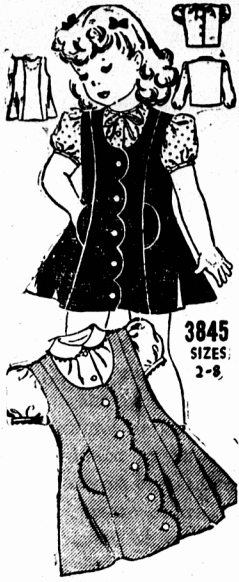


Woman's Realm / Social and Personal / Fashions / Literature

Needlecraft FOR THE HOME



SCALLOPED JUMPER

A demure jumper for a little girl—charming scalloped down the front, edged in ric rac if you prefer, and worn with the pretty blouses the pattern provides for.

No. 3845 is cut in sizes 2, 4, 6, 8 and 10. Size 4 requires 1 1/2 yards 54-inch fabric for jumper; 1/4 yards 36-inch fabric for blouse.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department, the Charlottetown Guardian.

Name _____
 Street Address _____
 City _____ Province _____

ELLEN'S DIARY

By An Island Farmer's Wife

I was a little uneasy that this might prove to be a disagreeable day. It often happens thus. Not that it really made so much difference to me but then I must consider "others." There was "the sale" taking place "at one P. M. sharp" and also, there was the "chickens" to be sold. It would certainly have been most inconvenient if the weather had decided on rain. But this was among the best of Autumn-days bright and as James had predicted last evening breeze.

While I, and I suspect Jeanie in the house across the line, look to the work of cooking our respective and very respectable chickens and doing the other duties in connection with a community supper the men began "the chickens." I know, after breakfast, this task was to begin immediately for James asked with a voice meant to impress me with the importance of the task and the necessity of its early completion—"Ellen, where's that new wheel-stone?" And succeeded at once to sharpen two turnip knives by the wood-box in the porch. Then they were away to their work and as a busied myself about the kitchen and porch, I could see them in the field at work, rolling up and down the rows. It is, I know, a laborious task and I could easily appreciate the need in connection with the work and also the tired muscles and blistered fingers secured in this new and different task. Although some farmers on the Island use other methods James prefers the old way of topping the

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Dark Hair

Dark hair can be made a still darker shade by massaging the scalp every night with a quantity of olive oil. Persistent treatment is required for the best results.

Washing Powder Substitute

Always save the small pieces of soap from the kitchen and bathroom. They can be used in washing. They can be placed in the boiler instead of washing powder or large pieces of soap.

Odors

Disagreeable odors in a room may be removed by burning an orange peel on top of the range, in a grate, or on a shovel.

Styled TO KEEP FINE COFFEE Fresh

The new war-time container for KING COLE Coffee is made from moisture- and air-resisting material which seals in flavor—keeps KING COLE fresh, satisfying and delicious. Ask for KING COLE Coffee—and enjoy the Flawless Flavor only freshness can give.

vegetables and leaving turnips and tops behind him in orderly rows.

James took time off to attend the sale up the pretty spruce grove road this afternoon. He had been working steadily all morning toward this objective, so was able to accompany him with Rob in his car—James, wished so much to attend for these good people, this man and his wife, having disposed of smaller holdings in a neighborhood community, have been our very good friends all down the years.

We shall always remember, many happy hours spent in this pleasant and most hospitable farm-home. As I said before, Braeside can afford to lose its residents but that is one of the regrettable things of this business of living, nothing abides, there must always be changes even from day to day. Their successors, as yet undetermined, will have a high standard to maintain to fill the places of these good people in our community life. Sales are usually akin to funerals, but to me this one had not the usual measure of sadness, for only the outdoor things—the stock and implements and such-like can under the auctioneer's hammer. I could detect an uneasiness in the lady of the house as the horses were about to be auctioned and I could easily understand her feelings in this respect. Now, if Neil, my faithful friend of the hayrack, were to be sold, that would bring pains of regret and I would wish so much that she might go to the kindest of masters. This good lady need have had no anxiety for both of the horses sold. If I'm any judge—went to the best of stables. At low bid, James bought "Minnie," a bay, and while "see," a very comely, matron is resting in our stable. It was at the sale, a very kind lady, hitherto a stranger, told about her aunt, a dear old lady of more than 100 years, with I know the quaint, lilting brogue of the Irish on her tongue, who reads my diary each morning. I think, one fine she must have roamed about a farm as

Living & Leisure THE WOMAN'S REALM

Teach me to feel another's woe, To pity the fault I see; That mercy I to others show, That mercy show to me. Pope

FORMER QUEEN'S TRIALS

Former Queen Elena of Italy, the six-foot wife of five-foot-three former King Victor Emanuel of Italy, is a woman of simple tastes, and it was once said of her that she would prefer the quiet life of a country estate, where she could amuse herself, to the Italian court. She now has her wish, by lack of thread for her needlework. She wrote recently to a friend asking for some white spoons of thread with which to pass her time "making clothes and embroidering bibs."

