

Woman's Realm - Social and Personal - Fashions - Literature

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



Such a delightful little dress is this novelty flecked wool voile. And it's easy to make and easy to wear.

It has the newest note of Paris with its buttons down the back from the neck to the hipline.

The skirt is oh! so distinctive in swaying hem with pointed treatment through the hips.

The little rolled collar is pique of course. It is best made detachable by sewing a bias binding at the neck edge. Then it may be simply basted to the dress so as to be ready taken off to launder.

Several little collars could be made in various colours for smart change.

Style No. 887 is designed for the miss of 8, 10, 12 and 14 years. The 8-year size requires 2 yards of 39-inch material with 1/4 yard of 39-inch contrasting.

Wool crepe, wool jersey, tweed effect woollens and tweed-like cottons are interesting materials for this cute model.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred.)

Price of pattern 15 cents.

No. 887. Size
Name
Street Address

City State

THE STORY OF THE GRAPE

The grape is one of the oldest fruits known to man, and it is one of the most healthful, wholesome and nutritious. It delights whether used as dessert, or prepared as jam, jelly, conserve or beverage.

Records show that the grape was cultivated by the Ancients over five thousand years ago, and so important was it in national and individual and national economy that its introduction was ascribed to a god. With the Romans this god was Bacchus, with the Greeks, Dionysus; with the Egyptians too it was Osiris; while the Hebrews ascribed its introduction to Noah.

When the Norsemen first visited the North American continent over 1,000 years ago, they found the grape growing wild in Vineland, as they named what we know as New England, while in more recent and modern times a wide variety of the species have been introduced from Europe.

Grape production in Canada is rapidly growing in importance both in Ontario and British Columbia. The varieties produced include the blues, ambers and whites. The 1931 crop has matured with excellent quality, ensuring an ample supply at prices attractive to everyone.

Grapes For Health
There is a tang to grapes which

gives zest to the appetite, and now is the time of the year when they are available in abundance. And no fruit is more healthful than the grape, which is rich in both minerals and sugar.

Grapes furnish such alkaline salts as potash, lime, magnesium, iron, etc., which have a tonic effect, particularly for any one subject to acidosis; while the sugar they supply is a special kind so easily assimilated as to involve only a minimum of digestive effort.

Those who suffer from anaemia, rheumatism, or digestive disorders, will find the use of grapes highly beneficial in restoring the system to its normal functioning. The use of grapes as a principal article of diet is recommended by many medical authorities and what is now known as the "grape cure" is frequently prescribed. In this cure monotony is avoided through the use of several varieties of grapes. In both quality and variety Canadian grapes are exceptional.

NOVEL NAMES FOR COLORS

LONDON, Sept. 18.—(U.P.)—New colors shown for fall and winter clothes appear to be novel and universal in their names. Moth-bloom beige, phantom mauve, Capri blue, canteloupe orange, Borgia red, Pole Star green and locust bean brown are among the popular new shades.



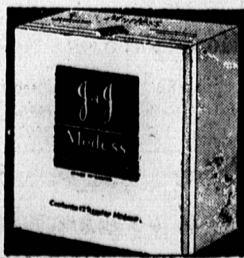
PERFECT COMFORT -with Modess!

A soft, fluffy filler—rounded sides—a special moisture-proof backing that prevents penetrative absorbency—these features of Modess have brought welcome comfort to women everywhere.

And Modess is so entirely dependable too! It provides perfect protection always; that is why women everywhere are turning to it with enthusiasm.

Modess Compact (gently compressed) is designed for special occasions when less thickness is desirable.

And remember—Modess Costs No More!



Modess
So Infinitely Softer
A Johnson & Johnson Product

What is Tact?

Dorothy Dix

Call Tact Super-Salesmanship

"A Tactful Woman is One Who Never Steps on Our Toes," Declares Dorothy Dix— "Who Skirts Nimbly Around Our Prejudices Instead of Running Roughshod Over Them"

A woman correspondent asks: "What is tact? What is your idea of a tactful woman?"

