Woman's Realm / Social and Personal / Fashions / Literature

Household Scrapbook

By Roberta Lee

Thick Fabrics

When hemming fabric that is too heavy to make a neat rolled hem, stitch a piece of tape to the material, turn the hem up on the wrong side and stitch the tape to the material. It will make a much neater job, as it avoids folding the material twice.

Sandwich Filling

An economy sandwich filling can be made of leftover ham, minced and mixed with cream cheese and chopped green peppers and a little mayonnaise.

The Bedsprings

It is a good idea to cover the corners of the wire bedsprings with adhesive tape, so as to prevent the sheets from catching on the corners and tearing.

Better English

D. C. Williams

1. What is wrong with this sentence? "Sure we are coming."
2. What is the correct pronunciation of "intestine"?
3. Which one of these words is misspelled? Alledge, knowledge, vestige.
4. What does the word "dissuade" mean?
5. What is a word beginning with conti that means "in actual contact"?

ANSWERS

1. Say, "Surely (in the sense of certainly) we are coming." 2. Pronounce last syllable tin, accent second syllable. 3. Allege. 4. To divert by persuasion; to turn from a purpose. "They failed to dissuade him from his determination to go." 5. Contiguous.

Cook's Corner

TANGY CHEESE SAUCE

3 tablespoons fat
3 tablespons flour
1½ cups milk
½ cup grated cheese
1/3 teaspoon dry mustard
¾ teaspon Worcestershire sauce
1/3 teaspoon salt
Dash of pepper

Melt the fat, blend in the flour and add the milk. Cook over low heat, stirring constantly until thickened. Continue to cook for 5 minutes. Then add cheese, mustard blended with the Worcestershire sauce, salt and pepper. Stir until cheese is melted. Arrange the cooked asparagus on a serving plate and pour sauce over them. Six servings.

SPRING SALAD

1 cup sliced raw carrots
1½ cups sliced raw asparagus
2 cups shredded, green, leaf lettuce
½ cup sliced radishes
Green onions to garnish

Use tender stalks of asparagus (reserving tougher ends for soup). Cut in thin cross-wise slices. If desired the asparagus may be partially cooked; it should however still be crisp. Have all ingredients well chilled and crisp. Toss lightly together with dressing. Six servings.

NR TO-NIGHT TOMORROW ALRIGHT ALL-VEGETABLE LAXATIVE Dependable-Pleasing Action! Nature's Remedy NR TABLETS NR GET A 25¢ BOX

How Can I ! ! !

By Anne Ashley

Q. How can I make a chicken, or turkey, white, juicy and tender?
A. After cleaning the fowl, rub the inside and outside thoroughly with a lemon before putting in the dressing. This makes the meat white, juicy and tender. Adding a tablespoonful of vinegar to the water when boiling also helps to make it tender.
Q. How can I prevent moths from getting into garments?
A. By sprinkling the contents of closets and drawers with white cloves. Many consider this better than camphor or cedar.
Q. How can I prevent the shrinking of woolens when laundering?
A. Hang woolens on the line dripping wet andthey will not be so liable to shrink as if wrung out before drying.

Modern Etiquette

By Roberta Lee

Q. If one is called away from the table to answer the telephone, is it necessary for him to say who it was when he returns?
A. Not at all, nor should anyone ask him.
Q. When the bride has no near relatives, whom should she ask to perform the duty of "giving her away"?
A. An old friend of the family is often asked to do this.
Q. Is it proper to serve bread at a luncheon?
A. Yes.

KING COLE TEA
Distinctive
Rare Flavor and Bouquet

Dorothy Dix Says—

Potent Lipstick

Exaggerated Use of Lip Rouge Unpopular With Suitors

This column, which is all heart and ever open to the wails of the distressed, has recently had its attention called to a problem which is not only causing much grief among the boys, but threatening the dates, which are the source of all earthly joys, of the bobby-sockers.

And this menace to the happiness and well-being of the young is the lipstick, which apparently is an innocuous little tube of colored grease but, in reality, is a greater stirrer up of trouble than almost anything else known to man. For not only do parents begin fighting with their girl babies over the use of it practically when they are in the cradle, but smudges of it on shirts and neckties furnish the evidence on which innumerable wives get divorces.

These things have naturally given the lipstick a bad name and caused it to be considered as a sort of sentimental atomic bomb, but, while its danger has been recognized, it has been regarded as one of the inescapable hazards of love-making. Girls, at any rate, have been sold on the belief that no lipstick, no kiss, and that no boy hungered for the lips that had a pale, liverish cast; so they piled on the grease paint with a liberal hand.