Put thin layers of paraffin wax on finger tips when painting. Renew water wastes heat. Wax awakens for longer wear. Wasting water wastes heat. Rub sticky drawer runners with soap. Save old eye or nose droppers for oiling hard-to-reach spots in the sewing machine.

Meat need not always be served in gravy made from its own drippings. Try second servings of roast veal served in gravy made from ham drippings. The flavor is very good.

HIGH HUMIDITY KEEPS HOUSE COMFORTABLE

"It's not the heat it's the humidity" is a common summer saying. In the winter, however, the same saying is true but in a different way, according to heat authorities.

They say that by maintaining high humidity in the house, householders will be more comfortable even though temperatures are lower. The important angle is that coal will be saved.

A pan of water underneath the radiator is a good substitute for the regular humidifying pans that fit on the back of the radiator.

The pan in the hot air furnace, if there is a pan should be kept well filled with water all times. If this isn't enough, cans of water placed inside the register, where they won't show but will do their work effectively, should do the trick.

"Parma blue" is newer than purple and becoming to more people. It teams well with black.

"Victorian white" is a new pale pearl grey tone for prints and coats to set off white fur.

NOT ALARMED

During the hurricane which hit the east coast all the lights went out at the Connecticut home of Miss Polly, a good substitute for her companion, Miss Polly, became frightened at being in a dark house even though the temperature was high.

Miss Polly, became frightened at being in a dark house even though the temperature was high. She said, "I think you ought to know what a hurricane's like," said Miss Polly. Miss Keller agreed, opened a window, stuck her head out into the wild storm and repeated: "It's nothing to be frightened of."

An old Scotch proverb avers—"If we wad live long, keep a wee bit punny." And Gellie Burgess thought "wee" should be an art, not an industry. Also Cornaro said—"The food we eat does not do us as much good as the food from which we abstain."

Closed soil in comb teeth should be removed by loosening with a brush, washing thoroughly in lukewarm suds, rinsing and drying.

Add a few drops of vinegar or lemon juice when canning blueberries or making a blueberry pie. Gives the flavor a nice lift.

DON'T COUNT SHEEP

Scientists say the mental activity required in "counting sheep" is rather than encourages sleep.

REFRIGERATOR SENSE: We speak of "trapping up" against the cold, and when food is put in the refrigerator wrapped in paper or paper bags, it is literally wrapped up against the cold, for the paper acts as an insulator, preventing the cold from reaching the food.

Set up the ironing board in a tiny of good ironing and find its cover all scorched and marked and what have you? A temper like a whip. Well, get cracking with a fresh-as-new snow cover. (Don't try to press on ones that isn't or the scorch marks will transfer themselves to your laundry.) And remember this: New material for your cover should be washed first.

Filler in new cottons encourage scorch marks. If your using old sheeting take time to make a drawing edge all the way around. Bostkin in tape and pull old sheet a quarter but the taut on the board. Tacking on an

FLOATING HOSPITALS

Hospital ships, some of which are converted liners, are used in all phases of amphibious campaigns to receive and treat the wounded and convey them back to port en route to hospitals.

CLEANING TIPS

A wooden box of carton placed in her place and be her age for just once. Avid criticism unless it is necessary, as you will quickly destroy these confidences if your judgment is rapid and harsh.

UNDERSTANDING CHILDREN

Try to gain the entire confidence of your child when she comes to you with her problems at adolescence. If you feel you cannot understand her viewpoint ask for more details and try to put yourself in her place and be her age for just once. Avid criticism unless it is necessary, as you will quickly destroy these confidences if your judgment is rapid and harsh.

DELICATE HATS

A sprinkling of French chalk over the delicately shaded felt hats after wearing will do wonders towards keeping them clean all summer. Brush them well first to remove dust and then apply the chalk. Brush off before wearing.

HANGING CLOTHES

The way clothes are hung up to dry has a great deal to do with the ironing. Hang them in the same position in which they are worn and you will find that many of your wrinkles are blown out during the drying, instead of adding new ones that are hard to iron out.