Tact is that sixth sense that makes us divine things with our hearts that we cannot fathom with our heads. It is the gift of the gods that makes us say the right thing to people instead of the wrong thing. It is the lubricant that keeps social and family life moving on oiled bearings without friction. It is the magic that enables a wife to manage her husband without his ever finding it out. It is the apotheosis of the proper approach and the sublimation of super-salesmanship.

My idea of a woman of tact is one who never steps on our toes and who skirts nimbly around our prejudices instead of running roughshod over them. One who perceives our "Keep-Off-the-Grass" signs and respects them even when we do not flaunt them in her face. One who can say "no" without giving offense or making enemies and who can even tell us of our faults in a way that flatters our vanity instead of wounding our self-love.

The woman of tact recognizes that it saves time and energy and painful bruises to walk around a stone wall instead of trying to butt it down with your head. Therefore, when she has to deal with people who are, as the homely phrase goes, "set" in their opinions, she does not argue with them about them. She lets them hold in peace to their own beliefs, as she does to her own. And just because she does not keep them perpetually on the defensive championing their own point of view, they insensibly modify it and often come to her way of thinking.

Nor does the woman of tact ever drag forth into the family circle those topics that are like a red rag to a mad bull and that inevitably precipitate a free-for-all fight. On the contrary, she keeps the forbidden subject locked up tight and fast in the skeleton closet, and when she perceives any member of the household about to approach the door she lures them away from it and steers the conversation into safer channels.

The tactful wife does not rawly hen-peck her husband and make him an object of derision for the ribald. She does not make him a person of small importance in his own home and blatantly flaunt her own authority. Far from it. She exalts him so continuously as the head of the house and pays him so much outward homage that he never finds out that she really runs things.

When she wants a thing, she does not go after it hammer and tongs and irritate a tired and busy man so that he refuses her what she asks just because he is weary and cross and feels like hitting back at something. She waits for the psychological moment when, fed and rested, after a good dinner, he is at peace with all the world and in a benevolent mood. Then she asks favors and gets them.

The tactful woman studies her man and deals with him accordingly. If her husband is self-opinionated, she first suggests casually to him the thing she wants done and, after having sown the mustard seed of her desire, she comes back in a few days and camps in its shade and says: "I have been thinking about what you said about sending John off to college" or "getting a new car" or "having the library done over, and I think you are right and that we should do it. Your judgment is always so sound." And the thing is done, even as she had determined from the first.

If she is married to a stingy man, she doesn't fight with him over an allowance or wheedle pennies out of him. She goes and gets what she wants and tells him that, of course, she has to dress handsomely because everybody expects it of the wife of such a prominent man as he is.

The tactful woman never corrects her children in public, because that humiliates them and makes them sullen, nor does she continually nag them about their defects, because that breaks down their morale and develops an inferiority complex. She rules them by judicious praise and encourages them to make the most of themselves by putting the laud pedal on their good qualities.

She tells Mary how pretty she is when her face wears that lovely sweet expression and Mary conquers her high temper for fear of breaking up that angel look. She tells Sally how graceful she is when she holds herself upright and Sally throws back her shoulders and straightens her spine and quits slouching. In the presence of strangers she asks John when some historical event occurred and casually remarks that John is a perfect shark about dates and that starts John on a career as a student. She nails flighty Arthur to his tasks by praising him for his grit in carrying on. She makes her children feel that they have a reputation to sustain along certain lines and consequently they live up to it.

The tactful woman never loses a friend because she always does and says the kindly thing. She gives us enough and not too much of her society. She never pays unexpected visits. She never asks indiscreet questions, nor pries into our affairs. She keeps her fingers out of our family pies and doesn't feel called upon to tell us the things about our husbands and children that we would rather die than know. She doesn't attempt to force her religion, her friends, her doctor, nor her dressmaker upon us. She is always there when we want her and never underfoot when we don't want her.