MEN RESENT LIP PAINT

Evidently this has been a mistake, for whether the crisis was brought about by the difficulties of the laundry situation and the resultant shortage of clean handkerchiefs and shirts, or whether the boys just lost their taste for red paint, has not yet been determined. But anyway they are inaugurating a campaign against what the little cuties have always considered their prop and stay, and one of them makes the following appeal to me for help:

"Will you please," he writes, "make me happy by putting in your column something about the way the girls, and mine in particular, plaster their mouths with lipstick so thick that a fellow has to scrub his face after every kiss? On a recent furlough home my girl kissed me good-bye at the station. Being down to my last handkerchief I had to use it to clean the stuff off and the result was I smeared it all over the place, and everybody who looked at me grinned.

"Wouldn't you think a girl would feel sort of silly when a fellow has to clean his face after every kiss? Sure does take the pleasure out of it when you know what a goon you are going to look like after every kiss. Most have been pretty nice in the good old days when a fellow could kiss a girl without fear of her leaving him branded.

"I have asked my girl to use lipstick in moderation, but she ignores my request and seems to think that if a little is good, a lot is better. And all the guys I know feel about this lipstick kissing thing the way I do. I don't object to the sensible use of cosmetics, but sometimes I feel like I am a refugee from a paint factory after I have kissed my girl good-night."

So there you are, girls, and you had better take the tip this lad is handing you. For it looks as if you want to be kissed, you will have to quit making up your mouth so that it resembles a hunk of raw butchers' meat.

Your grandmothers used to sing a song about "The Lips That Touch Wine Shall Never Touch Mine." Perhaps the boys are practicing up on a ditty that says "Go Light On The Lipstick If You Want To Kiss Me."

annoyed with his caddy.

"Why the deuce didn't you watch where it went?" he asked angrily.

"Well, sir," said the boy, "it don't usually go any where, and so it took me unprepared like."

A NEW VIEW

This is a true bridge story: She was only a beginner, but she meant to keep her end up, and so she was not at all abashed when her partner said, "Do you know you revoked?"

"Well," she replied, after a short but impressive pause, "what of it? . . . I had my reasons."

IN THE DAYS OF LONG AGO

DESIGN NO. 567

Old fashioned figures are lovely embroidered on towels, curtains or luncheon sets. Hot iron transfer pattern No. 567 contains 9 motifs with complete instructions.

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—FOR THE HOME—

LITTLE GIRL FROCK

The full skirted basque dress is one of the nicer styles for little girls, and here is a version you will find easy to make. Have it in a plain color, and use contrasting scraps from your piece bag for the appliqué.

No. 2642 is cut in sizes 2,4, 6 and 8. Size 4 requires 1½ yards 35-inch, ⅜ yard 35-inch contrasting. Appliqué is included in pattern.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Addess Pattern Department, The Charlottetown Guardian.
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Morning Smile

SOMETHING OF A SHOCK

The golfer had lost his ball, and, not unnaturally, was inclined to be

Living & Leisure

—THE WOMAN'S REALM—

THRICE FED

Not what we give, but what we share,
For the gift without the giver is bare;
Who gives himself with his alms feeds three—
Himself, the hungering neighbor, and Me.

James Russell Lowell.

WORTHY OF MORE THAN A MOMENT'S REFLECTION

Better be with a few who are right than with the many who are wrong.—James A. Wood.

* * *

A heart of gold is a more valuable possession than a head full of knowledge.

* * *

What a pity that war brings the best out of people, and peace the worst.

GIRL SHOEMAKER

Cecily Hickling, a nineteen-year-old English girl, is England's first and only woman shoemaker.

She started the work when she left school and has spent the past four years repairing shoes in her native village of Sutton Bonington, in Nottinghamshire.

Feet fascinate her and she wants to become not merely a shoe but a foot expert. So in her spare time she's studying to qualify as a chiropodist, for she has the idea of eventually starting a double business—a room upstairs where people's feet are expertly attended to and a "downstairs" where they can buy, under skilled guidance, the right shoes to give maximum comfort to their particular feet. Meanwhile she gets practice in chiropody—by paring "corns" on carrots and treating candles for "bunions"!

SUNSHINE PERFUME ROUTS MOSQUITOES, ATTRACTS MEN

A new kind of "liquid sunshine" for beach use the perfume of which "will attract men and repel mosquitoes," and a waterproof mascara which will stay put in wind or rain or when one's eyes are weepy at a touching movie, are beauty aids now available, said Mala Rubinstein, New York, niece of Madame Helena Rubinstein, and director of the New York salon, who was guest of honor at a luncheon in the King Edward Hotel in Toronto.

