

MAGAZINE GUARDIAN



SCHOOL AND HOME

Apple Whip. 4 cupsful of apple sauce (or pulp of baked apples) 1 egg white. 1/2 teaspoonful of vanilla.

Simply whip the stiffly beaten egg white into the apple sauce, adding the flour and powdered sugar if needed. Serve garnished with a spoonful of flavored whipped cream or mound of sherbet glasses, topped with halved walnuts.

Prune Whip. 2 cupsful of stewed stoned prunes 3 egg whites 1/2 teaspoonful of almond extract.

Chop the prunes after removing the stones. Whip the egg whites stiff, add the prunes, continue beating, adding the flour and powdered sugar, if needed. Garnish either with halved almonds or with the prunes.

Banana Whip. Four bananas, backed or raw. 4 tablespoonfuls of grape juice. 2 egg whites. Mash the bananas, add grape juice or other fruit, and prepare jelly. Beat the egg whites stiffly, add to the bananas and mound in individual sherbet cups or tall glasses.

To Tell When Melon is Ripe. The boys who have had a garden of their own this season must surely have included melons in their collection of vegetables.

Pointed Paragraphs. Rest is the sweet sauce that is dashed up in connection with hard labor.

Making Farm Life Attractive. The late Theodore Roosevelt once said that "our civilization rests at bottom on the wholesomeness, the attractiveness, and the prosperity of life in the country."

Lot of Rheumatism Now, Rub Away Pain. Here's instant relief! Limber up sore, stiff muscles and joints with "St. Jacobs Liniment".

Count fifty! Pain gone. Rheumatism is "pain only." Not one case in fifty requires treatment. Stop drugging! Rub the misery right away! Apply soothing, penetrating "St. Jacobs Liniment" directly upon the "tender spot," and relief comes instantly.

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FARM

There is no excuse today for so many farmers' houses being without heat, light and toilet facilities. Fifteen years ago most of the farmers of this country were too poor to have these necessities of life; but such is not the case today.

On both room and toilet facilities depend much of the health and comfort of the household, and more particularly the comfort and health of the women of the house.

The man who has a young family, and who neglects to borrow enough money to provide proper bathing and toilet facilities for his wife and young children is unwise, unconservative, and a hindrance to the welfare of the community.

How can the desire for those things that are of real importance be awakened? How can the demand for real schools, and real teachers be aroused? By demand I do not mean the mere wishing for those things—this is as common as the traditional good intentions with which the payment of Hades is strewn.

Money in the bank is not the end of life! Money is only a means to the end, and that life is wasted if the means are obtained but the end is not reached. The object of life on the farm is not to buy more land to raise more corn, to feed more hogs and so on.

In many severe nervous disorders the best remedy is often a tonic. The most active tonic treatment is recommended by the highest medical authority to arrest the progress of such disease.

Neuralgia and other severe nervous disorders lurked through the blood. In many severe nervous disorders the best remedy is often a tonic. The most active tonic treatment is recommended by the highest medical authority to arrest the progress of such disease.

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FARM LIVE STOCK NOTE.

The Honourable Dr. Toimie, Minister of Agriculture, convened an informal meeting early in September to consider the marketing of Canadian bacon.

The meeting was held in the presence of the Minister, Deputy Minister and other officers of his Department, the Canadian packers and the two representatives of the British Ministry of Food.

It will be understood that the decision of the Ministry of Food to regulate the marketing of bacon places Canada completely under the control of the British Purchasing Commission.

Canada's outlet for her product, under a system of collective buying, by which orders will be apportioned amongst all the packers, is practically assured.

Fair prices have been agreed to covering the purchase of old product accumulated since control was imposed in August and of new product available for shipment up to December next.

It is only fair to say that, as regards the bacon accumulated during the first month after the imposition of control, the packers have been obliged to take a sharp loss.

Arrangements have been concluded with the Associated Press by which a daily Market News Service will be given to all the newspapers of Canada through the medium of direct telegrams.

Help for Dry Pastures. This is the most difficult time of the year to make milk. Most any one who has really tried it out will agree that the most unsatisfactory season for dairying is from July until September.

ACHES AND PAINS SLOAN'S GETS 'EM

Rheumatic twinges ease up soon. So do stiff joints, lame back, neuralgia, overtaxed muscles, and those pains from weather exposure, too—they don't fight long against the counter-irritant, Sloan's Liniment.

Keep this old family friend handy for instant use—a little penetrates without rubbing, leaving no skin stains, mucus, or clogged pores. You ought to keep a bottle handy always.

nutritious and fairly abundant, so that the cows can quickly satisfy themselves and then lie down to digest and make milk. No cow can do good work at the mill that must spend most of her time gathering enough to eat.

Mr. Moore reports that they are now running over thirty cows on a very creditable record, among which are a number of daughters of Aagie which will produce well over 2,000 pounds milk in a year with their second calf.

Health for the Baby. The baby of today is the man or woman of tomorrow. Thus the success of the future man or woman depends upon the baby's present welfare.

Sheep. The demand for pure bred rams in the Province of Prince Edward Island is growing stronger each year. The Department of Agriculture during the present season distributed a considerable number of imported rams.

Sage and Sulphur Darkens Gray Hair. It's grandmother's recipe to restore color, gloss and attractiveness.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray.

DAIRY

161 POUNDS MILK IN A DAY. Cascade Johanna Illustris, owned by Hollywood Farm, Seattle, Washington, has broken the world's record for one-day milk production with a yield of 161.5 lbs.

SOME GOOD RECORDS AT COLONY FARM. A few weeks ago we published a short account of the record breaking work of Zarilda Clothilde 3rd De Kol, owned by Colony Farm, at Essex, N. B. C., stating that in the first 185 days of her test she had produced 1937.3 pounds milk.

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POULTRY

Ducks easy to raise and sell. A great many poultrymen are inquiring about the details of duck raising. They see that there is a definite demand for ducks, and are anxious to take the business up in a way to supplement their poultry keeping as a main source of revenue.

Brooding ducklings is a simple operation, as they do not need artificial heat more than three or four weeks in ordinary weather, but in winter and early spring, heat should be furnished until they are about five weeks of age.

Feeding green feed is a very essential part of their ration, and no attempt should be made to raise ducklings without it. Green rye or oats, and practically all kinds of garden refuse are relished by them.

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Best Investment Gilbert Ever Made

TANLAC RESTORED DARTMOUTH MAN TO HEALTH TWO YEARS AGO—STILL FEELS FINE. "Yes, sir, I can recommend Tanlac for it set me right two years ago when I was living in Hamilton, Ontario, and I have been in good shape ever since."

"Never in all my life," he continued "have I had a medicine to do me so much good as Tanlac. My stomach had been giving me trouble for some time. It just seemed like I could not eat anything but what would give me indigestion of the worst kind. I would float all up with sour gas and feel miserable for hours after every meal."

"I am still eating just as well as I was before I had finished my first bottle. I felt a considerable improvement. Then I bought another, and another, and when I had finished my fourth bottle my stomach was in a condition and I have not been troubled with indigestion since that time. The gas and pain all disappeared and I am still eating just as well as I was without the least trouble from it."

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"BEND A CRAB" TEN TIMES

Great Exercise to Keep Liver and Bowels Active, But if You Won't, Then take "Cascarets". There is nothing like bending over, taking long walks, or chopping wood to keep the liver and bowels active, but most folks take their exercise in an easy chair.

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