She praises our things that she likes and keeps silent about those she doesn't like. She tells us what a lovely new hat we have without remarking that it is not our shape nor color, nor that it is ten years too young for us. And she never, never asks us if we don't think we are putting on weight.

In a word, the tactful woman is the incarnation of the Golden Rule. She treats everybody as she would like to be treated.

DOROTHY DIX.

Style Chats

WITH ALMA ARCHER

Real rugged men of brawn and muscle for some time have been unable to step out in a suit of patterned worsted, I understand, without precipitating the Bronx Cackle.

However, the future is brighter now, for fashion is coralling all smart patterned worsteds in minute herring bone, tiny checks, crows foot and tick effects, and giving them top rating.

This doesn't mean that you'll buy a patterned worsted suit "instead of" a self-design material, but that you'll get it also.

NEW FASHION NEVER DULLS SAYS PARIS

PARIS, Sept. 17.—There is nothing dull about the new fashions whatever else one may think about them. Even the simplest morning clothes are enlivened by ingenious and original touches, those "little nothings" as the French call them that make the difference: while the afternoon and evening wardrobe what with pro-Victorian and pro-Persian and near-Eastern and strictly Western influences—is so full of style interest as to be almost too exciting.

A new coat line that looks like one of the most important features of winter fashions is the loose coat hanging straight or flaring from the armpits. Jean Patou favors this type of coat for all times of day, and Molyneux, Lelong, Goupy and Augusta Bernard all stress it for some occasions.

Long Coats vs. Short

Patou uses this type of coat with many of the long coat suits that he prefers to short jacket suits, this season. His version of it is apt to be straight, with pockets, and fastened at the neckline, if anywhere. Patou by the way, is on of the few houses to favor tweeds. He has some very good-looking sports ensembles in grey or black and white tweed, and his long tweed coat, and marocain frock ensemble, "to be worn all day up to 5 o'clock," is very practical as well as chic.

The simple little afternoon frocks that are being shown in all houses will make a strong appeal to the majority of modern women. These are almost tailored in feeling, but relieved by charmingly varied details that give them character. Patou makes them of grey or brown satin or marocain—since he has abandoned black, Lelong, Magy, Rouff, Lucille Paray, in fact, the majority of other creators, like them in black crepe de Chine.

Black and White Strong

Afternoon judging by most of the couturiers' winter offerings, are to be largely dedicated to black and white, while colors and color combinations will predominate for our morning and our evening costumes. Lanvin is a strong partisan of black and white. She shows white crepe afternoon frocks with a touch of black in belt or sleeves, with long black coats. Many of her hats are black and white also, and one of her most successful costumes has a black skirt and a white wool jacket trimmed with seal featuring her waist-length cape back, some versions of which appears on so many of her afternoon and evening wraps.

Seal is, of course, far and away the smartest daytime fur trimming. Maggy Rouff uses it with great effect to trim the shaved lamb, broad tail or suede jackets of her adorable "fur-jacket suits" that will certainly be enthusiastically welcomed by our chic debutantes and subdebs.

The fur jacket is more than ever with us, but it is usually considered as part of the suit rather than a separate wrap.

Worth's leopard ensembles of crepelet, belt and hat have inspired some very amusing fur accessories, however, and both leopard and panther will continue smart this winter.

The new travelling ensembles should arouse the dormant wanderlust lurking in every feminine bosom they are so attractive. They are not

Terribly Nervous

Ask Mrs. Margaret Gray of Midland What She Thinks of Dr. Williams' Pink Pills (Tonic).

Was Made Completely Well.

"At the age of 20 years," writes Mrs. Margaret Gray, 48 Fifth St., Midland, Ont., "I was very anæmic and in a terribly nervous condition. I was advised by a friend to give Dr. Williams' Pink Pills a trial. I purchased six boxes and before I had finished them I was well. And I still keep a box on hand. Not only have I used them myself, but I have always given them to my growing daughters."

"The iron and other elements in Dr. Williams' Pink Pills (tonic) increase the amount of hæmoglobin, the oxygen-carrying agent in the blood and thus give new life to all the tissues."