Madame Rubinstein, by the way is now in Europe, superintending the raising of flowers in the south of France in the preparation of exotic perfumes.

"The liquid sunshine is big news, and something we could not have in wartime since its mosquito repellant ingredient was needed exclusively for the armed forces, especially those in the Pacific. It has a faint, sweet lilac-like perfume so that men too could use it. "Men won't admit it, but most of them love something with just a little perfume," she added.

Women are becoming much more natural in the matter of make-up—they aim to look natural, rather than to present an artificial beauty and they build up their make-up with that in view, she said. Foundation creams, because of scientific research, have "progressed enormously," and these are a great aid to a natural complexion make-up, she said. A foundation "not only beautifies the skin, but protects it in the daytime against the elements—"just like lipstick beautifies lips, also protects them, she said.

Lips, by the way, are being worn natural, too, instead of the "cupid's bows" and other ridiculous creations which women affected a few years ago. That is, if they are nice lips to start with. A little touching up improves lips which are tight and thin, if done discreetly, preferably with a brush.

With the new fashion trend toward lowering necklines and drop shoulders, something simply must be done about the neck and throat—"there is no use in having a perfectly made-up face and shaoby neck and shoulders." Available is a special lotion with a base which dries quickly and this is admirably suited for this purpose. Powders and creams should not be used as they are hard on the dress especially a dark one.

Nail polish, popular as ever is a matter of individual taste, and it depends up on the type of hands and the type of work women with pretty little hands—or large, graceful hands, can afford to be dramatic with their nail polish.

The famous "dishpans hands" are a thing of the past. No woman has shabby hands or goes without nail polish simply because she has to do her own work. The wise woman just keeps a bottle of hand lotion near the sink and "massages it on her hands the way she would ease on a tight glove," after a dish-washing bout.

Young girls cannot start too early to take care of their complexion by thorough washing and cleansing, but the use of regular cosmetics should not be started much before the age of 15, in the opinion of the speaker.

Women should be "skin conscious"—if, they have oily skins, a good wash with water and soap which suits the skin twice a day and little creaming is desirable. If the skin is dry, which means it has a tendency to wrinkle, little water and much lubrication with good creams is the best method.

In general, women over 35 should watch their skin, as glands become less active and skin becomes dry and wrinkles more easily, "although real elderly women sometimes have more beautiful skin than young people." Women of all ages should watch their diet for the foods that will give a maximum of nourishment and minimum of bulk.

GODLY FINGERPRINT

According to Indian legend, the Finger Lakes in New York, are the imprint left by the hand of the Great Spirit.

Ellen's Diary

By an Island Farmer's Wife

Polly and I stuck to our domestic guns today and held the fort while the other members of the family at Alderlea went to the city. It was not a distasteful task, considering our interest in the duties at hand, and besides this was the very day we had been hoping for, the ideal one to give help to our endeavours. And yet, I confess there were times when I looked out wistfully from my chores in the kitchen, to catch the emerald green of the meadow-lands, the dancing sun-flecked ripple on the pond and a summery haze of warmth touching the distant hills, when I wished too that we had followed a bewitching trail, with the others. We had, as I said, insistent work of our own and as usual several incidentals bequeathed to us in the wake of the family's going. James enumerated these as he made himself ready for the trip. I may say our cleaning operations were suspended entirely until after we had watched the car cross the bridge and proceed on it's way out the road.

* * *

"Would you mind, Ellen" James had asked me, at the same time turning his cheek to get more light on it for the shaving "throwing the things a bite of dinner—if we do not happen to be home in time". I glanced at the clock and compared it with the daylight time. I knew them, that this was a certain added chore. "And, Ellen, if you think of it, would you look then to see that none of the lambs have strayed from their mothers— it's no trouble at all to recognise the strange bleating. Could you remember—now where did you say my shoes are?—to give the colt a bit of hay, you know where he is, Ellen, away around in the box-stall alone." That was a sort of an insult to me, but I knew by his expression that James did not intend it that way. I know where every last animal at Alderlea is to be found but James doesn't know about the sprigs of red on a peony root; nor that the narcissi are in bud, or when Jeanie's first hen is hatching. "The hogs could do with an extra pail of water, but never mind it Ellen, if you're anyways busy." He eased himself into his leather jacket, slipped his pipe and matches into his pocket and picked up the cap, Polly proffered. "Be sure, Ellen after we go to have a look at the cattle to make certain that none of them are in distress—I fancied that one by the door was uneasy after he had eaten this morning". Added to these requests, if we wished—though Jeanie would be the last one to ask us—we might have a fire kindled in the wee house. 'Tis dreary indeed to come home to a cheerless hearth and especially, I often think, to a cold kettle. And we must be ready to serve a meal at a moment's notice.

