Calgary, Alta.

Dear Friends,—
We wish to convey to you the heartfelt sympathy and love of each and every member of our society, in this great sorrow you have been called upon to bear, in the noble death of your dearly beloved son and brother Vernon.

Although your hearts are torn and broken with grief, yet your grief cannot be mingled with pride, knowing that he has given his life in a noble cause.

We commend you to look to God for comfort and consolation and to that day when you shall meet him again where sorrow and parting are no more.

May God bless you in your great loss, is the earnest prayer of the members of the Bay Fortune and Little River Red Cross Society.

The Central Guardian

IT PAYS to buy in this province.

DR. REID'S OFFICE will be closed until August 27th. 1307-8-24Mtsil

MOTOR CAR to hire. Paddy McQuaid. Stand at Golin A. McDonald's, Kent Street. Phone. 411. House phone 411-3.

HARTSVILLE, ETC.—Rev. J. W. McKenzie will preach at Hartsville 11, Brookfield 3, Hunter River evening.

THE ARANMORE.—The S.S. Aranmore had a large number of passengers outward yesterday morning and a large cargo including the following: Two cars molasses, a car of barrelled pork, two cars cheese, five cars of way freight and two horses.

TO RESIDE IN AMHERST.—Prof. R. Robertson and Mrs. Robertson, of Summerside, left Tuesday morning for Amherst, where they will reside. Their many friends in Summerside will greatly regret their departure.

AT POWNAL RECENTLY.—Florida Hotel Arrivals.—Mr. Fred Large, Mr. and Mrs. Daniel Morrison, Mr. and Mrs. Geo. S. McLeod and daughter, Mr. Chas. Harper, Mr. A. McDougall, Mr. Milton Bell, Charlottetown; Miss Hazel Stewart Souris; Mr. E. McDonald, Montreal; Miss Florence McKinnon, Mr. Wm. Brown, Miss Helen Harper, Miss Rita McKinnon, Charlottetown; Mr. and Mrs. Jones and child, Fredericton; Mr. and Mrs. Geo. E. Hughes, Mr. Louis Shaw, City.

HELP THE 98TH TODAY.—Today and tomorrow comforts for distribution among the boys of the 2nd (98th) Siege Battery will be gladly received at 70 Prince St. The boys of the old "98th" have been a long time in the field and deserve something good. Any persons kind enough to assist with this shipment are asked to only send such things as are intended to be divided up among the boys, and are asked to plainly mark each parcel 98th or 2nd Siege Battery so there will be no confusing these with comforts intended for other units.

105TH COMFORT CIRCLE.—Field Comforts valued at \$231.97 were forwarded by the Secretary from July 10th to Aug. 10th, the fourth month of the Circle's existence. It is really due to the good results of "Button Day" and the sales afterwards that what otherwise would have been the slackest month has turned out exceptionally well. Not only was a large supply of comforts purchased, but everything on hand at the Comfort Department was sent out, and a small sum of money banked preparatory for the adoption of the first 105th man reported prisoner of war. Parcels went to the 13th, 14th, 25th, 26th, and 104th Battalion; also for the first time in connection with the Circle's work, to the 13th Reserve, and a small parcel to the ee units where there is stranded in each, just on P. E. I., boy. The comforts included apart from "smokes" which went to each battalion; socks, shirts, soap, towels, canned lobster and magazines, a different line of which was for each battalion in order to best fulfil the different requirements.

VISITORS TO ST. JOHN.—Mr. John M. Kinnear and Mrs. Kinnear are spending their vacation in St. Andrews and have been guests at Kennedy's Hotel for the past two weeks says a St. John exchange. Mr. Kinnear is one of the oldest living graduates of the University of New Brunswick, having received the degree of B. A. from that venerable institution of learning in 1865. Both Mr. and Mrs. Kinnear are natives of St. John N. B. In early life Mr. Kinnear was connected with the European and North American Railway, (which later became part of the I. C. R.), and subsequently was employed on the Prince Edward Island Railway. A good many years ago he acquired an estate at Sussex, N. B., and went there to reside. He has been Postmaster at Sussex since 1899. Mr. Kinnear is still a man of great activity and a thorough sportsman. For a long time he was distinguished as one of the leading marksmen of New Brunswick and was several times a member of the Wimbledon team along with that other veteran New Brunswick marksman, our much-esteemed fellow-townsmen, Mr. E. A. Smith. Both these gentlemen have wonderful collections won in rifle competitions in Canada and England.