"The very same means to better health which has been a blessing to others is available for you too. Simply go to your drug store and get Dr. Williams' Pink Pills. 50 cents a package. Be sure to say "Dr. Williams'" so that the druggist will know exactly what you want."

Peachy Complexion

Peach Melba
halves large peaches, fresh or canned.

1 cup peach syrup
1-2 pints vanilla ice cream
1-2 cup chopped nuts.

If fresh peaches are used prepare a thick syrup by cooking 1 cup sugar, three-fourths cup water, 1 peaches, pared and sliced, a few grains of salt, and enough red coloring matter to give a pinkish tinge. Strain and cool this syrup. If the peaches are canned, drain the syrup from them, cook it down and color it pink. Put a spoonful of ice cream in the hollow of each peach, pour on some of the pink syrup, sprinkle with chopped nuts, and serve at once.

Peach Tapioca

1-4 cup quick-cooking tapioca
1 pint hot water
1 cup sugar
1 tablespoon butter

1-2 teaspoon salt
1 tablespoon lemon juice
1 cup peach juice
2 cups sliced, canned peaches.

Cook the tapioca and water in a double boiler for 15 minutes, add the sugar, butter, salt, and lemon and peach juice, which has been drained from the peaches. In a greased baking dish, make alternate layers of the tapioca and peaches arranged so that a layer of the peaches comes on top. Bake in a moderate oven (350 degrees F.) for about 30 minutes or until brown on top. Serve hot or cold with cream.

Bavarian Cream

2 tablespoons gelatine
1-2 cup cold water
1 quart sliced fresh peaches
1 cup sugar
1-4 teaspoon salt

1 pint cream, whipped
Soak the gelatine in the cold water for five minutes. Mash the peaches with the sugar, rub through a sieve, and simmer for five minutes. Remove from the fire, add the softened gelatine and salt, and stir until the gelatine is dissolved. Chill, and when the mixture begins to thicken, fold in the whipped cream. Place in a wet mold, let stand in a cold place until firm, and turn out on a serving platter.

Braised Peaches

Drain halves of large canned peaches from the syrup, place in a shallow baking dish, pit side up, pour over them a small quantity of melted butter, and add a very little salt. Broil under a flame or bake in the oven until the peaches are hot through and lightly browned; serve hot with meat course or as dessert.

too tourist-looking, either, and can be worn mornings, in town as well. Bruyere's "Depart" in dark brown and red brown wool is simply a knockout. One nice thing about it is that it is furless, but is beautifully warm, and it has a smart wool scarf to the stock fashion inside the collar of its comfortable buttoned-ed-up coat.

Another very successful travel ensemble is Worth's "Pullman," a long coat suit in Biskra brown wool trimmed with blue-black seal, that has a fitted basque tunic of brown and white-striped wool buttoned right up to the neck in front and a huge flat-rug muff of the seal that hides a capacious purse in its wool lining.

Not All Romantic

In spite of the romantic wave, there are still numbers of more or less tailored evening frocks being shown for winter. Patou has a whole series of extremely simple evening gowns in satin or lame, with many different varieties of the harness decolette and back-bow themes, done in a very restrained, almost tailored manner. The coats to be worn with them are more ornate. They are usually in velvet, lavishly trimmed with fox or sable. Knee-length or full-length evening wraps are the favorite type both here and elsewhere.

Patou's new dressy sleeves are about his only concession to Romanticism—except his hats. They are very tricky, being cut in black and shirred into a wide half-arm-hole in front. They are tight from the elbow to the wrist, giving the effect of a balloon-topped sleeve.

The separate waist and skirt idea for evening costumes to be favored by many creators. Lanvin makes a point of her separate jumper evening blouses.



The boy who does not like Barbour's has not yet been found!

Ask your Grocer!

A Morning Smile

Squire: Seen anything of her ladyship, Giles? She's learning to drive a motor-car.
Giles: Ay, sir. She passed I loike lightning' art-hour ago.
Squire: Like lightning?
Giles: Ay. Zig-zag loike.