(Continued on Page 8)

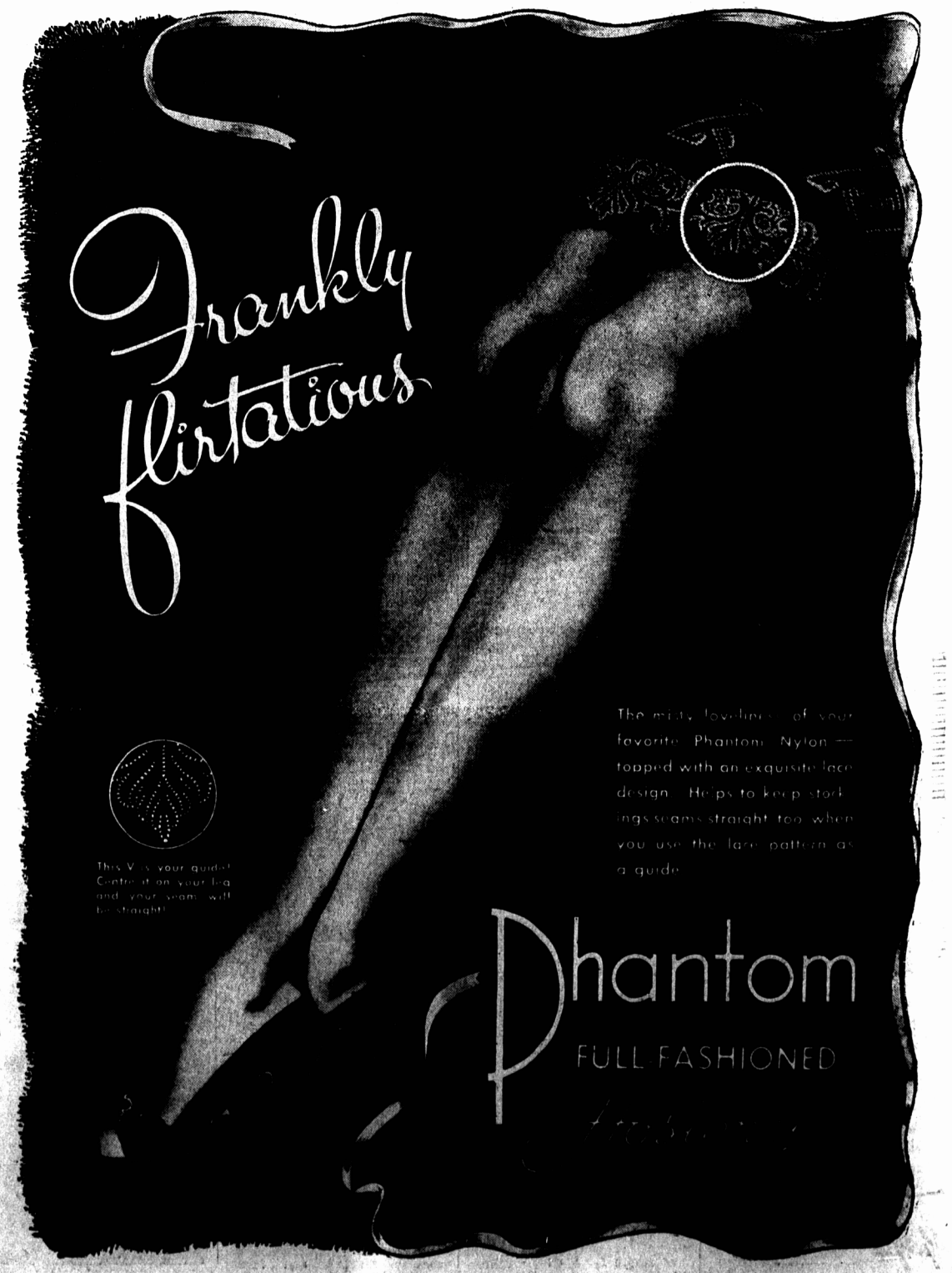
Flowers that bloom in your Dreams

Do you ever see images of flowers in your dreams? The oracles say these flowers have these meanings:

DANDELIONS —happy unions ◊ ROSES —long life ◊ TULIPS —abundance

If you must dream, say it with flowers! But why not sleep soundly every night? Dreaming may result from over-stimulated nerves. They may come from the caffein in tea and coffee.

Drink Postum! It's the beverage with a full-bodied flavor all its own! Caffein-free—contains nothing that can upset nerves or stomach. You make it right in the cup, with boiling water or hot milk. Enjoyable at any hour! Costs less than a cent a serving! The beverage for the whole family!

Postum

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