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for about nine months that I had no use of my hand, and tried other Liniments, also doctors, and was receiving no benefit. By a persuasion from a friend I got MINARD'S LINIMENT and used one bottle, which completely cured me, and have been using MINARD'S LINIMENT in my family ever since and find it the same as when I first used it, and would never be without it.

ISAAC E. MANN,
Metapedia, P.Q.
Aug. 31st, 1908.

HARTSVILLE CIRCUIT.—Rev. J. W. McKenzie B.A., will conduct Divine Service on Sunday, August 26th at Hartsville at 11 a. m.; Brookfield 3 p. m.; Hunter River 7 p. m.

TRYON, BONSHAW AND HAMPTON.—The Rev. J. S. MacKay will conduct service next Sabbath the 26th Tryon at 10.30; Bonshaw at 3 and Hampton at 7.

NORTH RIVER.—Mr. J. D. Seaman, Sec. P. E. I., Branch of B & F. Bible Society, will speak at Long Creek 11; Clyde River 3; North River 7. Aug. 26th. Rev. A. Hurn will conduct services at North River 11, Long Creek 7.

MRS. WHITE, hair dresser left yesterday afternoon for Lower Montague where she will remain until Monday, August 27th. While there she will be glad to meet any customers and take orders to be filled. 5029.

CUT OFF THE LIGHT.—A telegraph wire back of the Charlottetown railway station fell Tuesday night cutting the electric light wire and the light power from the station. When the mail train arrived the place was in darkness.

DREDGING OPERATIONS.—Dredge No. 9 left Bridgetown last week and is now operating at Murray Harbour South. The work done at Bridgetown and in fact the dredging in Grand River including the Bar at the entrance to the harbour is very satisfactory indeed. Vessels drawing upwards of ten feet can now enter at the lowest spring tide and dock at any wharf in this important river. The intention is it is understood while the Dredge is in Murray Harbour to improve not only the channels of the different rivers but to clean out all the docks so that shipping facilities will be better than ever and thus give the farmers of this very important section of the country the benefit of water transportation by steamer and sailing vessel as well as by rail.

NIGHT THOUGHTS
By J. A. Macduff

Dread midnight's spirit darkly broods
Upon the sleeping vale;
Still languidly a lorn night leans
Across the low bridge rail.

Save where some vagrant zephyr
chaffs
The old brook's altered brink,
And startles from his sedge seat
Some meditating mink.

Save for the lowly murmured plaint
Beneath him from the stream,
Dead silence from her ancient throne
Around him reigns supreme.

And darkness she had brooded forth
In aspect ebullient,
Save for the tender star-beams glowed
Down through infinitude.

Save where some meteor's vain attempt
To fix the depths of night
Illuminates the inky void
With self-consuming light.

What holds the lorn night here alone
Whilst Dreamland's airy train
At random winds its wonder way
Through Brookfield's drowsy brain?

Way with the spirit of the night
This lonely vigil keep,
Hath some accusing conscience
grieved
The gentle spirit sleep.

Ah, he had lately wandered forth
Along the country-side,
And as a stranger by the swain
Been curiously eyed.

Yet, time was when about the place
He had been known to all,
When wild birds warbled from the waste
And answered to his call.

The very echoes of the glen
The glad, hilarious tone
Of his wild whoops and woodland
lays
Had intimately known.

Within a bow shot of the bridge
The house where he was born
Still stands, but stands in silence now
Forsaken and forlorn.

The tall grass wrestles with the weeds
Before the idle door,
Which swung to urgent bare-foot
needs
So busily of yore

And where is she, unselfishly,
So long who wrought and strove
To light the region of that home
With radiances of love?

Even memory of her were submerged
Beneath life's troubled waves,
Save for the marble-cutters skill
In Brookfield's place of graves.

Where leaning shafts and broken
slabs,
Unto bereavement's gaze,

PRINCE EDWARD
Matinee 3 p. m. Night 7 and 8.45

HOW THE HAPPINESS OF THREE WOMEN IS SAVED TO THEM is Cleverly and Dramatically Told in The Paramount Five Part Feature

"The Happiness of Three Women"
Featuring
HOUSE a MYRTLE PETERS a STEDMAN

LAST TIME TODAY DON'T MISS IT

Pathe News and TOPICAL BUDGET
"THOSE WEDDING BELLS"
Ring in Joy and Laughter in this Comedy Feature

Friday and Saturday
Return Engagement of
CHARLIE CHAPLIN
In "Behind The Screen"

Reveal the utter childlikeness
Of chiseled earthly praise.
Amid these evidences sad
Of Life's uncertainty,
There had he read the names of some
Whose early promise he
Had often envied and admired
Beside the epitaph
Of wisdom laden, whitelocked age.
That leaned upon a staff.