For The Cook

ORANGE TRIFLE

Two tablespoons gelatine, 1/4 cup cold water, 1 cup hot water, 1 cup sugar, 1 cup orange juice, 1/2 teaspoon grated orange rind, 1 tablespoon lemon juice, 1 cup heavy cream. Cook gelatine in cold water, bring sugar and hot water to a boil, add gelatine and stir until dissolved, but do not boil. Add orange and lemon juice and rind. Pour 1/2 of the mixture into sherbet glasses, and set aside until firm. In the meantime, chill the remaining mixture until it begins to form a jelly, then fold in stiffly beaten cream. Pour this over the jelly in the sherbet glasses, and set all in icebox until firm. When ready to serve, garnish with whipped cream and pieces of oranges and sliced peaches.

USE CANADIAN GRAPES

Canadian growers this year have to find a market for 22,000 tons of grapes. This gives a special opportunity for everyone to assist in our building up the grape growing industry by buying Canadian grapes. They are wholesome, healthful and refreshing, a delight whether used as dessert or in some other form.

Special Grape Juice Recipe

1 quart grapes
1 cup sugar
1 quart sealer
Thoroughly sterilize sealer; put in grapes and sugar; fill to overflowing with boiling water; seal and it is ready to put away. Ready to use in from one to three months. When made in this way the grape juice will not ferment so long as it is kept sealed.

Paris Styles

(United Press Staff Correspondent)

By MARY KNIGHT

PARIS, September 19.—(U. P.)—Well chosen perfumes produce an aura of elegance, and likewise do well-chosen clothes produce an aura of aristocracy. They each need each other, and the one without the other is an incomplete product.

As for the perfumes—this year they are to be less subtle and more refreshing; fewer heavy scents and more light, lingering, old-fashioned flower fragrances. Even the names are light and airy like "Shallimar," "L'Heure Bleue."

As for clothes—we already have heard so much about them that we are fairly sure that we know nothing whatever about them. Even when we say that they come this season from the Victorian era, that epoch covers such a wide area and so many separate fashions that we really haven't pinned ourselves down to anything—so very definite after all. Out of it all, however comes one definite rule; the silhouette, be it young, medium, or old, should seek slenderness as its goal.

If nature was not so kind in moulding you that way, man-made materials will help you a lot. Stripes, not large ones, of course, but the narrow, fine ones in almost any color. These also give you height, which you need if you are inclined to be too short. Little capes and cape coats that fasten at the waist instead of coming down over the hips and adding breadth to them are the preference and also the mode, happily, for in achieving slenderness in this way you also achieve chic.



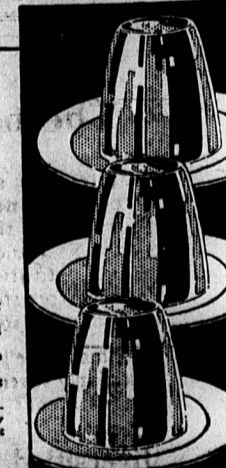
SPEED plus Sure Success

A VAST number of prize-winners use the Certo way for jam and jelly making. You need to take only 12 minutes from the time the fruit or fruit juice is put on to boil until it is serenely cooling in the glasses!

Here is the Secret
—Certo is fruit pectin—the natural jelling substance extracted from fruit.
—Certo jells the juices that would have boiled away by the old (long-bell) method.
—Certo makes 50% more jam or jelly at less cost per jar.
—Certo saves 1/2 the time. Saves the fruit's flavour and colour.
—Certo enables you to bring new deliciousness to jams and jellies in endless variety from any fresh, dried or canned fruit or fruit juice like whole year round.

Look for the Certo recipe booklet under the label of every Certo bottle. Follow directions exactly and success is assured even with delicious varieties that never before would jell.

Should any problem of jam or jelly making perplex you, or should you desire any information whatsoever, write to the Domestic Science Department, General Foods Ltd., Cobourg, Ontario.



CERTO