VITAMINES FROM ROSES

In war-time Britain, wild roses are a source of vitamin C, which protects against scurvy, promotes healing of fractures and wounds, and is useful in the treatment of some kinds of anaemia. Due to the shortage of citrus fruits—one of the best sources of vitamin C—the discovery of this even richer source is of the utmost importance to the British home-maker. In 1943 rose hips were gathered commercially in England. The 500 ton harvest equalled the vitamin C content of 25,000 oranges and made 2,500,000 bottles national rose sprays for children. The vitamin is extracted from the rose hips (the fleshy red fruit or seed case of an ordinary rose) which are ripe for picking late in the fall. In addition to the C vitamin, the rose hip contains appreciable amounts of vitamin A, which has a direct bearing on night vision.

Outlets should never be cut if you value your finger beauty. Do not use any hard instrument to push back cuticle, to scrape the nail or to clean under it.

Clean the nails with an orange stick and only when they are damp after a good washing. This prevents roughening the underside of the nail. If you work from the center out to each side, never straight across, it preserves the shape of the nail.

The shape of the nail should be adapted to the shape of the hand. Extremely pointed nails are difficult to keep in order and are certainly not good form for summer.

Don't worry if your hair makes a little. Hair does not continue to grow indefinitely. When a silky thread reaches its normal length it falls, and undergrowth appears to carry on. The life of a hair varies from one to six years. Ordinarily the growth is about one-half inch a month.

Dust and dirt often sticks to the dust pan. It is annoying to take time to scoop the dust off. Try waxing the dust pan with ordinary floor wax. Polish and dry thoroughly and the dust will just glide off.

You Women Who Suffer From

HOT FLASHES then CHILLY FEELINGS

During 38 to 52 Years of Age!

If you—like so many women between the ages of 38 and 52—suffer from hot flashes, weak, tired, nervous irritable feelings, are a bit blue at times—all due to the functional middle age period peculiar to women—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms.

Pinkham's Compound is one of the best known medicines you can buy for this purpose. Here's a product that helps nature and

that's a sensible kind to buy! Thousands upon thousands have reported benefits. Follow label directions. Pinkham's Compound is worth trying.

Lydia E. Pinkham's VEGETABLE COMPOUND

Orphan Arrives by Air From England



Flight Surgeon Capt. Samuel Noto examines 6-months-old Kenneth Barry Maloney upon his arrival from England at Laticum, N.Y. The infant, born after his USAAF pilot father was killed in action and orphaned at birth by the death of his English mother, was brought here by Army nurse Evelyn Anderson (left) and turned over to the Red Cross to be delivered to his maternal grandparents, Mr. and Mrs. William Maloney of Grand Rapids, Mich.

Garbage on warships, that if thrown overboard might be seen by enemy submarines, is disposed of by electrical digesters.

To Relieve Bad Cough Quickly, Mix This at Home

Does the Work in a Hurry, Saves Money, Easily Mixed, gives you 16 ounces of really splendid cough medicine—more than you could buy for four times the money. It keeps perfectly, tastes fine, and lasts a family a long time. Children take it without the usual struggle. This splendid home mixture has a three-fold action. You can feel it take it once, and you'll swear by it. It's no trouble at all. Make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments until dissolved. No cooking is needed. (Or you can use corn syrup or liquid honey, instead of sugar syrup.) Any one can do it.

Now put 2 1/2 ounces of Pinex into a well known for its prompt action on throat membranes. Money refunded if it doesn't please you in every way.

"With Our Compliments"



Canadian girls of the First Canadian Army show visited a Royal Canadian Air Force Typhoon wing in Holland recently, put on their show, and morale and wished the Air Force lots of luck. Some of the CWAC's of the east on a walk about the dispersals stoned P.O. Jim Hogg of Ottawa long enough to chat their greeting on a 1,000 pound bomb that was on his way to drop on a German stronghold. The girls are (left to right) Virginia Stansell, Windsor; Muriel Stewart, Toronto; Lynda Tuero, Toronto, and Vera Cartwright, also Toronto. — (R. A. F. Photo).

she has a Romance Complexion

Star of Paramount's "The Hour Before the Dawn"

VERONICA LAKE

Her Whipped Cream lather facials will make Your skin lovelier!

Famous Hollywood stars like lovely Veronica Lake never neglect their Lux Toilet Soap Whipped Cream lather facials. "They really work, leave skin looking so fresh—feeling so smooth," says Veronica. Follow her beauty care. Let it be your way to a lovelier, more glamorous complexion!

I COVER MY FACE WITH THE RICH, CREAMY LATHER WORK IT GENTLY IN—

SPLASH WITH WARM THEN COLD PAT DRY. SO EASY THIS BEAUTY CARE REALLY MAKES SKIN SOFTER, SMOOTHER

YOU can have a smoother, clearer Romance Complexion. Follow Hollywood's Whipped Cream lather facials faithfully. See how soon his eyes will say you're lovely!

9 out of 10 of Hollywood's Famous Screen Stars use Lux Toilet Soap