Some of his boyhood's bosom friends
The marble records their
Showered cloistered in the dreamless
sleep
Of death's dark sepulchre.

Ah, far too soon, for friendship's sake,
Fate's awful blast before,
Their laughing waves of life were
dashed
On death's lamenting shore.

Sleep on, Oh Brookfield! take thy rest
While slumber steepers the vale,
Nor let sad retrospection's spite
Thy peaceful dreams assail.

Nor sadder let thy ceaseless song
Oh brook beneath appear,
Though taints tonight thy crystal tide
A lorn night's briny tear.

SIR WILFRID'S ONTARIO LIEUTENANT

There are abroad in the land politicians much more dangerous than Hon. George P. Graham. His leader is a hundred times greater power for harm to his country. There is a saving shallowness in Mr. Graham that disqualifies him for the humbug part he tries to play. It is a deep plotter, not a superficial smart Aleck, that Sir Wilfrid needs for the Ontario job. A more surly and factious man with no more political principle than Mr. Graham would as Sir Wilfrid's Ontario lieutenant be a far greater influence for national evil. Mr. Graham's "cleverness" is nearly always of the malacroit kind and thus he draws upon himself lightning of public indignation that subtler though not more scrupulous players in the infamous Laurier game have the wit to dodge.

Mr. Graham was the "trusty" as fakers.

chosen by Sir Wilfrid to block the resolution for extending the life of Parliament, and this he did in a way to incense fellow-Liberal members who understood that the proposal trickily used as an amendment for that purpose would be introduced at some other time in some other connection. And now Sir Wilfrid and Mr. Graham may well have doubts as to the soundness of the party strategy of showed himself a marplot again in opposing extension. Mr. Graham Ontario members and candidates. His attempt to mislead the public as his handling of the conference of the to support given to an alleged resolution or resolutions was at once challenged, and certain members who attended the conference rose in the House to say that they were not consenting parties to the so-called resolutions.

Mr. Graham voted for the Military Service Bill, but made a speech that went far to negative the effect his vote. It was an apology for supporting the bill, which he is reported to have said he would bring into effect only as a last resort and that if Laurier were elected conscription would not be necessary, as that leader would take his coat off and go into Quebec and raise the needed men by voluntary enlistment. It is difficult to believe that a public man accounted responsible would make such a statement. But the shallowness of its disarms criticism. A wiser supporter of Sir Wilfrid would not have made the blunder of saying that the prize of office is necessary to move that chief to assist even in a voluntary recruiting movement. Sir Wilfrid kept his coat on while Quebec mobs were taring down recruiting posters, breaking up recruiting meetings and assaulting returned soldiers. He took part in no recruiting campaigns. His great work has been to put himself at the head of the Quebec movement against conscription and to make the will of that law of the Dominion. Mr. Graham is not too good, but he is too shallow, to be of any use as the banner-bearer in the Laurier province. There are men who have been failures even

Job Printing Department.

The Sign of Quality

is displayed on all our work—you will be pleased with our printing and satisfied with our service

Try us today on circulars, booklets and business forms.

The Guardian Printery

Send Your Order In

DODD'S KIDNEY PILLS

FOR ALL KIDNEY DISEASES

FOR RHEUMATISM, BRIGHT'S DISEASE, DIABETES, BACKACHE

23 THE PRINCE

For a box of really Good Candy stop at **The Two Macs**

Light Breakfasts

Thoughtful people these days are urging economy in eating, and many are even advocating "no breakfast."

The "no breakfast" plan may agree with some but most people feel better and work better on at least a light breakfast.

A great many have found that a liberal dish of **Grape-Nuts**, served with cream, milk, or fruit juice, furnishes ample morning nourishment, is easily digested, and promotes buoyancy and clearness of mind

Grape-Nuts

contains all the nourishing goodness of wheat and barley, including the vital mineral salts of the grain, and is a most delicious food.

"There's a Reason"

Made in Canada— Sold by Grocers
Canadian Postum Cereal Co., Ltd., Windsor, Ont.